

Contacting your Senators and Representatives

Calling your congress: <https://www.callmycongress.com>

- Type in your address and your congress people are listed with their phone numbers.

Emailing your congressmen

Senators

Go to link: <http://www.senate.gov/senators/states.htm>

- Click on your state
- Click on your senator's name
- Click on the link that says Contact [their name]

Follow directions from there.

Representatives

Go to link: <http://www.house.gov/representatives/find/>

Enter in your zip and click the red bar "FIND YOUR REP BYZIP"

- Underneath the representatives picture is an envelope to indicate email... click on this.
- Under the Representatives name is a link to send them an email or follow page directions.

A website that I used to help direct me on my letter was:

<http://usgovinfo.about.com/od/uscongress/a/letterscongress.htm>

It is important to contact both, as there are separate bills for both the senate and House of Representatives.