

RE Task 3

What matters most to Sikhs? Symbols and teachings



This is the Ik Onkar.

It is the Sikh symbol for one God.



This is the Khanda, the main Sikh symbol.



Watch the clip below

<https://www.bbc.co.uk/programmes/p02mx5lv>

The 5Ks worn by Khalsa Sikhs

Kesh (uncut hair), kangha (comb), kara (a steel wrist band), Kachera (short trousers), kirpan (sword).

Reflection Questions

Do you wear any symbols? Maybe a football shirt or a brownie logo?

What do the symbols represent?

Why are they important?

Should they be respected?

Some people might prefer to keep their beliefs quiet and hidden. Why do many Sikh people think that you should be open and bold about showing your commitments?

Tasks

1. Design a symbol for your own identity or something you belong to and explain the meanings.

or

2. Write a five-line poem, with each line starting with one of the names of the 5 K's