



## WEEK FIVE

**MATTHEW 2:1-12**  
Wise Men Visit Jesus

## SAY THIS

**Give like you're  
giving to God.**

## DO THIS



### MEAL TIME

What is something your family could do to raise money to help someone in need, or a worthwhile organization? Brainstorm over dinner who you think needs help, how you can get others involved and what resources you already have that could help. If your family takes on this challenge, share what you do with others and on social media to inspire some more generosity, and tag @parentcue if you do!

## REMEMBER THIS

**"Command the rich to do what is good. Tell them to be rich in doing good things. They must give freely. They must be willing to share."**  
1 Timothy 6:18, NIV

## LIFE APP

**GENEROSITY** – Making someone's day by giving something away

## HOW TO MAKE THE MOST OF YOUR TIME EVERY WEEK

by Parent Cue

Time. It's moving fast. It's limited. We will never have more of it than we already have. So the issue is not how do we get more, but how do we become more intentional about what we have?

How about taking a look at your family rhythm? Every family has one. Rhythm is how we arrange our time. As we go from day to day, we establish and shape a rhythm that in turn shapes our kids.

Rhythm establishes value. Things that become part of the daily rhythm are the things our families will come to believe are most important. Rhythm silently but significantly communicates value.

There are some things that may be conceptually very important to us as parents, but if we never include them in our families' rhythms, our kids will perceive them as having little value. For example, exercise might be important to a parent in principle, but if no one ever plays baseball in the backyard, takes a trip to the park, or throws a Frisbee, why would the kids come to value exercise? If it's not part of their rhythm, it's not part of their reality. The same is true for faith. If you want to instill an everyday faith in your kid's lives, you have to incorporate faith in the daily rhythm.

Every family rhythm is different, but on a basic level, everyone wakes up, eats, travels, and sleeps. In Deuteronomy 6, Moses taps into this natural rhythm when he encourages his people to nurture lasting faith in their kids. Talk about them when you are at home. Talk about them when you walk along the road. Speak about them when you go to bed. And speak about them when you get up, (NirV).

He was essentially saying, if you are going to impress these truths in the hearts of your children, you will have to be more deliberate about creating a rhythm within your home.

- Have focused discussions during meal times.
- Have playful and informal interactions while driving or walking.
- Listen and have intimate conversations while tucking your kids in bed.
- Encourage the hearts of your kids when you get up in the morning.

As the New Year approaches, think about your families weekly rhythm. What does it look like?

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