

THIS Week...

This week we're talking about the opportunities and challenges a new year brings.

TODAY'S BIBLE VERSES: Colossians 3:23-24, Isaiah 41:10, 2 Chronicles 15:7, Deuteronomy 31:6.

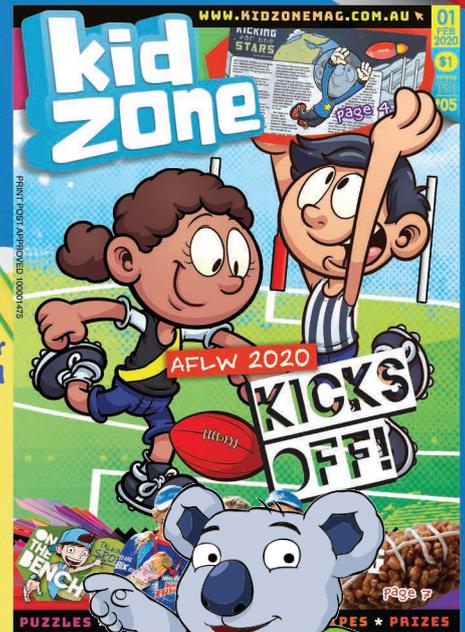
KEY WORDS: Perseverance, doing our best and trusting God

BEFORE today's lesson:

- Make sure you have all the materials you need for the 'Welcome Zone' and 'Fun Zone' activities.
- Gather together all the required ingredients for 'Grub Zone'.
- Have enough *Kidzone* magazines for every child!
- Print off the 'Beyond the Zone' cards

When preparing your program, consider each of the 'zones' and how they will best work in your context.

You may like to mix up the order in which you do the 'zones'. You will, however, need to remember the 'Welcome Zone' (obviously) needs to start the session, the 'Zone In' section needs to follow the 'God Zone', and the 'Beyond the Zone' happens at home. Have fun!



CHAT to the children about what's new in their lives – new schools, new classes, are they starting any new activities such as music, dance, sport?

Use this to lead into a couple of 'new' things featured in this week's *Kidzone*. Ask your class to turn to page 10 to look at the article on the new World Ostrich Day, launched by zookeeper Jade Tinker who read *Kidzone* when she was growing up!

READ the feature about footy, particularly about the new AFLW teams starting this year.

CHAT about how we feel when we start something new – excited, happy, but also sometimes nervous and anxious.

MAKE footy marshmallow bubble balls. (Find the recipe on page 2.)

These can be refrigerated for the children to take home with them at the end of the class.

PLAY your own 'kids TRYathlon', using *Jym* (on page 12) as inspiration.

Set up three activities for the children to rotate around. These should be challenging for the children, to illustrate that sometimes new activities are difficult and need practise and perseverance to master. Some ideas for the triathlon course could be: walking backwards while balancing a bean bag on your head; bouncing a balloon on players' heads without hitting the floor; completing the course as fast as possible while balancing a table tennis ball (or egg!) on a spoon.

READ the *Jym* message.

CHAT about how we feel when we are faced with new challenges.

ASK the children how they cope when they feel nervous or worried about trying new things. Assure them that this is normal, and that we all feel like that sometimes. Do they talk to someone about their worries? Do they pray to God about it?



GRUBZONE^{kz}

Use time to get to know your group.



FUNZONE^{kz}

Choose an activity, based on the theme, to do in smaller groups.



GODZONE^{k.z}

INTRODUCE Professor Pickle's egg experiment, by saying the egg looks like a football!

READ the message on page 11. Share an experience of a time when you didn't do well the first time you tried something, but then improved the more you tried.

ASK if anyone else has had an experience like that they would like to share.

PRAY: Thank God that we have lots of opportunities to try new things. Ask God to help us to try our best with a positive attitude when we learn new skills, even if it's hard work.

READ Sam's page on page 14 and remind them about the Jym message, that with God on our side we can be strong and courageous (Deuteronomy 31:6).

READ the story on pages 4-5 if you have time, which gives another perspective on how important it is to try our best when we are part of a team.

PRAY: Thank God that he is interested in every part of our lives, like when we're starting a new school, new class, even a new sport. Thank God for the great opportunities we have to try new things, make new friends and learn new skills. Thank God that he also understands that sometimes we feel nervous, scared and even like giving up. Ask God to help anyone in the class who is feeling like that.



ZONEIN^{k.z}



Sign up to KZ Club online and the leaders' guide will be delivered to your inbox every week—amazing!

Visit our website for more info (and heaps of fun),
www.kidzonemag.com.au/kz-club

 We'd love to see some photos of your *Kidzone* Club members enjoying the activities to include in the *Kidzone* magazine!

Email a picture of your group to cheryl.tinker@salvationarmy.org.au

*Please get permission from parents before sending photos and include a copy of signed parental consent for *Kidzone* to print image.

**next
Week...**



BEYOND^{the}ZONE^{kz}



Have a go at some of these:

- Make some footy marshmallow balls at home to share with family and friends.
- Do all the *Kidzone* puzzles on the back page.
- Pray to God about anything you might feel worried about as you start a new school year.

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