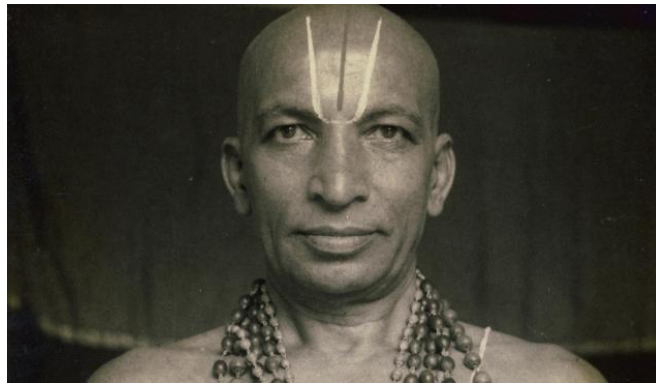


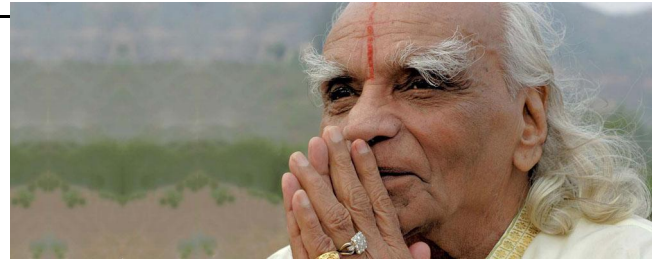
*Damien Molloy - Sadhana Yoga Therapy & Ayurveda Lineage*



Sri T Krishnamachayra



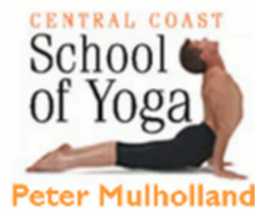
A.G.Mohan



B.K.S. Iyengar



Ganesh Mohan



Shandor Remete



**Sri T Krishnamachayra** (November 18, 1888 – February 28, 1989) was an Ayurvedic healer, scholar who lived for 101 years in this time he thought many of the the teachers who brought yoga to the west namely Pattabhi Jois who is famous for Astanga Yoga, TKV Desikachar founder of viniyoga, **BKS Iyengar** founder of Iyengar yoga and **A. G. Mohan** founder of Svastha Yoga and Ayurveda.

BKS Iyengar was the teacher of **Shandor Remete** (Natanaga Zhander) Shandor trained under BKS for 20 years and later founded (Chaya) Shadow Yoga.

Shandor Remete (Natanaga Zhander) was the teacher of **Peter Mulholland**, Peter completed a 3 year apprenticeship with Shandor and continues to learn from him.

Peter Mullholland started the Central Coast School of Yoga. I have been a student of Peters for 7 years, 3 as an apprentice teacher. I continue to learn from Peter and am eternally grateful for all he has taught me.

A.G. Mohan was a student of Krishnamachayra for 17 years. He went on to open Svastha Yoga and Ayurveda of which I am a student and continue to learn from his teachings.

**Ganesh Mohan** is the son of A.G. Mohan. He trained as a medical doctor, Ayurvedic doctor, yoga therapist and has been practicing yoga from a very young age. I am also a yoga therapy student of Ganesh.