



## **UPCOMING GROUP SHOW**

Up to 40 works on show March 5-31, 2010 M Gallery of Fine Art 16 S. Palm Avenue Sarasota, FL 34236 (941) 954-8774

## • SHOW LOCATION SARASOTA, FL

## MICHAEL LYNN ADAMS AND SADIE J. VALERI

## Anything but ordinary

or artists Michael Lynn Adams and Sadie J. Valeri, even the most simple of objects can spark beautifully uncommon inspiration.

"The most humble of objects in a particular light can sometimes strike me very deeply. I like still life because it elevates the simple, the overlooked, and even the mundane to a status of a worthy, even venerated, object," says Sadie J. Valeri. "Every object I paint is

a portrait of a small part of my experience. In this way, simple objects, well-observed, can give a profound sense of impact."

In this new show, Valeri is showing work from her Wax Paper series of still lifes.

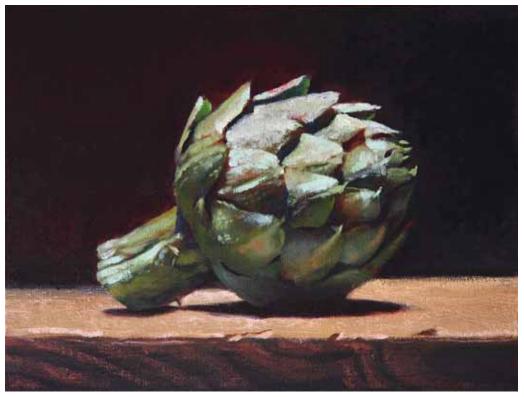
"Wax paper turns out to be an ideal subject for still life: the translucency of the material and the stable structure it creates when crushed and wrapped makes a fascinating image," says Valeri. "It does not decay, it can hold its shape

indefinitely, and it is complex enough to mimic the tapered, interlocking, spiral forms inherent in organic form. I am also drawn to the original uses of waxed paper, a lowly kitchen material. It's old-fashioned, still stocked in every kitchen's bottom drawer; meanwhile it is rarely given credit for its versatile stamina. I like honoring the material."

Michael Lynn Adams' still life paintings are contemplative in nature.



SADIE J. VALERI, WAX PAPER I, OIL ON PANEL, II X 14"



Michael Lynn Adams, Artichoke, oil on linen panel, 9 x 12"



Sadie J. Valeri, Silver Globe Pitcher, oil on Panel, 16 x 20"

"My goal is to show that commonplace objects are anything but ordinary," says Adams. "Using light, texture and composition, I hope to create an experience that is akin to music."

Adams loves and has a reverence for the physical world and the things in it. He finds extraordinary beauty in natural and handmade objects. Why he chooses and arranges the objects as he does is often a mystery.

"Sometimes it is the way the light strikes an object as in *Artichoke*. Sometimes it is an idea that wakes me up in the middle of the night or haunts me for months or even years," says Adams, whose collectors often comment that his paintings possess something beyond just the depiction of the objects. "That is the mystery of painting. When all goes right there is something more than the sum of the elements. It is exhilarating when that happens. It is visual music."

For a direct link to the exhibiting gallery go to www.americanartcollector.com