

Overall Results

Pos	Bib	Name	M/F Pos	AG	AG Pos	Loca	Club	Chip	Gun
1.	297	Matthew McCormack	1.	MSen			Crewe and Nantwich AC	33:10	33:11
2.	188	Julian Goodwin	2.	M45			Boalloy Running Club	35:01	35:02
3.	355	Russell Price	3.	MSen			Chorlton Runners	35:05	35:06
4.	279	Daniel Lloyd	4.	MSen	1.		Crewe and Nantwich AC	35:23	35:24
5.	264	Ben Laxton	5.	MSen	2.	CW11	Crewe and Nantwich AC	35:28	35:29
6.	244	Chris Jones	6.	MSen	3.	CW11	Vale Royal AC	35:36	35:38
7.	148	Sean Dyer	7.	MSen	4.		South Cheshire Harriers	35:47	35:49
8.	90	Andrew Cleal	8.	MSen	5.		Wilmslow Running Club	36:15	36:16
9.	448	Darren Tweats	9.	MSen	6.			36:57	36:59
10.	328	Chris Moss	10.	M45	1.		Congleton Harriers	38:20	38:22
11.	175	David Gallimore	11.	MSen	7.			38:25	38:27
12.	73	Mathew Capper	12.	MSen	8.		Audley Sriders	39:20	39:22
13.	464	Natasha White	1.	FSen			Northbrook Athletic Club	39:24	39:26
14.	315	Ioan Milosevic	13.	MSen	9.		Cambridge Triathlon Club	39:36	39:38
15.	216	Kevan Hinett	14.	M55	1.	CW11		39:41	39:43
16.	475	Christopher Williams	15.	MSen	10.			39:53	39:55
17.	165	Shelley Fairey	2.	FSen			Matlock Athletic Club	39:53	39:57
18.	371	Lee Roberts	16.	MSen	11.		Lonely Goat RC	39:55	39:57
19.	393	Daniel Steven Shaw	17.	MSen	12.		Wesham Road Runners &	40:25	40:27
20.	330	Jack Mullins	18.	MSen	13.	CW11		40:32	40:35
21.	218	Simon Hodgkiss	19.	M50	1.		Biddulph RC	40:42	40:42
22.	201	Michael Harrington	20.	M45	2.		Vale Royal AC	41:14	41:15
23.	20	Robert Baker	21.	M40	1.		South Cheshire Harriers	41:23	41:27
24.	404	David Smith	22.	M45	3.		South Cheshire Harriers	41:33	41:36
25.	48	Iain Borsbey	23.	M40	2.		Northwich Running Club	41:43	41:47
26.	418	Brian Stevens	24.	M55	2.			41:51	41:53
27.	377	Steve Rushton	25.	M50	2.			41:53	41:59
28.	133	Matthew Del Brocco	26.	MSen	14.			42:00	42:04
29.	346	Michael Parr	27.	M45	4.		Northwich Running Club	42:03	42:06
30.	247	Jason Jones	28.	M45	5.	CW11	Congleton Harriers	42:16	42:20
31.	114	Kyle Cruise	29.	MSen	15.	CW11		42:26	42:30
32.	473	Ashley Wilks	30.	MSen	16.		Vegan Runners UK	42:31	42:36
33.	104	Bob Corinaldi	31.	M50	3.		Vale Royal AC	42:41	42:44
34.	141	Ken Douglas	32.	M40	3.	CW11		42:38	42:50
35.	361	Ian Raisbeck	33.	MSen	17.	CW11		42:58	43:01
36.	53	Mark Bousie	34.	M40	4.		Lonely Goat RC	43:16	43:19
37.	417	Paul Steel	35.	M50	4.		Congleton Harriers	43:21	43:25
38.	339	Ray O'Keefe	36.	M50	5.		Macclesfield Harriers & AC	43:25	43:28
39.	152	Marie Edmunds	3.	FSen			Massey Ferguson RC	43:35	43:38
40.	74	Benjamin Carpenter	37.	MSen	18.			43:40	43:44
41.	56	David Bowmaker	38.	M40	5.			43:37	43:53
42.	301	Brian McDowell	39.	MSen	19.			43:58	44:02
43.	209	Andy Heatley	40.	MSen	20.			44:13	44:22
44.	96	Elaine Collins	4.	F40	1.		Northwich Running Club	44:24	44:28
45.	467	Daniel Whitfield	41.	MSen	21.			44:25	44:36
46.	391	Dan Shand	42.	MSen	22.			44:33	44:37
47.	79	Stuart Cassidy	43.	M45	6.		Newcastle Staffs AC	44:31	44:38
48.	127	Lana Davidson	5.	FSen	1.		South Cheshire Harriers	44:33	44:41
49.	452	Tom Vass	44.	MSen	23.			44:24	44:49

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50.	238	Mike Jay	45.	MSen	24.	CW11		44:37	44:50
51.	158	Stuart Eustace	46.	M40	6.		Run Middlewich	44:45	44:57
52.	274	Andy Lewis	47.	MSen	25.			44:54	44:59
53.	392	Alexander Shaw	48.	MSen	26.		Bramhall Runners	45:00	45:02
54.	353	Paul Plested	49.	M55	3.		Ellesmere Port RC	45:15	45:20
55.	122	Neil Daniels	50.	M45	7.	CW11	Sandbach Striders	45:08	45:22
56.	302	Jan McMulkin	51.	M65	1.		South Cheshire Harriers	45:34	45:43
57.	202	Claire Harrison	6.	F40	2.		South Cheshire Harriers	45:44	45:53
58.	14	David Bailey	52.	M55	4.		Biddulph RC	45:50	45:58
59.	415	Michael Stanley	53.	M45	8.		Congleton Harriers	45:55	46:01
60.	313	David Millward	54.	M55	5.	CW11		45:57	46:08
61.	382	Martin Sands	55.	M45	9.		Congleton Harriers	46:02	46:09
62.	495	James Yates	56.	M40	7.		Congleton Harriers	46:11	46:15
63.	13	Daniel Bailey	57.	MSen	27.		Thunder Runners	46:11	46:16
64.	375	Charles Rowlands	58.	M50	6.		South Cheshire Harriers	46:11	46:20
65.	65	Robert Buddin	59.	MSen	28.			46:06	46:30
66.	121	Keith Dale	60.	M45	10.	CW11		46:27	46:42
67.	182	Philip Gleave	61.	MSen	29.			45:37	46:42
68.	351	Susan Plant	7.	F50	1.		Run Sandymoor	46:35	46:46
69.	398	Vicki Shelton	8.	F50	2.			46:28	47:07
70.	461	Brian Webster	62.	M60	1.			47:03	47:10
71.	266	Phill Laycock	63.	M50	7.	CW11		47:13	47:15
72.	386	Ian Scott	64.	MSen	30.			47:11	47:18
73.	462	John Welch	65.	M55	6.			47:21	47:23
74.	67	Carl Burkhill	66.	M40	8.			46:52	47:25
75.	497	Steven Yates	67.	M45	11.			47:14	47:25
76.	94	Melvyn Cole	68.	M65	2.		South Cheshire Harriers	47:22	47:27
77.	446	Graham Turner	69.	MSen	31.			47:01	47:32
78.	49	Andrew Boulton	70.	M60	2.			47:16	47:38
79.	135	Simon Jones	71.	M45	12.		Newcastle (Staffs) AC	47:33	47:40
80.	292	Corey Matravers	72.	MSen	32.		Crewe and Nantwich AC	47:42	47:43
81.	85	Bruce Clark	73.	MSen	33.		Nelson Ninjas	47:27	47:46
82.	426	Daniel Taylor	74.	MSen	34.	CW11	South Cheshire Harriers	47:39	47:49
83.	248	Joe Jones	75.	MSen	35.	CW11		47:32	47:53
84.	196	Greg Hall	76.	MSen	36.	CW11		47:49	47:55
85.	255	Rachel Kesteven	9.	F45	1.		Crewe and Nantwich AC	48:01	48:06
86.	385	Charlotte Scott	10.	FSen	2.			48:05	48:12
87.	333	Rod Munro	77.	M55	7.	CW11		47:51	48:23
88.	10	Liam Astley	78.	MSen	37.		South Cheshire Harriers	47:55	48:24
89.	220	Chris Holland	79.	MSen	38.			48:19	48:30
90.	40	Olive Bigmore	11.	F40	3.		Northwich Running Club	48:20	48:39
91.	296	Alex Mayor	12.	FSen	3.	CW11		48:43	48:46
92.	54	Liz Bowett	13.	FSen	4.			48:37	48:47
93.	36	Stephen Bettany	80.	M50	8.			48:07	48:50
94.	364	Mark Rendell	81.	M40	9.			48:37	48:50
95.	287	Dan Margolan	82.	M45	13.	CW11		48:55	49:03
96.	290	Abigail Marmont	14.	F40	4.	CW11		48:59	49:03
97.	340	Karl Oates	83.	MSen	39.			48:49	49:13
98.	321	Debbie Moreton	15.	F50	3.		Vale Royal AC	49:24	49:34

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Pos	Bib	Name	M/F Pos	AG	AG Pos	Loca	Club	Chip	Gun
99.	252	James Kelleher	84.	M55	8.		South Cheshire Harriers	49:30	49:40
100.	471	Chris Wilkie	85.	MSen	40.	CW11		49:11	49:47
101.	2	Amanda Anderson-Holton	16.	F40	5.	CW11	Knutsford Tri Club	49:41	49:52
102.	186	Carl Goode	86.	M45	14.	CW11		50:07	50:07
103.	15	James Bailey	87.	M45	15.			50:01	50:08
104.	260	Claire Kivlin	17.	F40	6.		South Cheshire Harriers	49:58	50:09
105.	241	Maria Jensen	18.	F40	7.	CW11		49:34	50:11
106.	380	Lee Sanders	88.	M40	10.			49:34	50:16
107.	101	Laurence Cooper	89.	MSen	41.			49:42	50:16
108.	422	Richard Studzinski	90.	M55	9.		South Cheshire Harriers	50:14	50:21
109.	373	Suzie Roscoe	19.	FSen	5.		Congleton Harriers	49:51	50:27
110.	32	Matt Bell	91.	MSen	42.			50:24	50:38
111.	472	Gary Wilkins	92.	M40	11.		Davenport runners	49:56	50:43
112.	344	Graeme Park	93.	MSen	43.	CW11		50:14	50:44
113.	439	Adam Till	94.	MSen	44.			50:25	50:44
114.	394	Dominic Shaw	95.	MSen	45.		Audley striders	50:40	50:45
115.	325	Samuel Morris	96.	MSen	46.	CW11		50:52	50:57
116.	435	Ginty Thorley	20.	F40	8.		Audley Sriders	50:48	51:03
117.	437	David Thornton	97.	M55	10.		Whitchurch Whippets	50:56	51:07
118.	66	Janet Burgess	21.	F40	9.		Whitchurch Whippets	50:58	51:09
119.	273	Cathy Lewin	22.	F55	1.		South Cheshire Harriers	51:03	51:13
120.	146	David Gowin	98.	M50	9.		Macclesfield Harriers & AC	51:06	51:13
121.	6	Rob Ashcroft	99.	M40	12.		Buckley RC	51:07	51:19
122.	410	Lee Solomon	100.	MSen	47.	CW11		51:12	51:31
123.	42	Carl Birkenhead	101.	M55	11.		Run Middlewich	51:15	51:32
124.	83	Erica Chu	23.	FSen	6.		Newcastle Staffs AC	51:14	51:33
125.	26	Simon Bayliss	102.	M55	12.			51:30	51:42
126.	433	Jayne Lomax	24.	F50	4.		Vale Royal AC	51:37	51:47
127.	413	Neil Southern	103.	M60	3.		Lonely Goat RC	51:46	51:54
128.	110	Marcus Crompton	104.	M50	10.			51:45	51:57
129.	320	Chris Moreton	105.	M45	16.		Stoke F.I.T	51:46	51:59
130.	484	Greg Wood	106.	M40	13.		Mow Cop Runners	51:44	52:04
131.	470	Angela Whittick	25.	FSen	7.	CW11		51:26	52:12
132.	113	Cathal Cruise	107.	M65	3.			51:59	52:13
133.	263	Becky Lawrence	26.	FSen	8.			52:02	52:17
134.	485	Lynette Woodbine	27.	F40	10.			52:08	52:21
135.	142	Kevin Dowey	108.	M50	11.	CW11		52:12	52:26
136.	246	Dawn Jones	28.	F45	2.		Stoke F.I.T	52:26	52:39
137.	29	Steven Beesley	109.	M40	14.			51:59	52:42
138.	298	Julie McDermott	29.	F55	2.			52:32	52:46
139.	64	Caroline Buckley	30.	F50	5.	CW11	Vale Royal AC	52:37	52:47
140.	295	David Mayne	110.	M40	15.			52:33	52:49
141.	77	Jan Cassidy	31.	F50	6.		Newcastle Staffs AC	52:41	52:49
142.	81	Alan Chapman	111.	M40	16.			53:01	53:07
143.	129	Georgia Davies	32.	FSen	9.	CW11		53:03	53:20
144.	134	Paul Devenport	112.	M50	12.	CW11	Sandbach Striders	53:08	53:23
145.	185	Nicola Godson	33.	F45	3.			53:10	53:23
146.	335	Mike Nelson	113.	M50	13.			53:01	53:24
147.	459	David Waterson	114.	M60	4.		Macclesfield Harriers & AC	53:08	53:25

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148.	150	Daniel Eccleston	115.	MSen	48.			53:02	53:28
149.	345	Mark Parker	116.	M45	17.			53:33	53:45
150.	403	Breeshey Smith	34.	F50	7.		Bramhall Runners	53:45	54:01
151.	408	Ross Smith	117.	M55	13.		Bramhall Runners	53:44	54:01
152.	271	Lauren Lequime	35.	FSen	10.			54:00	54:02
153.	219	Tom Holden	118.	MSen	49.			54:02	54:05
154.	257	Emma King	36.	F45	4.		Biddulph RC	54:00	54:08
155.	400	Philip Simon	119.	M50	14.			53:31	54:14
156.	474	Kevin Willans	120.	MSen	50.			54:05	54:17
157.	436	John Thornley	121.	MSen	51.	CW11		53:34	54:17
158.	479	Susan Williams	37.	F55	3.			54:05	54:18
159.	239	Helen Jenkins	38.	FSen	11.		Biddulph RC	53:58	54:20
160.	181	Lucy Gleave	39.	FSen	12.			53:20	54:25
161.	447	Tony Turner	122.	M60	5.		Hurricane Striders	53:56	54:27
162.	282	Gill Lunt	40.	F40	11.			54:18	54:30
163.	139	Carla Done	41.	FSen	13.			54:03	54:31
164.	149	Helen Gowin	42.	F50	8.		Macclesfield Harriers & AC	54:32	54:39
165.	356	Lynsey Pritchard	43.	FSen	14.	CW11		54:25	54:39
166.	23	Pete Barnett	123.	M45	18.	CW11		54:31	54:40
167.	291	Dan Martin	124.	M40	17.		Lonely Goat RC	54:33	54:43
168.	86	James Clark	125.	MSen	52.		Metcalfe Marauder	54:19	54:44
169.	499	Matthew Yeomans	126.	M50	15.		South Cheshire Harriers	54:13	54:44
170.	88	Matthew Clark	127.	MSen	53.		Westport Wayfarers	54:25	54:50
171.	289	Rob Marks	128.	MSen	54.	CW11		54:19	54:54
172.	22	Michelle Barnett	44.	F45	5.	CW11		54:49	54:57
173.	374	Rebecca Rowe	45.	F40	12.			54:26	55:03
174.	477	Jane Williams	46.	F40	13.		Staffs Moorlands AC	54:32	55:07
175.	451	Juliet Vass	47.	FSen	15.			54:33	55:11
176.	37	Helen Betteley	48.	F50	9.		Vale Royal AC	55:07	55:16
177.	112	Helen Chiltern	49.	F45	6.			54:52	55:18
178.	242	Matthew Johnson	129.	MSen	55.			54:39	55:31
179.	78	Katie Cassidy	50.	FSen	16.			54:39	55:32
180.	68	Tracy Burkill	51.	F45	7.			54:56	55:32
181.	5	Claire Ashberry	52.	F40	14.			55:38	55:52
182.	108	Alan Cragg	130.	M55	14.		South Cheshire Harriers	55:42	55:54
183.	478	Mark Williams	131.	M50	16.	CW11		55:23	55:55
184.	498	Kevin Yeates	132.	M60	6.			55:39	55:56
185.	214	Sarah Higgins	53.	F45	8.		Congleton Harriers	55:20	55:56
186.	190	Tom Gransden	133.	MSen	56.	CW11		55:43	56:05
187.	496	Sean Yates	134.	MSen	57.			56:00	56:11
188.	254	Christine Keoghan	54.	F50	10.		Lonely Goat RC	55:53	56:12
189.	397	Michelle Shaw	55.	FSen	17.		South Cheshire Harriers	55:50	56:13
190.	159	Daniel Evans	135.	MSen	58.		South Cheshire Harriers	55:45	56:20
191.	251	Rhiannon Jones	56.	F40	15.	CW11		55:48	56:26
192.	483	Karen Winstanley	57.	F40	16.	CW11		55:52	56:28
193.	457	Stephanie Ward	58.	FSen	18.		Biddulph RC	56:04	56:33
194.	124	Lisa Davenport	59.	F40	17.			56:19	56:35
195.	153	Chris Edwards	136.	M50	17.			56:12	56:35
196.	71	Marlaina Cadwallader	60.	FSen	19.			56:19	56:42

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197.	358	Kimberly Prophett	61.	FSen	20.		South Cheshire Harriers	56:10	56:44
198.	424	Stuart Symonds	137.	M40	18.			56:12	56:46
199.	192	Andrew Greer	138.	M45	19.			56:24	56:47
200.	342	Britta Oliver	62.	FSen	21.		Razzer's Runners	56:25	56:48
201.	412	Dale Southern	139.	MSen	59.	CW11		56:35	56:50
202.	34	Pat Bentley	63.	F70	1.		Staffs Moorlands AC	56:52	57:05
203.	352	Alan Platt	140.	M40	19.	CW11		56:19	57:06
204.	169	Maurice Fitzgerald	141.	M60	7.		South Cheshire Harriers	56:33	57:07
205.	332	Joe Munday	142.	MSen	60.	CW11		57:07	57:15
206.	259	Valerie Kinvig	64.	F55	4.			56:49	57:17
207.	322	Pip Marrant	65.	FSen	22.	CW11		57:05	57:21
208.	389	Amy Shakeshaft	66.	FSen	23.	CW11		57:05	57:22
209.	52	Kevin Bourne	143.	M40	20.			56:51	57:23
210.	480	Sharon Willis	67.	F50	11.			57:14	57:33
211.	33	Darren Bennett	144.	M40	21.			56:53	57:42
212.	402	Steve Smallwood	145.	M65	4.			57:38	57:50
213.	47	Darren Bootherstone	146.	MSen	61.	CW11		57:12	57:55
214.	194	John Grobicki	147.	M55	15.		Run Middlewich	57:55	58:12
215.	366	Lizzi Reynolds	68.	FSen	24.	CW11		57:39	58:13
216.	411	Charlie Southern	69.	FSen	25.	CW11		58:01	58:16
217.	145	Katy Drew	70.	F50	12.		Run Middlewich	57:43	58:19
218.	140	Simon Donnelly	148.	M45	20.	CW11		57:59	58:20
219.	407	Paul Smith	149.	MSen	62.	CW11		57:40	58:21
220.	460	Darren Watts	150.	M40	22.			57:30	58:21
221.	429	Mandy Taylor	71.	F45	9.		Lonely Goat RC	57:46	58:22
222.	120	Jamie Dale	151.	MSen	63.			57:57	58:23
223.	144	Matthew Doyle	152.	M40	23.	CW11		58:08	58:27
224.	16	Joanne Bailey	72.	F50	13.		Biddulph RC	57:59	58:28
225.	4	Peter Armstrong	153.	M50	18.		FOMO	58:05	58:37
226.	416	Debbie Steel	73.	F45	10.		Congleton Harriers	58:04	58:41
227.	454	Claire Walker	74.	FSen	26.		Lonely Goat RC	58:16	58:45
228.	381	Linzi Sandham	75.	F40	18.	CW11	South Cheshire Harriers	58:23	58:47
229.	434	Andrea Thorley	76.	F45	11.			58:35	58:48
230.	423	Shelagh Swinnerton	77.	F70	2.	CW11	South Cheshire Harriers	58:38	58:53
231.	277	Ann Marie Lindsley	78.	F40	19.			58:20	58:56
232.	72	Sue Campbell	79.	F65	1.			58:21	58:59
233.	55	Trevor Bowker	154.	M45	21.		Run Middlewich	58:07	58:59
234.	365	Sharon Rendell	80.	F45	12.			58:54	59:07
235.	288	Noel Markham	155.	MSen	64.	CW11		58:38	59:08
236.	284	Helen Mackay	81.	FSen	27.	CW11		58:22	59:11
237.	115	Helen Culloty	82.	FSen	28.			59:02	59:26
238.	183	Nicky Glover	83.	F40	20.		Congleton Harriers	58:40	59:28
239.	9	Tate Askey	84.	FSen	29.	CW11		58:58	59:29
240.	368	Debbie Richardson	85.	F50	14.		Vale Royal AC	59:21	59:31
241.	11	Becci Aston	86.	FSen	30.			58:44	59:32
242.	87	Lloyd Clark	156.	MSen	65.		Patterdale Puppets	59:06	59:33
243.	173	David Foster	157.	M55	16.	CW11		59:02	59:33
244.	93	Lesley Cole	87.	F60	1.		South Cheshire Harriers	59:25	59:34
245.	193	Darren Griffith	158.	M45	22.			59:19	59:35

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246.	261	Tracey Langston	88.	F45	13.		Mow Cop Runners	59:24	59:37
247.	283	Alex Maciver	159.	MSen	66.	CW11	Knutsford Tri Club	59:19	59:39
248.	62	Ailsa Brooke	89.	FSen	31.			59:11	59:42
249.	167	Anneka Field	90.	FSen	32.	CW11		59:18	59:49
250.	60	Jenny Broad	91.	F50	15.			59:12	59:52
251.	45	Karl Boardman	160.	M45	23.			59:10	1:00:00
252.	164	Ben Fairey	161.	MSen	67.			59:44	1:00:01
253.	354	Charlotte Poole	92.	FSen	33.	CW11		59:44	1:00:02
254.	449	Serena Van Schepdael	93.	F45	14.	CW11	South Cheshire Harriers	59:33	1:00:06
255.	156	Joanne Ellison	94.	F45	15.		Run Middlewich	59:31	1:00:07
256.	84	Vicki Clare	95.	F40	21.			59:30	1:00:10
257.	176	Zoe Gallimore	96.	FSen	34.			59:30	1:00:10
258.	138	Paul Dodson	162.	M55	17.			1:00:03	1:00:11
259.	41	Helen Birch-Machin	97.	F50	16.			59:27	1:00:17
260.	233	Tracey Ince	98.	F40	22.			1:00:11	1:00:18
261.	131	Sian Davison	99.	FSen	35.			59:43	1:00:27
262.	226	Elaine Hughes	100.	F40	23.			59:54	1:00:31
263.	163	Will Eyre	163.	M50	19.			59:51	1:00:33
264.	469	Greg Whitmarsh	164.	MSen	68.			1:00:05	1:00:34
265.	166	Cheryl Fear	101.	F40	24.	CW11		1:00:19	1:00:38
266.	213	Daniel Higgins	165.	MSen	69.	CW11		59:56	1:00:40
267.	280	Liam Lofthouse	166.	MSen	70.			59:56	1:00:41
268.	370	Darren Roberts	167.	M40	24.			1:00:03	1:00:45
269.	490	Bobbie Worswick	102.	F50	17.	CW11	Trentham RC	1:00:19	1:00:51
270.	444	Caroline Tozer	103.	FSen	36.	CW11		1:00:06	1:00:52
271.	117	Helen DÁmbra	104.	F50	18.		Northwich Running Club	1:00:37	1:00:58
272.	143	Marc Doy	168.	MSen	71.		Davenport Runners	1:00:41	1:01:02
273.	476	Gill Williams	105.	F50	19.	CW11		1:00:32	1:01:04
274.	438	Hayley Tickle	106.	F40	25.		Moulton Runners	1:00:46	1:01:06
275.	249	Karen Jones	107.	F40	26.			1:00:32	1:01:15
276.	30	Rebecca Bekkenutte	108.	F40	27.	CW11		1:00:28	1:01:16
277.	230	Rachel Hutchinson	109.	F45	16.		Edge Fitness	1:01:10	1:01:18
278.	223	Andy Hooper	169.	M45	24.	CW11		1:00:55	1:01:26
279.	89	Debbie Clarke	110.	F45	17.			1:01:12	1:01:28
280.	50	Martin Boulton	170.	MSen	72.		Stoke F.I.T	1:01:15	1:01:28
281.	119	Angela Dale	111.	FSen	37.	CW11		1:01:13	1:01:29
282.	324	Daniel Morris	171.	MSen	73.	CW11		1:00:51	1:01:36
283.	281	Sue Lord	112.	F50	20.			1:01:21	1:01:39
284.	338	Helen Nightingale	113.	F50	21.	CW11	South Cheshire Harriers	1:01:06	1:01:39
285.	466	Andrea Whiteley	114.	F40	28.			1:00:53	1:01:40
286.	222	Emma Holtom	115.	FSen	38.		Davenport runners	1:00:53	1:01:42
287.	25	Lizzi Styles	116.	FSen	39.			1:01:17	1:01:42
288.	95	Alexander Collins	172.	MSen	74.			1:01:18	1:01:46
289.	12	Viviana Astudillo	117.	FSen	40.	CW11	Edge Fitness	1:01:40	1:01:46
290.	97	Robert Collins	173.	M55	18.			1:01:21	1:01:48
291.	221	Paul Hollins	174.	M60	8.	CW11		1:01:23	1:01:50
292.	243	Asa Jones	175.	MSen	75.			1:01:10	1:01:54
293.	27	Hilly Beckley	118.	F40	29.		Davenport runners	1:01:09	1:01:57
294.	357	Alison Procter	119.	F50	22.			1:01:14	1:02:00

Overall Results

Pos	Bib	Name	M/F Pos	AG	AG Pos	Loca	Club	Chip	Gun
295.	3	Adam Armitt	176.	MSen	76.	CW11		1:01:21	1:02:07
296.	195	Angela Groom	120.	F40	30.		Moulton Runners	1:01:58	1:02:18
297.	155	Alexandra Ehlen	121.	F40	31.			1:01:59	1:02:19
298.	206	Nathan Kapp	177.	MSen	77.			1:01:45	1:02:23
299.	151	Victoria Eccleston	122.	FSen	41.		South Cheshire Harriers	1:02:01	1:02:27
300.	147	Philippa Dye	123.	FSen	42.	CW11		1:01:58	1:02:29
301.	100	Joseph Connor	178.	MSen	78.		Bramhall Runners	1:02:18	1:02:34
302.	492	Alice Smith	124.	FSen	43.			1:02:03	1:02:41
303.	162	Jacqui Eyre	125.	F45	18.			1:02:13	1:02:55
304.	372	Rachel Roberts	126.	FSen	44.	CW11		1:02:13	1:02:56
305.	17	Simon Bailey	179.	M40	25.		GO!TEAM	1:02:14	1:02:57
306.	331	Elaine Munday	127.	F50	23.	CW11		1:02:53	1:02:59
307.	63	David Brown	180.	M55	19.			1:02:34	1:03:13
308.	443	Paul Towers	181.	MSen	79.		RunMiddlewich	1:02:36	1:03:19
309.	314	Eleanor Milosevic	128.	FSen	45.		Cambridge Triathlon Club	1:03:02	1:03:22
310.	316	Catherine Mitchell	129.	F45	19.			1:02:42	1:03:23
311.	179	Matt Gilson	182.	MSen	80.			1:02:59	1:03:26
312.	318	Victoria Monaghan	130.	FSen	46.			1:03:13	1:03:27
313.	362	Louise Reade	131.	FSen	47.			1:02:45	1:03:32
314.	236	Sarah Jackson	132.	F45	20.		Lonely Goat RC	1:03:04	1:03:39
315.	395	Emma Shaw	133.	F45	21.		Audley striders	1:03:28	1:03:43
316.	125	Natalie Davenport	134.	FSen	48.	CW11		1:03:24	1:03:45
317.	305	Lea Mellody	135.	F55	5.			1:03:16	1:03:47
318.	267	Louise Lee	136.	F40	32.			1:03:20	1:03:50
319.	123	Joanne Darlington	137.	F50	24.	CW11	South Cheshire Harriers	1:03:22	1:03:55
320.	491	Christine Wright	138.	F50	25.			1:03:15	1:04:03
321.	272	Adam Letts	183.	M45	25.	CW11		1:03:32	1:04:08
322.	161	Catherine Eyre	139.	F40	33.		Davenport runners	1:03:22	1:04:10
323.	224	James Hough	184.	MSen	81.			1:04:06	1:04:29
324.	450	Bob Vass	185.	M60	9.			1:03:50	1:04:29
325.	118	Rachel Daggitt	140.	FSen	49.			1:03:51	1:04:30
326.	187	Emma Goode	141.	FSen	50.	CW11		1:04:12	1:04:32
327.	154	Katie Edwards	142.	FSen	51.		Audley Striders	1:04:23	1:04:37
328.	269	Tim Lee	186.	MSen	82.			1:04:09	1:04:39
329.	317	Denise Mitchell	143.	F60	2.			1:04:33	1:04:45
330.	256	Charlotte King	144.	F40	34.			1:04:25	1:04:46
331.	303	Hannah McPartland	145.	FSen	52.		Cybi Striders	1:04:10	1:04:49
332.	304	Melissa McPartland	146.	F40	35.			1:04:10	1:04:49
333.	401	Adele Sloan	147.	F40	36.		Run Middlewich	1:04:11	1:04:52
334.	310	Katie Meredith	148.	FSen	53.			1:04:32	1:04:54
335.	203	Emma Harrison	149.	F40	37.		Audley Striders	1:05:03	1:05:18
336.	285	Luisa Mackey	150.	F45	22.		Audley Striders	1:05:06	1:05:21
337.	111	Lorraine Cropper	151.	F45	23.	CW11		1:05:03	1:05:22
338.	1	Laura Ackerley	152.	F40	38.			1:05:35	1:05:42
339.	51	Rachel Boulton	153.	FSen	54.			1:05:13	1:05:43
340.	453	Anita Wagg	154.	F40	39.			1:05:32	1:05:56
341.	204	Jen Harrison	155.	F40	40.			1:05:32	1:05:56
342.	441	Alex Tomlinson	156.	FSen	55.			1:05:33	1:06:01
343.	276	Sarah Lillico	157.	FSen	56.			1:05:33	1:06:02

Overall Results

Pos	Bib	Name	M/F Pos	AG	AG Pos	Loca	Club	Chip	Gun
344.	35	Nicky Beresford	158.	F40	41.			1:05:30	1:06:06
345.	198	Greer Hanaghan	159.	F55	6.		Macclesfield Harriers & AC	1:05:58	1:06:16
346.	208	Kelly Heathcote	160.	FSen	57.			1:05:42	1:06:26
347.	76	Lucy Cartlidge	161.	FSen	58.			1:06:26	1:06:40
348.	286	Neil Coe	187.	M70	1.		South Cheshire Harriers	1:06:18	1:06:51
349.	268	Shelley Lee	162.	F50	26.		Macclesfield Harriers & AC	1:06:26	1:06:53
350.	323	Helen Morrey	163.	F50	27.		Northwich Running Club	1:06:16	1:06:54
351.	91	Donna Clement	164.	F40	42.		Razzer's Runners	1:06:35	1:07:00
352.	387	Pauline Scrimgeour	165.	F65	2.		South Cheshire Harriers	1:07:07	1:07:33
353.	130	Marie Davies	166.	F50	28.		Razzer's Runners	1:07:17	1:07:41
354.	336	Erin Newton	167.	FSen	59.	CW11		1:07:02	1:07:48
355.	46	Beth Bonnaud	168.	FSen	60.		Mow Cop Runners	1:07:30	1:07:56
356.	493	Karen Wynn	169.	F45	24.		Biddulph RC	1:07:31	1:08:00
357.	180	Katie Girvan	170.	FSen	61.			1:07:37	1:08:12
358.	75	Emma Carr	171.	FSen	62.		Mow Cop Runners	1:07:46	1:08:13
359.	235	Wallis Ison	172.	FSen	63.			1:07:34	1:08:18
360.	199	Stephen Harper	188.	MSen	83.	CW11		1:08:08	1:08:35
361.	253	Lisa Kelly	173.	F45	25.		South Cheshire Harriers	1:08:03	1:08:37
362.	308	Paul Mercandelli	189.	MSen	84.		South Cheshire Harriers	1:08:03	1:08:45
363.	327	Charlotte Moss	174.	FSen	64.	CW11		1:08:00	1:08:47
364.	406	Howard Smith	190.	M60	10.			1:08:28	1:08:51
365.	378	Emma Salt	175.	F45	26.		South Cheshire Harriers	1:08:23	1:08:56
366.	376	Kathryn Rush	176.	FSen	65.	CW11		1:08:50	1:09:15
367.	61	Stewart Broadfield	191.	M70	2.			1:08:40	1:09:20
368.	399	Wendy Shore	177.	F55	7.			1:09:25	1:09:54
369.	170	Tracy Fletcher	178.	F50	29.		South Cheshire Harriers	1:09:17	1:09:55
370.	319	Debbie Moore	179.	F45	27.		South Cheshire Harriers	1:09:17	1:09:55
371.	465	Claire Whitehurst	180.	F40	43.			1:09:12	1:09:58
372.	200	Emma Harrington	181.	F40	44.	CW11		1:09:23	1:10:06
373.	468	Shaz Whitfield	182.	F50	30.			1:09:40	1:10:07
374.	343	Kay Ollerhead	183.	F45	28.			1:09:22	1:10:08
375.	306	Kathleen Mellor	184.	F60	3.		Stoke F.I.T	1:09:40	1:10:08
376.	197	Kerrie Hall	185.	FSen	66.			1:09:55	1:10:16
377.	390	Ghada Shanati	186.	F45	29.			1:09:46	1:10:23
378.	207	Nicola Hart	187.	F50	31.	CW11		1:09:40	1:10:25
379.	215	Maria Hill	188.	F50	32.			1:09:40	1:10:25
380.	350	Lucy Pittaway	189.	FSen	67.		Edge Fitness	1:10:45	1:10:53
381.	349	Dirk Pittaway	192.	M45	26.			1:10:45	1:10:54
382.	116	David Curran	193.	M60	11.			1:10:18	1:11:00
383.	341	Sarah Olbrich	190.	F50	33.		Run Middlewich	1:10:32	1:11:13
384.	299	Karis McDermott	191.	FSen	68.			1:10:48	1:11:22
385.	28	Gill Beeley	192.	F60	4.		Run Middlewich	1:10:41	1:11:22
386.	44	Debbie Boardman	193.	F45	30.		Stockport Harriers & AC	1:11:03	1:11:41
387.	38	Sue Bickerton	194.	F45	31.		Run Middlewich	1:11:10	1:11:51
388.	445	Leah Trumper	195.	FSen	69.			1:11:28	1:12:04
389.	369	Dan Roberts	194.	MSen	85.	CW11		1:11:26	1:12:09
390.	425	Alison Tasker	196.	FSen	70.	CW11		1:12:04	1:12:48
391.	326	Leanne Morse	197.	FSen	71.			1:12:18	1:12:57
392.	58	Suzanne Bradshaw	198.	FSen	72.			1:12:18	1:12:58

Overall Results

Pos	Bib	Name	M/F Pos	AG	AG Pos	Loca	Club	Chip	Gun
393.	168	Megan Harvey	199.	FSen	73.			1:12:53	1:13:39
394.	217	Gemma Hodges	200.	FSen	74.		South Cheshire Harriers	1:13:11	1:13:45
395.	232	Rebecca l'Anson	201.	F40	45.		South Cheshire Harriers	1:13:12	1:13:46
396.	99	Clare Coney	202.	F40	46.			1:13:41	1:14:16
397.	171	Lily Flounders	203.	FSen	75.	CW11	Edge fitness	1:14:24	1:14:30
398.	21	Peter Barker	195.	M45	27.	CW11		1:14:21	1:14:30
399.	137	Emily Dodson	204.	FSen	76.			1:14:25	1:14:30
400.	212	Emma Hickson	205.	FSen	77.		South Cheshire Harriers	1:14:18	1:14:52
401.	258	Corinne Kinvig	206.	FSen	78.		Northwich Running Club	1:14:43	1:15:11
402.	240	Caroline Jennings	207.	FSen	79.			1:14:53	1:15:26
403.	489	Megan Woods	208.	FSen	80.	CW11		1:14:41	1:15:31
404.	488	Darren Woods	196.	M50	20.	CW11		1:14:43	1:15:33
405.	210	Claire Heatley	209.	FSen	81.			1:15:48	1:16:09
406.	270	Helen Lenehan	210.	F65	3.			1:15:50	1:16:31
407.	487	Megan Wooding	211.	F55	8.			1:15:50	1:16:31
408.	494	Julie Yarwood	212.	F50	34.			1:16:33	1:16:45
409.	31	Rob Bekkenutte	197.	M40	26.	CW11		1:16:14	1:17:03
410.	409	Rachel Snowdon	213.	FSen	82.			1:16:45	1:17:12
411.	309	Derek Mercer	198.	M60	12.			1:17:07	1:17:45
412.	294	Amy Mayell	214.	F40	47.	CW11	Boalloy Running Club	1:17:33	1:18:23
413.	347	Christine Pezzaioli	215.	F60	5.		Stoke F.I.T	1:18:25	1:18:54
414.	128	Cheryl Davies	216.	FSen	83.		Razzer's Runners	1:18:46	1:19:10
415.	103	Ashlin Corinaldi	217.	F45	32.		Razzer's Runners	1:18:52	1:19:16
416.	109	Holly Crocker	218.	FSen	84.			1:19:52	1:20:18
417.	245	Claire Jones	219.	F45	33.		South Cheshire Harriers	1:20:41	1:21:15
418.	337	Susan Nicholls	220.	F60	6.		Stoke F.I.T	1:21:15	1:21:44
419.	227	Sharn Hully	221.	F60	7.		Stoke F.I.T	1:21:15	1:21:44
420.	278	Jamie Littlejohn	199.	MSen	86.			1:22:21	1:22:59
421.	18	Claire Baily	222.	FSen	85.			1:22:21	1:22:59
422.	312	Charlotte Mills	223.	F40	48.		Northwich Running Club	1:23:38	1:23:59
423.	250	Nicola Jones	224.	F50	35.			1:24:00	1:24:33
424.	82	Maria Charyshkina	225.	FSen	86.	CW11		1:24:01	1:24:48
425.	440	Rhian Till	226.	FSen	87.			1:24:30	1:25:18
426.	184	Julie Godsell	227.	F55	9.			1:24:47	1:25:28
427.	329	Jane Mullen	228.	F40	49.			1:24:47	1:25:29
428.	98	Claire Colloff	229.	F40	50.	CW11		1:26:13	1:26:38
429.	160	Joanne Evans	230.	F40	51.	CW11		1:26:13	1:26:38
430.	367	Amanda Richards	231.	FSen	88.	CW11		1:34:28	1:35:03

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