

Judo Futures Summer Camp

Date: 16th to 19th January 2020
Venue: AIS Combat Centre, Canberra

Do you enjoy competing in Judo and want to learn skills that could help you represent Australia in the future?

This opportunity is for you!

JA is holding a 3-day Summer Camp at the AIS Combat Centre for girls and boys born in 2005 and 2006. In this world-class sporting environment, young athletes will be introduced to the JA High Performance program in a fun but educational way. The program will include:

- judo training sessions teaching important skills for competitive judo;
- fun and games to improve physical abilities, on and off the Judo mat;
- education about the elements that contribute towards becoming a successful judo athlete including goal setting, and performing at your best;
- education about how to successfully transition from a senior girl/boy to a cadet athlete;
- introduction to the JA High Performance program and what younger athletes need to know;
- hearing from successful athletes who competed at the Worlds Stage;
- tour of the Australian Institute of Sport.

There are 50 places available for this camp and preference will be given to medallist from the past two National Championships. The remaining places will be distributed on a “first come, first served” basis. The cost of this camp is \$300, which includes all meals at the AIS dining hall, accommodation, training facility, and coaching. Travel cost is additional (see below).

Eligibility to attend this camp:

- must be a financial member of JA,
- born in 2005 or 2006,
- minimum grade of 3rd Kyu (green belt), and
- participation in the 2018 and/or 2019 National Championships.

How will travel be arranged?

Each athlete is responsible for arranging their own travel to Canberra and making their own bookings. Athletes must arrive to Canberra by 5 pm on the 16th January and can leave after lunch at 1 pm on the 19th January 2020. Of course, JA wants to make sure that athletes are safe when travelling to and from the camp, so once athlete invitations are finalised everyone will be given contact details of other athletes and parents who are attending the camp from their local area. This will allow parents to coordinate flight bookings, bus tickets or car-pooling to allow athletes to travel together. If one of the coaches for the camp is from your state, they will also help with this coordination process. JA will arrange for athletes to be picked up from Canberra airport or coach station by an adult, staff member or coach.

Please do not book travel until you have received confirmation that you will be invited to attend the camp.

Who will be coaching at the camp?

The camp will be undertaken by coaches selected from around Australia who are experienced in coaching State level athletes. All coaches have Working with Children checks and are certified to safely look after children. The Combat Centre team based at the Australian Institute of Sport will also be present.

When will I hear if my application to attend the camp has been successful?

Applicants will be notified by 4 pm on Friday, 30 November 2019 if they are accepted to attend the camp.

Does attending the camp mean I will be more likely to be selected to represent Australia in the future?

No, it will be educational and fun. Our aim is for you to learn, however attendance has no bearing on selection in the future.

Any questions in relation to this camp should be directed to Judo Australia Technical Director, Maria Pekli, via Maria.Pekli@ausjudo.com.au

Athlete Expression of Interest Form

1. Athlete's full name: _____
NB. as written on formal ID (e.g. passport, driving licence)

2. Athlete's date of birth: _____

3. Address: _____

4. Athlete's contact details

Home phone: _____ Mobile: _____

Email address: _____

5. Gender (please circle): Male Female

6. Athlete's best result at the last two National Championships (2018 and 2019):

7. Parent/Guardian's Contact Details

Name: _____ Home phone: _____ Mobile: _____

Email address: _____

8. Club Coach Contact Details

Club Name: _____ Coach Name: _____

Phone number: _____ Email address: _____

Please tick both boxes below to confirm:

I would like to attend the Judo Futures Summer Camp at the AIS Combat Centre from 16th – 19th January 2020.

I confirm that I satisfy the eligibility criteria for attendance at this camp:

- I am a financial member of the JA;
- I was born in 2005 or 2006;
- I hold a minimum of green belt; and
- I have participated at the 2018 or 2019 National Championships.

9. Does the athlete have any allergies? If yes, please provide details: _____

10. Does the athlete have any specific dietary requirements? If yes, please provide details: _____

11. Please provide athlete's Medicare details: Card number _____

Position on card (e.g. 1, 2): _____

12. Alternative Emergency (Next of Kin) Name: _____

Phone number 1: _____

Phone number 2: _____

Parental consent and final confirmation of registration

Athlete and parent/guardian must sign below to confirm that he/she:

- Would like to attend the Judo futures Summer Camp at AIS Combat Centre from the 16th to the 19th January 2020,
- If selected, agrees to pay the \$300 payment to attend the camp

Signature of Athlete: _____ Date: ____/____/____

Parent/Guardian name: _____

Parent/Guardian signature: _____ Date: ____/____/____

This form must be submitted to maria.pekli@ausjudo.com.au by 4 pm on Friday, 30 November 2019.

There are only 50 places available for athletes to attend the 3-day camp from 16th to 19th January 2020. Places will be allocated to National Championships medallists in the first instance then on a "first come first served" basis.



AIS

