

***Not Your Mama's Abita Gumbo Cook-off 2020!***



# Town of Abita Springs

Art & Farmers Market invites you to

## ***Not Your Mama's***

## ***Abita Gumbo Cook-off***

Date: Sunday, January 26, 2020

Money raised will help pay for musicians at the Market in 2020!

Name: \_\_\_\_\_

Business/Team/Nonprofit Name:

\_\_\_\_\_

Contact Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Type of Gumbo: \_\_\_\_\_

***"Put your gumbo where your mouth is!"***

# ***Not Your Mama's Abita Gumbo Cook-off 2020!***

## **Contestants agree to the following terms with registration:**

- Bring only roux, rice, and roasted poultry/meat. Stock & gumbo must be cooked at the Trailhead.
- Must use at least one local ingredient and highlight all locally bought/grown products.
- Supply minimum of five (5) gallons of gumbo for tasting/judging
- Supply rice, cooking/warming set up, complete booth set up, fire extinguisher, and garbage can
- Teams are required to take garbage with them and to clean up their space
- Teams must sign a Hold Harmless Agreement (attached).

## **ABITA GUMBO COOK OFF RULES & INFORMATION**

- Event date: Sunday, January 26, 2020
- Time: 11 am to – 3 pm; be ready to serve at 12 pm
- Property open for set up at 5 am
- Judging takes place from 12 pm to 2 pm
- Each team must supply a minimum of five (5) gallons of gumbo and rice. May serve French bread or crackers with gumbo
- Each team must supply all cooking/warming equipment, fire extinguisher, garbage can, and complete booth setup. Electricity is available.
- Registration fee is \$25.00 per team. Download the registration form and mail completed form and check to TOAS, 22049 Level St., Abita Springs, LA 70420 or complete a registration form and pay by check or cash at the Market at the Abita Roasting Coffee table on Sunday, January 5, 12, or 19. Deadline to register & pay is Sunday, January 19, 2020.
- Admission is free for the community. Wristbands and Mugs will be sold for tasting for \$5 from 9 am – 2:30 pm.
- Drinks and desserts will be available for purchase and will be provided by civic and nonprofit organizations in Abita Springs.
- Market will have a farm animal petting zoo for kids.
- No other food items may be sold by teams unless they are approved Market Vendors.

***“Put your gumbo where your mouth is!”***

## ***Not Your Mama's Abita Gumbo Cook-off 2020!***

### **REGISTRATION & PAYMENT MUST BE RECEIVED BY January 19,2020.**

Registration forms and payment may be turned in at the Abita Roasting Coffee Table at the Market on Sunday, January 5, 12, & 19.

#### **RELEASE OF LIABILITY:**

I agree to indemnify and hold harmless Town of Abita Springs and its representatives from all cost, expense, and liability brought about by my participation in this event which is to benefit the Art & Farmers Market. I do hereby waive all claims for damage or loss to my person or property which may take place at this event. I hereby assume liability for any loss, damage or other liability from this event. I, \_\_\_\_\_ have read this information and agree to its contents. I have made a payment of \$\_\_\_\_\_ to Town of Abita Springs for this fundraiser. May pay cash or make checks payable to: TOAS, 22049 Level St, Abita Springs, LA 70420.

\_\_\_\_\_

\_\_\_\_\_

Signature of contestant

Date

#### **PRIZE INFO**

Market vendors will provide gift baskets to winners and an exclusive one-of-a-kind John Preble poster for Tasters' Choice and People's Choice 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winners. Additional prizes may be awarded. "Get your team together and cook the best tasting ***Not Your Mama's Gumbo*** in Abita". Compete for "Taster's Choice" and "Judges Choice" awards.

Tasters: Purchase your \$5 Tasting Mug & Wrist Band starting at 9 am! People's Choice raffle ticket are \$1 each! Tasting from 12:00-3:00. Judging at 2pm.

Questions?

Email [Market@townofabitaspringsla.gov](mailto:Market@townofabitaspringsla.gov) (985) 892-0711 Ext 7  
or Sandra Silfer at [sandraslifer@gmail.com](mailto:sandraslifer@gmail.com) or 985-285-3552

***"Put your gumbo where your mouth is!"***