

# 2018 John Paul College Aquatics Long Course Preparation Swim Meet

**DATE:** **SATURDAY, 8<sup>th</sup> of September, 2018**

**VENUE:** Logan North Aquatic Centre, 2 Sports Dr, Underwood QLD 4119

Entrance is from the Logan North City Council Library car park.



**COMMENCEMENT:** Competition - 9.00 am, Warm-up - 8.00 am.

**MEET CONDITIONS:** All SQ General Rules apply for this meet ( rule tolerance will NOT apply).

Minimum age of competitors is **8 years** on the first day of competition: **Saturday, 8<sup>th</sup> September, 2018.**

Times will be recognized as official qualifying times for all meets: National, State, Regional.

**Multi-Class:** Multi-disability **entries** will be accepted in any event.

**ELIGIBILITY:** Entries are open to 'Competitive' registered swimmers, who are members of a club allocated to this meet by Brisbane Swimming.

**NOMINATIONS:** Electronic nominations including entry fees are to be submitted using Online Meet Entry system. Click [here](#) to enter the meet. Please note, paper nominations, manual nominations will not be accepted under any circumstances.

**NOMINATION FEES:** **\$8.00** per individual event and **\$12.00** per relay event.

**CLOSING DATE:** Nominations will close on **Monday, 27<sup>th</sup> August 2018 at 11.59 pm.** .

## **AWARDS:**

**Individual awards:** Gold, Silver and Bronze Individual medals will be awarded to Three (3) **Fastest Males and Females Placegetters** in ALL Junior Session events in the following age groups: 8 years, 9 years, 10 years, 11 years.

Gold, Silver and Bronze Individual medals will be awarded to Three (3) **Fastest Males and Females Placegetters in ALL 50m and 100m events** of the Senior Session events in the following age groups: 12 years, 13 years, 14 years, 15 years & over.

Gold, Silver and Bronze Individual medals will be awarded to Three (3) **Fastest Males and Females Placegetters in ALL 200m, 400m, 800m and 1500m events.**

## OTHER CONDITIONS:

**Pool entrance:** \$3 for spectators. Competitors and Coaches are free.

**Programs:** Printed programs will be available for \$5 at the pool entrance. Coaches will receive complimentary copies of the program.

**Raffle draws:** Raffle tickets will be available for purchase at the pool entrance.

**Timekeeping:** Each participating club must provide timekeepers according to the roster determined by the Meet Directors. All timekeepers will be provided with complementary refreshments.

**Lane allocation:** The Logan North Aquatic Centre is 8-lane 50m pool.

All lanes will be available for warm-up before the meet and during scheduled break after the Senior session which will be indicated in the meet timeline.

**Food & drinks:** will be available at the venue during the day.

**Program amendments:** Events/heats may be combined or amended at the discretion of the Meet Directors and Referee.

**Time line:** This will be available on Wednesday, 5<sup>th</sup> September 2018.

**Lunch break:** This will be advised on a day of the meet.

## SENIOR SESSION

1	Girls 11 & Over 1500 Freestyle	19	Girls 11 & Over 200 IM
2	Boys 11 & Over 1500 Freestyle	20	Boys 11 & Over 200 IM
3	Girls 11 & Over 200 Freestyle	21	Girls 12 & Over 100 Backstroke
4	Boys 11 & Over 200 Freestyle	22	Boys 12 & Over 100 Backstroke
5	Girls 12 & Over 100 Breaststroke	23	Girls 11 & Over 400 Freestyle
6	Boys 12 & Over 100 Breaststroke	24	Boys 11 & Over 400 Freestyle
7	Girls 12 & Over 50 Freestyle	25	Girls 12 & Over 50 Butterfly
8	Boys 12 & Over 50 Freestyle	26	Boys 12 & Over 50 Butterfly
9	Girls 11 & Over 200 Backstroke	27	Girls 11 & Over 200 Breaststroke
10	Boys 11 & Over 200 Backstroke	28	Boys 11 & Over 200 Breaststroke
11	Girls 11 & Over 200 Butterfly	29	Girls 12 & Over 100 Butterfly
12	Boys 11 & Over 200 Butterfly	30	Boys 12 & Over 100 Butterfly
13	Girls 11 & Over 800 Freestyle	31	Girls 12 & Over 50 Breaststroke
14	Boys 11 & Over 800 Freestyle	32	Boys 12 & Over 50 Breaststroke
15	Girls 12 & Over 100 Freestyle	33	Girls 11 & Over 400 IM
16	Boys 12 & Over 100 Freestyle	34	Boys 11 & Over 400 IM
17	Girls 12 & Over 50 Backstroke		
18	Boys 12 & Over 50 Backstroke	35	12&Over 4x100 Mixed Mystery Medley Relay

## JUNIOR SESSION

36	Boys 8-11 50 Freestyle	44	Boys 8-11 50 Backstroke
37	Girls 8-11 50 Freestyle	45	Girls 8-11 50 Backstroke
38	Boys 9-11 100 Backstroke	46	Boys 9-11 100 Freestyle
39	Girls 9-11 100 Backstroke	47	Girls 9-11 100 Freestyle
40	Boys 8-11 50 Breaststroke	48	Boys 8-11 50 Butterfly
41	Girls 8-11 50 Breaststroke	49	Girls 8-11 50 Butterfly
42	Boys 9-11 100 Butterfly	50	Boys 9-11 100 Breaststroke
43	Girls 9-11 100 Butterfly	51	Girls 9-11 100 Breaststroke

## **Minimum age for open events is 11 years old.**

### **RELAY EVENTS:**

Participating clubs can nominate any number of Junior relay teams consisting of 8-11 y.o. swimmers and any number of Senior relay teams consisting of 12 y.o. and over swimmers.

Relay must have two (2) male and two (2) female competitors

Event 35 12&Over 4x100 Mixed Mystery Medley Relay: in the marshalling area the teams will receive their unique order of strokes.



**Entry is open to Swimming Queensland ‘Competitive’ registered swimmers, who are members of a club allocated to this meet by Brisbane Swimming Association:**

Acacia Bayside  
Brisbane Jets  
Greenbank Gators  
Chandler  
Citipointe  
Commercial  
Gold Coast clubs  
Holland Park  
Brisbane Grammar  
Hurricane Stars  
Logan Vikings  
Logan West  
Mansfield  
JPC Aquatics

Rackley  
Churchie  
Redlands  
Runcorn  
Sheldon  
Somerville House  
Southside Aquatics  
Sunnybank  
Wellers Hill  
Wellington Point  
Whites Hill  
Wishart  
Griffith Sport