

Did You Know?

Areola means small space. On the human breast, the areola is the ring of color around the nipple.

The Power Of The

AREOLA

while breastfeeding

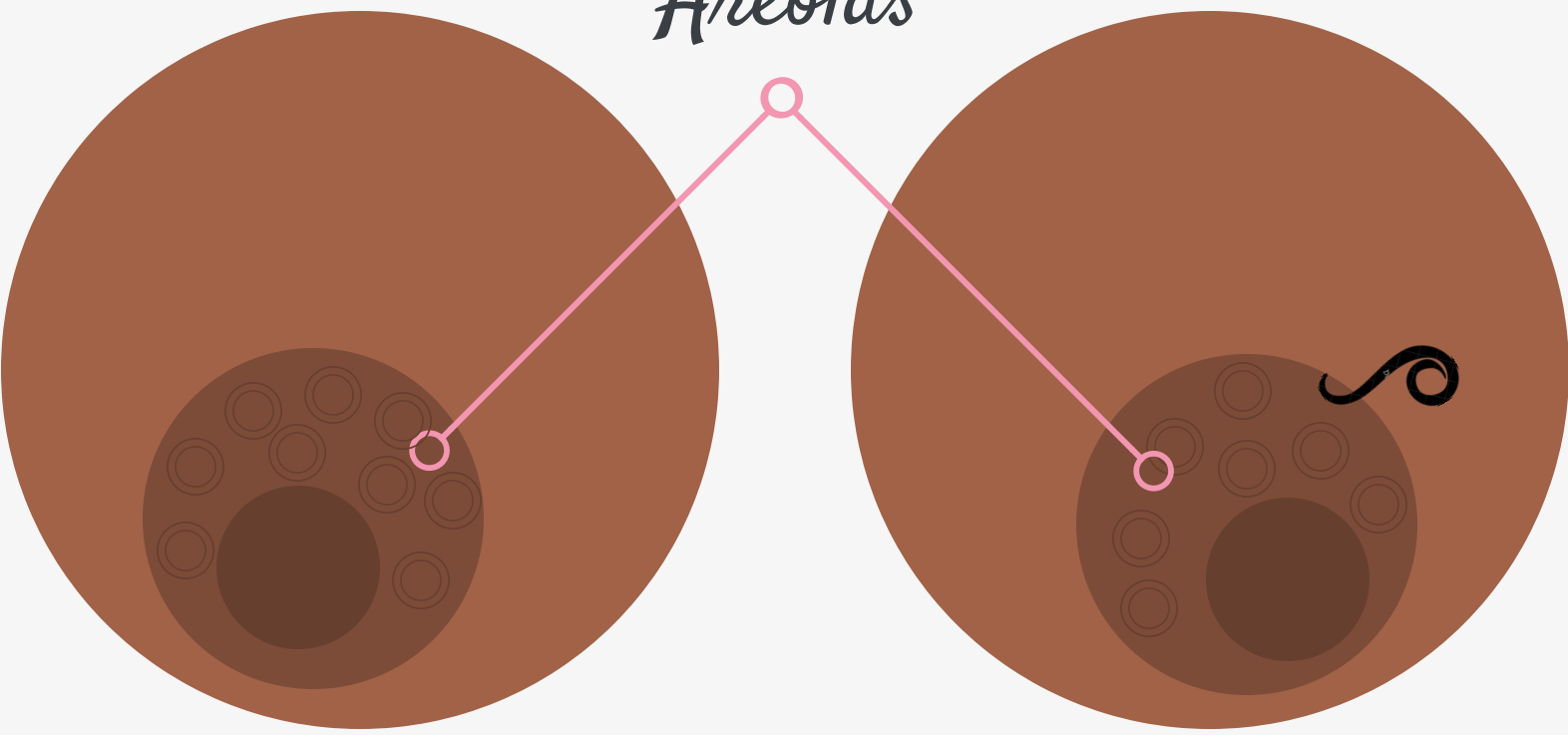
Changes Color

Areola have the power to darken becoming more visible to our newborn.

Protects Itself

The areola glands secrete oils to keep the breast lubricated & protected against bacteria.

Areolas



Grows Hair

This small section has hair follicles - the power to grow hair.

Enlargens

The areola can increase in size to become more visible to our newborn.

Aromatic

The areola glands allegedly give off a scent - which means our children can smell us.

Our Body's Natural Aroma Therapy

Benefits of Areola Aroma Therapy include...

- calming
- appetite booster
- reduces anxiety
- reduces stress
- powerful sleep aid
- increase the peace
- comforting