

EZ-Up™ Inversion & Chin-Up System



Any standard wood doorframe* can be your center for inversion with the EZ-Up™ Inversion & Chin-Up System, which comes complete with the EZ-Up™ Inversion & Chin-Up Rack and EZ-Up™ Gravity Boots. Aside from inverted decompression and stretching, the EZ-Up™ Inversion & Chin-Up System is an ideal platform for core strengthening, chin-ups, exercise band, and heavy bag workouts!

Unique or Added Value Features



Quick-Disconnect Locking Brackets

Mounting securely to the doorframe without interfering with the normal operation of the door, the locking brackets feature a rotating lock that allows secure installation of the EZ-Up Rack, as well as easy unlock and removal.



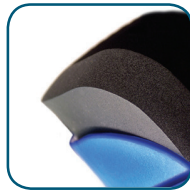
Dual, Self-Locking Buckles

The unique double-lock system secures the boots around the ankle/lower calf for a customizable, comfortable fit.



Double-bar System

The combination of low and high bars make mounting and dismounting easier than single doorway bars, and place the user out and above the doorframe for added range of movement.



Unparalleled Comfort

Super-soft 5/8" foam liners are a special blend to give maximum comfort with minimal compression.

EZ-Up™ Inversion & Chin-Up Rack

High-Quality Finish & Details

Scratch-resistant powder coating and injection-molded end caps ensure durability and protect the doorframe.

Adjustable and Comfortable

The sliding-width frame fits doorways from 28" – 36" while remaining clear of the functioning door and features padded foam hand grips.

Versatile Workout Station

Use both upper bar or lower bars for inverted stretching and strengthening, chin-ups, exercise band* and heavy bag* workouts (*sold separately).

EZ-Up™ Gravity Boots

Strong, Durable Materials

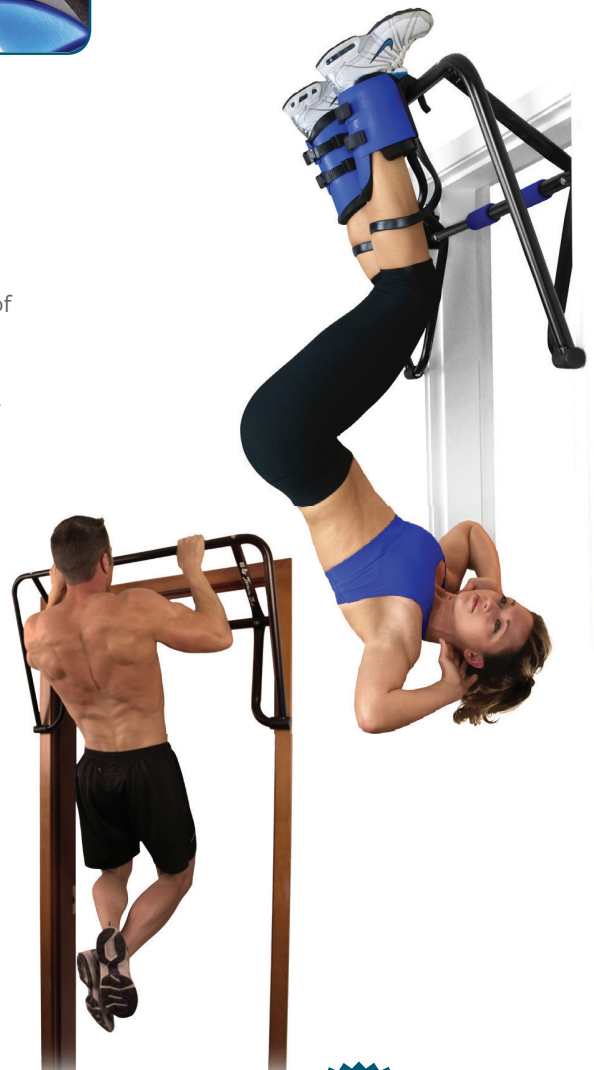
Boot hooks and calf loops are made of 40% glass/nylon alloy for unmatched strength and durability, plus the pliable yet highly durable DuPont™ Hytrel™ shell weighs just 2 lbs.

Fit for All with XL-Size Available

One-size-fits-most design adjust to a majority of leg/ankle sizes; alternatively, Teeter offers an XL Gravity Boots option that is 1" larger in diameter and 1½" taller (calf loops not included).

Calf Loops

Wrapping behind each leg to creating a small bend in the knees, the optional Calf Loops help to reduce the load on the knee joints and tops of the feet.



Weight Capacity	250 lb (113 kg)	
Packaged Dims	36.5" x 17.3" x 5.8" (92.7 x 43.8 x 14.6 cm)	37.3" x 18.3" x 12" (94.6 x 46.4 x 30.5 cm)
Packaged Weight	23 lbs (10.4 kg)	48 lbs (21.8 kg)
Master Pack Qty	2	
Item / UPC	E11056 / 759265003027	
Value Added	Getting Started DVD, Glossy Owner's Manual	
Warranty	5-Year	



* Doorframe must be solid wood and built to nationally-recognized standards.