

# Local Food

**A guide to producers  
from Golden to Fernie to Creston**

This edition of the East Kootenay Local Food Guide is brought to you by Imagine Invermere.

Our first local food guide was published in 2008. Thanks and recognition go to the following organizations for their financial support and contribution in creating and compiling the guide in previous years:

- Cranbrook Food Action Committee [www.cranbrookfoodaction.com]
- Creston Valley Food Action [www.crestonfoodaction.ca]
- Groundswell Network Society [www.groundswellnetwork.ca]
- Slowfood Columbia Valley [www.slowfood.ca]

**4<sup>th</sup> edition - August 2014**  
**imagineinvermere.ca**

## North Columbia Valley

### FOOD ORGANIZATIONS

Groundswell Invermere  
www.groundswellnetwork.ca  
Windermere District Farmers' Institute  
www.wdfi.ca

### FARMERS' MARKETS

Edgewater Open Market  
250-347-0044 Edgewater Legion  
Saturday 9 am - 12:30 pm [Early Jul to early Sept]

Fairmont Farmers & Artisan Market  
www.fairmontmarket.ca  
Fairmont Village Mall (Hwy 93/95)  
Sundays 10 am - 2:00 pm [July to August]

Golden Farmer's Market  
www.goldenfarmersmarket.com  
Near Kicking Horse Chamber of Commerce (downtown Golden) along Hwy 95. Moves to CP Parking lot in September.  
Saturdays 10 am - 3 pm [June to September]  
Wednesdays noon - 5 pm [June to August]  
December market held at Mount 7 Rec Plex  
11 am to 5 pm [Mid-December]

Invermere Farmer's Market  
invermeremarket.com  
Downtown (beside Village Arts)  
Saturdays 9 am - 1 pm [Mid June to mid Sept]

Radium Farmer's Market  
www.tourismradium.com  
7556 Main Street East  
Fridays 4 to 9 pm [July & August]

## Central Columbia Valley

### COMMUNITY GARDENS

Cranbrook Public Produce Garden  
www.cranbrookfoodaction.com  
Wildsight Open Gate Garden  
www.wildsight.ca/opengategarden

### FOOD ORGANIZATIONS

Cranbrook Food Action  
www.cranbrookfoodaction.com

Kimberley Edible Garden Group

Wildsight Kimberley  
Wildsight Cranbrook Apple Capture  
www.wildsight.ca/opengategarden  
www.wildsight.ca/apples

### FARMERS' MARKETS

Cranbrook Farmer's Market  
www.cranbrookfarmersmarket.com  
10 Avenue S (Adjacent to Rotary Park)  
Saturdays 9 am - 1 pm [June to August]  
Saturdays 10 - 1 pm [September to Thanksgiving]  
Last Fri & Sat in November - Winter market

Kimberley Farmers' Market  
www.kimberleyfarmersmarket.ca  
Downtown on Howard St just north of the Platzl  
Thursdays 5 - 7:30pm [June - September]

## South Columbia Valley

### FOOD ORGANIZATIONS

Greenheart Herbal Society  
www.greenheartherbalsociety.org  
Creston Valley Food Action Coalition  
www.crestonfoodaction.ca

### FARMERS' MARKETS

Creston Valley Farmer's Market  
www.crestonvalleyfarmersmarket.ca  
Cook Street Market (behind the Chamber of Commerce)  
Saturdays 9 am - 1 pm [May to Sept]  
Morris Flowers & Garden Centre (1403 Erickson St)  
Saturdays 9 am - 1 pm [October to December]

Imagine Invermere has made all reasonable efforts to ensure that the information provided in this guide is accurate at the time of inclusion. We make no warranties about the information provided through this guide. The content is subject to change and there may be inadvertent and occasional errors for which we apologize. If you're using the guide and notice what you believe to be an error, please advise us.

It is our intention that the specific contents of this guide are for the educational information and convenience of the reader. The listing of this information does not constitute an endorsement or approval by Imagine Invermere. If you have questions about any of the information contained

## Elk Valley

### COMMUNITY GARDENS

Community EcoGarden  
www.ecogarden.ca

### FARMERS' MARKETS

Christmas in the Country: Baynes Lake Winter Market  
Jaffray Community Centre Hall  
9 am to 4 pm [First weekend in November]

Fernie Mountain Market  
www.mountainmarket.ca  
Rotary Park on Highway 3  
Sundays 10 - 2 pm [Canada Day to Labour Day]

Jaffray/Baynes Lake Farmers' Market  
Baynes Lake Hall [parking lot]  
Saturdays 9 - 12:30 pm [Mid June to early Sept]

In this guide such as food safety practices, ingredients, food preparation, or growing methods, please check with the grower/producer/supplier directly. For questions regarding food premise approvals, inspections, general requirements or food safety information, please contact your local Health Authority.



PRODUCER	Town	BREAD	NUTS	DAIRY	EGGS	FLOWERS	WINE	HONEY	FRUIT	VEG	PRESERVES	TEA	MEAT	HERBS	PLANTS	GRAINS	CERT. ORGANIC	NATURAL GROWING	ON-SITE SALES	FARMERS' MARKETS	RETAIL	DELIVERY	INTERNET SALES	PHONE
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PRODUCER	Town	BREAD	NUTS	DAIRY	EGGS	FLOWERS	WINE	HONEY	FRUIT	VEG	PRESERVES	TEA	MEAT	HERBS	PLANTS	GRAINS	CERT. ORGANIC	NATURAL GROWING	ON-SITE SALES	FARMERS' MARKETS	RETAIL	DELIVERY	INTERNET SALES	PHONE	Website (www) or Email (@)		
Beeland Market	Spillamcheen							•			•								•	•	•	•	•	250-346-3306	www.beeland.ca		
Blaeberry Valley Buffalo Ranch	Golden												•						•	•				•	250-344-4779	www.blaeberryvalleybuffaloranch.com	
Caleb View Farm	Castledale	•							•	•	•								•	•	•	•	•	•	250-348-2059	www.calebviewfarm.com	
Chinadoll Farm	Parson										•		•						•					•	250-348-2363	chinadoll@redshift.bc.ca	
D&D Growers	Windermere										•								•					•	250-342-6136	d.wah@telus.net	
Eat Pure Food	Golden	•																	•	•				•	250- 272-8848	www.eatpurefood.ca	
Ebe's Garden	Parson								•	•				•	•					•					•	250-342-3236	ebekrisch@hotmail.com
Edible Acres @ Winderberry	Windermere				•			•		•				•	•				•	•	•	•	•	•	•	250-342-3236	www.winderberry.ca
George & Sylvia Maclean	Edgewater															•			•					•	250-347-9377		
Groundswell Community Greenhouse	Invermere										•			•	•				•	•				•	250-342-3337	www.groundswellnetwork.ca	
Kicking Bee Honey / Mountainside Gardens	Golden				•			•						•	•				•	•	•			•	250-344-4845	www.mountainsidegardens.ca	
Patty's Greenhouse	Brisco								•	•	•			•	•				•	•	•	•	•	•	•	250-341-1087	www.pattysgreenhouse.com
Petra Downey	Fairmont			•	•								•						•					•	250-345-6452	downey7@shaw.ca	
Rocky Mountain Honey	Golden							•	•										•	•				•	250-348-2431		
Ron Schnider	Edgewater										•								•	•				•	250-347-9326	schnidr1@telus.net	
Saunders Family Farm	Windermere								•	•	•								•	•	•	•	•	•	•	250-342-9283	www.saundersfamilyfarm.ca
Schöni Artisan Wood Oven Breads	Invermere	•																	•	•	•	•	•	•	•	250-342-7590	www.woodovenbread.ca
Zehnder Farms	Invermere												•						•	•	•	•	•	•	•	250-342-6781	zehnderbeef@gmail.com

## North Columbia Valley

**Brisco, Castledale, Edgewater, Golden, Invermere, Parson, Spillamacheen, Windermere,**

