

SAVORY SPINACH SALAD

Ingredients

- 1 1/3 cups cooked **Einkorn wheat**
- 2 Tbsp spicy **brown mustard**
- 2 Tbsp **red wine vinegar**
- 4 Tbsp **olive oil**
- 1 **onion**, finely chopped
- 2 **yellow squash** (zucchini), halved lengthwise, then cut crosswise 1/4 inch thick
- 1 cup **button mushrooms**
- 2 cups fresh **baby spinach**
- 4 **scallions**, thinly sliced
- salt** and **pepper** to taste

Instructions

- 1.** In a bowl, whisk together mustard, vinegar, 2 Tbsp oil, salt and pepper.
- 2.** In a skillet, heat remaining 2 Tbsp oil. Add onion and cook until golden brown.
- 3.** Add squash, mushrooms, and spinach. Cook, stirring until tender. Remove from heat; transfer to a bowl.
- 4.** Add cooked einkorn, scallions, and vinaigrette; gently toss.