Break Choice Board
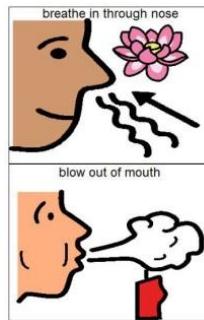
Take a Break	Run	Breathe	Fidget	Jump

I need to _____