

COMMUNITY HEALTH EVENT NOVEMBER 9TH, 2017

35 second video

<https://drive.google.com/file/d/0BwbwIHceT8MYcnRRWGxrcG8wMDg/view>

Paul Ehrmann, D.O. and his HealthyTown Everywhere team have an exciting free program coming up on Thursday November 9th starting at 9 am at [Hudson Park in Royal Oak](#)

Rain/Snow or shine), a 10 minute fun "Walk with a Doc" walk with from the Park followed by a Grocery Store led by Laura , Wayne State University Dietetic intern and a Cooking demonstration at Holiday Market led by Chef Brian..Program will conclude at 12 noon.

This program is primarily for Addams elementary School Fifth graders and their parents, however there is limited room for others that are interested. This will be the last one for this year, so we hope you can join us.