

NAVIGATING THE

Teen Years

WITH POSITIVE DISCIPLINE

Raising children who do the right thing even when no one is looking...

8-week Class for Parents, Teachers, Advocates, and Coaches

Thursdays

Oct 4 - Nov 15

6:30PM - 8:30PM

ALSO SAT, OCT 6, 10AM-12PM

Harbor High School Library
300 La Fonda Avenue
Santa Cruz, CA 95062

\$80 per person – \$20 for the PD book
\$120 Couple AND \$40 Refresher Specials

Facilitated by Kenza Temsamani, CPDPE

www.pdcrc.org/classes-schedule/

Call 831-476-7284 x107

for scholarships, specials,
and other info



Understand the changes in
the teenage brain

Learn to communicate with dignity and respect

Practice listening in new ways, make agreements
and follow through with firmness and kindness

Develop your teen's internal locus of control
and ability to self-regulate

Celebrate and guide your unique
and individual child

