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# Guacamole

## INGREDIENTS

2 ripe avocados-halved, stone removed then peeled

1 small red onion-PEELED, finely DICED

1 tomato- finely DICED

2 cloves of garlic- PEELED, CRUSHED

1 small red chilli- DESEEDED, finely DICED

¼ cup of lime juice

Salt and pepper to taste

## METHOD

1. PLACE avocado in a bowl. Mash with a fork until smooth.
2. ADD onion, tomato, garlic, chilli and lime juice. MIX using a spoon.
3. DIVIDE between 5 small serving plates.
4. SERVE!!