



## IGNORANCE THE WORST TEACHER.

When you are a teenager you always have doubts about different topics, one of the most important is sex. Teens need to know a new world full of possibilities, but when people talk about sex, they always see this topic as forbidden and a lot of people feel ashamed. Teenagers feel more curiosity about taboo sex (for example it is taboo when people have premarital sex) they do not know anything about sex. Family and society do not have an open mind in the best sense of the word, and they are never ready for a good conversation, they change the topic generating more concerns, hence in this moment, teenagers are looking for bad information as an answer to their questions and they

do not have an idea about the mistakes that can be committing. As a result of few information, schools do not have a program to teach about sex. But, what do Teenagers think about sex?. When you do not have information, you believe in everything and you change opinions frequently. The first thing that Teenagers know is their anatomy, the way their bodies function, the way the body of a woman and a man are, what puberty is and what can happen in a sexual relation. Teenagers have a lot of doubts and nobody can solve them in their own words, They believe many lies about sex and birth control, they ignore feelings and finally they accept to have sex and the consequences can be terrible because girls can get pregnant or in the worst case both can get a sexual disease.

At the same time, church finds opposition to establish a program about sex education in school, church proposes that is better talking about Sexual Morality, where sex is only to a couple in marriage a sign and pledge of spiritual communion, it is not something biological: "The conjugal love of man and woman thus stand under the twofold obligation of fidelity and fecundity"<sup>1</sup>. Church has been opposed to contraception and they condemn its use such as sterilization, condoms and other barrier methods, spermicides, the pill, etc.



With this in mind, teenagers do not know the real meaning of love, the meaning about responsibility, the meaning of values, and they group alone, believes in all people and they behave as you would think an adult does, as a result teenagers begin their sexual life at an early age. They accept drugs as a lifestyle and they are tired of living so intensely fast. As a consequence:

- "51 per cent of girls and 37 per cent of boys had had unprotected sex.
- 58 per cent of girls and 39 per cent of boys had slept with someone at least once without using a condom.
- Only 20 per cent who have sex for the first time take precautions, are in a steady relationship or feel the timing is right"<sup>2</sup>.

In conclusion, the government can avoid that teenagers begin their sexual life early, because they can implement a plan in schools to contribute and improve education. The State should think in the development of the nation, while education is stricter it can offer to teenagers the tools to understand the real life. The schools are the best stage to teach that sexuality's purpose is not only to have a child, it is not a class about anatomy, it should be a class of self-love and moral principles on humans. Other interesting point of view should be to create a plan to educate family about sex and share with them information to contribute to an integral growth, with this simple method, parents can responsibly resolve the questions of their children.

BY:

CONRADO CARDONA ARREDONDO

<sup>1</sup> The Love of Husband and Wife. Citado: 28/07/2015. Disponible en: [http://www.vatican.va/archive/ENG0015/\\_\\_\\_P86.HTM](http://www.vatican.va/archive/ENG0015/___P86.HTM)

<sup>2</sup> What teens really think about sex. Citado: 8/08/2015. Disponible en: <http://www.theguardian.com/uk/2006/may/21/schools.education>