

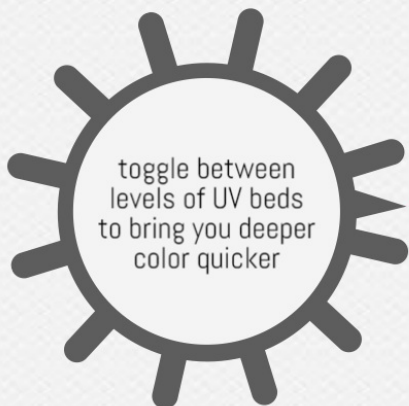
UV tanning - DO'S + DON'Ts

DO'S DON'Ts



apply your tanning lotion 10 minutes before going into a bed to give lotion time to settle into your skin

before UV tanning



toggle between levels of UV beds to bring you deeper color quicker

while UV tanning



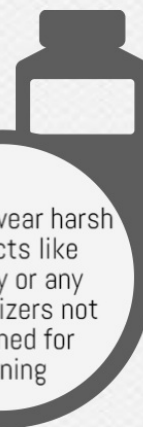
wear peepers EVERY TIME

while UV tanning



keep skin specially hydrated with a tan extender

after UV tanning



DO NOT wear harsh products like Bengay or any moisturizers not designed for tanning

before UV tanning



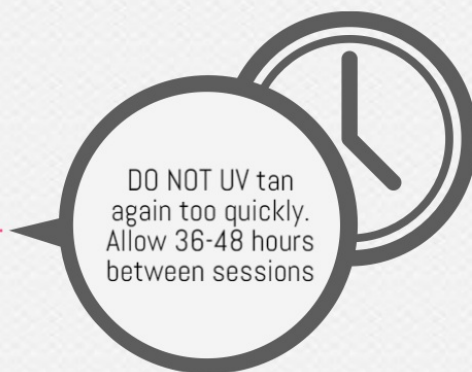
DO NOT stay dead still in a UV bed. shift your body for rays to hit all areas of skin

while UV tanning



for the guys -- DO NOT use a towel to cover your private area. Ask a salon associate about a product made for the tan man

while UV tanning



DO NOT UV tan again too quickly. Allow 36-48 hours between sessions

after UV tanning