SUGGESTED READING LIST: EDUCATORS & PROVIDERS

Title: Transgender Children and Youth
Author: Elijah C. Nealy
Summary: A comprehensive guide to the medical, emotional, and social issues of trans kids. Covering everything from family life to school and mental health issues, as well as the physical, social, and emotional aspects of transition, this book is full of best practices to support trans kids.

Title: Trans In College
Author: Z Nicolazzo & Stephen John Quaye
Summary: This book is addressed as much to trans* students themselves – offering them a frame to understand the genders that mark them as different and to address the feelings brought on by the weight of that difference – as it is to faculty, student affairs professionals, and college administrators, opening up the implications for the classroom and the wider campus.

Title: Supporting Transgender & Gender Creative Youth
Author: Elizabeth J. Meyer, Annie Pullen Sansfacon
Summary: Research, social action methods, and theory on the topic of transgender youth and gender creative children. Organized in three sections covering theoretical and clinical, educational, and community perspectives, the chapters specifically address issues and challenges in education, social work, medicine, and counseling as well as recommendations that are relevant for parents, families, practitioners, and educators alike.

Title: Black On Both Sides
Author: C. Riley Snorton
Summary: Identifies multiple intersections between blackness and transness from the mid-nineteenth century to present-day anti-black and anti-trans legislation and violence. Drawing on a deep and varied archive of materials—early sexological texts, fugitive slave narratives, Afro-modernist literature, sensationalist journalism, Hollywood films—the author attends to how slavery and the production of racialized gender provided the foundations for an understanding of gender as mutable.
Title: Mindfulness & Acceptance for Gender & Sexual Minorities  
Author: Matthew D. Skinta, PhD, Aisling Curtin, MsC  
Summary: Offers a number of practical strategies within a contextual behavioral science framework, including mindfulness and acceptance-based interventions, compassion-focused therapy (CFT), acceptance and commitment therapy (ACT), relational frame theory (RFT), and more. With chapters on stigma, shame, relationships, and parenting, this book will be a valuable resource for all therapists.

Title: Trans Allyship Workbork  
Author: Davey Shalasko, Kai Hofius  
Summary: The Trans Allyship Workbook is everything you’ve been wanting to read about trans allyship! A workbook to help you build your understanding of trans communities and develop concrete skills for supporting trans people in your life, with over 100 pages of explanation, activities, illustrations and reflections.

Title: You Be You  
Author: Jonathan Robert Branfman, Julie Benbassat  
For: Classroom Education/Younger Children  
Type: Illustrated Instruction Book  
Summary: Makes gender identity, romantic orientation, and family diversity easy to explain to kids. Covers discrimination, privilege, and how to stand up for what’s right. For kids of all ages, with beautiful illustrations, clear explanations, and short sections.

Title: Employers Guide Supporting Successful Gender Transition  
Author: Nikki DiCaro  
Summary: An efficient and practical guide to help employers understand and support transgender employees as they undertake gender transition. It addresses practical questions and realities of gender dysphoria and also enables your organization to effectively implement and nurture diversity and equality.
Title: U.S. Lesbian, Gay, Bisexual and Transgender History  
Author: Leslie J. Rupp, Susan K. Freeman  
For: High School & College  
Type: Picture book  
Summary: American Historian calls this: “A terrific book for anyone teaching U.S. history to high school or college students.” It is designed to explain why, and especially how, educators can integrate LGBT history into their existing courses. Contains superb essays by scholars and teachers that speak to pedagogy, sources, and methods, and includes seventeen topical essays that span the breadth of U.S. history.

Title: The Gender Creative Child  
Author: Diane Ehrensaft, PhD  
Summary: In this up-to-date, comprehensive resource, the author explains the interconnected effects of biology, nurture, and culture to explore why gender can be fluid, rather than binary. As an advocate for the gender affirmative model and with the expertise she has gained over three decades of pioneering work with children and families, she encourages caregivers to listen to each child, learn their particular needs and support their quest for a true gender self.

Title: Transgender Family Law  
Author: Jennifer L. Levi  
Summary: Transgender people have unique needs and vulnerabilities in the family law context. Any family law attorney engaged in representing transgender clients must know the ins and outs of this rapidly developing area of law.  
The chapters address a broad range of topics, including: Custody Disputes Involving Transgender Children, and Protections for Transgender Youth.

Title: Transgender The Roots of Today’s Revolution  
Author: Susan Stryker  
Summary: Covering American transgender history from the mid-twentieth century to today, Transgender History takes a chronological approach to the subject of transgender history, with each chapter covering major movements, writings, and events.
Title: Trans Studies  
Author: Yolanda Martinez-San Miguel, Sarah Tobias and others  
Summary: An interdisciplinary essay collection, bringing together leading experts and offering insights about how transgender activism and scholarship might transform scholarship and public policy. Taking an intersectional approach, this theoretically sophisticated book deeply grounded in real-world concerns bridges the gaps between activism and academia by offering examples of cutting-edge activism, research, and pedagogy.

Title: A Practical Guide to Gender Diversity & Sexuality in Early Years  
Author: Deborah Price  
Summary: Aiding discussion of gender diversity and sexuality with very young children, this practical guide helps practitioners explore these themes in early years settings. Promoting and extending current good practice, the book offers advice and activities that will support children in discovering their identity and also demonstrates how to work with parents. This book addresses a wide variety of topics such as staff training and team management.

Title: Transgender People and Education  
Author: Claire Bartholomaeus, Damien W. Riggs  
Summary: This book provides a comprehensive account of the educational experiences of students, parents, and educators—transgender and cisgender—in the context of current debates about the inclusion of transgender people in schools. The book makes a unique contribution to thinking about gender diversity in schools and advocates for the broadening of educational approaches beyond narrow gender binaries.

Title: On Passing: A Play in One Act  
Author: Michael Eric Brown  
Summary: A short play meant to educate readers, actors and audience on the risk of violence that can occur in a transgender individual's life. It is about a young transgender man who has lived stealth until now, but his secret was discovered by the wrong people. He and his girlfriend were no longer safe.