

WHAT 6 YEARS OF Breastfeeding

HAS DONE TO MY BREASTS

Stretch Marks

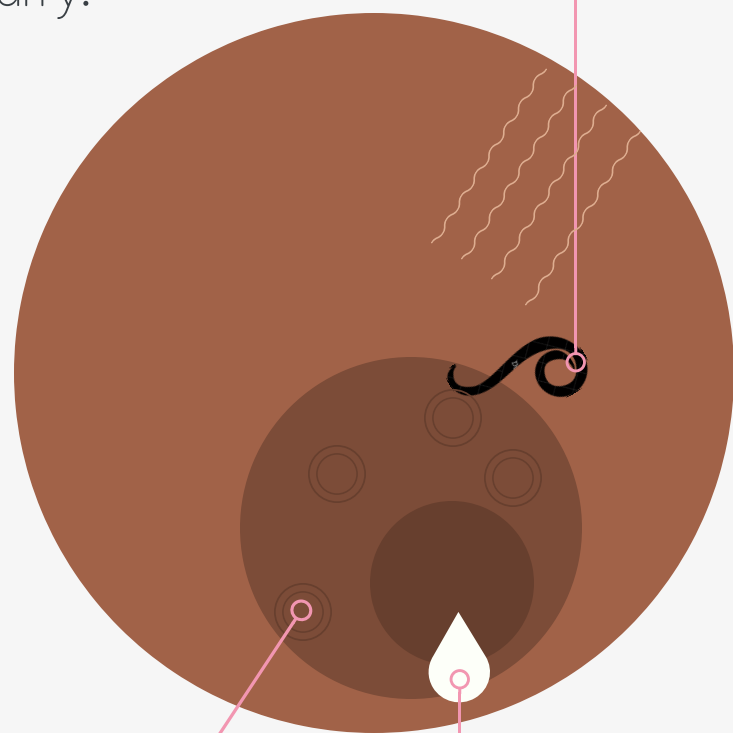
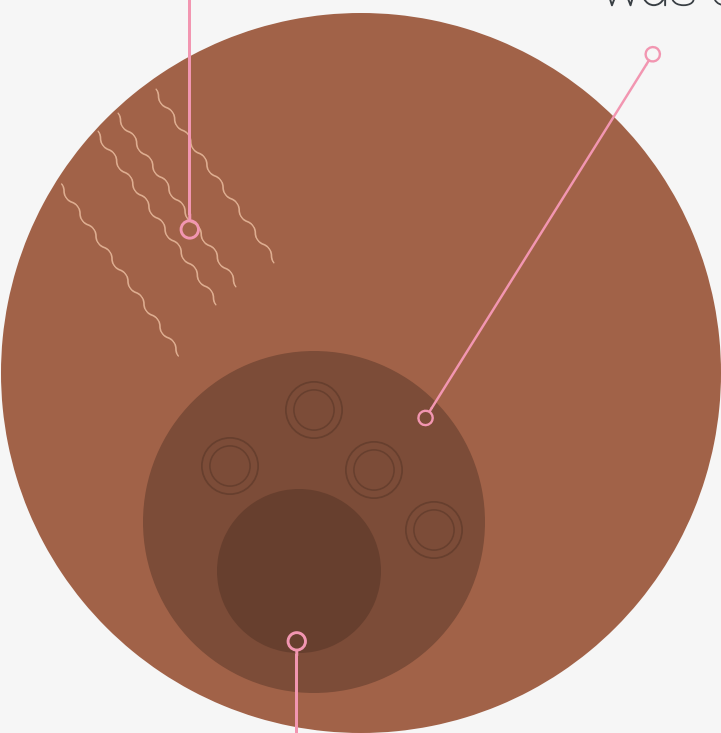
These love marks are from the milk filling & leaving the breast. The sun & shea butter helps fade them.

Hair

One hair strand keeps popping up. I usually pluck it with tweezers.

Darkened & Enlarged Areola

The areola became more pronounced to help our children find the breast when they were newborns & their eye sight was still blurry.



Elongated Nipples

From years of suckling, my nipples are long & move around.

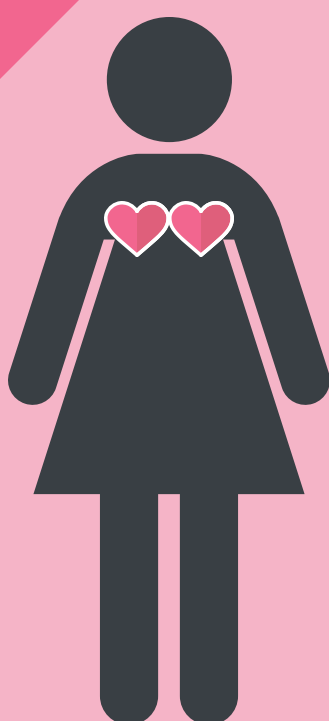
Areola Glands

These glands make your areolas look bumpy. They secrete oil to keep your areola & nipples moist & healthy while breastfeeding.

Milk

Yup! I still produce nutritious milk for our daughter's growing body.

MORE ABOUT THE GIRLS...



Flattened Breasts

They are deflated from the weaning process.

Saggy Breasts

I do not mind the temporary sag.

Lopsided Breasts

After nursing for years the difference in my breast size is noticeable.

Interested in seeing how nursing breasts continue to change post breastfeeding? Subscribe to www.dommiesblessed.com where we document our journey. In the meantime... love your girls!