



200 HOUR YOGA TEACHER TRAINING APPLICATION

Requirements to apply

- Have practiced yoga for at least 6 months
- Have created the adequate space in your life to take part in an intensive learning experience.
- Have a desire to go deep into your yoga practice and are committed to your practice & study.

Name:

Address:

Phone:

Email:

Website:

How did you hear about the program?

Referred by?

The following section is designed to help give us a better idea of who you are, what experiences you have had, and how this training can support you. There are no right or wrong answers. You don't need to research or google or read a book before completing this section.

Answering honestly and where you are right now in this moment is the best approach. We simply are looking to get to know you better. Any questions or concerns, please don't hesitate to contact us! And if you haven't come to class yet, please come at least once before completing this application. It will help you get to know us too!

**use back side if needed for space*

Tell us about your yoga journey that led you to this moment.

Tell us about your personal practice?

What kind of asana do you practice?

Do you practice pranayama, meditation, and/or mantra?

Do you have any previous experience with the Yogic texts? If so, which ones and briefly share your thoughts.

Have you completed or taking part in any other yoga trainings or trainings that would be relevant to this experience?

What is one topic that you have studied in depth before? Examples might be.... what's your degree in? Did you go to trade school? How about community classes? Art? Music? Gardening? etc? Have you had experience committing to and completing deep study before?

Do you have any significant life changes or challenges happening right now? Do you feel supported?

Do you have any physical or mental ailments, illnesses, or injuries? Do you think they will impact your ability to participate? Are you being supported?

How do you care for yourself? What is your system of self-care and support?

Do you have a teacher that you are currently studying with? What inspires you about them?

Why do you want to take your teacher training with Rosie Acosta?

Are you planning on making teaching a part of your practice?

In your opinion, what is yoga?

REQUIRED SCHEDULE

- February 23, 2018 – May 20, 2018
 - Fridays | 5:00 pm – 9:00 p.m. (philosophy + anatomy)
 - Saturdays | 10:30 a.m. – 7:30 p.m. (anatomy + asana + teaching)
 - Sundays | 10:30 a.m. – 7:30 p.m. (asana + teaching methodology + modules)

Radically Loved | 200hr Teacher Training Weekend #1

Scheduled: Feb 23, 2018 to Feb 25, 2018

Radically Loved | 200hr Teacher Training Weekend #2

Scheduled: Mar 9, 2018 to Mar 11, 2018

Radically Loved | 200hr Teacher Training Weekend #3

Scheduled: Mar 23, 2018 to Mar 25, 2018

Radically Loved | 200hr Teacher Training Weekend #4

Scheduled: Apr 6, 2018 to Apr 8, 2018

Radically Loved | 200hr Teacher Training Weekend #5

Scheduled: Apr 20, 2018 to Apr 22, 2018

Radically Loved | 200hr Teacher Training Weekend #6

Scheduled: May 4, 2018 to May 6, 2018

Radically Loved | 200hr Teacher Training Weekend #7

Scheduled: May 18, 2018 to May 20, 2018

- One drop-in class at Imagine Yoga Studio per week
- Approximately 2 - 4 hours of out of classroom non-contact homework hours every week

- 1-hour of community seva (service) during the course of the training.
- Free classes will be offered at Imagine Yoga Studio during the course of the training.
- PLEASE NOTE: Due to the advanced planning of this training, times and dates may shift. We will do our absolute best to not change anything and will notify you immediately should anything change.

By joining the Radically Loved 200 hour teacher training you are committing to a process of learning that requires attending all scheduled meetings and required classes, and completing all required observations and homework assignments on time. This is mandatory and is required in order to receive a certificate of completion. Making a conscious and deliberate intention to have space in your life and showing up ready to learn will give the best chances possible for success.

DIRECTIONS FOR APPLICATION & REGISTRATION

We are so thrilled that you have decided to join us.
Your next steps are as follows:

- Applications are due by January 1st, 2018
- Early Bird Discount if registered, deposit paid, & tuition paid or payment plan arranged by December 1st, 2017
- Early Bird Discounted tuition is \$3250. Regular tuition is \$3500
- Scan in this application and email it to rosie@radicallyloved.com
- Please take a moment to introduce yourself to Laura at Imagine Yoga Studio after class sometime and let her know you applied for the training. If you live far away we can schedule a phone date.
- After receiving your application and speaking with you, we will send out letters

of acceptance based on the entire application process

- Once you have received your letter of acceptance, you will need to pay a \$300 non-refundable deposit to hold your spot. You can pay in person or online.
- Payment plans available. 10% service fee.
- Late registration fee of \$300 is applied for all applications received after January 5th, 2018
- Questions? Please feel free to email us at info@radicallyloved.com or set up a time to meet in person online or phone.
- How do you plan on paying?: (please circle one)

Full Tuition Cash or Check

Full Tuition Credit Card

Payment Plan

We look forward to sharing in this journey together. Welcome home!

Teacher Training Cancellations & Refund Policies : *If canceled with a 3 months notice, 100% tuition refund minus the non-refundable deposit of \$350. If canceled with less than 90 days notice, 70% refund on tuition minus the non-refundable deposit. If canceled with less than 30 days notice, 50% refund on tuition minus the non-refundable deposit. If you are on a payment plan all tuition already paid is non-refundable regardless of when you cancel and then any difference is applied to the above policies. If you cancel or leave the program after the start date, there are no refunds and full tuition is due/owed.*