

DEC 2018



SUN	MON	TUE	WED	THU	FRI	SAT
						<p>01</p> <p>Make a mug of hot chocolate together and talk about each step and how the mix changes.</p>
<p>02</p> <p>Visit the local library and check out seasonal books.</p>	<p>03</p> <p>Draw a snowman and talk about the sizes of each snow ball (big, medium, small)</p>	<p>04</p> <p>Read or look at a book about seasons and describe winter time.</p>	<p>05</p> <p>Make a ginger bread house and talk about textures of the ingredients. Give each other directions to follow.</p>	<p>06</p> <p>Read a book about snowflakes and make some of your own to decorate your home 😊</p>	<p>07</p> <p>Search "Christmas Sensory bins" on Pinterest. Pick a favorite and create it for your child.</p>	<p>08</p> <p>While grocery shopping, label different fruits and veggies.</p>
<p>09</p> <p>Sing silly songs during bath time. Label body parts.</p>	<p>10</p> <p>Spray some shaving cream on the table and have your child use their hands to play in it.</p>	<p>11</p> <p>Create a Christmas card together to send to a friend or relative.</p>	<p>12</p> <p>Donate out-grown toys to charity.</p>	<p>13</p> <p>Use a wrapping paper tube and show your child how your voice sounds louder when talking into it. Take turns.</p>	<p>14</p> <p>Talk about red, find objects and pictures around the house that are red</p>	<p>15</p> <p>Talk about green, find items and pictures around the house that are green and describe</p>
<p>16</p> <p>National Chocolate on Everything Day! Get Creative!</p>	<p>17</p> <p>Maple syrup Day: Make big and small pancakes and talk about size!</p>	<p>18</p> <p>Match bow colors to construction paper 😊</p>	<p>19</p> <p>Make a snowman out of paper plates and construction paper</p>	<p>20</p> <p>Download "Toca Hair Salon-Christmas" in App store for some creative fun like cutting Santa's hair!</p>	<p>21</p> <p>Sing Christmas carols together 🎵</p>	<p>22</p> <p>Go ice-skating</p>
<p>23</p> <p>Go for a drive around the neighborhood and look/talk about the decorations</p>	<p>24</p> <p>Bake cookies together. Use holiday cookie cutters.</p>	<p>25</p> <p><i>Merry Christmas</i></p>	<p>26</p> <p>Pop popcorn with your child and talk about the steps, textures, and taste</p>	<p>27</p> <p>Fill a bottle with dried beans to make a maraca, let your child shake it while singing with you</p>	<p>28</p> <p>Read "The Jacket I wear in the Snow" by Shirley Neitzel</p>	<p>29</p> <p>Talk about different winter clothes. How are they different from warm weather clothes?</p>
<p>30</p> <p>Look at a family picture and talk about each person and a fun memory.</p>	<p>31</p> <p>🎆</p> <p>Watch a parade in the community or on TV and talk about the sights, sounds, and fave floats.</p>					<p>Happy Holidays from Elizabeth at Speech Spark Therapy</p>