



CEM DAILY BRIEFING

CONTACT

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WATCH CENTER SITE:
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DUTY OFFICER:
[Hours: Mon-Fri 0800-1800 PST](tel:800-1800-0800)

REQUEST INCIDENT REPORTING:
[Call: 240-800-7160 for support.](tel:240-800-7160)

This report is intended for subscribers who requested ongoing situational awareness of various topics impacting regional and national interests.

To subscribe send email to:
info@cascadia-em.com

RED FLAG WARNING | THUNDERSTORMS

WESTERN WASHINGTON				
AIR QUALITY	FIRE WEATHER	RIVER FLOODING	WIND GUSTS	EXCESSIVE HEAT
Moderate	RED FLAG	NONE	8-15	70's

SUMMARY: Central and Eastern Washington Red Flag Warning for thunderstorms and lightning and a Heat Advisory for very high temperatures. Moderate air quality in Puget Sound region. Unhealthy air quality in Spokane due to wildland fire smoke.

Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu
74° 60°	76° 59°	73° 59°	74° 58°	80° 58°	79° 57°	79° 57°	82° 58°

WEATHER: 70's for most of the region. Early morning fog in some areas. Afternoon mountain thunderstorms likely. Lightning strikes are causing new fire starts contributing to the potential for poor air quality in the Puget Sound area.

Dangerous Heat!

Thursday, August 8

Red: High Risk

- For much of the population that may not have adequate cooling

Orange: Moderate Risk

- Especially for those that are:
 - Unable to heat
 - Without adequate hydration

Yellow: Low Risk

- Mostly for those that are not adequately hydrated

WHERE
Eastern WA / Northern ID

IMPACTS
Moderate-to-high heat risk for those sensitive to heat, especially those without effective cooling and/or adequate hydration

ACTIONS TO TAKE

- Drink plenty of water even if not thirsty
- Check in on elderly or ill neighbors & family members
- Bring pets indoors or provide shade & plenty of water
- NEVER leave kids or pets unattended in vehicles!

DRINK PLENTY OF WATER, EVEN IF NOT THIRSTY

CHECK IN ON ELDERLY OR ILL NEIGHBORS AND FAMILY MEMBERS

BRING PETS INDOORS OR PROVIDE SHADE AND PLENTY OF WATER

NEVER LEAVE KIDS OR PETS UNATTENDED IN VEHICLES!

RED FLAG WARNING: Central and Eastern Washington until Saturday for abundant lightning and erratic winds.

THUNDERSTORMS: Parts of the Western Cascades, central and eastern Washington will experience thunderstorm activity now through Saturday. Lightning has caused several new wildland fires east of the Cascades.

EMERGENCY PREPAREDNESS TRAINING

ACTIVE SHOOTER SURVIVAL | STOP THE BLEED | FIRST AID | CPR & AED



TRAINING: Cascadia EM offers several classes to include Antidote administration for opioid overdose, Automated External Defibrillator use, and more. Request a class today!