

AHTA 2019

National Conference

To extremity and beyond

18 – 20 October 2019

Pullman King George Square, Brisbane, Queensland

www.ahtaconference.com.au



DRAFT CONFERENCE PROGRAM

Pre Conference: Thursday 17th October 2019		
8.30 am – 5.00 pm	Pre-conference Workshop - Management of Hypertonicity Dr Jodie Copley	King George Room
Conference Day 1: Friday 18 th October 2019		
8.00 – 8.30 am	Registration and Arrival Tea and Coffee	Grand Windsor Ballroom
Session 1		Presidential Ballroom
8.30 – 8.35 am	Welcome to Country Shannon Ruska	
8.35 – 8.50 am	Welcome to Conference/AHTA President's Welcome Christina Harwood & Lara Griffiths	
8.50 – 9.40 am	International Keynote Lecture: Proprioception - To the Wrist and Beyond Dr Elisabet Hagert	
9.40 – 10.10 am	Invited Speaker: Wrist Surgery & Beyond TBC	
10.10 – 10.40 am	Expert Panel Discussion: What Next for the Wrist Dr Elisabet Hagert, TBC, Christina Harwood & Dr Rosemary Prosser	
10.40 – 11.10 am	Morning Tea & Trade Exhibition	Grand Windsor Ballroom
Session 2		Presidential Ballroom
11.10 – 11.25 am	Invited Speaker: Elbow Injuries in the Athlete, Strategies for Safe Return to Activity Dr Steven Frederiksen	
11.25 – 11.40 am	Invited Speaker: Isometric exercise – a fad or favourable treatment for lateral elbow tendinopathy? Dr Brooke Coombes	
11.40 – 11.55 am	Question Time	

11.55 –12.05 pm	<i>Scientific Paper:</i> Cross-sectional study of pain comorbidity, somatosensory and psychosocial features in severe persistent lateral elbow tendinopathy Viana Vuvan				
12.05 – 12.15pm	<i>Clinical Paper:</i> Survey on the use of mobilizing orthoses in the management of post-traumatic elbows in Australia Germaine Sim				
12.15 – 12.45 pm	Invited Speaker: Reflections on becoming a culturally safe hand therapist: Strategies for practice Dr Alison Nelson				
12.45 – 1.00 pm	Invited Speaker: Selfcare, Wellbeing and Burnout Prevention Dr Vinh Tran				
1.00 – 2.00 pm	Lunch & Trade Exhibition				Grand Windsor Ballroom
1.15 – 1.45 pm	Lunchtime Workshop: Treating Ulnar Carpal Problems – <i>Sponsored by Performance Health</i>				Washington Room
1.15 – 1.45 pm	Lunchtime Workshop: Orfit Workshop– <i>Sponsored by Ottobock</i>				King George Room
Session 3 Concurrent Sessions	Concurrent Session 1 Room: Roosevelt	Concurrent Session 2 Room: Kennedy	Concurrent Session 3 Room: Lincoln	Concurrent Session 4 Room: King George	Concurrent Session 5 Room: Washington
2.00 – 3.30 pm	Wrist Instability Dr Elisabet Hagert	Radiology Update: Value of Ultrasound, MRI and Dynamic CT Dr Nick Daunt AHTA Members Only	Management of Scar and Oedema in Trauma and Surgical Care - Exploring Innovative Conservative Management Techniques Angela Thynne	Hand Therapy in Business <ul style="list-style-type: none"> Leadership - how to optimise your team Dr Vinh Tran Lessons in Recruitment Jock Fairweather Financial Management for Entrepreneurs or Small Business Amy Geach 	Therapist Wellness <ul style="list-style-type: none"> Team Wellness - Why it Matters and How to get Started Dr Shahina Braganza Career Development - Where to Now? Kate Peardon Neurophysiology of Anxiety and Stress, and How to Manage It Dr Deb Worboys
3.30 – 4.00 pm	Afternoon Tea – Grand Windsor Ballroom				
Session 4 Concurrent Sessions	Concurrent Session 1 Room: Roosevelt	Concurrent Session 2 Room: Kennedy	Concurrent Session 3 Room: Lincoln	Concurrent Session 4 Room: King George	Concurrent Session 5 Room: Washington
4.00 – 5.30 pm	Wrist Instability Dr Elisabet Hagert	Radiology Update: Value of Ultrasound, MRI and Dynamic CT Dr Nick Daunt AHTA Members Only	Management of Scar and Oedema in Trauma and Surgical Care - Exploring Innovative Conservative Management Techniques Angela Thynne	Hand Therapy in Business <ul style="list-style-type: none"> Leadership - how to optimise your team Dr Vinh Tran Lessons in Recruitment Jock Fairweather 	Therapist Wellness <ul style="list-style-type: none"> Team Wellness - Why it Matters and How to get Started Dr Shahina Braganza

				<ul style="list-style-type: none"> Financial Management for Entrepreneurs or Small Business Amy Geach 	<ul style="list-style-type: none"> Career Development - Where to Now? Kate Peardon Neurophysiology of Anxiety and Stress, and How to Manage It Dr Deb Worboys
5.30 – 6.30 pm	Welcome Reception				Grand Windsor Ballroom
Conference Day 2: Saturday 19th October 2019					
8.00 – 10.00 am	AHTA AGM and Light Breakfast				Presidential Ballroom
10.00 – 10.30 am	Morning Tea & Trade Exhibition				Grand Windsor Ballroom
Session 5					Presidential Ballroom
10.30 – 11.20 am	Founder's Lecture				
11.20 – 11:50 am	Scratch Collapse Test Dr Elisabet Hagert				
11.50 – 12.10 pm	Invited Speaker: Chronic Pain Dr Karl Bagraith				
12.10 – 12.20 pm	<i>Clinical Paper:</i> Adhesive Capsulitis of the Shoulder and Mirror Box Therapy Mikayla Southam				
12.20 – 12.30 pm	<i>Scientific Paper:</i> Do patients attending public health hand therapy following wrist injury show improvement in upper limb function, grip strength, pain, and conscious wrist sensorimotor function after an 8 week, group based sensorimotor rehabilitation program? Lauren Hedge				
12.30 – 12.40 pm	Question time				
12.40 – 1:40 pm	Lunch & Trade Exhibition				Grand Windsor Ballroom
1.00 – 1.30pm	Lunchtime Workshop: AHT Mentorship - How to be a great Mentor! (AHT Members only)				Presidential Ballroom
1.00 – 1.30pm	Lunchtime Workshop: Orfit Workshop – Sponsored by Ottobock				King George Room
1.00 – 1.30pm	Lunchtime Workshop: OAPL- Functional Solutions for Partial Digit Amputees – Sponsored by OAPL				Washington Room
Session 6					Presidential Ballroom
1.40 – 2.00 pm	Invited Speaker: Paediatric Surgery Dr Trevor Gervais				
2.00 – 2.15 pm	Invited Speaker: Hand Therapy for the Paediatric Population Melinda Lewis				
2.15 – 2.35pm	Invited Speaker: Skin Cancers of the Hand				

	Dr Rebecca Won	
2.35 – 2.45 pm	<i>Scientific Paper:</i> A smarter 3D printed prosthetic hand with steel grasp/release mechanism? Results from a pilot study Lisa O'Brien	
2.45 – 2.55pm	<i>Clinical Paper:</i> Using what we know, better: Targeted Hand Therapy Treatment following Surgical Intervention for Dupuytren's Disease Rosie House	
2.55 – 3.05pm	<i>Clinical Paper:</i> A 10 year review of outcomes following needle aponeurotomy for Dupuytren's Disease Karen Burford	
3.05– 3.20 pm	Importance of Note Taking from a Legal Perspective Andrew McKenzie – Principal Lawyer, Maurice Blackburn Lawyers	
3.20 – 3.30 pm	Question Time	
3.30 – 4.00 pm	Afternoon Tea & Trade Exhibition	Grand Windsor Ballroom
Session 7		Presidential Ballroom
4.00 – 5.30 pm	Live Stream Wrist Dissection Dr Libby Anderson & Dr Kevin Huang	
7.00 – 11.00 pm	AHTA Conference Party	The Fox Hotel
Conference Day 3: Sunday 20th October 2019		
8.00 – 8.30 am	Arrival Tea and Coffee	Grand Windsor Ballroom
Session 8		Presidential Ballroom
8.30 – 8.50 am	Invited Speaker: Complex Finger Fractures Prof Randy Bindra	
8.50 – 9.10 am	Invited Speaker: Fracture Fixation Dr Greg Couzens	
9.10 – 9.40 am	Expert Panel: CMC OA Prof Randy Bindra, Dr Elisabet Hagert, Dr Greg Couzens, A/Prof Anne Wajon & Wilma Walsh	
9.40 – 9.50 am	Invited Speaker: A clinician and Beyond: Launching Yourself into the Research Space Dr Lauren Miller	
9.50 – 10.00 am	<i>Scientific Paper:</i> Outcome following conservative management of metacarpal shaft fractures Brent Byrne	
10.00 – 10.10 am	<i>Clinical Paper:</i> Early Active Vector Adjustable Skin Traction for Phalangeal Fractures Jason Fairclough	
10.10 – 10.20 am	<i>Scientific Paper:</i> The comparison between thermoplastic and 3D printed figure of 8 finger splint in a health cohort of participants. Pearse Fay	
10.20 – 10.30 am	Question Time	
10.30 – 11.00 am	Morning Tea & Trade Exhibition	Grand Windsor Ballroom

Session 9		Presidential Ballroom
11.00 – 11.15 am	Invited Speaker: Overload and Recovery Chris Weier	
11.15 – 11.30 am	Environmental Sustainability Ngaire McGaw	
11.30 – 11.55 am	Tips & Tricks	
11.55 – 12.05 pm	Question Time	
12.05 – 12.15 pm	2020 Conference Announcement	
12.15 – 12.25 pm	Awards & Prizes	
12.25 – 12.30 pm	Official Close of Conference	
12.30 – 1.30 pm	Lunch	Grand Windsor Ballroom

***Program correct at time of printing and subject to change without notice.*