

# THRIVE

## brunch

### vegan

### veggie

#### thrive breakfast

haggis. black pudding. potato scone.  
beans. roasted vine tomatoes. spinach.  
mushrooms. roasted red pepper. toast.  
(gfa) | £9.50

#### migas tacos

scrambled tofu. spinach. salsa.  
guacamole. (gfa) | £7.95

#### avocado toast

smashed avocado. sauteed  
spinach. toasted bloomer. (gfa)  
| £6.95

#### porridge

maple syrup. toasted nuts. pear  
compote. (gf) (n) | £4.95

#### thrive veggie breakfast

haggis. black pudding. potato scone.  
beans. roasted vine tomatoes. spinach.  
mushrooms. roasted red pepper. fried  
egg. toast. (gfa) (v) | £10

#### french toast

roasted red peppers. avocado.  
poached egg. hollandaise sauce.  
(gfa) (v) | £6.95

#### eggs florentine

poached eggs. spinach. hollandaise  
sauce. toasted muffins. (gfa) (v) | £6.95

#### pesto benny

spinach. red peppers. poached eggs.  
toasted muffins. hollandaise sauce.  
basil pesto. (v) | £7.25

#### kids

half the portion.  
half the price!

#### extras

spinach / mushrooms / egg | £1.25  
avocado | £1.75

gfa - gluten free bread available | gf - gluten free | n - contains nuts | v - vegetarian