



Dog Walking and Pet Sitting

If you love animals, dog walking and pet sitting might be the perfect part-time job for you. Essential duties will include walking dogs outdoors in all weather conditions, removing pet waste, refreshing pets water, giving treats, feeding meals, ensuring security of customer home, and most importantly giving pets love and attention.

- **Experience:** working with pets in any capacity including a lifelong owner of dogs and cats.
- **Certification:** although not required, you may consider formal certification. For more information contact: http://www.petsitters.org/napps_certification.php and or <http://www.petsit.com/certification/>.
- **Skills and abilities:** positivity, responsible, compassionate, customer focus.
- **Physical requirements:** sit, squat, bend, grip and walk for at least an hour.



Perks: flexible working hours, you get to be around animals, continuous activity which is great for your health and wellbeing.

Pits: inconsistent work, can be physically demanding, may need/want to be insured and bonded which is an added expense.

Pay: \$15 to \$18 per half hour walk. Will depend on how many dogs as well.

How to get started: First, decide if you would like to start your own business, or work for someone else. If you choose the former, this site is very helpful and free <http://www.startpetsittingbusiness.info>. Working for someone else has many benefits, but your pay will be reduced. To look for pet care jobs go to care.com, simplyhired.com, indeed.com, petsitter.com, dogvacay.com, doggie daycare facilities.

Blogger - If you have a passion in a specific subject area, and have a desire to share your thoughts, opinions and expertise with others, blogging may be the perfect home based job for you.

The **Perks** are flexible working hours, working from home (anywhere in the world!), continuous learning about your passion. The **Pits** are most bloggers make less than \$100/month from their sites, and it takes a lot to engage an audience, and takes even more discipline and hard work to keep them.



How to get started: it won't be difficult to find websites on how to start a blog. To get you started visit <http://www.problogger.net>. To build your site, go to wix.com! Initially, there should not be any upfront costs.

Baker – for people and dogs

There is nothing like your mother's special bourbon pound cake with a confidential sugary drizzle or your grandmother's simple rice crispy treats with a thin chocolate layer. With California's new cottage food act (<http://www.cdph.ca.gov/programs/pages/fdbcottagefood.aspx>) opening up a home-based bakery business is much easier and more cost effective.

Perks: you get to do what you love in your home. **Pits:** there will be start-up costs, a lot of advertising and marketing, and you will have to get licensed and insured. **Ideas:** try selling at your local bakery, restaurants, farmers markets, neighborhood bake sales, doggie daycare centers, pet groomers.



Home Health Aide

HHA's make a remarkable difference in the lives of the elderly by assisting with bathing, dressing, keeping homes safe and clean, arranging leisure activities and transportation. Some states also allow HHA's to administer medication and check vital signs under the supervision of a healthcare practitioner.

Requirements: good health and being strong, dependable, and patient. Training and certification is different by state.



Perks: hands-on and direct impact on the wellbeing of those who are elderly and or disabled. Many jobs in this field require live-in home care, which can be a huge perk for some.

Pits: Can be labor intensive- physically and emotionally.

Pay: low pay, \$15,000-\$30,000 per year (full-time figure) depending upon State.

Why post 50's for this job? Those who are older likely have a deeper connection and understanding of the aging process, as well as the emotional, physical and sociological issues of the elderly. In addition, it is more likely that post 50's have had personal experience taking care of their parents or grandparents.

For more information visit: National Association for Home Care and Hospice at <http://www.nahc.org>.

Job hunting tip – contact moderate to large companies in your area and ask about hiring programs for seniors.

Hello, my name is [insert name] and I'm an [older individual (less than 65) or senior citizen (65+)] looking for part-time (or full-time) employment. Do you have employment programs designed for older individuals that I might qualify for? Below is a summary of my skills, experience, and interests. I look forward to hearing from you.

