

MAKE JUST ONE CHANGE

**FAMILY
MEETING
CHECKLIST
AND PLEDGE**



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MAKE JUST ONE CHANGE CHECKLIST



Set your heat to two degrees cooler.

We already do this.

We could do this.

Stick to pre-loved toys rather than buying new.

We already do this.

We could do this.

Turn off lights and unplug appliances and devices when not in use.

We already do this.

We could do this.

Recycle everything possible.

We already do this.

We could do this.

Give up paper towels and napkins and use cloth in the kitchen.

We already do this.

We could do this.

Eat less meat. Participate in “Meatless Mondays”.

We already do this.

We could do this.

Compost your kitchen and yard scraps into new soil.

We already do this.

We could do this.

MAKE JUST ONE CHANGE CHECKLIST



Install a shower timer and set a goal for the lengths of your showers.

We already do this.

We could do this.

Plant trees.

We already do this.

We could do this.

Turn off the water when brushing your teeth and soaping the dishes.

We already do this.

We could do this.

Become members of Community Supported Agriculture (CSA).

We already do this.

We could do this.

Make a donation to an environmental non-profit.

We already do this.

We could do this.

Join your city or town's environmental or energy committee.

We already do this.

We could do this.

Adopt a trail and keep it litter-free.

We already do this.

We could do this.

MAKE JUST ONE CHANGE

COMMITMENT PLEDGE

TODAY _____(DATE) WE COMMIT OURSELVES
TO MAKING ONE CHANGE IN OUR LIVES THAT WILL
HELP THE EARTH. HERE IS WHAT WE WILL DO:

WE PROMISE TO WORK TOGETHER TO MAKE THIS
CHANGE.

OUR NAMES ARE SIGNED BELOW:

THE EARTH THANKS YOU!
SNAP A PHOTO OF THIS PLEDGE AND EMAIL IT TO
WIKEBABY@GMAIL.COM

