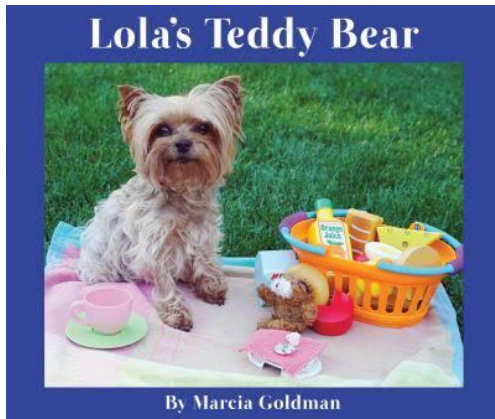


Lola's Teddy Bear Curriculum Guide

Lola's Teddy Bear

By Marcia Goldman



ISBN: 978-1-939547-50-7

Format: Hardcover

Pages: 32pp, color

Size: 8.5in x 6.5in

Category: Juvenile Fiction: Social Themes

Age Range: 3 to 7

Publication: September 2018

Price: \$16.99

Page | 1

A heartening message for all of us about acceptance and friendship.

Lola and her teddy bear do everything together from the time they wake up to when they go to bed. When Bear gets lost, Lola has to sleep without her cuddly friend. Despite her worries, she manages, waking up early to look for Bear, who has also spent the night alone. Bear is wet and dirty and ragged from her night outside, but Lola loves Bear even if she's not perfect.

Background Information:

Children often use attachment items such as stuffed animals or blankets to help them feel more secure. Studies have been done regarding the benefit of attachment items for young children. Most often children will seek to use these items when transitioning to sleep or when in unfamiliar situations. Almost all parents have experienced that uncomfortable moment when their child has lost their comfort item or the despair of a child when somehow that item has changed by being damaged. When children go to preschool they often wish to bring those special items with them. But preschool or kindergarten is often the time when a child realizes she has to brave the world without their favorite comfort item. Just as Lola had to go to sleep without Bear, children will need to learn how to be brave and self-soothe without their comfort items. Parents and educators can help young children by being patient and helping them find other ways to self-soothe before letting go of their security item.

Lola's Teddy Bear Curriculum Guide

The other important points made in Lola's Teddy Bear are acceptance, compassion and empathy. Although Bear has changed by the time Lola finds her she still accepts her just the way she is. Teaching children kindness towards other's differences and disabilities is crucial in the early years. Differences do not have to be scary for children; rather, it should be discussed with them and they should be encouraged to embrace differences. To effect change and reduce bullying educators and parents can create safe spaces and encourage children to express how they feel on the inside. The development of empathy and theory of mind at an early age can help children understand differences and others' perspectives and experiences of the world.

Page | 2

Kindergarten through Grade 2 Standards covered in Lola's Teddy Bear

Concepts about Print

- 1.1 Identify the front cover, back cover, and title page of a book.
- 1.3 Understand that printed materials provide information.
- 1.4.M Describe characteristics that make each individual unique.

2.0 Reading Comprehension

Students identify the basic facts and ideas in what they have read, heard, or viewed. They use comprehension strategies (e.g., generating and responding to questions, comparing new information to what is already known).

- 2.2 Use pictures and context to make predictions about story content.
- 2.3 Connect to life experiences the information and events in texts.
- 2.4 Retell familiar stories.
- 2.5 Ask and answer questions about essential elements of a text.

3.0 Literary Response and Analysis

Students listen and respond to stories based on well-known characters, themes, plots, and settings.

Narrative Analysis of Grade-Level-Appropriate Text

- 3.1 Distinguish fantasy from realistic text.
- 3.3 Identify characters, settings, and important events.

Lola's Teddy Bear Curriculum Guide

Standard 7: Practicing Health-Enhancing Behaviors

7.1.M Express emotions appropriately.

7.2.M Describe positive ways to show care, consideration, and concern for others.

Page | 3

Standard topics:

- 🐾 Bravery: How to be brave when you feel insecure or worried.
- 🐾 Empathy: Practicing Theory of Mind by understanding someone else's point of view.
- 🐾 Compassion: What does it mean to truly accept a friend just the way they are?
- 🐾 Disability: What does it mean to accept a friend's differences?

Objectives:

- 🐾 Connect with literature.
- 🐾 Teaching children about bravery and persistence.
- 🐾 Empathy: Help children understand what it means to consider other people's feelings.
- 🐾 Compassion: Encouraging children to show kindness and acceptance towards differences.
- 🐾 Self-soothing: Finding ways to calm down

Key Terms/Concepts:

- 🐾 Friendship
- 🐾 The meaning of words: Bravery, Empathy, Compassion, Friendship, Persistence
- 🐾 Perspective taking: How does the other person feel?
- 🐾 Theory of Mind: the ability to interpret one's own and other people's mental and emotional states, understanding that each person has unique motives, perspectives, etc.

Discussion Questions:

- 🐾 Do you have a comfort item?
- 🐾 How does that comfort item help you?
- 🐾 How would you feel if you lost your favorite toy?
- 🐾 Tell about a time when you felt worried or anxious.

Lola's Teddy Bear Curriculum Guide

- ❧ What helps you feel better?
- ❧ How do you think Lola felt when she lost Bear?
- ❧ How do you think Bear felt when he was lost?
- ❧ How do you think Bear felt when he lost his squeak (voice)?
- ❧ Have you ever had a friend who is different?
- ❧ How can you show a friend that you love/like them just the way they are?
- ❧ How can you help a friend who has a problem?

Activities:

Role Playing: Have the students act out different situations where they needed to be brave. Talk about how it felt when they were scared or worried and what they could do to feel brave.

Step Forward to the Finish Line: Have some students line up on one side and choose another child to be the volunteer on the other side. Put a line or marker between them. Instruct the children to give the volunteer compliments about traits that are special about that person. For every compliment, the student takes one step closer to the line until s/he has crossed it. Repeat with as many students are in the class.

Share What We Have in Common: Have the students bring three of their favorite items in a bag. Then have them share what they brought to share. Talk about why those items are important to each child. Compare and discuss how some the items the children brought to share are different and how some are the same.

Lead a game similar to the game Simon Says: But for this version have the children do actions based on directions such as:

- Lola says "Anyone with brown eyes, stand up."
- Lola says "Anyone who has a dog as a pet, put your right hand on your head."
- Lola says "Anyone whose favorite ice cream is chocolate, stand on one foot."

Lola's Teddy Bear Curriculum Guide

- Lola says "Anyone who has a brother, jump up and down."

At the end of the game, have students sit in a circle. Ask each student to name one way in which he or she and another student are alike and one way that they are different. Does this change the way they feel about each other?

Page | 5

Make a Courage Tree: Make a tree with branches out of construction paper. You can download a free tree template from [First Palette](https://www.firstpalette.com/tool_box/printables/treetrunk.html) (https://www.firstpalette.com/tool_box/printables/treetrunk.html). Tape the tree to a wall. Then give the children leaves to draw or write on. Have your child write or draw about characteristics of courage on the different leaves, such as "trying new things," "doing what is right," and "standing up for yourself." Have them tape their leaves on the tree. You can download free leaves template from [First Palette](https://www.firstpalette.com/tool_box/printables/leaves.html) (https://www.firstpalette.com/tool_box/printables/leaves.html)

Make a Bravery Badge: Have the children make 2 bravery badges. On one write or draw about a time when they were brave. On the other have them write or draw about a time when they thought their friend was brave and award that badge to their friend. You may need to pair the children up so that everyone gets a bravery badge from their friend. Badge templates below.

Have the kids do the printable activities included in this curriculum.



Lola's Teddy Bear Curriculum Guide

Have the children think of an adjective that describes their friend. Words like "Brave", "Kind", "Friendly". Etc. Cut out the badges. Then write the word on the badge and award it to a friend. Have them also make a badge for themselves

Page | 6



Friendship Badges



Lola's Teddy Bear Curriculum Guide

Have the children think of an adjective that describes their friend. Words like "Brave", "Kind", "Friendly". Etc. Cut out the badges. Then write the word on the badge and award it to a friend. Have them also make a badge for themselves

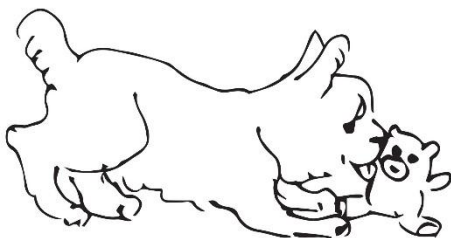
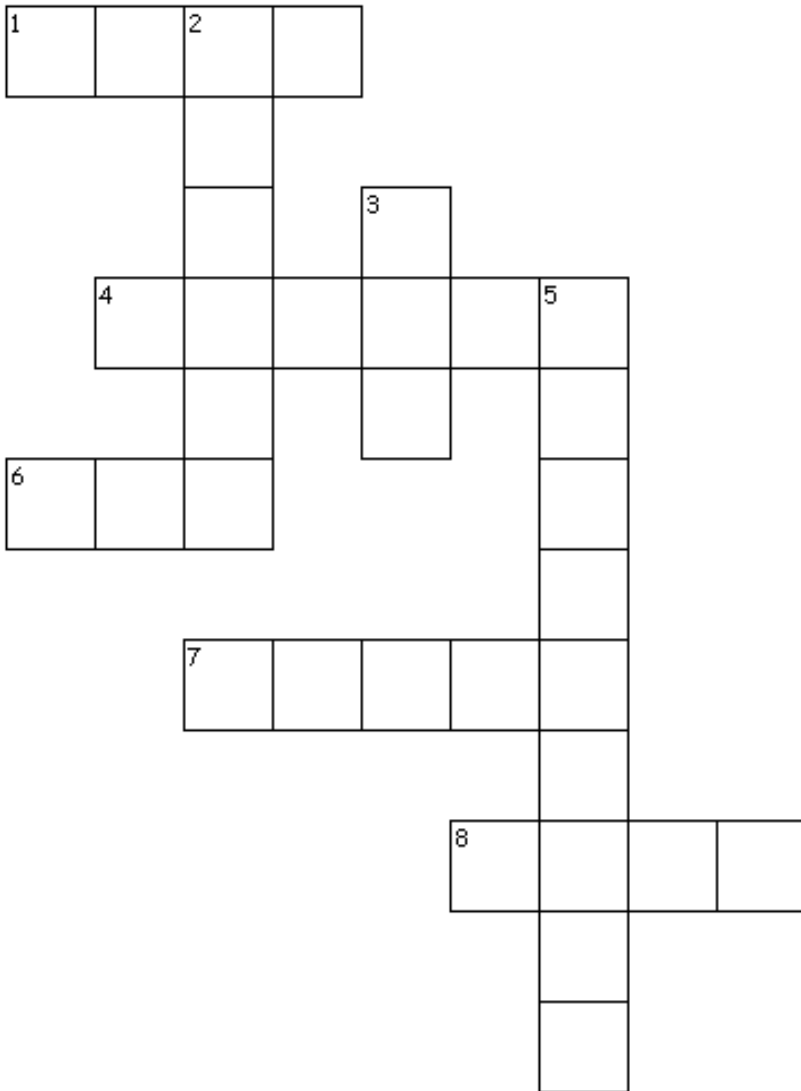
Page | 7



Friendship Badges



Lola's Teddy Bear



1. Where does Lola find Bear?

4. What is Bear to Lola?

6. Where does Lola put Bear to take care of her?

7. How does Lola feel when she has to go to bed without Bear?

8. What does Lola lose?

Down

2. How does Lola feel when she loses Bear?

3. What was Bear when Lola found her?

She got ____

5. Bear was not the same when Lola found her. She was _____

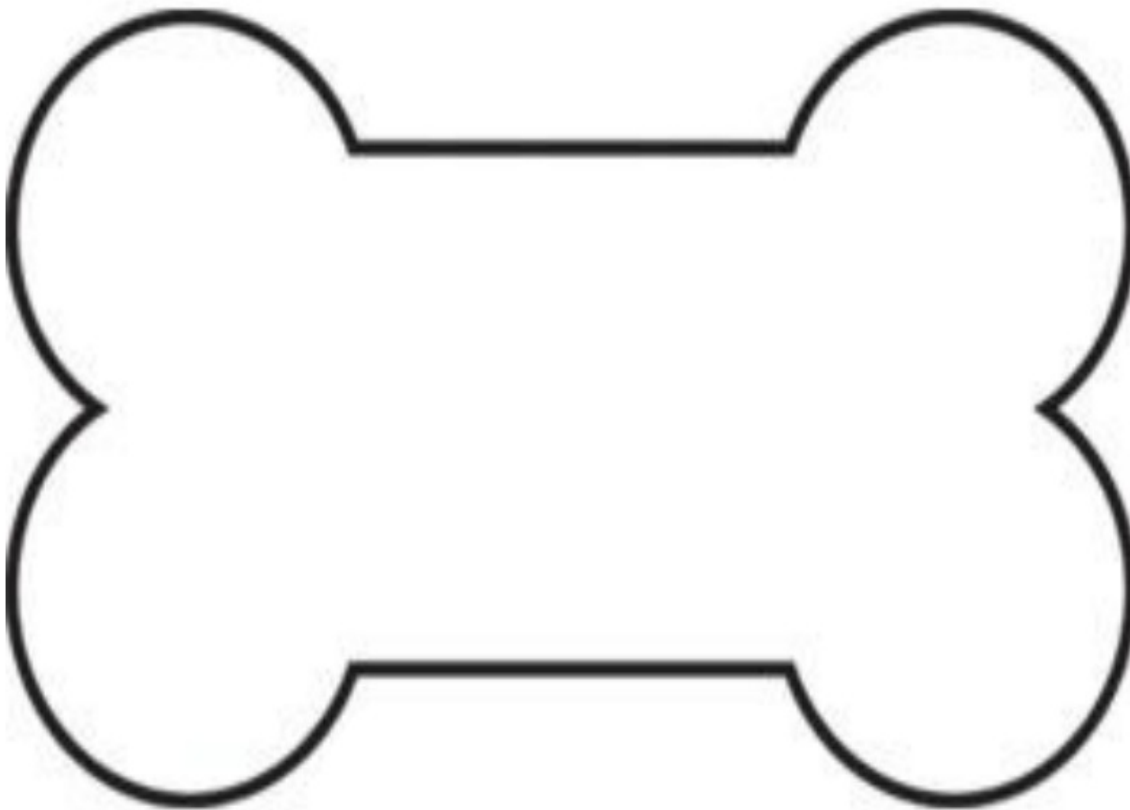
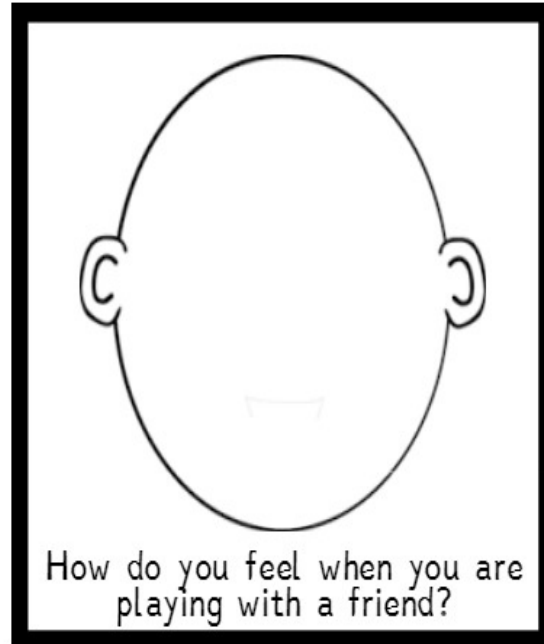
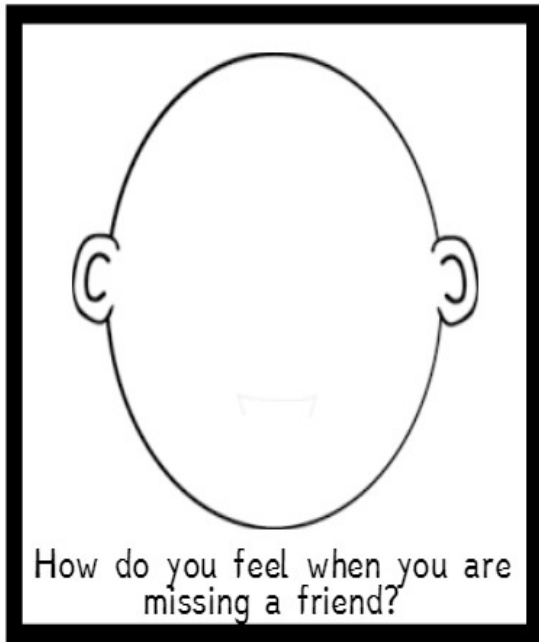
Lola's Teddy Bear Curriculum Guide

Help Lola find Bear!



Page | 9





Draw or write about a time when you were brave.

Lola's Coloring Page



Lola's Teddy Bear Curriculum Guide

Make a Venn Diagram of how you and a friend are different and the same.

Me

Page | 12

Us

My Friend

Lola's Teddy Bear Curriculum Guide

Cut out the cards and have the children use them as story props or sequencing cards.

Page | 13



Lola's Teddy Bear Curriculum Guide



About Marcia Goldman:

Marcia Goldman has her Master's Degree in Special Education and has spent the last 25 years focusing on providing therapeutic-based programs for children with autism and their families.

Page | 14

Lola is a five-pound Yorkshire Terrier who lives in California with her adoring owners. She is a proudly certified therapy dog who makes weekly visits to elder care centers, bookstores, and classrooms. She happily participated in making her books, and hopes you enjoy reading them!

Be sure to check out Marcia's other books: *Lola goes to Work*, *Lola Goes to the Doctor*, *Lola and Tattletale Zeke*, and *Lola Goes to School*.



About Creston Books:

Creston Books fills the void left behind by the major New York publishers who no longer put out a broad range of quality picture books. The golden age of picture books, when fine books were edited and published despite not being blockbusters, does not have to be over. Creston Books is author/illustrator driven, with talented, award-winning creators given more editorial freedom and control than in a typical New York house. We work hard to promote every book we print, not just the few we think will sell the best.

This curriculum was written and developed by Mosswood Connections.