

# HorizoNews

Vol. 28 No. 2

www.horizon-house.com

Summer 2019

## Incumbents Sweep Board Election

After a spirited campaign with 10 candidates vying for 4 seats, the victors were all incumbents: Richard Ng, Jeff Gurnari, Howard Pearl, and Charles Kolber. The field also included two former Board members — Art Elmers and Larry Seltzer — in addition to four first-time candidates — Feroz Ali, Tom Panagiotatas, Gigi Sabarese, and George Wagner. Thanks go to all the candidates who dedicated so much time and effort to the election process.

At an open board meeting on June 13, the Board members elected their officers.

Richard Ng was selected for another term as Board President. The First Vice-President is Steve Austin and the Second VP is Tony Adamo. Howard Pearl is the Board Secretary and Charles Kolber is the Treasurer.

The number of shares voted for each candidate is shown in the accompanying chart. In accordance with Horizon House bylaws, the top three vote-getters will have a term of two years while the fourth place winner, Mr. Kolber, receives a one-year term. The final vote tally is below:

Name	# of Shares
Richard Ng	344,190
Jeff Gurnari	287,292
Howard Pearl	282,140
Charles Kolber	273,225
George Wagner	147,625
Art Elmers	134,205
Larry Seltzer	88,535
Tom Panagiotatas	69,880
Gigi Sabarese	53,740
Feroz Ali	53,255

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## Fort Lee Volunteer Ambulance Corps Always at the Ready



Centrally located on the corner of Main Street and Anderson Avenue, sits the headquarters of the Fort Lee Volunteer

Ambulance Corps. The building houses three ambulances along with conference rooms, a kitchen, offices, sleeping and living quarters, storage rooms and a training area.

The Ambulance Corps provides emergency medical services and responds to 911 calls in 5 minutes (on average) from the time of dispatch. Factors that affect response time are availability of ambulances, call volume, roadwork, traffic conditions, the urgency of the call and weather.

Fort Lee ambulances are available 24 hours a day, 7 days a week, 365 days a year.

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FROM THE BOARD

Dear Shareholders and Residents:

The Horizon House Board is grateful that it remains intact after the election results displayed a clear appreciation for the Board's accomplishments in 2018 and 2019. We are not resting on our laurels however. We are taking this opportunity to move forward in a positive way with new programs and upgrades.

In May 2019, the Horizon House Board hired a new Operations Manager, Frank Neglia, who brings excellent credentials and a vast amount of experience to our staff. At the direction of the Board, Frank has developed a revised set of job descriptions for our doormen, porters, and security staff in an effort to improve the level of service to our shareholders.

(1) Recent/current major capital improvement projects at Horizon House include:

- Façade repairs in Buildings #1 through #4
- Riser replacement in Buildings #5 and #6
- Garage repairs in Buildings #5 and #6 are moving forward

The riser project has proceeded particularly well, with the riser replacement in Building #5 expected to be complete later this year. Please note the spectacular new circular driveway that has just been completed in front of Building #5.

(2) The Board has engaged a contractor to have the exterior windows washed in all six buildings starting in late July. To determine the order or work, we drew numbers from a hat to prevent any preferential treatment. Building #3 was the big winner and will be washed first.

(3) We are currently negotiating a contract to have a charging station installed between Buildings #2 and #5 for residents who already have electric cars or might purchase electric cars. Users will be charged a fee for each charge.

(4) We have purchased a beautiful new 75", 4K TV for the Community Room. Additionally, the Board has had the Community Room newly repainted for our residents.

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HorizoNews

**Managing Editors:** Dean Freedman,  
Elaine Samet

**Classifieds Editor:** Katherine Howie

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Rojas, Elaine Samet, Vicki Sidrow,  
Anne Wagner, The Unknown Columnist

**Design/Production:** Dean Freedman

**Photos:** Dean Freedman (unless  
otherwise noted)

Management Personnel & Phone Numbers

Management Office	201-224-6300
Michael Denker, General Manager	201-224-6300
Frank Neglia, Operations Manager	201-224-6300
Fran Belfor, Asst. Executive Manager	Ext. 202
Michael Walsh, Facilities Manager	Ext. 203
John Gugliotta, Service Manager	201-224-3314
Security Office	201-886-3205

## Around the House

### Round Robin a Big Success



The Horizon House spring round robin tennis matches were held on a perfect tennis day in May. The advanced winners were Michael Cohen and Christian Koskorelos (shown in



photo at left). Niles Burton and Oliver Perry, though advanced players, captured the Intermediate crown due to a dearth of intermediates in this year's competition. Other players are shown in the photo below: Michael Cohen, Larisa Saltevszkaya, Janet Chertkoff, Steve Nellisen, Richard Lamb, Eric Linder, Louis Gordon, Christian Koskorelos, Edward Gronner and kneeling in front, Jim Boukzam. Additional players (not pictured) were Brian Galves, Alexander Dranov, Vicki Sidrow, Helaine Klieger, Norman Hart, Vera Grunert, Voytek Orzechowski, and Barbara Perry. (Photos courtesy Vicki Sidrow.)



### Your Vote Matters

Does my vote really count? The answer is YES!

Voting in any type of election, from a local one to the Presidential primaries, provides an important way to voice your opinions regarding elected leaders and overall policies. Voting also helps you shape your own future by helping to elect people who might reflect your views.

If you have moved to Horizon House since the last election, you need to change your address by completing a new voter registration form. Local elections and all seats in the NJ State Assembly are up

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for a vote this November. Registration and absentee ballot forms will be available in each building. Please contact the Management office at 201-224-6300 if you need one and none are available in your building.

Voter Registration Deadline: Tuesday October 15

Absentee Ballot Request: Must be received by the election office no later than October 29

Absentee Ballot Return: Must be received by the election office no later than November 5 at 8 pm

### **Need a Special Needs Form?**

If someone in your household has a special need due to limited mobility, impaired vision or hearing, cardiac or lung condition, or any other reason, please call the Management Office at 201-224-6300 for the Horizon House Resident Special Needs Alert form (or just tear off our reproduction of the form on page 15). The information you submit will be recorded in your doorman's emergency manual and shared with Fort Lee's Office of Emergency Management. Completed forms should be submitted to Horizon House security in Building 5.

### **Fall Bake-Off Coming Soon**

The kick-off coffee hour for the fall season will feature a special attraction — a bake-off! We will be offering an array of home-baked treats prepared by our very own talented bakers. The competition, sponsored by the Horizon House Events Committee, will include a tasting panel and prizes for the most delicious cake or cookies.

We need you to dust off the cookbook, find that treasured recipe and sign up for the contest. Call 201-224-6154 and leave your name. We will be announcing the date of the bake-off next month.

### **Inaugural Horizon House Meet-Up**

Sunday, September 15, 10:30 am, B5 Community Room

All residents are invited to make plans for future conversation, networking, activities and more with fellow musicians, artists, writers, actors, foodies, techies, sports enthusiasts — you name it. After the organizational meeting, enjoy regular get-togethers to network with your interest group, plan its activities and discuss possible presentations (art shows, performances, lectures, etc.) for the general Horizon House community.

Please propose your ideas for affinity groups by emailing us in advance: [ruliko2001@yahoo.com](mailto:ruliko2001@yahoo.com).



*Sponsored by the Horizon House Events Committee, open to Horizon House residents only.*

### **Grill to Your Heart's Content**

In the wooded area just to the north of the tennis courts and kids' playground, you'll find two BBQ grills. Horizon House residents can call security (201-886-3205) to reserve a grill and picnic table. The facilities, available 7 days a week between 11:30 am and

8:30 pm in 90 minute intervals, are for the exclusive use of HH residents and up to four guests. Residents are responsible for cleaning up.

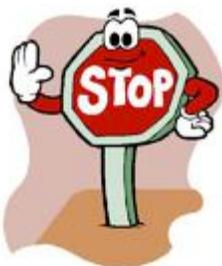
**Kudos to Staff...**

Who go out of their way to make things better at Horizon House, like the doormen and porters in Building 5 who helped residents carry packages and get to and from their rides when the area in front of the building was under repair for several weeks. And a special shout out to maintenance staff who stay late and come in early to make critical repairs and the management team that ordered and supervised installation of extra heat-wave air conditioning capacity after one of the Building 5/6 chillers went down. (Special cooling truck shown above, parked beside Bldg 6.)



**Don't Miss Out on the Latest Horizon House Updates**

By providing your email address to Horizon House Management, you will allow them to send you the latest updates on building emergencies, water outages, etc. Please send your email address to [Genesis.Guzman@fsresidential.com](mailto:Genesis.Guzman@fsresidential.com) if you would like this informative service. You may also call the office at 201-224-6300 to sign up.



**Distracted Walking**

With all the construction going on at Horizon House, it's more important than ever for pedestrians to keep a keen eye out for cars, trucks and construction vehicles going to and fro. Please remember to look up from your smartphone and turn your head in both directions before stepping off the curb. And don't expect "stop" to actually mean STOP! Many drivers blow right by stop signs, so please be alert when you cross and keep an eye on others in your party too, especially children.

**Get Your Discount Pool Membership!**

Effective August 1, you can sign up for pool membership at half price (\$95.96 for adults, \$42.65 for children, tax included). The half-price pool membership form is available in the Management and Security offices in Bldg 5.



## Around Town

### More Ways to Get Around

New Jersey Transit provides a service similar to New York City's Access-A-Ride that provides public transportation for residents with limited mobility who need to ride in special ADA-certified vehicles. The fare is the same as what you would pay if you took a regular NJ transit bus and pickups are made in front of Horizon House buildings. To get more information about this service and to schedule an assessment interview, call Access Link at 800-955-2321 and choose menu option #1.



### Barrymore Theatre Construction on Pace

Construction on the new Barrymore Film Center is well underway. Located on the corner of Main Street and Park Avenue (where Palisade Avenue gets a name change to Park), Barrymore will house a 250-seat cinema as well as a film museum and archive.



### More Construction on Main Street

A multi-family apartment building, which will include retail on the ground floor, is going up on Main St opposite the old Metropolitan Plant Exchange location at the corner of Fletcher Avenue.

### Middle School Just Got Bigger

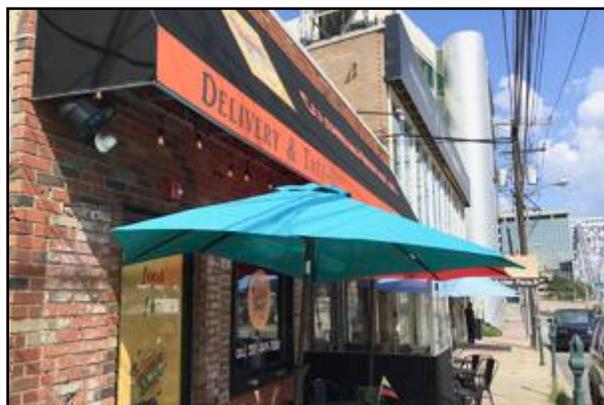
Lewis F. Cole Middle School has been expanded with a brand new four-story wing — built with the purpose of alleviating overcrowding in Fort Lee's four elementary schools — that will serve the 5th and 6th grades. The project was approved back in 2014 via referendum and the new wing will open in September for the start of the 2019-20 school year.



The new building is completely separate from the 7th and 8th grade wing and has its own security guards. The new 92,000 sq ft space has 34 classrooms, music rooms, labs, a gym, cafeteria, and a media center — all just for 5th and 6th graders. All grade 5 and 6 teachers from the four elementary schools will be moved to this new middle school setting.

### New Places to Eat Around Town

New restaurants are popping up all over. A Cuban-Asian fusion restaurant has opened on Hudson Terrace, just north of the George Washington Bridge. It's called Kuba and the menu includes Cuban and American items with an Asian flair. It's at 2139 Hudson Terrace. Ample parking is available in the rear parking lot; outdoor seating is set up on Hudson Terrace. A cuban cigar box display (shown at right), complete with miniature figures, graces the restaurant's wall. Call 201-585-1601 for more information.



Also near the GWB, on Bridge Plaza North, is Noches de Plaza, a Mexican-Colombian fusion restaurant. Tables in front overlook the GWB toll plazas. It's at 177 Bridge Plaza North. Free valet parking available daily after 5:30 pm (call ahead to reserve). Call 201-849-7000 for more information.

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## The Fruits of Summer — Pick Your Own

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Peach picking season is already in gear at Demarest Farms in Hillsdale, NJ — a 20-minute drive from Horizon House. Orchards are open weekends from 10 am to 3 pm. Admission is \$5 per person (2 and older) and includes parking, hay wagon ride, and the petting zoo. Peaches are \$10 per bag (approx 10 lbs). Call 201-666-0472 for more information or visit [demarestfarms.com](http://demarestfarms.com).



Go a little further out, about an hour's drive, and you can pick both peaches and

blueberries at Alstede Farms in Chester, NJ. Admission is \$6.99 weekdays and \$8.99 weekends and holidays. Includes tractor drawn wagon rides, access to mazes, and live entertainment on weekends (when available). Additional children's activities for kids under 12 include pony rides, moon bounce, and corn kingdom: \$16.99 weekdays and \$19.99 weekends and holidays. Picked blueberries are \$6.99 per lb and peaches are \$2.79 per lb. You can also pick your own flowers at \$.065 per stem (not including sunflowers). 1 Alstede Farms Lane, Chester, NJ. Call (908) 258-6245 for more information or visit [alstedefarms.com](http://alstedefarms.com).

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## Events Around Town

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**Fort Lee Farmer's Market** - Every Sunday at the Fort Lee Community Center Parking Lot, 1355 Inwood Terrace at Anderson Avenue. June 3 - November 24, 8 am - 2 pm.

**Fort Lee Night Out!** August 6, Fort Lee Community Center, 6 - 9 pm.  
Music, Food, Rides. Complimentary movie screening at 7 pm: How to Train Your Dragon.

**Wednesday Night Concert Series.** Fort Lee Community Center 7:30 - 9 pm.

August 7 — Good Vibrations

August 14 — The Infernos

August 21 — The Cameos

**Movies & Music Under the Stars.** Fort Lee Community Center. Every Saturday night through the end of August, 7 - 11pm, rain or shine.

August 3 – Music: The SHOTS Bergen County Firefighters Pipe Band; Movie: Wizard of Oz

August 10 – Music: The Amish Outlaws; Movie: Incredibles 2

August 17 – Music: Unidentified Remains; Movie: Dumbo (2019)

August 24 – Music: Shuffle, Jump & Moan; Movie: Stan & Ollie

August 31 – Music: The Avalon Jazz Band; Movie: Jacquot de Nantes (French with English Subtitles)

**90th Annual St. Rocco's Fair** — August 7 - 11. Main Street Fort Lee.

**Annual Book & Media Sale** — Fort Lee Library, 320 Main St, September 14 - 15, 10 am - 4 pm.

**Fort Lee Business District Alliance (BDA) Restaurant Week** — September 23 - 29.

**4th Annual Knights of Columbus 5K & Oktoberfest** — September 28, 10 am - 9 pm. Starts and ends at Madonna Church, 340 Main St, Fort Lee.

**BDA's Fall-O-Ween** — Saturday October 26, 2 - 5 pm, Main Street Fort Lee.

**Cliffhanger Film Festival** — Thursday October 3, 10, 17, 31 at the Fort Lee Library, 7 pm.

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## A Walk in the Park

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### Overpeck Park

Drive just a short distance west on Main Street to the entrances to Overpeck Park in Leonia, a county facility which extends north and south on either side of Fort Lee Road into other neighboring communities.

This 805 acre, multi-activity area, which formerly consisted mainly of brownfields and landfills, has been transformed into a free wonderland for children and adults.

Enter on the right (north) and you will find a jogging and biking path, 6 tennis courts, and baseball and soccer fields.

A left turn off Fort Lee Road brings you to the Equestrian Center, with paddocks rented to horse owners and horses available for riding. Children especially love the miniature horses. Visitors are welcome and there are viewing areas to see the horses, both indoors and out. Picnic tables are available here and

at other locations throughout the park but no cooking is permitted.

Further along the walking path bordering Overpeck Creek, kayaks — single or double — can be rented for \$15 per paddler for two hours. Stand up paddle boards are also available at the rate of \$25 for two hours. Monday through Friday 10 am - 6 pm, weekends 9 am - 7 pm.

Continue your walk or drive through the park to discover a dog run, kite field, 3000-seat amphitheater, World Trade Center memorial, and extensive athletic fields for baseball and other sports. There's also a huge children's playground — a delight to kids from toddlers to pre-teens. A pleasant shaded seating area is provided.

Overpeck Park is open from 7 am to 10 pm. Free ample parking is available, as are restrooms. For more detailed information, call 201-336-7275.

### Veterans Field

Go down River Road to Edgewater and find this nearby park, which has a gigantic American Flag easily visible from most eastern side balconies of Horizon House. The cool, breezy area has a magnificent view of the George Washington Bridge and Hudson River. The park has sports fields, outdoor exercise machines, a popular spray park for kids with nearby playground slides and swings, a sheltered picnic area with public restrooms, trails with plenty of benches and ample parking. Veterans Field Park can be accessed by driving south on River Road from Fort Lee, or by going down Route 5 and turning left onto River Road.




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## I Respectfully Disagree

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What a world it would be if we all agreed on absolutely everything. But, as you know, that's just not reality. So many of us are so polarized that we sometimes find it difficult just to be near someone who isn't agreeing with us politically, and families and friendships have suffered.

A PEW Research report shows that while political conversations highlight differences, most think it's still possible to agree on nonpolitical topics. Identical shares of Republicans and Democrats (59% each) say that when people hold different views on politics, this doesn't say a lot about how much they'll agree about other topics.

So, tap into your lightheartedness, smile and find one of a myriad of topics to talk about: how about those Mets, Yankees or \_\_\_\_\_ (fill in the blank); that woman's soccer team,

our kids and grandkids, the US Open, vacations, jobs, books, theater, music, volunteer work, family or friends... the weather!

But, let's face it; we all have our own thoughts, opinions, and values — which means disagreements can be pretty common.

However, there's a big difference between just disagreeing and disagreeing respectfully. The first will likely cause hurt feelings and only add fuel to an already tense fire. The second approach can lead to new ideas and a much more productive discussion.

Unfortunately, it's all too easy to get so wrapped up in our own beliefs that all common courtesy goes straight out the window. So, as a friendly reminder, here are

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some tips for disagreeing with someone, respectfully, of course.

**Don't Get Personal** — it's something you want to avoid at all costs when disagreeing with someone. Instead, focus on saying why you feel the way you do.

**Recognize the Good** — rarely is a suggestion so bad that you can't find a single nugget of wisdom hidden in there somewhere. Say something like, "I definitely think you're on the right track in saying that we need to (blank) but, what if we did it this way instead?"

**Remember to Listen** — sometimes hard to do as you're just sitting there waiting for your

chance to respond. So, remember to actually listen to the points that are being presented.

**Know When to Move On** — That familiar catchphrase "agree to disagree" is often repeated for a reason: It can be a handy sentiment to lean on when you need it.

Perhaps one of the most important pieces of respectfully disagreeing with someone is knowing when you need to just call it quits and move on.

No, it's not always easy to swallow your pride and walk away — particularly when you feel strongly about your side. But, sometimes it's the best thing you can do.

Homework: talk to someone you usually disagree with and find a common topic you can agree on, or if not, disagree respectfully!

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## Apartment Upkeep: Keep the Moths at Bay

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*A version of this article appeared in a previous edition of HorizoNews, but many people have requested this information in the ensuing months, so we are reprinting the key points.*

Clothing moths are tiny little critters that usually come out of hiding in the early evening. They are very small and fast. The adult moths lay eggs on wool clothing and blankets, so when the larvae hatch they have a readily available food source. A two-pronged attack on these bugs is recommended:



1. Use moth traps – like the ones shown here by Safer (photo left). These have a small scented chip which attracts the adults to the trap. They last for approximately three months. When you no longer catch any critters, you know you are in the clear!

2. Use a neem oil solution (photo right) – this is a natural non-toxic oil that gets into the bugs' reproductive systems and prevents them from laying eggs. The bugs like to lay their eggs in dark places. Make sure to spray the neem oil solution inside closets, under beds and furniture, in suitcases, and on the vents and doorways to your apartment. There is little to no odor.

This is the recipe for the neem oil solution:

- 1 Tablespoon Neem Oil
- 1 Teaspoon Liquid Soap – like Ivory – NOT ANTIBACTERIAL
- 1 Quart Warm Water

Mix together in a spray bottle. You may need to apply the neem oil weekly for several weeks to eradicate the issue.





**Fort Lee Ambulance Corps Always Ready**  
(Cont'd from Page 1)

If a Fort Lee ambulance is unavailable, there is a standing mutual aid agreement with surrounding jurisdictions and an ambulance from one of the following will answer your call: Cliffside Park, Edgewater, Englewood Hospital and Medical Center, Holy Name Medical Center, or another agency.

The Ambulance Corps does not provide non-emergency medical transportation.

Members of the Fort Lee Volunteer Ambulance Corps staff the ambulances from 7 pm to 6 am on weekdays and all day on weekends and national holidays. Emergency Medical Technicians who are employed by the Borough of Fort Lee staff the ambulances from 6 am to 7 pm on weekdays.

If you are interested in joining the Fort Lee Volunteer Ambulance Corps, there is information on the Fort Lee website: [fortleenj.org/296/Become-a-Volunteer](http://fortleenj.org/296/Become-a-Volunteer)

The Ambulance Corps is a 501(c)(3) non-profit organization and relies on donations to purchase new equipment and supplies to better serve the community. Fund drive mailings are sent out to residents annually.

They also accept donations of gently used canes, walkers, and wheelchairs that are in good working condition, and loan them out to residents who need them.

If you have any questions, you can contact the Fort Lee Volunteer Ambulance Corps at 201-592-3637 or the EMS Coordinator at 201-592-3500, ext. 1056. In an emergency, dial 911.

For more information, visit their website: [fortleenj.org/295/Volunteer-Ambulance-Corps](http://fortleenj.org/295/Volunteer-Ambulance-Corps)

**Letter from the Board**

(Cont'd from Page 2)

(5) One of our shareholders is a USTA-certified tennis professional. He is working with the Board to potentially implement tennis clinics for both Horizon House adults and children. This would be another major step in improving recreation programs at Horizon House.

(6) We have recently extended the pool hours at the South Pool to 8 pm on weekdays on a trial basis in order to accommodate the needs of our shareholders who work late.

Respectfully yours,

The Horizon House Board of Directors

**Welcome New Residents**

Since the last issue of *HorizoNews* was published, 11 new residents who have become part of our community have given permission to include their names in *HorizoNews*. Please join us in welcoming them.

Building 1: Kevork and Maral Kalayjian, Harry H. Kim

Building 2: Fationa Mamo

Building 3: Lyndsey D. Woods

Building 5: Dori Bruno, Elizabeth Burt

Building 6: Alexandru and Tunde Rus Albert, Catherine Manetta, Joseph Rumore

## Have a Laugh!



By *The Unknown Columnist*

*It's 50 years since our first walk on the moon! For those of us old-timers who followed all the space missions and stayed up late to watch that first step, what a moment it was! Where were you on that evening? I was at camp in the Catskills, dozing off in the cafeteria, where the only TV on the lake was set up temporarily. At some point, the councillors woke us all up to see the historic site. So there we were, a bunch of bleary-eyed kids watching Neil Armstrong hop off his ladder and onto the surface of the moon. Then right to bed for us! Luckily, all our beds were made to military standards, nice and tight with "hospital corners" — which I still employ when I make up my bed — so everything was nicely arranged when we got back to our bunks. And now what are we left with? Some old rocks and a bunch of really bad jokes. Hey, don't blame me! Here are the top 10 "best" (otherwise known as worst) moon one-liners:*

- **What kind of music does the Astronaut Band play?**  
*Moon rock.*
- **Who was the Astronaut Band's original drummer?**  
*Keith Moon. But he was replaced by Ringo Starr.*
- **What do you call an astronaut who always flies off the handle?**  
*A lunartic.*
- **What did the scientists sing when they found ice at the lunar poles?**  
*Moon River.*
- **Have you read reviews of the restaurant on the moon?**  
*Good food, lousy atmosphere.*
- **Why is it really hard to get a room at the moon hotel one day each month?**  
*It's full.*
- **Why does the moon orbit the earth?**  
*To get to the other side.*
- **What's the most popular hair salon on the moon?**  
*Lunar Eclipse.*
- **What do houses on the moon stand on?**  
*Moonbeams.*
- **How do you know when the moon is about to go broke?**  
*It's down to its last quarter.*

## Classifieds

### Services

**Adult Home Health Care Services-** I am a resident of Horizon House Building 2 with 50+ years of nursing experience in gerontology. I assess the needs and wants of the individual seeking in home health care. I can provide exceptional CHHA's at affordable rates. Please feel free to call me for a free in-home evaluation and blood pressure screening. It would be my pleasure to assist you in any way that I can - Joyce, RN, BSN, MSN (201) 917-3395 between 9AM - 8PM

**Affordable Science Tutor-** 26 years experience in private tutoring for all levels from middle school to college level. Please contact me @ 201-400-9814.

**Auto Repairs-** import and domestic vehicles. From oil changes to state inspections - we do everything. As a

mechanic who lives in the Horizon House complex I can take your car to work with me and bring it back home. You don't have to leave your apt! Since we are neighbors you will also receive 10% OFF on any work. Please call Axel at 201-245-0282.

**Can you help out a neighbor?** Very sweet, independent elderly lady residing in Building 3 is looking for someone to help her get dinner on the table during Sat/Sun around 5:30pm. Hours are flexible. Please call her daughter - 201-768-3988.

**Caricaturist-** One of the best party caricaturists in the tri-state area also happens to be a neighbor in Bldg 2. For more fun at your next party or event, call Bud Geisenheimer for samples and rates at 201-224-7754. Or email him at: ourwaystudios@gmail.com.

**Cat Sitter-** Purrfect care when you're not there®. Loving cat care while you work or travel. Insured. Bonded. References. Guaranteed. Call 201-490-4498, email: Deborah@YourCatSitter.com or visit us online at www.YourCatSitter.com

**Certified Home Healthcare Aide-** recently certified by Freedom Home Healthcare. Looking for full-time or part-time work, preferably on Horizon House premises. I live in Bldg #6. Hours are flexible. Also have past work experience and references are available upon request. Please call Rosa @ 201-224-4468.

**Certified Home Health Aide (HHA)** — Seeking full-time position. Will live in or live out. Light cooking and housekeeping. Has experience and references. Call Mariya (201) 284-0777.

**Composition, Piano, Improvisation, Theory Lessons** - Live the Music! Every lesson is an exciting experience. Individual approach and careful choice of direction in regards to every student. The lessons are always productive, and inspire the students to study on their own. It does not matter whether the student wants to be a musician or study for pleasure and cultural development. I invariably succeed in bringing the very best out of every single person I set my heart on instructing. Please contact Margarita Zelenai 201-496-6451 mzelenai@nj.rr.com

**Daughter for a Day** – Horizon House resident for 17 years, retired business woman, available to help you with bill paying or organizing your home office, taking you to and from doctor's appointments (and waiting with you), driving you wherever you need to go, grocery shopping, light meal preparation and airport drop-offs. Please call Marlene @ 201-290-8481.

**Dry Cleaning, Tailoring and Shoe Repair** - Cleaner America Inc, owned and operating by a Horizon House resident provides the following services. Full service Dry Cleaning, Shirt Laundry, Tailoring. Pick up and delivery to your doorman five days a week with one to two day turn around. All work done in my 4500 sq foot plant. Leather, Suede and shoe repair available. Price lists available at front desk. Call 201-998-4106 for service.

**Get Your Gold Out....** Turn scrap unused and broken jewelry into cash today. Horizon resident owner has worked in the jewelry business for 30 years. I can top every price on the market. Call 201-314-4711.

**Global Visions Travel-** Memorable travel experiences designed by a knowledgeable travel professional. Think about a Safari in South Africa, River Cruise in Europe, traversing Asia, discovering the Galapagos or sailing on the Amazon. Expert in designing inter-generational family celebrations worldwide and Bar/Bat Mitzvah Private Car/Private Guide tours to Israel. The world is waiting! Please call or email for a personal consultation: globalvisionstravel@aol.com or 201-280-3015.

**Home Improvements** — Arthur Esposito, President of A.C.E. General Contracting, has lived in Horizon House for 32 years. He and his team of talented and dependable craftspeople have worked in over 400 Horizon House

apartments, handling projects involving electrical, plumbing, painting, kitchen and bathroom, tiling, wood flooring and more. His company is state certified and fully insured to meet Horizon House's high standards. To see a prime example of his work, visit Building 5's lobby — A.C.E. did it! For a free and reasonable estimate, contact Arthur: 201-224-6333 (O), 201-650-4693 (cell), espo924@verizon.net (email)

**Horizon Deli** in Building 6 offers a wide variety of fresh food and household items. A great place for breakfast, lunch or a snack. Eat in or take out. Try our weekend special: 1/2 dozen bagels, 1/2 lb. cream cheese, 1/4 lb. lox -- all for just \$18.99+tax! Call (201) 886-8882 for free delivery, no minimum required.

**Horizon North Haircutters** — Louis has been in the complex for over 25 years. He thanks his loyal customers for their continued support, and looks forward to new ones. The shop now offers women's hair cutting by Norma, who also does highlights, color, keratin treatments, perms, blowouts, updos and more. We also offer a full line of quality hair care products. Hours: 8:00 am to 5:00 pm Tuesdays-Saturdays. Call 201-886-7377 to make an appointment with Louis or drop by the shop in the Lobby Level of Bldg. #6. For women's services, please set up an appointment with Norma at 201-888-8988.

**Horizons Classic Physique** — Fully equipped and conveniently located in Building 5. We cater to all age groups from pre-teen to seniors with all types of medical conditions. In addition to one-on-one training we now offer couples training and half hour sessions for the budget conscious. As always all trainers are degreed and or certified with more than 17 years of training experience. We also have an in house nutritionist/dietician by appointment. For a free consultation contact Michael Esposito at 201-886-9371 to discuss all of your needs.

**Legal Services** – Attorney admitted in NY and NJ, 30 years of practice serving individuals & small businesses. General practice, focusing on estate planning & administration; residential real estate; entity formation; commercial and personal leases. Available for consultations in your home. Contact Melinda B. Maidens, Esq.; (201) 321-8166 or gindigar@gmail.com.

**Looking for Social Media Promoter-** to help promote a new full production quality CD with 26 original songs. Please call Howard at 201-303-1000.

**Mortgage Financing/Loans** - Experienced licensed mortgage broker (20 Years) NMLS #705682. 2 Horizon House resident. I have the knowledge and expertise needed to explore the many financing options available from Purchase (incl Coops & Condos.), Refinance, Conventional, Jumbo, FHA & VA, Reverse Mortgages & Renovation Loans. I strive to build lasting relationships by providing personalized mortgage solutions, competitive rates, and unsurpassed service. Call or email me for free consultation in your home or on the phone. Jacki Katz (201) 981-4444 Email: talk2jacki@gmail.com

**Passion for Fashion-** Time for a new look or just want to update your wardrobe? Certified Image Consultant and Personal Shopper (FIT Graduate) can help. Call Karen at 551-574-2723.

**Piano Lessons-** Experienced educator and composer who has an original fun approach suitable for all ages and abilities. Free introductory lesson. Music videos can be viewed at You Tube- George Eckhardt Music. Please call George Eckhardt @ 551-265-0102 or 201-969-9593.

**Pro Web Design-** Boost your business or promote your personal practice with our full service web development. Quick turn-around with specific focus on supporting your goals. From content architecture, copy creation to original photography and design, we walk you through the process of launching your ideal website live. Mobile responsive, Search Engine Optimization, E-Commerce and more. Trilingual capabilities. Call Suzie for a free quote at 917-767-6769 or email SuzieOfficialNY@gmail.com

**Tailoring Services-** Horizon House resident with 30 years of experience in tailoring for ladies and gents. Please call 201-224-5822.

**Tax Preparer-** Individual and Corporate Taxes - Designated as a Registered Tax Return Preparer by the IRS. Tax returns expertly prepared by professional accountant with many years of satisfied clients. Free consultation at your home with no obligation. Your tax is my business. Please call Norman: 201-280-3074 or 201-282-4434. email: nh630@aol.com

### Goods

**An Enormous Estate Sale-** Antique, vintage, decorative items, collected and loved for many years from designer's collection. French, English, African, China, Sterling Silver, Glass, Quilts, Oil Paintings, Frames, Set of old Dickens books, Sports memorabilia, Furniture, and so much more. Please call 201-336-2120. \*\*

**Superlight Scooter-** mobile seated scooter made by Wheelcare Inc. Asking \$400. If interested please call 201-224-5822 \*

**Waterford crystal, other glassware-** Set of 12 water goblets in hand-cut Rosslare pattern, no nicks or cracks. Asking \$20.00 each or \$225.00 for the set. Also 2 traditional Pilsner beer glasses - asking \$10.00 for the pair. 2 Lenox crystal candle holders- asking \$15.00 for the pair. Contact Melinda Maidens- 201-224-0453 or mmaidens@verizon.net. \*\*

**WANTED:** LP's/ CD's/ DVD's- all genres of music, movies and TV. Please call Andrew - 551-265-8473.\*

### Community Blogs

**CHAIR YOGA AT HORIZON HOUSE GOOD FOR EVERYONE!!** No getting up and down on yoga mats!!

Come and try a great new class being offered to all residents. Stretch, breathe, and relax all while sitting in a chair. Strengthen and balance out of the chair and use the chair for support. **Fun group.** Mondays & Wednesdays @ 9:30 am. All classes \$10. Building 6 card room. Sign up in Management Office.

**CORHH- Concerned Owners & Residents of Horizon House-** Are you a resident/shareholder who is interested in knowing what is going on in our community? Please reach out to CORHH at 1horizonhouse@gmail.com and we will add you to our email list.

**Dear Horizon Friends.** My book "Liberal Theology" was just published. The e-book version, costing \$0.99, is available at amazon.com. The free online version is available at: <http://pages.csam.montclair.edu/~kowalski/LIBERAL9.htm>. Please share this link with other potential readers. Would be interested in any feedback and I would be happy to discuss the book, in small groups or at meetings, if invited. [kowalskiL@mail.montclair.edu](mailto:kowalskiL@mail.montclair.edu)

**Do you have hearing problems?** My recently composed essay, about relatively inexpensive PSAs (Personal Sound Amplifiers) is at: <http://pages.csam.montclair.edu/~kowalski/aps.edu>. Feel free to share this link with those that might be interested. The PDF file with my essay will be emailed to those who request it. [KowalskiL@mail.montclair.edu](mailto:KowalskiL@mail.montclair.edu)

**Thursday night poker game-** has room for alternates, fun bunch of guys- Building 6. Call George 201-947-8580

**CHESS...CHECKERS...SCRABBLE...DOMINOS...** Interested in coordinating a games activity at Horizon House? Please contact Genesis Guzman at [genesis.guzman@fsresidential.com](mailto:genesis.guzman@fsresidential.com) or at 201-224-6300 x204 if you would like to volunteer to help put this activity together.

**Want to be part of our Horizon House monthly HOT TOPICS IN THE NEWS GROUP?** We meet the 3rd Weds of each month in our Community Room, Bldg 5 at 7:30 PM. Charlie Kolber is a resident and our volunteer Moderator. This is sponsored by the Horizon House Events Committee and refreshments are served. Drop by for one or more evenings as we share our knowledge and opinions in a neighborly fashion.

**Want to Form a Knitting Circle?** Can you crochet or knit? Would you be willing to teach others? The Events Committee would like to help organize a knitting group so if you are interested in leading it or participating in it, email [ilenewithi@yahoo.com](mailto:ilenewithi@yahoo.com) and indicate your level of proficiency. Beginners will be welcomed.

*(Cont'd on back page)*

Complete this form and return to Horizon House Security

## HORIZON HOUSE RESIDENT SPECIAL NEEDS ALERT

Name: \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Apt.# \_\_\_\_\_ Phone# \_\_\_\_\_

Alternate Phone# \_\_\_\_\_

Type of Disability: \_\_\_\_\_ Permanent \_\_\_ Temporary \_\_\_

Type of Disability: \_\_\_\_\_

Doctor's Note: \_\_\_\_\_ Handicapped Placard ID#: \_\_\_\_\_

Special Devices Needed: Walker: \_\_\_\_\_ Crutches: \_\_\_\_\_ Stretcher: \_\_\_\_\_

Wheelchair: \_\_\_\_\_ Oxygen: \_\_\_\_\_ Other: \_\_\_\_\_

If bedridden, location of bed: 1<sup>st</sup> Floor: \_\_\_ 2<sup>nd</sup> Floor: \_\_\_\_\_

To Left: \_\_\_ To Right: \_\_\_\_\_

### **EMERGENCY CONTACT INFORMATION**

1) Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone#: \_\_\_\_\_ Cell#: \_\_\_\_\_

2) Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone#: \_\_\_\_\_ Cell#: \_\_\_\_\_

3) Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone#: \_\_\_\_\_ Cell#: \_\_\_\_\_

### **PERSON SUBMITTING FORM (IF OTHER THAN APPLICANT)**

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone#: \_\_\_\_\_ Cell#: \_\_\_\_\_

### **VEHICLE INFORMATION**

License Plate#: \_\_\_\_\_ Make: \_\_\_\_\_ Model: \_\_\_\_\_

Year of Car: \_\_\_\_\_ Parking Space# \_\_\_\_\_

### **FOR OFFICE USE ONLY**

Date Received: \_\_\_\_\_ Rec'd by: \_\_\_\_\_ Dis. Loc. ID#: \_\_\_\_\_

Date of Entry-Fire Prev: \_\_\_\_\_ By Whom: \_\_\_\_\_

Com-Cen Entry Date: \_\_\_\_\_ By: \_\_\_\_\_

**WANTED: REPORTERS for HORIZONEWS** - Takes minimum time. Provides fun and satisfaction. Send an email to [horizonews.editors@nj.rr.com](mailto:horizonews.editors@nj.rr.com) or call the Management Office (201-224-6300) and tell them you are interested and we'll get in touch with you.

**To Horizon House Music Lovers** - Please check out the new posts by Margarita Zelenai, resident Horizon House composer and concert pianist, on her website: <http://www.margaritazelenai.com/music/video-gallery/>. I have just finished my 2 act opera named "Caligula's Favorite Play" (based on the Camus' play). Here is a link to the 9 minute DEMO that consists of 7 different arias and monologues: <https://youtu.be/03vv9jSM0Rg>

**To All Horizon House Contributors to the Building 5 Library** -- The Library Committee thanks all who donate books to our library. To help us make the library more effective, please:

1. Place all contributions and returned books on the library cart, NOT on the shelves.
2. Limit donations of nonfiction soft covered books to those published in the last 10 years. Limit donations of hard covered fiction books to those published in the last 20 years. Dates can be found on back of title page.
3. NOTE THAT WE DO NOT ACCEPT COOKBOOKS, SELF-HELP BOOKS, BOOKS ON RELIGION, BOOKS IN BAD REPAIR, SCHOOL TEXTBOOKS, OR TRAVEL AND GUIDE BOOKS.

Ads and letters of 300 words or less should be delivered to the Building 5 Management Office in envelopes addressed either to *HorizoNews* Classifieds or *HorizoNews* Letters as appropriate. Ads and letters for the next issue should be submitted no later than October 4.

*Ads must meet the following criteria:*

- *Ads must be 85 words or less.*
- *If commercial goods and/or services are offered, the advertiser's primary place of business must be within the Horizon House complex.*
- *Ads must be accompanied by the **advertiser's full name, building, apartment, and telephone number**. This information is needed by the *HorizoNews* staff for verification purposes and will not appear in the ad except at the advertiser's request.*
- *Upon acceptance, ads for "Services" and "Community Blogs" will appear indefinitely unless cancelled in writing.*
- *Upon acceptance, ads for "Goods" and "Real Estate" will appear for two issues unless renewed or cancelled in writing. First-issue ads will appear with a single asterisk; second-issue ads, with two asterisks.*

Classified ads in *HorizoNews* are provided as a service to the community and are limited to services and goods provided TO Horizon House residents BY residents or commercial tenants in good standing in Horizon House.