

Mansfield Cross Country Relays

A small group of endurance athletes travelled to Berry Hill Park, Mansfield to join the thousands of athletes from all over the country to compete in the annual relay races on Saturday 2nd November.

The senior women each ran a leg of 3000 metres over the undulating challenging course with Khahisa Mhlanga completing the first leg in 10 mins 41.80 seconds to bring the team home in 13th place before handing over to Sally Judd who ran 12:18.15 with the team now in 25th place before handing over to Lottie Rowedder for the final leg who managed to claw back one place with a time of 11:46.10 to complete the race in an excellent 24th place overall out of the 127 complete teams that finished the race.

The Junior Men's team also ran three legs each of 3000 metres to finish in 23rd place out of the 44 teams that competed with Brett Rushman completing the first leg in 9:19.55 for 20th place and then handing over to Adam Hughes 10:12.20 for 33rd place with George Rowedder taking the final leg and managing to move the team up to 23rd place overall with his run in 10:02.15

We also had an incomplete team of under 15 Boys who ran legs of 2000 metres - Ben Carter who ran 8:15.75 and Fynn Rushman who ran 8:16.10

Senior Women - 3 x 3000 metres
Khahisa Mhlanga 10:41.80 (13th)
Sally Judd 12:18.15 (25th)
Lottie Rowedder 11:46.10 (24th)
Team 24th out of 127 finishers

Under 20 Men - 3 x 3000 metres
Brett Rushman 9:19.55 (20th)
Adam Hughes 10:12.22 (33rd)
George Rowedder 10:02.15 (23rd)
Team 23rd out of 44 finishers

Under 15 Boys - 3 x 2000 metres
Ben Carter 8:15.75
Fynn Rushman 8:16.10