



CELEBRATING PRIDE MONTH

# CEM DAILY BRIEFING

## CONTACT

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**240-800-7160**

WATCH CENTER SITE:

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DUTY OFFICER:

[Hours: Mon-Fri 0800-1800 PST](tel:800-800-7160)

REQUEST INCIDENT REPORTING:

[Call: 240-800-7160 for support.](tel:240-800-7160)

This report is intended for subscribers who requested ongoing situational awareness of various topics impacting regional and national interests.

To subscribe send email to:

[info@cascadia-em.com](mailto:info@cascadia-em.com)

## SHOWERS | 70'S FRIDAY - SATURDAY

AIR QUALITY	FIRE WEATHER	RIVER FLOODING	WIND GUSTS	EXCESSIVE HEAT
GOOD	RED FLAG	NONE	14-18   24	60-70's

**SUMMARY:** Chance of showers, 60's lower 70's. Wind gusts 24. Fire Weather in central and eastern Washington.

Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu
67° 51°	71° 52°	69° 52°	65° 51°	68° 50°	71° 51°	67° 51°	67° 51°

**WEATHER:** Chance of showers for Thursday, with dry weather expected Friday and Saturday. Chance for showers returns for Sunday and Monday. Highs 60s, some areas seeing lower 70s on Friday and Saturday.

### WILDLAND SMOKE

#### AWARE:

Become familiar with ways to reduce your smoke exposure!

[#NWSmokeReady](https://bit.ly/2w20Cfk)
<https://bit.ly/2w20Cfk>

### FIRE WEATHER:

Red Flag Warnings central Washington Cascade valleys continues.

### EVENTS:

#### PrideFest 2019

Capitol Hill – Broadway  
June 29<sup>th</sup>, 2019

#### C.E.R.T. Expo 2019

Renton Tech College  
Renton, WA  
July 26-27, 2019

NATIONAL WEATHER SERVICE - SEATTLE

## REDUCE YOUR SMOKE EXPOSURE

EPA WILDFIRE SMOKE FACTSHEET

- 1 STAY INSIDE**  
 Stay inside with the doors and windows closed. Use high efficiency filters to capture fine particles from smoke. Use a portable air cleaner to reduce indoor air pollution.
- 2 HAVE A SUPPLY OF N95 RESPIRATORS**  
 Do not rely on dust masks or bandanas for protection from smoke. If you must be out in smoky conditions, an N95 respirator can protect you, if it fits snugly to your face and is worn properly.
- 3 TAKE IT EASY**  
 Take it easier during smoky times to reduce how much smoke you inhale. If it looks or smells smoky outside, avoid strenuous activities such as mowing the lawn or going for a run.
- 4 KNOW YOUR AIR QUALITY**  
 Smoke levels can change a lot during the day, so wait until air quality is better before you are active outdoors. Check your state or local air quality agency's website or [airnow.gov](http://airnow.gov) for air quality forecasts and current air quality conditions.
- 5 HAVE A PLAN TO EVACUATE**  
 Know how you will get alerts and health warnings, including air quality reports. Public advisories can provide important information such as changing smoke conditions and evacuation notices. Organize your important items ahead of time, and know where to go in case you have to evacuate.



## First Aid, Radios & More.

CASCADIA EVENT SUPPORT OPERATIONS

