

Green Mountain RSVP

160 Benmont Ave, Suite 90 Bennington, VT 05201

(802) 447-1546

RiseVT & Volunteer Appreciation

RiseVT collaborates with communities and organizations to help embrace healthier lifestyles and works to improve quality of life. Our local RiseVT Program Manager, Andrea Malinowski, works out of Southwestern VT Medical Center and is extremely active within the community. Earlier this year, our coordinator, Lenora, worked with Andrea to apply for a grant that RiseVT offers- the Amplify Grant. The application was a success! Green Mountain RSVP was awarded \$1,400 which was used to purchase weights for our Bone Builders classes, as well as to pay for materials to support our annual Volunteer Appreciation Luncheon. (To learn more about RiseVT, visit their website www.risevt.org, or contact Andrea at 447-5507.)

Our Volunteer Appreciation event was held on Friday, May 17th at Jensen's Restaurant in Bennington. On this day 52 Senior Corps Volunteers joined Green Mountain RSVP staff, as well as guest speaker Andrea Malinowski of Rise VT for lunch. We cannot thank Andrea enough for taking the time to visit with our volunteers and for providing us all with such an informational presentation about her program and the benefits of volunteering. We also would like to sincerely thank Amy, owner of Jensen's, and her staff for being so accommodating and efficient. A pleasant experience was had by all!

Congratulations to the following volunteers for reaching milestones of 5, 10, 15, 20, 25 years of service:

5 years: Nancy Bower, Kathy Thompson, Arthur Haytko, Mary McGuinness; **10 years:** Anne Humphrey, Eileen Steinmeyer, Bea Talbot; **15 years:** Janice Pratt, Karen Barney, Joyce Guerard, Betty Gunther, Robin Langstaff-French, Norma McShane, Susan Wiskowski; **20 years:** Patricia Main, Albert Ray, NancyJean Steffen, Anne Bugbee, Linda Peat; **25 years:** Viola Myers, Edna Jean Winslow.



Proudly Sponsored by Southwestern Vermont Council on Aging

Upcoming Events

AARP Smart Driver Course

Tuesday, June 4th

9:30-2:30

814 Gage Street, Bennington
(Cora B Whitney Apartments)

Fee: \$15 AARP Member/
\$20 non-member

**Please call Kim Bishop at
447-7019 to register**

please bring a bagged lunch



Bennington Blood Drives:

- **June 6- SVMC (11:30-5)**
- **July 3- VT Veterans Home (11-4)**

Donating blood makes a big difference in the lives of others! Visit Redcross.org or call 1-800-RED CROSS (1-800-733-2767) to schedule a donation.

New to Medicare Informational Session- lead by Libby Greaney



Wednesday, June 26th
3pm-5pm

Southwestern Vermont
Council on Aging
160 Benmont Ave, Suite 90, Bennington

Please call 442-5436 for more information.

THANK YOU ALL for the generous donations of time that you provide to the community!

Donating Love

Throughout the year several of our volunteers spend their time working hard to create beautiful quilts and/or knitted blankets, hats and mittens. All of these items are then donated to various local nonprofit organizations. These items are then distributed to community members in need. Pictured are baby quilts and knitted baby blankets and hat which were handmade by two of our wonderful volunteers.



These items were donated to our local hospital, Southwestern Vermont Medical Center. We do not ask these volunteers to make/donate these items, they do so simply out of the kindness of their hearts. To our knitting/quilting volunteers- we thank you for the time and effort you put in to making these beautiful creations.

The American Legion- 100th Birthday



In 1919 Congress chartered and incorporated The American Legion “as a veterans organization devoted to mutual helpfulness” (www.legion.org). To honor and celebrate this occasion, Bone Builder Leader, Judy C. shared with me that members of her class presented James Brown with a flag in appreciation for hosting their group at the American Legion, Post 69 in Alrington.

Youth Appreciation Day Event- 5/11/19

Each year Alliance for Community Transformations (ACT) sponsors a free local event called Youth Appreciation Day, which is hosted at Willow Park. This year three of our Senior Corps Volunteers and our Volunteer Coordinator, donated their time to the event. The event offered a safe, substance free environment in which 181 children and 131 adults enjoyed! THANK YOU to our volunteers for assisting on this day. Also, THANK YOU to the community organizations who help to make this event possible.



Green Mountain RSVP is sponsored by The Southwestern Vermont Council on Aging. RSVP is a member of Senior Corps, a nationwide volunteer program for people 55+ who want to give their time and experience to strengthen their communities. Thank you for your commitment to the non-profit organizations and people of Bennington County.

volunteer
do good, feel good



**GMRSVP will be closed
Monday, 5/27**

MEMORY CAFÉ

**Brookdale at Fillmore Pond
10:00am-11:30am
No registration required**

**May 25th
June 22nd**



June 16th



**GMRSVP will be closed
Thursday, 7/4**

**If you have questions or need
more information:**

Please contact

**Volunteer Coordinator
Lenora Volkmer 802.447.1546
lvolkmer@svcoa.net
RSVPVT.ORG**