



Addiction Recovery Meetings



STOP USING & START LIVING!

Learn more about the SMART recovery model at smartrecovery.org

Addiction Recovery Support Group

- Overcome addictions (both substance and behavioral)
- Science-based addiction recovery model
- Learn self-empowering skills
- Achieve a healthy, positive lifestyle
- Led by Amanda Hildebrant, LCSW and Therapist

TIME

Fridays 1:00-2:00 pm
starting Sept 22, 2017

LOCATION

2716 Ocean Park Blvd
Suite 3075
Santa Monica, CA

SIGN UP BY EMAIL

office@pacificmft.com
Please include name & phone number

COST

Donations welcome to cover cost of facility



For questions, please call

3 1 0 . 6 1 2 . 2 9 9 8

office@pacificmft.com

www.pacificmft.com

AMANDA HILDEBRANT, MSW

Clinical Social Worker | LCSW CA #63742
Registered SMART Recovery Facilitator

I have success working with adults & children to move through old wounds & create new patterns not rooted in the past. Stress, anxiety, depression, relationship with food, intimacy trouble, lack of motivation, body pain, headaches, & anger are invitations for us to look closer at the underlying events that impact our automatic responses. I utilize a collaborative approach; we work together to identify goals of therapy & the right pace of attaining those goals.

