

#### #ERASETHESTIGMA

LIVE SHOWS. MENTAL HEALTH WORKSHOPS. BROADWAY TALENT.





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#### "IT'S MORE THAN A SHOW, IT'S A MOVEMENT.

Mental health discussions are highly stigmatized in the Black community. Darkness RISING's soul stirring musical performances and the testimonies of the cast members are saying NO MORE. They're starting the conversation." - Tia Rice



- IMPROVE the health & wellness of the Black community
- RAISE awareness about mental health in our community
- EMPOWER and engage our community via resources, events and services
- ERASE the negative stigma of mental health issues

Darkness RISING is a 3-part ongoing mental health awareness project: 1) Inspirational cover album 2) Visual album 3) Live concert created by Broadway and theatre professionals. Singers and musicians from the Black Broadway community have created an inspirational album featuring cover songs including pop, musical theatre, R&B and gospel genres. BLK HLTH, our partner organization, offers access to mental health resources for the Black community. Our goal is to inspire conversations about mental health and help #erasethestigma.

OUR CAST MEMBERS HAVE BEEN IN OR ARE CURRENTLY IN THE LION KING, BEAUTIFUL THE CAROLE KING MUSICAL, MOTOWN THE MUSICAL, AVENUE Q NATIONAL TOUR, LES MISERABLES BROADWAY AND MORE.









### Rive Show

A live performance of inspirational cover songs from the Darkness RISING album by some of Broadway's best singers! Hear our testimonials and receive mental health resources. Great for festivals, concert venues, corporate events and more. We are available for travel nationally and internationally.

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An interactive workshop designed to inspire conversations about mental health, combat stigmas, and provide resources for communities of color. Includes performances of Darkness RISING cover songs and a Q&A with a licensed mental health professional. Great for schools, community events or corporations.









# About the Oreator



Darkness RISING was created by Brooklyn-based artist Carlita Victoria as a means of facing her own struggles with anxiety, depression, and PTSD. Hiding her mental illnesses from family and friends created feelings of isolation which eventually led to suicidal ideations. After making the decision to reach out and seek help, Carlita realized that many of her own friends and family members were also dealing with various mental health issues and similarly suffering in silence. Read more of her story: anxiousoverreactor.tumblr.com. Darkness RISING Project was created to help erase the negative stigma which surrounds mental illness, especially in the Black community.







