



Conscious Life Institute

"Lighting the World, Awakening
the Heart"



Hypnosis can take you beyond the brain to access your belief systems and do some very important work. Healing happens in the creative area of the brain, and hypnosis allows us to access this area. (See Videos) Some of these types of hypnosis are for both children and adults. Some, but not all of the topics that might be addressed are: Addictions, Anger Management, Body Image, Business Skills, Children's Issues, Confidence, Loss & Grief, Memory & Learning, Fears and Phobias, Habits, Health, Pain Management, Performance, Personal Development, Relationships, Sports Improvement, Stress & Anxiety and all things psychic and paranormal.

Health & Wellness	
Addictions (Various including Moderation) Alzheimer's Arthritis Ataxia Autogenic Programming Blood Pressure Cancer & Tumors (removal), Chemotherapy Crohn's Disease Dementia Eyesight Visualization Fibromyalgia Emphysema General Healing Hormone Imbalance Hypochondria IBS Relaxation (Various)	Living with: Cancer, Diabetes, Auto Immune Disorder, Allergies Pain Management (Various) Pre, during and Post Surgery Stroke Relaxation Thyroid Relaxation Tinnitus Turning Off Unwanted Genes Unlocking Visualization & Creativity (Various) Visualize Easing Away Back Pain Script Weight Loss & Gain (Process: Metaphorical Gastric Band or adjustment, binge, boredom, emotional eating, metabolism, healthy eating, choosing foods, letting go of weight, etc.)
Personal Development	
Abandonment Issues (Various) Accepting Change Adult ADD & ADHD Anger Management Metaphors Anxiety Management (Various) Assertiveness Business Success (Various) Time Management, Negotiating, Networking, Public Speaking, Successful Self-Employment Concentration/Focus	Dentist, Doctors, Failure, Hoarding (Disposaphobia), etc. Photographic Memory Post-Traumatic Stress Disorder Procrastination Overthinking OCD (Various) Sleep, Insomnia (Various + Egyptian Temple) Self-Hypnosis + Silver Chalice Stress Reduction (Various: Workplace,

Confidence Depression/Anxiety Guilt, Morbid Thoughts, Negativity (Various) Inner Child Issues Memory Improvement, Recall, Memory Blocks, (Various) Performance (Various) Phobias: Fear of Abandonment, Agoraphobia, Criticism, Commitment, Confrontations, Conflict, Claustrophobia, Growing Old, more... Air Turbulence, Being Alone,	Personal, etc.) Unhooking or Clearing Toxic Relationships Children’s Issues (Various) Attention Deficit Hyperactive Disorder (ADHD), Anxiety Asperger Syndrome, Child Stuttering, Fears (Various), Meditation for Kids, Sleep Issues
Psychic & Paranormal (New in Spiritual Development Program)	
Angels and their Healing Power Automatic Writing Connecting to Your Higher Self Creativity (Various Unlocking or Amplifying, Crystal Enhancement, Writer’s Block) ESP Visualization (Various) Inner Truth Meditation House of Life (Healing) Life Energy Lucid Dreaming Mediumship	Meeting Your Spirit Guides Out of Body (Various) Past Life Regression Psychic Depth Psychic Ability Visualization Psychic Protection Spirit World (Where you go between lives) Time Distortions
Relationships with Self & Others	
Attracting Love Attracting Abundance Bringing Love into your Life Dealing with Divorce Ending an Abusive Relationship Emotional Baggage Emotional Security	From Co-dependent to Independent Inner Child Jealousy (Various) Moving on from a Relationship Parental Alienation Unlocking Visualization & Creativity (Various)

Note: Hypnotherapy is a viable, alternative healing tool, working side by side with physicians that can activate healing modalities with the assistance of the client. Clients are always “Self-Healing” through their own inner healing mechanisms, accessed through the development of current, positive belief systems.

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