

SUGGESTED READING LIST: PARENTS, CAREGIVERS & ALLIES

I Promised Not to Tell

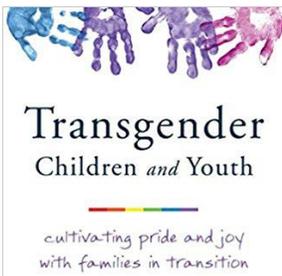


Raising a transgender child

Title: I Promised Not to Tell

Author: Cheryl B. Evans

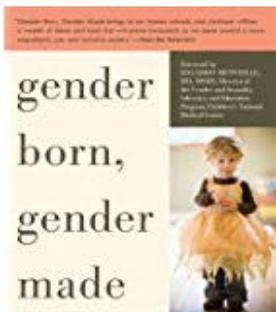
Summary: When you have a baby girl you envision many things for her life but becoming a boy is not one of them. A very intelligent read, his book provides insight into a family who handles their transgender son's transitioning with love and grace. This is a good guide for parents who have no idea how to handle their own child's transition in a healthy, affirming, and loving way.



Title: Transgender Children and Youth

Author: Elijah C. Nealy

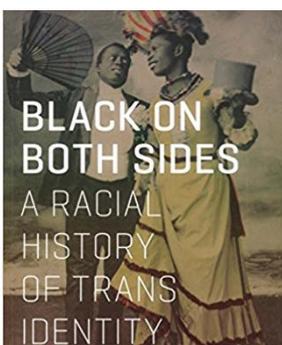
Summary: A comprehensive guide to the medical, emotional, and social issues of trans kids. Covering everything from family life to school and mental health issues, as well as the physical, social, and emotional aspects of transition, this book is full of best practices to support trans kids.



Title: Transgender Children and Youth

Author: Elijah C. Nealy

Summary: Offers parents, clinicians, and educators guidance on both the philosophical dilemmas and the practical, daily concerns of working with children who don't fit a "typical" gender mold. She debunks outmoded approaches to gender nonconformity that may actually do children harm.



Title: Black On Both Sides

Author: C. Riley Snorton

Summary: Identifies multiple intersections between blackness and transness from the mid-nineteenth century to present-day anti-black and anti-trans legislation and violence. Drawing on a deep and varied archive of materials—early sexological texts, fugitive slave narratives, Afro-modernist literature, sensationalist journalism, Hollywood films—the author attends to how slavery and the production of racialized gender provided the foundations for an understanding of gender as mutable.



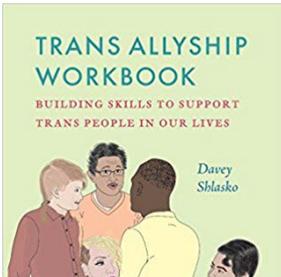
TransActive GENDER CENTER

1631 NE Broadway Street, #355, Portland, OR 97232

T: 503-252-3000 | F: 503-255-3367

www.transactiveonline.org

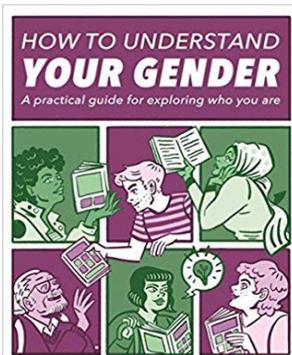
info@transactiveonline.org



Title: Trans Allyship Workbook

Author: Davey Shalasko, Kai Hofius

Summary: The Trans Allyship Workbook is everything you've been wanting to read about trans allyship! A workbook to help you build your understanding of trans communities and develop concrete skills for supporting trans people in your life, with over 100 pages of explanation, activities, illustrations and reflections.

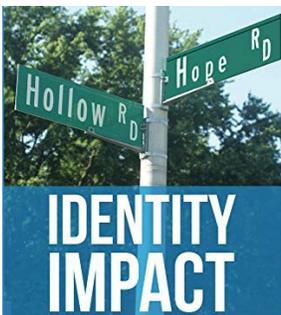


Title: How To Understand Your Gender

Author: Alex Iantaffi, Meg-John Barker

Summary: Have you ever questioned your own gender identity? Do you know somebody who is transgender or who identifies as non-binary? Do you ever feel confused when people talk about gender diversity?

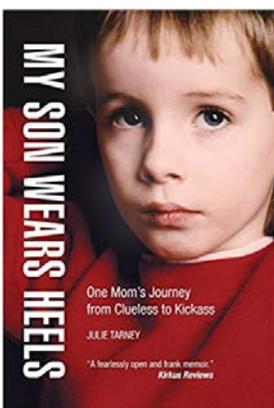
This down-to-earth guide is for anybody who wants to know more about gender, from its biology, history and sociology, to how it plays a role in our relationships and interactions with family, friends, partners and strangers.



Title: Identity Impact

Author: Dina Pronto, RN

Summary: The author challenges us to examine this critical question: "What is the potential fall out when a child's identity doesn't fit neatly into society's box?" While we all struggle through the stages of growth, those along the LGBTQ continuum experience an additional layer of identity development, as well as stages of grief, that impact their coping mechanisms.

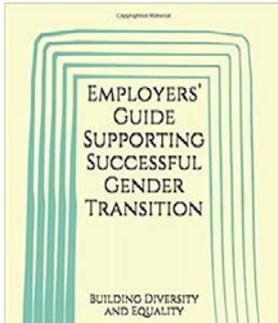


Title: My Son Wears Heels

Author: Julie Tarney

Summary: In 1992, Julie Tarney's only child, Harry, told her, "Inside my head I'm a girl." He was two years old. Julie had no idea what that meant.

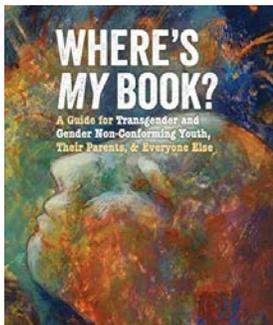
The internet was no help, because there was no internet. And there were zero books for a mom scrambling to understand a toddler who had definite ideas about his gender, regardless of how Nature had endowed him. Julie eventually realized that Harry knew who he was all along. Her job was simply to love and support him unconditionally, allowing him to be his authentic self.



Title: Employers Guide Supporting Successful Gender Transition

Author: Nikki DiCaro

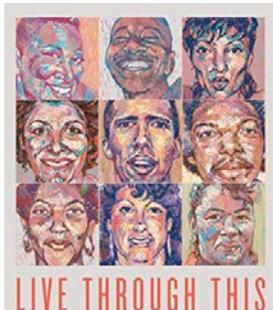
Summary: A practical guide to help employers understand and support transgender employees as they undertake gender transition. It addresses practical questions and enables your organization to effectively implement and nurture diversity and equality.



Title: Where's MY Book? A Guide for Transgender and Gender Non-Conforming Youth, Their Parents & Everyone Else

Author: Linda Gromko, MD

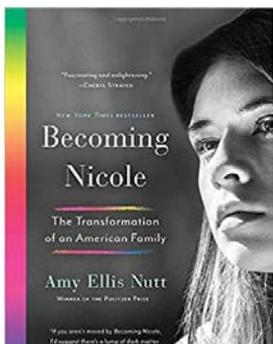
Summary: The author explains the basics of gender identity, sexual orientation, puberty, puberty blockers, hormone treatments, and gender affirming surgeries. Includes wisdom and practical information on getting through every day in the best way possible—from coming out to parents, to coping with depression, love and sex.



Title: Live Through This: Surviving Intersections of Sexuality, God & Race

Author: Clay Cane

Summary: This powerful book couldn't come at a more timely juncture. With our deep misunderstanding of racial identity, the murder of transgender women increasing at an alarming rate, and the battle of faith and sexual orientation at churches across the country, we are in a cultural war of ideologies. Overwhelming prejudices have constricted our basic capacity for compassion and understanding.

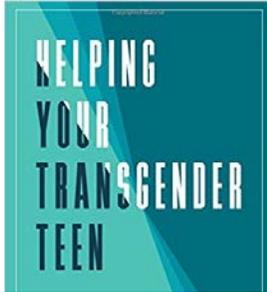


Title: Becoming Nicole

Author: Amy Ellis Nutt

Summary: When Wayne and Kelly Maines adopted identical twin boys, they thought their lives were complete. But it wasn't long before they noticed a marked difference between Jonas and his brother, Wyatt.

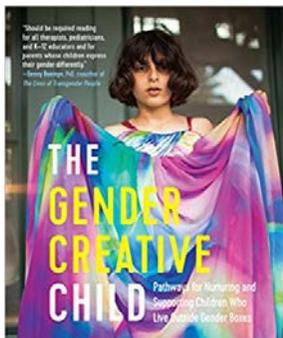
The inspiring true story of a transgender girl, her identical twin brother, and an ordinary American family's extraordinary journey to understand, nurture, and celebrate the uniqueness in us all.



Title: Helping Your Transgender Teen

Author: Irwin Krieger

Summary: Going through puberty and adolescence presents unwelcome changes for many transgender youth, and this book provides advice to parents of transgender teens to help them understand what their child is experiencing and feeling during this challenging time. It addresses the recent increase in teens presenting with non-binary identities, and reflects major legal, social and medical developments regarding transgender issues.



Title: The Gender Creative Child

Author: Diane Ehrensaft, PhD

Summary: In this up-to-date, comprehensive resource, the author explains the interconnected effects of biology, nurture, and culture to explore why gender can be *fluid*, rather than binary. As an advocate for the gender affirmative model and with the expertise she has gained over three decades of pioneering work with children and families, she encourages caregivers to listen to each child, learn their particular needs and support their quest for a true gender self.