



# SAFEGUARDING TRAINING



**VALUES:** **Safe** // Relevant // Biblical // Relational // Fun

**VISION:** Encounter << Equip << Empower

AIM HIGH • GO DEEP • LIVE WELL



## SOME DO'S AND DON'TS

### DO:

**Do** try not to be alone with a child or YP, if you do, let another leader know, keep in view or be in a public place

**Do** learn to control and discipline children well, without using physical punishment or by being aggressive

**Do** be careful in the area of touch, be sensitive to what is appropriate, even

### DON'T:

**Don't** make sexually suggestive comments to a young person

**Don't** use inappropriate or intrusive touching

**Don't** use scape-goating or ridiculing

**Don't** let children involve you in excessive attention (esp sexual or physical)

**Don't** invite a young person to your home alone or share sleeping accommodation with young people if you take a group away.

## FIRST AID, PHOTOS & FIRES

- Don't take photos or film without permission from the leader.
- Make sure you know the fire evacuation procedures for where you leading.
- We make sure that there is someone with First Aid training at every event. Every accident should be recorded in an accident report book.

## SOCIAL MEDIA, CONTACT AND MEET UPS

1. Always take the rule of trying not to be alone with a young person into your dealings with social media and communication. Try to communicate in public ways, on Facebook walls, in group messages, in public places.
2. If they ask to be your friend on FB or social media site you can accept them, but put them in a group where the privacy and safety is the highest on your settings. Don't go looking for them to add them, but wait for them to connect with you.
3. You are encouraged to meet up with young people outside regular sessions in a mentor capacity. However, always hold these meetings in public places, or if occasionally at your home, to not be there alone with a young person and to get the parents permission first. Never have them in your bedroom for any reason.
4. Try not to give lifts to young people, but if necessary, make sure the parent has been informed and, if possible, get them to sit in the back.



# 4 TYPES OF ABUSE AND THEIR SIGNS

## PHYSICAL:

- Injuries not consistent with the explanation given for them
- Injuries that occur in places not normally exposed to falls, rough games, etc
- Injuries that have not received medical attention
- Reluctance to change for, or participate in, games or swimming
- Repeated urinary infections or unexplained tummy pains
- Bruises on babies, bites, burns, fractures etc which do not have an accidental explanation
- Cuts/scratches/substance abuse

## SEXUAL:

- Any allegations made concerning sexual abuse
  - Excessive preoccupation with sexual matters and detailed knowledge of adult sexual behaviour
  - Age-inappropriate sexual activity through words, play or drawing
    - Child who is sexually provocative or seductive with adults
    - Inappropriate bed-sharing arrangements at home
    - Severe sleep disturbances with fears, phobias, vivid dreams or nightmares, sometimes with overt or veiled sexual connotations
  - Eating disorders - anorexia, bulimia

## EMOTIONAL:

- Changes or regression in mood or behaviour, particularly where a child withdraws or becomes clinging.
- Depression, aggression, extreme anxiety, nervousness, frozen watchfulness
- Obsessions or phobias
- Sudden under-achievement or lack of concentration
- Inappropriate relationships with peers and/or adults
- Attention-seeking behaviour
- Persistent tiredness
- Running away/stealing/lying

## NEGLECT:

- Under nourishment, failure to grow, constant hunger, stealing or gorging food, Untreated illnesses,
- Inadequate care, etc

# DISCLOSURES

If you suspect abuse:

**Do** ask the child open questions and report to a safe guarding officer immediately.  
**Do** all you can to reassure them and remember, you're the person they've chosen to tell.

**Don't** discuss with with other members of the church, not even for prayer.

**Don't** ask the child an outright closed question about abuse.

**A good way to question is to use TED.**

Tell Me

Explain

Describe what you saw/ what happened

**Never promise to keep it secret, and write it down as soon as possible, try to record it using the form that you'll find in the safeguarding policy. Tell the safeguarding coordinator as soon as possible.**

**If you want to report a disclosure that involves one of the safeguarding coordinators, report it to another one, or if in doubt call**

**CCPAS on 0845 120 4550.**

## SAFEGUARDING COORDINATORS

**ADAM FIRTH** 07890 261623

**(Safeguarding Coordinator)**

**CHRIS JACKSON** 07725 730 298

**(Deputy Safeguarding Coordinator 0-5s)**

**KATY HAILES** 07506 584 297

**(Deputy Safeguarding Coordinator 5-11s)**

**EMMA GAZE** 07714 270 641

**(Deputy Safeguarding Coordinator - Youth)**