



Term 3 Planner 2017

**BIRKDALE & BEACH HAVEN
COMMUNITY HOUSES**

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BIRKDALE & BEACH HAVEN COMMUNITY HOUSES

Open Monday to Friday 9am-3pm

Facilities are also available outside these hours.



Birkdale Community House

Birkdale and Beach Haven Community Houses offer a wide range of activities and services for the local community. Classes, clinics, groups, events and community information.

New activities and ideas are always welcome. Please let us know if there is something you would like to see provided at YOUR Community Houses.

BEACH HAVEN COMMUNITY HOUSE

Beach Haven community House is set in the beautiful Shepherds Park, 130 Beach Haven road, within walking distance of the Beach Haven shops. Shepherds Park has large green spaces and a playground in-view of the house. The house itself has 3 great spaces available for hire. See our website for more information.

BIRKDALE COMMUNITY HOUSE

Birkdale Community House is located at 134 Birkdale Road and has multiple spaces of varying sizes available to the community for hire. Its located just up the road from the Birkdale shops and near to birkdale primary. If you want to know more about our spaces. See our website for more information.

*Please note: We do not have EFTPOS facilities at the Community Houses.

To book or for more information please contact us at:

houses@birkdalebeachhaven.org.nz

Birkdale Community House
134 Birkdale Road, Birkdale
09 483 9149

Beach Haven Community House
130 Beach Haven Road, Beach Haven
09 483 9942



Beach Haven Community House

OUR VISION

People in Birkdale Beach Haven, feel connected and valued.

*"We belong here"
Nō konei ake tātou*

OUR MISSION

The BBCP will provide the organisational framework through which the Birkdale Beach Haven community can:

- 1. Be Heard*
- 2. Be inspired and supported to flourish*

VOLUNTEER

IN YOUR COMMUNITY

FOR YOUR COMMUNITY

Ever wanted to help out at Birkdale or Beach Haven Community House?

Contact us at the numbers to the left for more information.

MONDAY

9:30–10:30am | Classical Pilates. Dynamic, progressive and highly effective. **Booking essential.**
Contact Kate Saynor for more info 021 0270 4186 \$12 per person

11:00–12:30pm | Interactive English conversation class Starts 31st July – 9 weeks. Is English your second language and improve your conversion through interactive sessions. Learn new skills and meet new friends. **To book please email house@birkdalebeachhaven.org.nz. 9 weeks \$100 includes all course material and refreshments.**

12:30–2:30pm | Scrabble. Just come along, all welcome. **\$3 per person.**

3.30-5.30pm | Kids art classes with Young at Art - 5yrs+ 3.30-4.30pm and (8yrs+) 4.45-5.45pm. 31st July - 25th September. We teach our students tried and tested skilled techniques in drawing, painting, printing, sculpture and other mediums, always encouraging to explore creativity. Visit youngatart.co.nz

7:00–8:00pm | Yoga for everybody. Try something different to feel something different. Slow flow and stretch, all levels welcome. **\$12 drop in class.** For more information or to book **contact Lauren 022 024 6344.**

TUESDAY

9:30–11:30am | Sketch it-Paint it. Come and enjoy sketching and drawing as a preparation for work in water colour media. Beginners welcome, **8 weeks course starts 24 July \$120 per person.**
Contact Loveday loveday@pl.net.nz

10:00–12noon | H.U.G.G. Haven Ukulele & Guitar Group. Come along to this fun, social and casual Ukulele session, all levels. **\$10 per person. Contact Joe Powell on 09 482 3443 or jandapowell@xtra.co.nz.** The community is welcome to come along and listen while you enjoy the music and a hot drink.

7.00–9.00pm | Crochet. Explore the crochet community and connect with other crocheters! Anyone who is interested in crochet come along. **Contact Natacha 022 355 1025 for more information.**

7.00–9.00pm | Legacy. 15 week self empowering programme designed for all women from all walks of life. We are about encouraging and empowering one another on the path to greatness.

WEDNESDAY

9:00–9:45am | Yogilates for everybody. Try something different to feel something different. Slow flow and stretch, all levels welcome. **\$12 drop in class.** For more information or to book **contact Lauren 022 024 6344.**

10:00–11:00am | Advanced French. For more information please **contact Laure at laure.graffeuille@yahoo.fr or 09 482 0519.**

12noon–1:00pm | Intermediate French. For more information please **contact Laure at laure.graffeuille@yahoo.fr or 09 482 0519.**

12.30–2:30pm | Special Hands Art class. A fun art group for people with special abilities. Bring along your work and work together on creations.

5:50–6:50pm | Yoga for everybody. Slow flow and stretch, all levels welcome.
\$12 drop in class. For more information or to book **contact Lauren 022 024 6344.**

7:15 & 8:15pm | Classical Pilates. Dynamic, progressive and highly effective. **Booking essential.**
Contact Kate Saynor for more info 021 0270 4186 \$12 per person

7:30–9:30pm | Friends of Shepherd's Park. 3rd Wednesday of the month. We do a huge and essential job of weeding, planting and bush restoration. If you would like to get involved, please **contact Ian Grant on 021 755-667 or Elizabeth Collins 09 483 9167.**

THURSDAY

10:00–12:00noon | Patchwork \$3 per person. Bring along your own work **Contact Ngaere 09 483 8339.**

10:00–12:00noon | Arts and Oils. \$3 per session. Bring along your own work. All welcome.

1:00–2:30pm | Afternoon Guitars at the House. \$3 per person. Learn and share skills.

4:00–6:00pm | Quit smoking clinic. 1st Thursday of the month. The Fono is offering a FREE drop in clinic once a week. Please contact Lingi Pulesea on Lingi.Pulesea@thefono.org

7:00–9:00pm | Man Up. Join the movement that strengthens men to become better fathers, partners and husbands for their family. **For more information please contact 0800 162 687.**

7:00–9:30pm | Wise Woman's Circle. 3rd Thursday of the month. If being part of a group of awake, creative women to be nurtured by, laugh with, and learn from appeals to you then **Contact Patricia on 09 483 8486 for more information. \$20 per session.**

FRIDAY

9:00–10:00am | Yogilates. This is a fun, low key but effective class designed for those in good basic health with no serious injuries. **\$12 per person or \$100 for 10 weeks. For more information contact Lauren 022 024 6344.**

1:30–2:30 | Peggy Squares. 1st Friday of each month. Learn to knit or teach others; knitting for the Community.

1:30–2:30 | Healthy Cooking. A cooking group designed to learn how to prepare healthy meals. Each attendee will take turns to share one healthy recipe that everyone can create. **\$10 for 8 weeks. Please contact Rowena 0274527472 or Rowena.Zinampan@spectrumcare.org.nz to confirm your space.**

SATURDAY

1:00-5:00pm | 'Feral'. 19th August and 16th September. Are your children driving you nuts, get support and strategies on how to tame and survive your kids. **Book a space now piejar@orcon.net.nz \$20 cash (as no eftpos) Run by Jackie Jarrie**

6:00-7:30pm | Meditaion. 3rd Saturday of the month. Meditation is rest, absolute rest, a full stop to all activity – physical, mental, emotional. Enjoy meditation followed by a warm herbal tea and sharing. **RSVP is very important. Contribution: \$5 to \$10. To book Manasi on 021 132 5701, manasi.wisdom@gmail.com**

BIRKDALE COMMUNITY HOUSE

MONDAY - FRIDAY

3:00-6:00pm | Kids at #134 Afterschool care. Fun, games and crafts every afternoon. Booking required. For more information contact kids134@birkdalebeachhaven.org.nz or visit birkdalebeachhaven.org.nz/after-school-care

TUESDAY

10:00-12:00noon | Acrylic and Mixed Media Art Class. Explore acrylics, oil pastels, and a variety of printing techniques, collage and found objects as well as design principles colour and texture. 8 weeks course starts 9th May. Contact Jan on 021 042 3324 or janlouisetyler@gmail.com

WEDNESDAY

7:00-9:00pm | Beginners pottery 5 week course starting starting August 30th. Try your hand at pottery with us in our relaxed beginners class. Taught over 5 sessions on a Wednesday (note the final class may get delayed due to firing times etc) **\$100 per person.** This includes all materials Excludes price of firing. Book at beginnerspottery.eventbrite.co.nz

THURSDAY

9:30-10:15am | Preschool Spanish - For children aged 2.5 - 5 years. Parents and children have fun together singing, creating and playing using simple Spanish. All levels welcome. \$145/ one child + parent.

10:30-11:00am | Spanish music and movement - For children 6 months - 2.5 years. Learn simple songs, games and vocabulary to use every day with your child. **All levels welcome. \$92/ one child + parent.**

12:30-2:30pm | Peggy Purls - Knitting for your Community. Fortnightly. Learn to knit or teach others. Starter kits available for new knitters.

5:00-6:30pm | Beginners Drumming Classes. (other times/days may be available upon request) For people wanting to learn basic drumming and the theory to get started. **\$25 for a half hour lesson.** Booking essential contact **Parsa on 021 142 5715 for more information or to book.**

FRIDAY

11:30-1:30pm | Ukulele Jam Session. \$3 per person. This is an opportunity for intermediate players to come together and play Ukulele in a fun and friendly environment.

BIRKDALE HALL

MONDAY

4:30-5:30pm | Au Capoeira. Capoeira is an Afro-brazilian art form encompassing martial arts, acrobatics, music and dance. Kids will develop agility, flexibility, balance, co-ordination, music skills, and social skills. Contact **Donna 021 0618733, www.aucapoeiranz.co.nz or d.tuari@auckland.ac.nz**

TUESDAY

8:00-9:00pm | Dance like no one's watching at Dancing in the Dark. Join us for fun and fitness with the lights turned off every Wednesday, **\$5 adults \$3 students. Email dancinginthedarkbirkdale@gmail.com**

THURSDAY

5:30-7:00pm | Walking Samoans. Promoting, Healthy Lifestyle, Language and Culture. Activities include exercise | Promoting Healthy Eating | Nutrition - Cooking Demo | Community Gardening | Aganuu - Language & Culture **Contact Maria 0212129808 or Emi 02108220809 for more information.**

FRIDAY

6:00-7:00pm | Zumba. \$2 per person.

7:30-8:30pm | Psychedelic Yoga. Dance to the moon and the sun, with the metamorphosis of the animals postures, getting in trance with the nature, that brings a free mind, flexibility and relaxation. **\$15 per person. Email yaninlorey@gmail.com for more information**

SATURDAY

10:00-11:00am | Yoga dance of nature. Dance to the moon and the sun, with the metamorphosis of the animals postures, getting in trance with the nature, that brings a free mind, flexibility and relaxation. **\$15 per person. Email yaninlorey@gmail.com for more information**

Keep an eye on our website for class changes BIRKDALEBEACHHAVEN.ORG.NZ