

Kellie's Pearly Whites, Whitening Tooth Paste

An at home teeth whitening system with professional strength results!



Hydrogen peroxide and baking soda are the main ingredients used in whitening strips, so why pay more than you need to for whiter teeth?



Ingredients:

1t baking soda
½ t hydrogen peroxide

Directions:

Mix together until you are left with a paste like consistency.
Apply to fronts of teeth for about 5 to 10 minutes
Rinse paste away with warm water.
Smile! LOTS
Recommended use: every 2 months.

If you would like more tips like this and learn how to look and feel 10 years younger send me an email at: KO@kellieolver.com