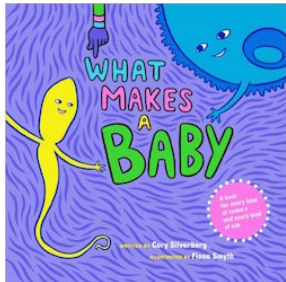


## SUGGESTED READING LIST: CHILDREN, YOUTH & YOUNG ADULTS



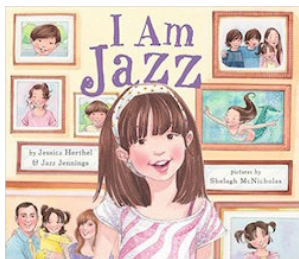
**Title:** What Makes a Baby

**Author:** Cory Silverberg

**For Ages:** PreK - 8yo

**Type:** Picture book

**Summary:** Super fun, illustrated guide for little kids from ALL kinds of families about “where babies come from” that is incredibly inclusive and avoids language based on stereotypical gender binaries



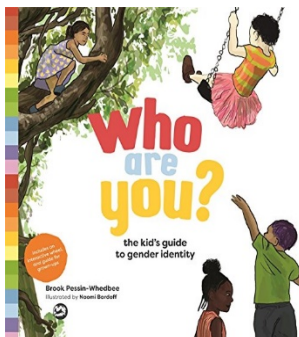
**Title:** I Am Jazz

**Author:** Jessica Herthel & Jazz Jennings

**For Ages:** 4 - 8yo

**Type:** Picture book

**Summary:** Illustrated story of a trans child based on the real-life experience of Jazz Jennings, who always knew she had a girl’s brain in a boy’s body.



**Title:** Who Are You?

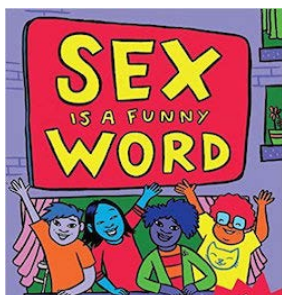
**Author:** Brook Pessin-Whedbee

**For Ages:** 5 - 8yo

**Type:** Illustrated children’s book

**Summary:** What do you like? How do you feel? Who are you?

This book presents clear and direct language for understanding and talking about how we experience gender: our bodies, our expression and our identity. An interactive three-layered wheel is included and is Ideal for use in the classroom or at home.



**Title:** Sex Is A Funny Word

**Author:** Cory Silverberg

**For Ages:** 7 - 10yo

**Type:** Sex-Ed picture book

**Summary:** The second in Silverberg’s guides for kids (see #1; can’t wait for the teen one!) which deals with gender and sexual identity throughout in incredibly smart and sensitive ways.



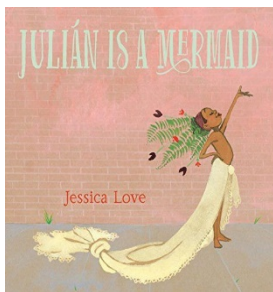
**Title:** Pink Is For Boys

**Author:** Rob Pearlman

**For Ages:** 4 - 8yo+

**Type:** Illustrated children's story

**Summary:** Reframes the stereotypical "pink is for girls/blue is for boys" binary by showing a diverse group of kids enjoying all the colors and activities they love most—whether that's racing cars and playing baseball, or loving unicorns and playing dress-up.



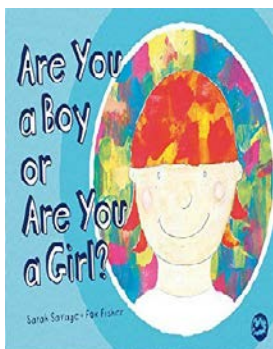
**Title:** Julian Is A Mermaid

**Author:** Jessica Love

**For Ages:** 4 - 8yo+

**Type:** Picture book

**Summary:** While riding the subway home from the pool with his abuela one day, Julián notices three women spectacularly dressed up. When Julián gets home, daydreaming of the magic he's seen, all he can think about is dressing up just like the ladies in his own fabulous mermaid costume.



**Title:** Are You A Boy or Are You A Girl?

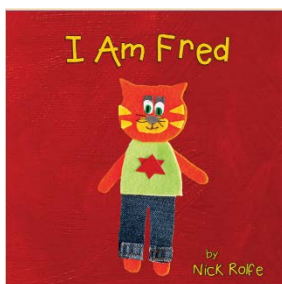
**Author:** Sarah Savage

**For Ages:** 3 - 7yo+

**Type:** Illustrated children's story

**Summary:** Tiny loves costumes! Tiny likes to dress up as an animal, or a doctor, or a butterfly. Tiny also prefers not to tell other children whether they are a boy or a girl. Tiny's friends don't mind, but when Tiny starts a new school their new friends can't help asking one question:

"Tiny, are you a boy or are you a girl?"



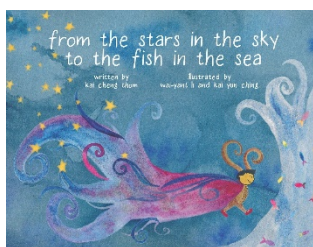
**Title:** I Am Fred

**Author:** Nick Rolfe

**For Ages:** 4 - 6yo+

**Type:** Illustrated children's story

**Summary:** This story explains what it feels like to be a child who doesn't feel happy in their body. Aimed at young children, using animals rather than humans, to share what it means to be transgender, without using that term.



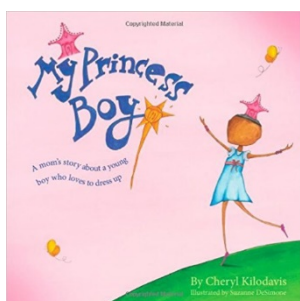
**Title:** From The Stars In The Sky To The Fish In The Sea

**Author:** Kai Cheng Thom

**For ages:** 3 - 8yo+

**Type:** Illustrated children's story

**Summary:** Miu Lan can change their body into anything anything they want. But when they can't decide whether to be a boy or a girl—or a fish, or a flower or a shooting star, for that matter—they run into trouble at school.



**Title:** My Princess Boy

**Author:** Cheryl Kilodavis

**For Ages:** 4 - 8yo

**Type:** Story

**Summary:** Dyson loves pink, sparkly things. Sometimes he wears dresses. Sometimes he wears jeans. He likes to wear his princess tiara, even when climbing trees. He's a Princess Boy. The world is a brighter place when we accept everyone for who they are.



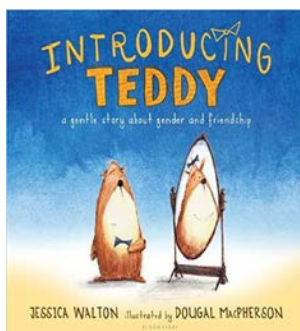
**Title:** Sid Doesn't Feel Like A Boy Or A Girl

**Author:** Dylan Greenberg

**For Ages:** 5 – 9yo

**Type:** Story book with pictures (that can be colored in)

**Summary:** When young Sid decides they don't feel like they're a boy or a girl, the people around them are slow to understand. When they go to school the next day, it doesn't get much better when the teacher decides to separate the class into boys and girls. Despite the hardship they face, Sid discovers that love will always prevail and that being different is not a bad thing.



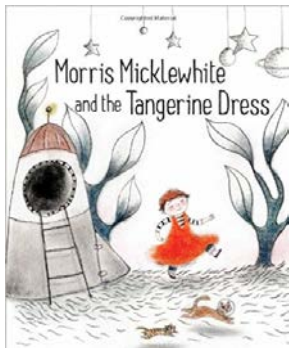
**Title:** Introducing Teddy

**Author:** Jess Walton

**For Ages:** 3 - 6yo

**Type:** Story

**Summary:** Errol and his teddy, Thomas, are best friends who do everything together. One sunny day, Errol finds that Thomas is sad. Errol can't figure out why, until Thomas finally tells Errol what the teddy has been afraid to say: "In my heart, I've always known that I'm a girl teddy, not a boy teddy. I wish my name was Tilly, not Thomas."



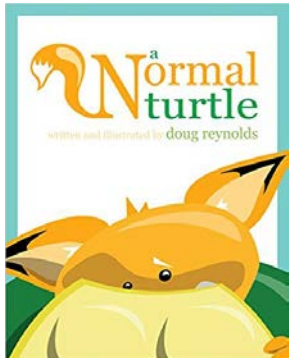
**Title:** Morris Micklewhite and the Tangerine Dress

**Author:** Christine Baldacchino

**For Ages:** 4 – 7yo

**Type:** Illustrated story

**Summary:** Morris is a little boy who loves using his imagination. But most of all, Morris loves wearing the tangerine dress in his classroom's dress-up center. The children in Morris's class don't understand. Dresses, they say, are for girls. And Morris certainly isn't welcome in the spaceship some of his classmates are building. Astronauts, they say, don't wear dresses.



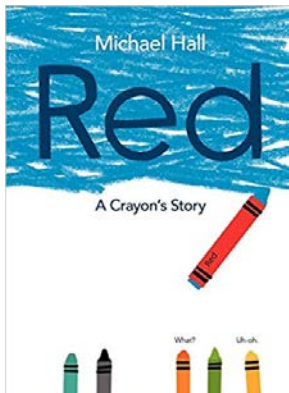
**Title:** A Normal Turtle

**Author:** Doug Reynolds

**For Ages:** 6 - 8yo

**Type:** Illustrated story

**Summary:** This story is different from "normal," it's said, A boy born as a fox, raised a turtle instead! It's so hard when you're small to tell left from right, So imagine, I ask, our little kit's plight. Will he be brave? Only time can tell If our poor little fox will come out of his shell.



**Title:** Red: A Crayon's Story

**Author:** Michael Hall

**For Ages:** 4 - 8yo

**Type:** Illustrated story

**Summary:** Red has a bright red label, but he is, in fact, blue. His teacher tries to help him be red (let's draw strawberries!), his mother tries to help him be red by sending him out on a playdate with a yellow classmate (go draw a nice orange!). Finally, a brand-new friend offers a brand-new perspective, and Red discovers what readers have known all along. He's blue!



**Title:** A Princess of Great Daring!

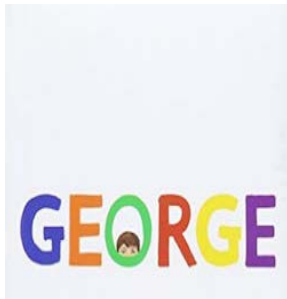
**Author:** Tobi Hill-Meyer

**For Ages:** 5 - 8yo

**Type:** Realistic illustrated fiction

**Summary:** When Jamie is ready to tell people that she's really a girl inside, she becomes a princess of great daring in a game she plays with her best friends to gather her courage.





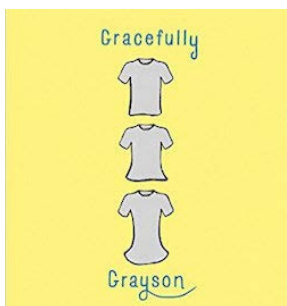
**Title:** George

**Author:** Alex Gino

**For Ages:** 9yo+

**Type:** Novel

**Summary:** Everyone thinks George is a boy, but she knows better. When she can't try out for the part of Charlotte in the school play "because you're a boy," George and her friend come up with a plan.



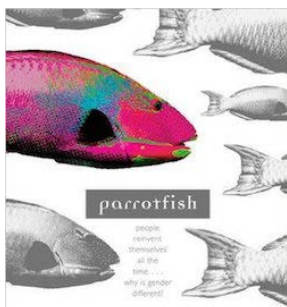
**Title:** Gracefully Grayson

**Author:** Ami Polonsky

**For Ages:** 11yo+

**Type:** Novel

**Summary:** Grayson's becoming more and more aware of a nagging feeling that she should be living as a girl, despite being male-assigned, and on a daring whim decides to audition for the part of Persephone in the school play. She has a supportive teacher and new friend, but must contend with bullying.



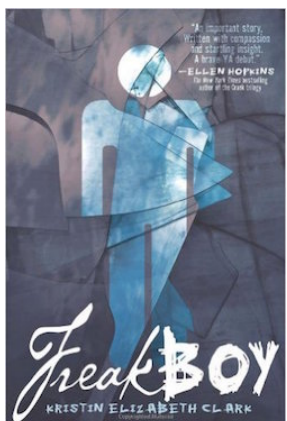
**Title:** Parrotfish

**Author:** Ellen Wittlinger

**For Ages:** 12yo+

**Type:** Novel

**Summary:** Angela Katz-McNair never felt quite right as a girl. So, she cuts her hair short, purchases some men's clothes and chooses a new name: Grady. While coming out as transgender feels right to Grady, he isn't prepared for the reactions of his friends and family. Fortunately, he finds some kindred spirits.



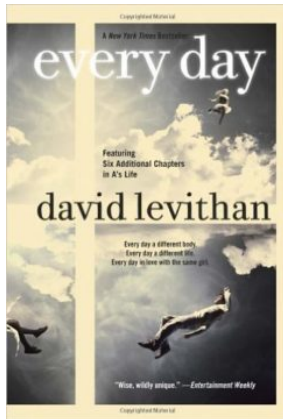
**Title:** Freak Boy

**Author:** Kristin Elizabeth Clark

**For Ages:** 12yo+

**Type:** Novel

**Summary:** Brendan Chase is a star wrestler, a video game aficionado and a loving boyfriend to his seemingly perfect match, Vanessa. But on the inside, Brendan struggles to understand why his body feels so wrong — why he sometimes fantasizes having long hair, soft skin and gentle curves. The novel folds 3 narratives with 3 different perspectives presented in 3 different fonts into one cohesive story written in verse.



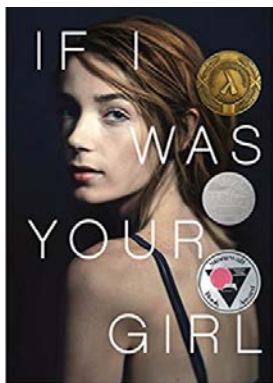
**Title:** Every Day

**Author:** David Levithan

**For Ages:** 12yo+

**Type:** Novel

**Summary:** A love story written by the author of *Nick & Nora's Infinite Playlist* about A, a teen who wakes up every morning in a different body, living a different life.



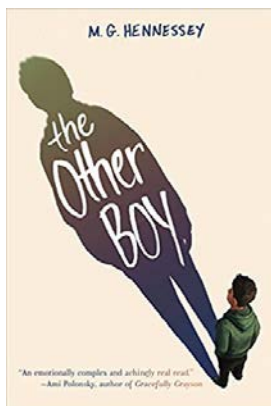
**Title:** If I Was Your Girl

**Author:** Meredith Russo

**For Ages:** Teen & Young Adult

**Type:** Novel

**Summary:** Amanda Hardy is the new girl in school. Like anyone else, all she wants is to make friends and fit in. But, Amanda is keeping a secret, and she's determined not to get too close to anyone. When she meets sweet, easygoing Grant, Amanda can't help but start to let him into her life, but Amanda's terrified that once she tells him the truth, he won't be able to see past it. Because the secret that Amanda's been keeping? It's that at her old school, she used to be Andrew. Will the truth cost Amanda her new life, and her new love?



**Title:** The Other Boy

**Author:** M.G. Hennessey

**For Ages:** 8 - 12yo+

**Type:** Illustrated story

**Summary:** Twelve-year-old Shane Woods is just a regular boy. He loves pitching for his baseball team, working on his graphic novel, and hanging out with his best friend, Josh. But Shane is keeping something private, something that might make a difference to his friends and teammates, even Josh.



**Title:** Happy Families

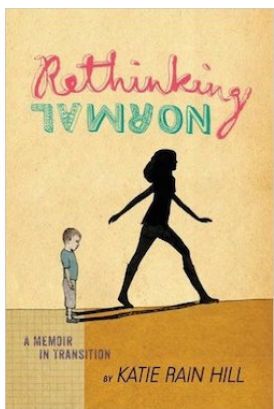
**Author:** Tanita S. Davis

**For Ages:** 12yo+

**Type:** Novel

**Summary:** The life of teen twins is turned upside down when their father starts living as a female.

**Praise:** *"The story's focus on an African-American family makes it particularly notable in LGBTQ-themed teen literature. Warmly drawn; a valuable conversation-starter for families."*



**Title:** Rethinking Normal - A Memoir In Transition

**Author:** Katie Rain Hill

**For Ages:** 13yo+

**Type:** Memoir

**Summary:** 19-year-old Katie Rain Hill shares her personal journey of undergoing gender reassignment. The book now includes a reading group guide.

**Praise:** *"Will both educate cisgender readers and strike sparks of recognition in those questioning their own gender identities."*



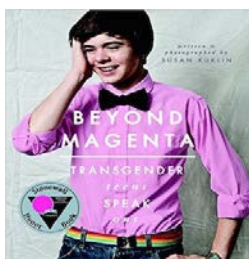
**Title:** Beautiful Music For Ugly Children

**Author:** Kristin Cronn-Mills

**For Ages:** 13yo+

**Type:** Novel

**Summary:** "This is Beautiful Music for Ugly Children, on community radio 90.3, KZUK. I'm Gabe. Welcome to my show....I'm like a record. Elizabeth is my A side, the song everybody knows, and Gabe is my B side—not heard as often, but just as good. It's time to let my B side play."



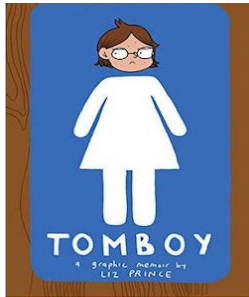
**Title:** Beyond Magenta

**Author:** Susan Kuklin

**For Ages:** 13yo+

**Type:** Nonfiction profiles

**Summary:** Six transgender or gender-neutral young adults, are presented here via portraits, family photographs and candid images.



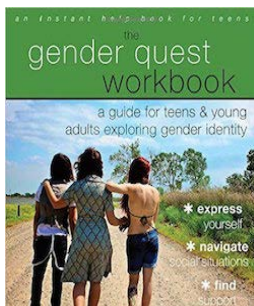
**Title:** Tomboy

**Author:** Liz Prince

**For Ages:** 14yo+

**Type:** Graphic novel

**Summary:** A graphic novel about refusing restrictive gender “norms” (and even sometimes inadvertently embracing gender stereotypes). Life lesson: there’s no one right way to be a girl.



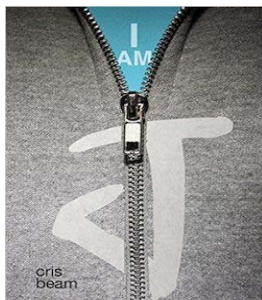
**Title:** The Gender Quest Workbook

**Author:** Multiple authors

**For Ages:** 14yo+

**Type:** Workbook

**Summary:** A comprehensive workbook that incorporates skills, exercises and activities from evidence-based therapies — such as cognitive behavioral therapy (CBT) — to help transgender and gender nonconforming (TG/GNC) teens explore and navigate their gender identity and expression.



**Title:** I Am J

**Author:** Cris Beam

**For Ages:** 14yo+

**Type:** Novel

**Summary:** Sick of hiding the body that’s betraying him under baggy clothes, J runs away, begins attending a school for gay and transgender teens and ultimately decides to take testosterone, all while navigating family, friendships and young love.



**Title:** Some Assembly Required | Not-So-Secret Life of a Transgender Teen

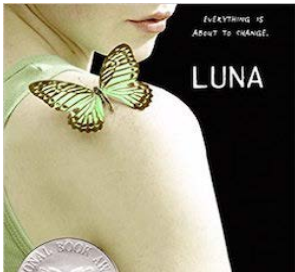
**Author:** Arin Andrews

**For Ages:** 14yo+

**Type:** Memoir

**Summary:** 17-year-old Arin Andrews Arin reveals the challenges he faced as a boy in a girl’s body, the humiliation and anger he felt after getting kicked out of his private school and all the changes — both mental and physical — he experienced once his transition began. Now with a reading group guide and an all-new afterword from the author.





**Title:** Luna

**Author:** Julie Anne Peters

**For Ages:** 14yo+

**Type:** Novel

**Summary:** Regan helps her brother Liam with his secret, supplying clothes and makeup and cover — that is, until her sibling decides to go public as Luna, which threatens Regan's own social standing.



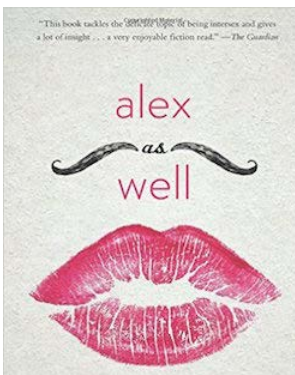
**Title:** Almost Perfect

**Author:** Brian Katcher

**For Ages:** 14yo+

**Type:** Novel

**Summary:** Boy kisses girl, girl admits she was born a boy, boy dumps girl, boy grows to accept girl for who she truly is.



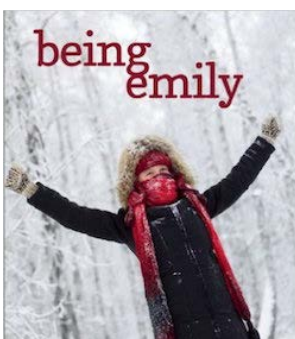
**Title:** Alex as Well

**Author:** Alyssa Brugman

**For Ages:** 15yo+

**Type:** Novel

**Summary:** An intersex kid forges a path between two genders to find their true self.



**Title:** Being Emily

**Author:** Rachel Gold

**For Ages:** Young Adult

**Type:** Novel

**Summary:** When Christopher tries to be Emily, her parents don't understand, her therapist insists Christopher is normal and Emily is sick and her girlfriend lectures her about how God doesn't make that kind of mistake. But there's still hope!



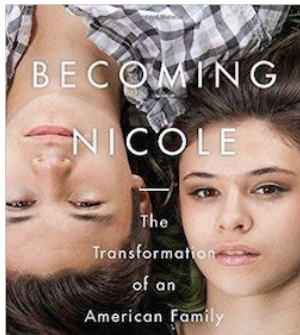
# TransActive GENDER CENTER

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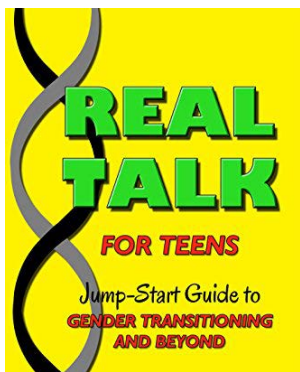


**Title:** Becoming Nicole

**Author:** Amy Ellis Nutt

**For Ages:** Adult nonfiction (but appropriate for older teens)

**Summary:** With access to personal diaries, home videos, clinical journals, legal documents and medical records, the author spent almost four years with this traditional family of adopted twin boys, one of whom transitions from Wyatt to Nicole.



**Title:** Real Talk for Teens: A Jump-Start Guide to Gender Transition

**Author:** Seth Jamison Rainess

**For Ages:** 10-20+ (suitable for younger children w/ parent engagement)

**Summary:** Devoted exclusively to issues of gender transitioning for youth. Takes early transitioning seriously and offers a roadmap of the issues that youth can expect to encounter in their journey. The author provides youth with a guidebook of sound advice for getting through gender reassignment, including treatment options available for hormones and surgery, coming out to friends and family, and tips for dating and disclosure.