

The Center for Barefoot Massage Training and Use Agreement

The Center for Barefoot Massage and **FasciAshi™** is a barefoot massage technique created using deep tissue, myofascial release, trigger point massage therapy methods, movements and theories to improve the client's postural alignment, joint range, muscle responsiveness, overall myofascial and musculoskeletal function and health, as well as provide protocols for pain relief and stress reduction. As a practice, it is compromised as a set of unique and proprietary foundational and structural techniques, strokes and sequences, all of which include the use of massage therapists feet, body weight, gravity and overhead bar support while on a massage table, using lubrication to glide across the client's skin. It is the unique combination of these practices in deep, barefoot compressive strokes that comprise the core benefits of the technique, by engaging soft tissue

The Center for Barefoot Massage and **FasciAshi™** as brands are comprised of a proprietary set of trademarks, logos, and designs. These, along with its copyright materials such as handouts, manuals, posters, media, online resources and other intellectual property is and shall remain in full ownership of The Center for Barefoot Massage, LLC.

By attending our training workshops you will be a part of our professional family. As such, we have quality assurance and maintenance considerations to prevent mock-off instructional programs. It is essential that the purity of this work and the high-quality teaching standards established for this curriculum be upheld and honored for the continued respect of this lineage, as well as for the growth and support of our loyal FasciAshi practitioners.

By taking this training, you agree to the following:

- That only by becoming a Certified **FasciAshi™** Therapist, can you present yourself as a "Certified FasciAshi Barefoot Massage Therapist." Taking this training does not automatically certify you as a **FasciAshi™** practitioner and thus you will not imply that you are such, or any similar designation, in any material unless you have been fully certified, in any level, by The Center for Barefoot Massage as a certified practitioner.
- This training does not qualify or certify you to teach **FasciAshi™** within any environment where you certify or train others in any capacity to utilize these protocols, sequences, techniques or methods. Attending our workshops or acquiring our materials does not qualify you, or give permission to teach or present the **FasciAshi™** format, and thus you will not imply that you are such, or any similar designation, in any format unless you have successfully passed our instructor training program that leads to status as a **FasciAshi™** Instructor and have written consent from the creative forces behind The Center for Barefoot Massage, LLC.
- That you will not photocopy, publish, reprint, share or broadcast any materials from the training, in part or in whole, without the expressed written consent of its copyright holder, The Center for Barefoot Massage, LLC.
- Audio and video recording, as well as photographs of the class materials or techniques, are not permitted in any workshop.
- That you will not use the protocols and techniques within this training in any form of media without the expressed written consent of The Center for Barefoot Massage, LLC.

Student Name

Signature

Date

Jeni Spring / Mary-Claire Fredette / Paul Fredette

Jeni Spring, LMT

Mary-Claire Fredette, LMT

Paul Fredette

"The creative forces" behind The Center for Barefoot Massage, LLC & **FasciAshi™** Technique, February 21, 2017