

Sandy Courts House Rules

Playing/contacting the ball: The ball may touch any part of the body, the ball must not be caught and/or thrown. It can rebound in any direction. The ball may touch various parts of the body, provided that the contacts take place simultaneously. Plays involving finger action require special attention.

Hand Setting: (Setting up your teammate to attack) USAV 9.2.2.4: Plays involving finger action require special attention. Double contacts while using finger action are a fault. Catching the ball is a fault. Letting the ball come to rest and changing direction is a fault. Our interpretation: The ball must not be doubled or lifted. If both things do not happen, then the set should be judged as clean. Spin on the ball is an indicator of a mishandled ball, it is NOT the reason you call the set bad. Referees should NOT call sets bad on spin alone. The call on a bad set should either be a double or a lift. The lower the set is played by an athlete, the more strict judgment will be made. The higher the ball is played, the looser the judgment will be made. (“Deep-dish” (sets below the chin, not below the chest) setting is allowed however, they must be clean)

“Over setting”: USA Volleyball rules interpretation. 13.2.5 A player completes an attack-hit using an overhand pass which has a trajectory not perpendicular to the line of the shoulders. The exception is when the player is attempting to set to his or her own teammate.

Our interpretation: You may “hand set” a ball over the net provided 2 things must happen. 1. The ball must be a clean set (no double contact, no lift). 2. You must be square (front or back) to your intended target from start to finish of the play. No side sets or “setter dumps”.
Wind may cause a ball to cross the net. Wind is NOT a fault.

Hand Digging: USA Volleyball rules interpretation. 9.2.2.4 Extended Contacts: In defensive action of a hard driven ball, the ball contact can be extended momentarily even if an overhand finger action is used.

USAV 9.2.2.4: Plays involving finger action require special attention. If the play is defensive and reactive in nature, as in the case of a hard-driven ball, momentarily held or double-contacted balls are not considered faults. Furthermore, this may apply to the second touch of a team if the block contact was slight and the ball is still a hard-driven attack or to the defensive action (team first contact) after a ball has been blocked. If the player decides/intends to use finger setting action to contact an off-speed attack, the contact must be “clean.”

Our interpretation: When “hand digging” a “hard driven” ball, a momentarily held or double-contact ball is not considered a fault. No matter if the ball hit directly to the defender, or if it was deflected off the block or the net. If a quick “reaction” or “athletic play” is made and the ball then there is NO FAULT.

Over Sets / Crossing over the Net: The Defender (Blocker) cannot reach over the vertical plan to make contact with the ball before the Attacker makes his/her 3rd contact. However, once the 3rd contact is made, the blocker may contact with the ball on the attacker's side of the net. A ball is “fair game” for both blocker and attacker once any part of the ball crosses the vertical plan of the net.

All league rules override USA Volleyball rules.

Participation

Teams

Composition and Registration

1. Four-player: Four players and four substitutes maximum, must have a minimum of two players on the court.
2. Six-player: Six players and six substitutes maximum, must have a minimum of four players on the court.

Co-ed 6's Female Contact Rule, and Female Player Strength

1. Female contact rule: A female must make contact with the ball if it is contacted more than one time before the ball is returned over the net
2. Female player strength: A minimum ratio of 1:2 females is required at all times. (i.e. if you have four players you must have at least one female on the court, if you have five or more players you must have at least two females on the court.)

Waivers and Adding Substitutes

1. All regular players and substitutes must complete a waiver for each session of volleyball. The captain will complete a team roster listing all regular players and subs on that team.

Point, Game and Match Winner

Scoring System

To Win a Set

1. **Scoring will be to 25 points, per set, with rally scoring. 30 point cap, win by two.** Games are played rally-point from the beginning. (whoever wins the rally will get a point and the right to serve)

Match Time Limits

1. A match will have a one-hour time limit. The first 5 minutes are for warm-up, or if both teams agree they can start immediately. Your team will then have 55 minutes to complete the match after the five-minute warm-up. The match will end promptly at the end of the hour.
2. **One minute breaks between sets**
3. Teams are allowed two timeouts, per game, not to exceed 30 seconds in length. No time-outs in the last 2 minutes of the hour.
4. Any team not ready to play after 15 minutes after the start time will forfeit the first **set**, and for each additional 15 minute interval will forfeit each additional **set** in the match

Preparation for the Match, Structure of Play

Preparation for the Match

Coin Toss/Game Ball

1. Before the warm-up the referee will use a coin or a game of chance to determine which team will serve or which side of the court a team would start on. (The team on the left side of the schedule will pick.) The winner of the coin toss will decide if they want Side, Serve, or Receive. If Receive is chosen the losing team gets to choose Serve or Side. The teams will rotate service and side for the remaining games.
2. Teams will use a Sandy Courts game ball. If both teams agree on a different ball, they may switch. We will use old games balls, during bad weather or the presence of wet ground, so that we do not damage our new game balls.

Substitutions

1. Subs must rotate in. All player rotations must occur in the same position on the court. It does not have to be for the same player. A player may sub for multiple players, as long as the rotation occurs in the same position on the court.

Rotations

1. 4's must rotate service order, players may position themselves anywhere within the court.
2. In 6's leagues, at the time the ball is contacted for service, the placement of players must conform to the service order. 6's leagues must rotate position/service order.

Determining the Champion

1. If there is a tie in total games won at the end of the season, there will be a one game play-off at the end of the night, to determine the winner. (This is to be played the same night the league finishes.)
2. The winning team will receive T-shirts for all regular players. (Additional shirts will be available at a cost of \$8.00 per shirt.)

Referee Calls

1. **All referee calls are final.**
2. Any call that a referee is unable to call will result in a replay of the rally.
3. Excessive arguing with the referee will result in removal from Sandy Courts facility. (Judgment calls are not argue-able with the referee)
4. If a ball comes into the court the rally is ended and will be replayed.

Volleyball Season Housekeeping Issues

1. All league fees must be paid in full by week 3. Any team, not paid in full, will not play.
2. We will play in rain. In the case of lightening, matches will be cancelled, or delayed 20 minutes.
3. In case of bad weather, please call Sandy Courts, 734-837-0415, after 5:00 PM, to see if the games have been cancelled. There will be a message stating the status of play. For later matches, the best thing to do is call before you leave; to make sure the games are still being played.
4. If a night is rescheduled, in its entirety, it will be moved to the end of the season. All rainouts will be played at the end of the season.
5. There is to be no outside food or beverages brought onto the property. This includes your vehicle, parking lot, grass area and near the courts. Any person caught will be removed from the property and may be prosecuted. The team will also be asked to leave for the remainder of the season and forfeit all league fees and playing privileges.
6. If you are planning to drink, please bring your ID.
7. Practice balls are available for use. There will be a \$60.00 charge for any ball not returned. If an individual does not pay the fee for the lost ball, the team may be removed from league and forfeit league fees.
8. **Schedules will be available online at <http://www.forestviewlanes.com/sandycourts>**
9. Captains will be emailed and/or receive a text message for any schedule changes.
10. If you have any league standing inquiries, please see bartender at V-Ball Shack.
11. If you are unable to make a scheduled match, please call Sandy Courts so we can notify the other team. If the team does not want to reschedule, you will have to forfeit the three games. In turn, your opponent will be awarded the three wins. If your opponent is willing to reschedule, there is a \$15.00 charge, which must be paid by the team that is requesting to reschedule the game. This fee will be used to pay for the referee. Please schedule the time for makeup with the bartender in the V-Ball Shack.
12. League members receive discounted open play time
13. Please address all concerns or comments to Rich Kenny.

All rules are in accordance with the USA Volleyball, Official Beach Volleyball Rules. You can visit their website at www.usavolleyball.org, to view and download a complete copy of the rules.