

Friday July 26, 2019

Dear Supreme Court of Canada Justices,

- Continued from Part Three of Letter of Appeal for review of the James vs York University Human Rights Discrimination Claim.

At the conclusion of this correspondence are a series of questions for you to review and consider. Here are a few from the outset.

- With consideration of the Paul J James story – for citizens living behind closed doors in abject fear of their mental health condition being used against them. How do you advise them, most specifically those with substance use disorders? Would you steer them down the path to seek support? Should they?

## STIGMATIZATION

### Stigmas Consequence

*"Most people have good, honorable, humane intentions when interacting with their fellow citizens. If however, you want to turn admirable people into unwitting discriminatory, prejudicial, judgmental citizens then simply inform them you live with a substance disability. The metamorphosis is breathtaking and cutting, facilitated by profound ignorance and bias erroneously conditioned onto our psyches as normal behavior when in receipt of such information. Paul J James 2018*

- "To confirm human dignity is to reject discrimination, yet, the tendency to fall into discrimination is *"deeply rooted in the human psyche"*. **The Right Honourable Chief Justice Beverly McLachlin 2006**
- **STIGMA** Is a word with many strands of meaning. But then, it is not just a word with faceted meanings.

Stigma is also a word with devastating consequences.

- Only by ruling against discrimination can you reject stigma and only by rejecting stigma can you make it unfashionable. Once rejecting stigma is considered fashionable then you can begin to confirm human dignity onto those who should never have been denied it in the first place. Paul J James 2019
- The Stigma associated with Substance Dependence is out of control in Canada and on a Global basis. In Canada we should know better and aim to be better. Otherwise what possible chance do others in foreign lands have?
- As experienced through the Paul J James story Stigma is used as a ruthless weapon to ostracize, punish, scapegoat, belittle, patronize, ignore, intimidate, ridicule, defame, slander, discriminate against those who need the complete opposite.
- The man-made social phenomenon permeates every level of Canadian society causing ongoing destruction. From York University to other academic institutions, from Canada Soccer to the Canadian Media to individual citizens to the Toronto Police to those remitted to care for those in need of support to Canadian Lawyers to Canadian CEO's to sporting athletes.
- From Catharine Zahn the President of CAMH to social worker at CAMH Sheldon Parchment, to the Canadian Parliament to the Conservative Party of Canada to the Canadian Judiciary to former friends to President of Canadian Inter-university Sport Graham Brown, to Donald McPherson and Richard Elliot two talented Canadian citizens to Rhodes Scholar Bob Rae to Andrew Scheer to Jagmeet Singh, to Pat Santini the list goes on and on as it touches every nook and cranny of Canadian society.

*Confronting and Reconciling the Stigma of Substance Disability is therefore the pivotal challenge which must be undertaken in order to guarantee sustained positive change for future generations of our fellow citizens who through no fault of their own will be most susceptible to one day being assigned as a member of this highly oppressed segment of society. For the past three generations we have behaved towards persons in this unenviable group so poorly and inappropriately it now ranks as the most significant preventable immorality of our time". Paul James 2018*

- Canada should have known better. After all we tout globally, we are Comprehensive Progressive. We were warned in 2004/06 through the then Honourable Minister Michael Kirby of potential impending doom from substance addiction and all that it entails. Mr. Kirby back then had the nous and foresight to see that Stigma was the key to mitigating the harm – recommending the implementation of a national strategy to penetrate and quell it. But it did not happen with substance disabilities.
- A 2011 BBC documentary featuring Jane Elliot the famed schoolteacher from Iowa who produced the blue eyes brown eyes exercise to illuminate the attitudes of schoolchildren towards a subset of persons different from them. While the exercise focused specifically on race and therefore racism it can be applied to any oppressed group.

<https://www.youtube.com/watch?v=6MYHBrJIIFU>

- The two distinguishing features of the exercise were the inferior brown eyes reaction to the immediate poor treatment, bullying, patronizing, stereotyping they received and then the almost instantaneous change in the attitude of the students in the superior group which was vicious and unrelenting.
- In modern day parlance what Jane Elliot illustrated was the impact of the stigmatization of any exposed oppressed group. It illustrated the epitome of the destructive consequences of oppressed groups and the rapid metamorphosis which takes place.
- And what the Paul J James matter before the nation illustrates is the reality of being an exposed person with a substance use disability
- Using the same Index of highlighted persons along with all 101 stigmatizing moments you have a profound illustration of persons who can so easily trespass on the rights/laws of stigmatizing a person with a substance disability.
- And the CUTS can be enormously damaging to the person receiving them but as a society we are oblivious to the impact. After all, how can you explain the behaviour of CAMH - remitted to support and assist yet have proven how poorly they can behave?

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2017/09/21/101-Stigmatizing-CUTS-Honourable-Prime-Minister-Justin-Trudeau>

- Most purveyors of the stigmatization have not necessarily set out with such malevolent intent necessarily but even if it is based on pure ignorance and patronization the negative consequences to the receiver are the same.
- Scapegoating has been the power strategy of York University and their Associates in the Paul James matter since 2008 when Paul J James opened-up and sought assistance and support. It has been unrelenting but also breathtaking for the devastating psychological damage it has caused.
- If there were a stronger word than “brutality” to describe Scapegoating’s immorality and ubiquity I would use it. Brutality is not enough.

- Scapegoating is facilitated - not limited to – through, the cowardice of deceit, Ignoring Communications; Ignoring Reality, Patronizing, Blaming the victim, Denying Culpability, Insults, Denial of Truth, Collaboration, Slander, Defamation, Abuse of Power, Abuse in General.
- York University and “associates” have made great efforts to cover-up truth in this matter to the point they have willingly let a former employee physically deteriorate in his pursuit to access **Truth** and **Social Justice** from a position of extreme injustice the ultimate correction of which would be to the benefit of Canadian society as a whole.

Ignorance, Willful Ignorance, Pure Ignorance; Societal Stigma, Self Stigma, Organizational Stigma, Structural Stigma, Family Stigma, Peer Stigma.

## Stigmatization

Laggards – Stale – Weak – Economic Burden

*Immoral – Deceiving – Wilful Ignorance – Don’t Care*

vs

## De-Stigmatization

**Chic – Fresh – Strong – Revenue Generation**

***Moral – Supportive – Informed – Care***

## Stigmatization

- Stigmatizing someone is far different and exponentially worse from criticism, slander and defamation. While criticism, slander, defamation can hurt someone and even their reputations, Stigmatizing comments do all three and eliminate opportunity and employment into the mix. Stigma destroys lives. And when a group of individuals as a cartel take advantage of someone’s mental health disability they can "socially assassinate" that person completely. Unfortunately, that is what has happened in Canada to Paul J James.

**CAMH “CRACKS” DOWN. Thursday July 25, 2019.**

The irony of the **Toronto Sun’s** front page referencing an escapee from their facility with reference to crack cocaine use from court documents 3 years ago. The damage the media do in one foul swoop is unimaginable.

Which leads to the question. The Toronto Sun title and piece. Is it Stigmatizing or De-Stigmatizing? If Destigmatizing is a national priority, then the persons responsible at CAMH and The Toronto Sun for the title and thread **on this title alone** should be fired, immediately.

**Some serious leadership issues at CAMH.**

**Conservative Parties** around the world should begin to take responsibility for the oceans of blood they have on their hands.

This is not political and to be clear I refuse to jump on the bashing Doug Ford bandwagon. Never have I seen such family loyalty than Mr. Ford sticking by his brother Rob when he was obliterated. Over the past year I have also met a colleague of Premier Ford. Lovely man, genuine and so respectful.

They do, however, have it wrong with safe injection sites and cutbacks to respites. Like a cat swiping its shadow, a dog chasing its tail. They should be adding more funds not cutbacks. Imagine the cost inefficiencies before blue bins were introduced. What did we do with all the garbage before? The waste and economic burden? Imagine if each time a newly elected government changed the policy in this regard – on blue bins. Just the economics alone would be “wipeout type” embarrassing. Well it’s the same with mental health including substance disabilities. You cannot have one government going the correct way and the next government going the opposite. Playing roulette with the lives of those most oppressed and vulnerable. Its like watching Laurel and Hardy push a piano up three flights of stairs to the tune of lost lives, enormous suffering and throwing money from a wheelbarrow down a drain.

Like HG Wells and Dr Bruce Alexander I am poisoned from the way the world operates – how illiterate and/or evil we can be on the subjects which should matter most. Bad Partisan politics **have absolutely no place** when it comes to **Climate change and the Mental Health of a Nation**. Canada needs to be better in these areas. At the very least for the next generation who face enormous impediments.

### Ongoing consequence of the Stigma of Drug Addiction

Please research PHD efforts on the Stigma of Drug Addiction. There is a dearth of information. From what little there is you will find persons exposed:

- Lose control of decisions because others take them away from you
- Family Stigma is one of the worst negative consequences of stigmatization
- Going to Rehab metaphorically is like being tasered. Highly Stigmatizing
- When a person is stigmatized. The further they retreat from sources of the pain

Persons like Paul J James have very limited ability to control things. No freedoms. We feel like animals. Prodded. Poked. Whipped. Raped. The York University governor whom was caught stating “then make him suffer more” has gotten his wish – a life ruined from what it should have been.

## Friend or not a Friend?

### Stigmatization

Here is an email I sent and received to and from a “supposed long-time friend” whom took me out to breakfast recently. Only the third time I have seen him in 30 years. I felt so embarrassed at his indifference, rudeness, patronization and criticism at the meal, when I arrived home, I sent him out of “insecurity” an email of support from Mike Bourassa from British Columbia (provided under quotations). My friend’s response you can see. I then sent a reply which he hasn’t returned. It along with all else prior to this, establishes how devastating stigmatization of the issue is.

- From Paul to “Friend” after uncomfortable breakfast

Thx again for breakfast.....below ironically is an email from Mike Bourassa from Victoria BC - two weeks ago -.....outlining Josh Simpson and Rob Friend.....too former National World Cup players.....

"Tell him that \*\*\*\* said "tell me something I don't already know about he's preaching....and btw make sure ur head doesn't swell u cunt....

## My Reply

"and btw make sure ur head doesn't swell u cunt"

your honest with me.....so i need to be honest with you \*\*\*\*.....the above statement you will say you were only joking or I'm too sensitive.....but sometimes we get our timing wrong when we joke.....or just get it wrong.....

its your "chimp" writing, not \*\*\*\*...sometimes playing the devils advocate can be so ingrained in a persons DNA they unwittingly condition themselves to never seeing the other side...no matter what I say or do you always take the other side....or joke

if I were living a normal life back on my feet and we were on the plane to England then it would be more palatable but even then it would be something I would not expect at this time.....its not ego why I send it or mention some of the positive achievements....its to stick up for myself based on your comments.....even with good caring friends.....

better response surely would be...."that's a great support letter Jamesy".....just what you would write about Bielsa...only this on a human stigmatized issue of such gravity....

here's the New York Times feature I told you about.....check the photos....its all to do with poverty....we of course are not as bad in Canada just much more sly, less overt but the same result we assassinate our citizens it just takes longer.....

just saying \*\*\*\*...you know i care about you and appreciate all you have done...

- Had the friend responded either way to the final reply then some thing positive could have been achieved....it is what it is to be engulfed on a social phenomenon so stigmatized.

## Stigmatizations

### Devastating Consequences From ALL Stakeholders

- **A decade on in October 2018**

*Paul is worse off in every facet of his life. 55 years of age; unemployed for 10 years; applied for over 100 jobs including soccer positions without an email in response; accumulated six figure debt; liquidated all RSP's, retirement savings and modest pension to fight the social injustices he has faced; liquidated two homes; has experienced periodic homelessness which now in 2018 is permanent; personal privacy has been obliterated; defamed; ridiculed more than ever; complete loss of social status and identity; no contact with former friends and associates; faced extraordinary humiliation; referenced as Dickhead, Crackhead, Crazy, Junkie; scapegoated as mentally ill when it suits the agendas of others including the hunger strike protests, turned down to coach a local boys U17 soccer team in 2013 - the President of the club stating, "the problem is when parents Google your name they see more bad than good"; rejected as a candidate to coach a local U15 boys soccer team in 2014 - in spite of parents lobbying on mass to the technical director of the club stating they wanted Paul James as the coach. The Technical Director remarked, "no chance, he wouldn't even*

*pass a police check" - Paul had never met or spoken with the person; he has worked as a house cleaner, dog walker, volunteer at Covenant House; coached 8 year-old house league level players, has been an addictions coach, raked leaves, delivered flyers, and shoveled snow, in all, earning a total net income of less than \$70,000 over a 10 year period;*

*In addition Paul James has been scapegoated through appalling deceit and errors of others including through the Canadian media most recently the Toronto Star's deliberate pre-meditated victimization and false narrative of the Paul James circumstance including inappropriate vindictive reference to his former partner Ashley Kelly; a CBC written blog which included the pejorative false labeling of Paul as a 20 year crack addict; along with the National Post colluding with York University and the Canadian Judicial process on the false ruling on the merits of the case which was not before the court.*

*Most egregious Paul has embarked on nine hunger strike protests in order to bring attention to the stigma of drug addiction, yet no politician or Canadian media outlet has addressed his story with the dignity, respect and truthfulness it required. Rather he has either been blanketed with being ignored, or brutally defamed, slandered, scapegoated and ridiculed surrounding the theme he is mentally ill, suicidal, with an active substance addiction disability which is out of control. Yet when persons with malevolent intent contacted CAMH to intervene the institution respectfully and correctly declined, stating the hunger strikes were a personal legitimate decision.*

## Stigmatizations

And the list below highlights just a few of the other names responsible for obstructing justice over the past two and half years.

### Mud Wrestling with Elephants 21 "Tricksters" used to Scupper the End the War on People Campaign Cast of Characters

- **York University/McCarthy Tetrault:** Malcolm Mercer, Lisa Constantine, Sarit Batner, Rick Waugh, Maureen Armstrong, Harriet Lewis, Rhonda Lenton, Mahmoud Shoukri, Jenn Myers, Shelia Forshaw, Bree Carr-Harris, Jamie Teixeira, Carmine Isacco,
- **Toronto Star:** Mary Ormsby, Adam Vaughan, Bob Rae
- **National Post:** Anne Marie Owens, Tristan Hopper
- **Canada Soccer:** Nick Bontis, Pat Santini, Victor Montagliani, Steven Reed, Board of Directors of Canada Soccer Jason Devos; Andrew Oliveria
- **CBC:** Alexandra Sienkiewicz
- **Barry Swadron** (Osgoode Hall), Randy Ragan (Osgoode Hall), Scott Weinberg
- **JP Savage**
- **Richard Elliot** (Osgoode Hall)
- **Jason Bogle Law**
- **Sonja Cori and CAMH**
- **Tess Sheldon** (ARCH Law)
- **Adam Vaughan** Federal Liberal MP
- **Canadian Press:** Stephen Meurice and Colin Perkel
- **Bill Ilkos:** Michael Barcelos, Patrick
- **Telephone Box – The 8 Hour Man**
- **HRTO, Divisional Court of Ontario, Ontario Court of Appeal, Supreme Court of Canada**
- **Bob Rae** Humanitarian
- **The Right Honorable Prime Minister of Canada:** Justin Trudeau
- **Andrew Scheer & the Conservative Party of Canada; Jagmeet Singh & the NDP, Elizabeth May & the Green Party of Canada**

# Stigmatizations

## From the List – Among Many

- Three PJJ supporters, two pit bulls Kevin Tierney and Mark Purdy and one guru of calm Tom Panhuyzen go meet Maureen for exploration of resolution. For two weeks she communicates about “any discussions” can only be on forward moving initiatives and it will be fruitless to discuss passed legal items. All appears modestly hopeful then hours before the meeting Maureen sent an email to me which was cc’d to the others requesting, I sign off on the release of my personal file. The serpent of evil reared its head again. Do you sign off on it or not? I stated in an email no. There’s no relevance. Six months later Maureen sent an email to Kevin Tierney when I’m now onto my seventh hunger strike stating I didn’t sign off on the release of my personal file. It was a Singapore episode type thing again. Either way it gets used against you. York trying to create wine from nothing. Not even water. The evilness of Maureen’s superiors knew no bounds. A lawyer trick. I suppose a kind of high five dirty tricks move. When the meeting finally takes place. Maureen suggests York would pay for rehab. Now using a coined phrase, in the words of JP Savage (below), she/he stepped on a “land-mine”. The ultimate scapegoat of the hunger strikes. Also, so ignorant to what rehabs are. We assume they work. They don’t if you categorize them as facilitating abstinence. And in the Biopsychosocial model of understanding the process without the social (employment, purpose, non-isolation, dignity and respect) being taken care of the other two are very difficult to fully correct. A dirty trick and a land-mine meeting. After then spending the rest of the hour discussing the legal case with the three guys in bad faith to the agreement beforehand, she lost all credibility. I was not there so she could manipulate. End of resolution discussions more ongoing pain. York University tacitly stated their non-intention to take ownership of their responsibilities and displayed another undignified incomprehensible approach based on what was happening before their eyes.
- **Sonja Cori Missio (“Health Investigator”)**

Contacted PJJ out of the blue wanting to recommend me for CAMH’s 150 top persons for impacting Stigma. We met for a pizza. I told her thank you but I was not interested. She mentioned she was a health investigator her sudden snake eyes piercing as if she knew something I didn’t. She was also contemplating writing a book on mental health and was wondering if she could write a chapter on myself - which was no problem. She was very pleasant but something was not right. On a third communication I asked her if she was working for the other side. Her nano-second too long delayed response was, “not that I know of”. Wrong answer. I never heard from her again and she did not turn up to the PJJ supporters meeting which I had invited her to which she stated she would attend.

### **JP Savage**

JP was an interesting blend of niceness, smarts, rigour, resilience but also a very strong element of corporate psychopathy. High emotional intelligence. Left me with some funny moments. Like when I called him about Maureen Armstrong’s behaviour in the meeting with Tom, Mark, and Kevin. I gave him the Alex Ferguson hair dryer treatment not on JP specifically but the insults from Maureen. After about 3 minutes of a land mine explosion I wait for a response and there is silence. Then JP softly chirps in, “look, its a start”. And with that he hit another land mine. I liked JP and again his emotional sense was very impressive. But it was a charade to protecting York. I was living on the street when I was meeting him. Its the terrible mindset that we have regarding the injustices of dealing with substance disability people. “Well lets help you get back on your feet. Social housing, disability payments. Rebuild your life. Advocate. No!! How about we have a system, so we don't have to rebuild our lives. And a system that if you treat a person in an unequal, unfair way through discrimination then you are held accountable immediately. The Modus operandi of JP was to delay, delay, delay for York University and he did a good job in that regard for them. A tough opponent because he was a likeable actor. Came to an end in the fall of 2017 when I almost didn't make it and

it was to obvious, I was getting the run around to no where. He says he didn't know who Maureen Armstrong was and then his phone rings and it was her.

## Canada Soccer

When the CSA intervned and came to Toronto there was a mis-trust factor after the 2015.Seven-minute phone conversation with Victor and Pat.

The CSA offered to fund an analysis of my claim for a very modest amount through a local Ottawa boutique law practice. I knew the person because I had researched him years earlier. An expert in Supreme Court of Canada matters. It was an easy set-up though. I say thanks ok. The lawyer looks at file and says no. Everything goes away for York. Same as the Barry Sawdron from Osgoode pitch. I counter the CSA's "kind initiative" with a proposal to double the amount which would have been no more than the GO-Fund me contribution they were willing to give months earlier. Then I could get a second opinion with a lawyer of my own choosing to make sure it was credible and fair. I also stated the amount should be as a pay back loan and not charity. It was a test for the CSA to see if the original proposal was honourable. The rationale was simple and comfortable as even to a lay person it made sense based on above board integrity. The CSA turned it down. Back on hunger strike. CSA say, "well we tried".

Learned later through Sean Myers who approached a Canada Soccer Board of Director for many years - about the Paul J James matter. She had heard nothing about it and didn't know who Paul J James was.

- **Barry Sawdron May 2017:** "You are clearly mentally ill on your videos hunger striking"
- **Scott Weinberg May 2017:** "get off your couch and stop wallowing in self pity"; "go jump in Lake Ontario"
- **April 2019:** Four Hundred Kilometer Walk Toronto to Ottawa
- **TSN Filming**
- "He began using crack cocaine as a college soccer coach in 1998". "In 2016 he became homeless".
- "Do the statements Stereotype? **Yes blatantly!**
- "Was the piece stigmatizing or destigmatizing? **Stigmatizing to the core**
- "Were the statements accurate? **NO.**
- *I request the video is taken down after three days once the 400 km walk had been completed.*
- Mike Young multi-EMMY winner.
- **"I am out of the Paul James business. Goodbye".**
- The fatal evidence of something off centre. Sun Tzu compromising is one thing. Compromising on falsehood stereotyped language defeats the purpose of the whole cause. I was homeless as a choice to fight the cause. Stitching both sentences together fit to the psyche as alluded by former Chief Justice of the Supreme Court of Canada. Crack Cocaine – became homeless. Needed to reject that in the TSN piece.

"To confirm human dignity is to reject discrimination," Yet "the tendency to fall into discrimination is deeply rooted in the human psyche."

Unfortunately, Mike Young and Kelly Kidwell highlighted that once an exposed person decides on something – which aggrieves others – then you can so easily be rejected.

## De-Stigmatized Group

**Chic – Fresh – Strong – Revenue Generation**

*Moral – Supportive – Informed – Care*

- The following persons who have supported and followed the cause and thread at varying times over the past three years.

There are simply no words I could conjure up from any thesaurus or dictionary which could describe to you as Supreme Court Justices the significance of the support of all the persons. The highlighted citizens went a step further funding, housing and putting their names out in public for the benefit of PJJ and by association millions of others.

Phil/Marjolaine Wilson, Sharon Bearpark, Leslie Wilson, Tracy Vaillancourt, Kevin Tierney, Laura Arduini, Tony Waiters, Tracy David, Marjolaine Wilson, **Peyvand Mossavat**, Gina Kripotos, **Chris Williams**, **Randy Samuel**, Mike Bourassa, Nick Dasovic, Phillip Rudd, Nigel Palmer, Michael Brinkworth, Gary Singer, Steve Williams, Pierre Hogg, **Tom/Heather Milligan**, Michael Redmond, **Paul Peschisolido**, Pat Raimondo, Pat Cubellis, John Vidovich, Sonia Henri, **Trevor McCallum**, Andrew Jefferson, **Mike Young/Kelly Kidwell**, Richard Bucciarelli, George Bello, Chad Michael Toshack, **Stuart Larman** Beaulieu, **Justin Thompson**, Michael Pimentel, Ivan Rapa, **John Reznik**, Lucio Ianiero, , Heather Stuart, Vac Verikaitis, Jorge Sanchez, Lyndon Hooper, Michael Babcock, Mark Kelley, Michaela Koller, Neil Davidson, **Tom Panhuyzen**, Mark Purdy, Mark Tewksbury, John Parsons, **Filipe Bento**, Even Pellerud, Stephanie Junkin, Kristy DeVries, Paul Nelson, John McGrane, Stefani Vescio, Steven Bottjer, Paul Abraham, Abdul Salick, Ruben Baler, Nora Volkow, Catherine Ciarallo, Cathy Martin-Doto, Raymond Perkins, Kellie Mildren, Simon Keith, Scott Barker, Danny Correia, Jane Morris, Sarah Fiorini, Fenlon Brodie, Robert Gallo, Bob Graham, Declan Hill, Nino Pannozzo, Marco Pannozzo, Orville Reynolds, James Easton, Alicia Donaldson, Nino Adamo, Nicole Campbell, Cameron Walker, Douglas Sereti, Jeff Bierk, Rick Basnett, Simon Barker, John Coyle, Jennifer Clarkson, Cosi Commisso, Ian Clarke, **Rick Evangelista**, Andrea Kelly, Ashley Kelly, Chris Palmer, Tom Harrington, Barry Maclean, Linda Perlis, Robert Dunn, Felicia Turone, Ralph Ginese, Brian Quinn, Frank Barbuto, Michael Gibbs, Frank Lufuria, Kavan Howell, Danny Finnegan, Steve Belge, Robin Chan, Scotty Armstrong, Mario Oliveri, Dr. Gabor Mate, Gary Miller, Damian Goddard, Johann Hari, Noella Houle, Tristan James, Young-In Kim , Ian Bridge, John Sozio, Jim Panno, Charlie Theuma, Kasy Kiarash, Josef Komlodi, Joe Muldoon, Len Vickery, Brett Mosen, Rosie Posca, Chris Pozniak, Jose Valdes, Anne Waiters, John Williams, Nicole Zajac, Martin Monte, **Bruce Wilson**, Bob Lenarduzzi, Peter Malakoane, Kevin Muldoon, Frank Woods, Barry Crocker, Nick Gilbert, Niall Thompson, Josh Simpson, Rob Friend, Branko Segota, Dave Ashfield, Paolo Ceccerelli, Eddy Berdusco, **John Kennedy Fitzgerald**, John DiPasquale, Bryan Rosenfeld, Aaron Massey, **Ryan Gamble**, **Frank Woods**. Martin Monte, Rose Posca; Bruno Carusi.

- **April 2019 to TSN.** “Please take the video down”. They did within hours. A positive destigmatizing moment.
- **Kevin Tierney and Peyvand Mossavat** apply incognito the name of Paul J James for the University of Toronto Master Soccer coaching position in November of 2018. I retract the application within hours. Bob Rae sends them a text stating “he would never have gotten the position”. Not so Stigmatizing because of the good/quality intent behind their decisions. Their reaction to the decision to retract was nonconditioned so supportive. Whether they agreed or not they just went with what I did. **De-Stigmatizing!**

Personally, would have been so happy to have attained the U of T Master Soccer coaching position. Not without justice, however. That helps no one. And nothing changes for PJJ as a coach. Walk into changing room same as walking into Mooredale. Make a decision someone feels aggrieved at – crack is floated – and even if its not the self-stigma of the potential threat is not worth it. The indignity of the disrespect from coaching players. The Toronto Star not removing the piece solidified yet another a “controlled RUSE” from the other side. In combination with YouTube video highlighting my weight hovering at 130lbs and on a freefall and then the company recycling the views done to zero every time it hit 11,000 instigated the decision to embark on Suicide RUSE to prove hunger striking was legitimate protest. Dreadful circumstance.

- **Liberal Governments Website under the Stigma of Mental Health (Substance Use/Dependence)**

A long way to go but language is at least changing. Must graduate to: persons Stigmatized are not just sensitive and/or numb to being called a drug addict, crack addict, junkie, smack head, loser, Ill, diseased, the C.... word, dirty.....being told to stay well...good luck in your recovery.... **we are as offended as would a black lady being labelled pejoratively the “N” word...or Gay man being called the “F” word**

- **“DB”** The person who delivered the note to self: never hire a crackhead comment. No one comes close to the level of apology which this person delivered. It was the opposite of being tasered/struck by lightening, it was like stardust, sugar and honey.....like scoring a goal.
- **Toronto Police December 2018 – so good so respectful, professional engaging and fair.** I was nervous trying to pull off the RUSE but they understood.
- **CAMH same respect shown** by staff not judgmental – Psychiatrist was cheeky saying I had obviously a lot to say – PJ was confused at the beginning, but I calmed him down.
- 2017 King City Soccer Club – hired me almost instantly to conduct some training sessions after the January 2017 first public hunger strike. Kevin Tierney – got the ball rolling.
- 2017 Not only hired by Unionville Soccer Club to coach a team but treated with such kindness. Paul, Felipe, and Don the main soccer club gurus. When I left after two months to keep the protest full throttle – Felipe summed it up correctly, “your destiny now is something different”. As much I didn’t ever want that to be the case. He was right.

# Paul J James

## Substance Disability

*"Oh Paul. Where was anyone over your lifetime to have professionally assisted you"*

*Jane Morris Editor Cracked Open 2012*

- When you are not comfortable in your own skin you develop an awkward personality in some aspects of your life. Had I have been different and more comfortable then some relationships would have been easier, and I would have been at times less "clumsily awkward".
- Reached the level of substance disability because of a constellation of factors which made me susceptible to social isolation.

Not any one factor but rather the convergence and alignment of them. Innate personality was highly strung, a little nervous and insecure; childhood upbringing and environment; life traumas, concussions, professional employment decisions, poor income streams, and others.

Paul John James

*A Normal Person with a Diagnosed Substance Disability*

## Chimp Paradox

Dr Steve Peters/Sigmund Freud

Human/Ego    Chimp/Id    Computer/Superego

Human    Paul    rational thinker, conscientious, problem solver, planner

Chimp    PJ    nervous emotion, very high energy, sensitive, passionate, aggressive

Compass    Monkey    conscience to care, ethical ethos, honest, hard working, insecure,

- Always followed the path of **most** resistance in my professional career. Happy I did from a competence perspective. Wished I had carved the ability to address the missing elements in my life through understanding that, I had bonded so tightly with my career – which permitted Paul J James to avoid addressing the need for the maximization of bonding with a lifetime partner.

Importantly also, I reached the level of substance disability because I went to see a doctor to get diagnosed. Once I did that, I could be labelled the pejorative drug addict. It was a mistake to be diagnosed when it should not have been a mistake. We have definitions which are too broad for all peoples.

- Using Maslow's Hierarchy of Needs as the guide, not having a partner in my life was the core bulls eye reason for social isolation and therefore eventual dependence, facilitated by an inability to socially bond effectively. And so I bonded with my passion and career. But it was not enough. You need both as main determinants of good health if you are already susceptible.

The psychological need/gap in my life was filled with the substance I would eventually but "accidentally" find through an impaired choice. Regular use as a result of a learned behaviour is absolutely a choice. But it is an impaired choice. It is what it is to have a mental health disability.

Jane Morris the person who edited Cracked Open on a recommendation from Dr. Ruben Baler a Neuroscientist from NIDA in Bethesda, Maryland wrote to me at the conclusion of her work stating,

*"Oh Paul. Where was anyone over your lifetime to have professionally assisted you".*

Of course, I wish this was a dry run and we could go around again. Wish I knew then what I know now.

- Irrespective I am a human being. And substance disabilities like other health conditions are human conditions, deserving the protection of human rights. On behalf of millions of others who have or who are facing the same circumstances I say to the Honourable Supreme Court; our human rights have been obliterated. They do not exist.

And therefore, my life circumstances today when factored in with the lethal stigmatization of the social phenomena of substance dependence, equates to negligible opportunity and significant oppression and abuse. The lower the social class and standing the nearer to hopelessness one gets.

Millions of Canadian citizens have been subjected to similar paths to Paul J James over far too many years.

- Without immediate social change it will not only continue but it will get worse as the millennial's face significant impediments to their future well beings including being vulnerable to social isolation and dysfunctional social bonding, an innate human need.

It is well documented by now that the consequences to myself as a person and the soccer career I spent a life-time building have been catastrophic. I have been unable to live as a normal citizen for over a decade as each of my human and civil rights have been mercilessly eroded with absolutely no redress, just further recrimination. One after another.

- All combined it is what makes the Criminalization of substances an absolute catastrophe of immorality. Lack of experience, nous and *"leadership grit"* to get to the Truth and then fight for its implementation has cost millions of lives and unimaginable human suffering.
- **As alluded earlier no Conservative government** can in the year 2019 win the debate of criminalization and should be considered totally reckless, irresponsible and cruel if they try. Conservative governments have been **afforded one hundred years** to prove that societies can effectively legislate what a person ingests into their bodies. They have proven unequivocally societies cannot. You will never be able to legislate what a person ingests when it provides and or solves a human need.

Energies should be shifted at quantum lightening pace from the antiquated language and methodologies of doing things, to more humane, realistic and correct strategies based on the evidence. And the evidence is that substance disabilities are not crimes, illnesses or diseases. They are psychological behaviours with a physical component which at times can lead to illness and or disease. They can be recovered or stabilized permitting persons with substance disabilities to live with their conditions and still be productive members of society.

People Want and Yearn for Truthfulness – because with truthfulness comes progress, and access to information with the correct guidance.

- Canada cannot fight a military war, but they can and do bravely aid others in fighting theirs. Where Canada can lead and be great is in the fight against the War on People contributing more than any other country in the world towards ending the most destructive immoral war since the beginning of mankind.

## Summary

### The "Blinking" Questions That Matter

My name is Paul John James.

I am a normal person with a diagnosed substance disability.

**Genuinely.** Paul J James could use Crack Cocaine (the free basing of cocaine) today, wake up tomorrow, run seven miles, conduct – professionally – an eight-hour workday and speak in front of a large group people who would not notice.

#### How can we know that Mr. James?

Even in the worst stigmatized trajectory of use I did so. 1998-2009 the most successful period of my life. From August to November 15, 2009 I coached (led) the York University women's soccer team with no assistant coaches. We won an OUA West divisional title and then an OUA Championship as highlighted previously. The champions of women's soccer in the province of Ontario competing against 17 other universities.

In addition, I wrote for the Globe Mail weekly during that same period including the following article.

#### PAUL JAMES

The Globe and Mail

Published Monday, Dec. 07, 2009 10:12PM EST

Last updated Thursday, Sep. 06, 2012 3:44PM EDT

The unanimous decision by the Canadian Soccer Association's board of directors to hire Stephen Hart as Canada's national men's coach is not what you would call a brave or gutsy decision.

Apparently, no one on the board has read the recently released *Soccernomics* by Simon Kuper and Stefan Szymanski, which, among other things, outlines through statistical analysis why western European countries tend to dominate world soccer. Canada, which Kuper states "shamefully underperforms considering their wealth as a nation," is ranked in the book's top 10 of underachieving soccer nations.

Considering the book's premise - including the exchange of soccer knowledge with western European nations - it is unlikely Kuper and Szymanski would approve of the decision to hire a Canadian coach in the ultracompetitive and sophisticated world of international soccer.

They would most certainly purport to an exchange of knowledge from western European soccer coaches as the way forward. Nevertheless, to balance the scales a little, both Kuper and Szymanski would find it difficult to understand the unique landscape of Canadian soccer, as there is no other country quite like ours when it comes to soccer. A limited professional infrastructure, geographic impediments, comparatively small soccer culture, and the parochial, territorial, protective nature of the soccer industry itself would dent their overall hypothesis significantly.

Even the best of outside soccer coaches would find the Canadian challenge like no other on the planet, but at this stage and after considering Dale Mitchell's capitulation, the choice to have gone foreign would surely have been more logical, even to the layperson.

Unfortunately, in electing to go with Hart, the CSA is once again appeasing what the transparent segment of the Canadian soccer market wants. The small yet vocal group of pro-active fans, and certainly the current crop of national-team players, are in favour of Hart's hiring. This positive support, while it will at least buffer some of the nasty criticism that accompanied the Lenarduzzis, Mitchells and Osiecks of the world, will not last forever. The decision to hire Hart is a poor one and is doomed to fail.

The role of a national team coach is not to gain the title of having the best winning percentage, as the CSA media release painfully outlines for the likes of Tony Taylor and Stephen himself. It is about guiding your team to the World Cup finals.

It is ironic that the one coach the CSA cannot use in its faux pas of highlighting winning percentages to justify its cause, is the one and only coach who qualified Canada back in 1986 - Tony Waiters.

Careful perusal of Hart's record at the under-17 level is proof that qualifying a team has not been quite so easy for him. In fact, 0-3 is all the proof you need to have question marks.

The Gold Cup performances have been positive and his ability to create harmony amongst an awkward group has been admirable.

However, the test is really having the ability to get your players to "fight" at the right time, and in this area the questions should be asked about whether Hart can get the job done.

The gulf between Gold Cup games and World Cup qualifiers in terms of pressure, intensity and maturity is a big one. A nice-guy approach with tactical smarts will serve him well until the point when the money is on the line. Without an edgy approach that comes from an edgy personality it is difficult to fathom how a well-liked nice guy like Stephen Hart will get blood out of a stone from the group of players he selects to get the job done.

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*Three years after this article was released Canada lost in Honduras 8-1 in the final group match to determine who would qualify for the final round of World Cup Qualifying Games.*

*The relevance here is three-fold: **one:** that I could perform my duties irrespective of a substance disability at a high level of competence and **two:** that because the community knew of my mental health disability with regards to crack cocaine, they could unscrupulously use the information against my professional and personal well being: **three** I liked Stephen Hart he was a good soccer brain and I always thought he was respectful to myself – I was just being honest. In the end I left the G/M in part because my honesty with being so direct on analysis harmed me with persons I cared about and respected. Dale Mitchel a former teammate.*

"How can you take seriously someone who took money to throw a game for Canada" **Canadian World Cup Coach Stephen Hart 2011** after I wrote the Globe and Mail article".

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Were you clean during this period Mr. James?

Normally, I am offended by the question. With consideration that it is stated “posthumously” of the events you refer then I can add. It is inappropriate with consideration of the misalignment of Section 15 of the Canadian Charter of Rights and Freedoms and political legislation. It is “illegal” – although present day de-facto decriminalized – to be in possession of a Class A substance yet is not illegal to suffer from a bona-fide substance use disorder.

Below, is a comment from the *HRTO 2014 Request for Reconsideration*

“Antiquated language, which discriminates a person suffering a substance use disorder from a person suffering other mental or physical health issues – clean/dirty as opposed to well/unwell; hiding illness as opposed to having the human right to keep personal illness/disorders private”.

You are not the first persons to ask this rhetorical question. As you are aware substance use disorders are protected as mental disabilities under section 15 of the Canadian Charter of Rights and Freedoms. What the Paul J James matter proves unequivocally however is that the Charter reality has not filtered down to Canadian society and those in positions of power and authority have taken extreme advantage of those exposed, infringing and abusing the human rights of Canadian citizens over many years.

**I could answer the question in jest:**

I showered every day – as I do now – even when I have been living on the street, I still abide by cleanliness protocol. My shoes and clothes sometimes smell because of the rain and soggy areas and I have not been able to wash them.

But you were ingesting crack cocaine during the period in question?

Yes. I entered Rehab in November of 2009 after travelling to England and paid a significant amount of money. I was professional in my dealings with York University players and staff and was responsible regarding my health. At the conclusion of this documentation there are quotations from former York soccer players who give their candid assessments.

How were you able to do that Mr. James? We are under the impression Crack Cocaine is highly destructive and addictive?

Thank you for asking an important question.

Let me address the use of the words Crack Cocaine – with a reminder that the “words of terror” which still ignite schizophrenia in others, were stitched together to oppress and stigmatize, at the time, already highly oppressed groups in the United States some 40 years ago.

Recently on the Long Walk back from Ottawa to Toronto I read in the Ottawa Sun a piece on Crosby, Stills, Nash and Young. Still’s reference to free basing cocaine illustrates Caucasian hypocrisy. We found a way of making it ‘Chic’ sounding for us white folk.

*“We are under the impression Crack Cocaine is highly destructive and addictive”.*

Please do not mis-interpret the stance. I do not condone its use.

That said, let me pitch it back to you. Do you not find it rather odd that with reference to CBC and elsewhere where I am labelled a 20 year Crack Cocaine addict – that I am still alive and kicking after two and a half years of highly restrictive eating; living on the street; penniless; significant psychological stress from all that has happened to my life – social injustice faced et al.

What for example is the true definition of what a crack cocaine addict is? And what about a 20-year crack cocaine addict? If you asked a lay person in the community, the definition will not coincide with the TRUE Paul J James narrative.

Similarly, with inappropriate language and definitions. What is it to be “clean?” If you use a substance one day and not the next are you “clean”. What about someone who purports to have been “clean” for ten years and then they use – pejoratively defined as a relapse. Are they back to zero and “dirty” again?

Okay Mr. James you are still avoiding the Question?

No. Not avoiding the question. Just provoking thought in order to pull from you the right questions.

Let me reference Dr Simon Gossop from Kings College in England. His book *Living with Drugs* highlights among many nuggets of truth – the word composure. Realty is you/we will never stop citizens from ingesting a substance of need. We cannot effectively legislate against it. Not now. Not a century ago and not in one hundred years time.

It is about time we understood that concept for all substances not just Opioids and Marijuana.

We are now more composed about Marijuana to the tune of Billions of dollars – the leader in the world on reversing a negative net sum into a fortune at breathtaking speed? And the alleviation of much suffering.

There is no denying the Liberal Party of Canada and their government knocked it out of the park with their resilience in getting legalization ratified. It is Canada’s greatest achievement thus far in the twenty first century. A testament to Canada’s ethos and ideological position of being Comprehensive – Progressive.

The Paul J James matter however is a hidden stain – replicated through millions of others who have faced a similar set of circumstances.

Mr. James, what then are the questions we should be asking?

Two initial questions. And then a follow-up on understanding the truth of this subject matter.

Why did/do you use your substance of need?

What does it give you?

**And then...a series of follow-ups**

## Why Mr. James did/do you use the substance Crack Cocaine?

Initially it was by accident. And the reason for the accident and then the gradual, progressive and chronic use was because of Loneliness – Social Isolation. The second layer of Maslow's Hierarchy of Needs. A Psychological Gap. An essential human need. *No partner in my life and no realistic strategic pursuit of one because I had unwittingly bonded more with my career.* And then this approach was conditioned over many years through taking on difficult work assignments that were impossible to gain success without the over commitment of working hours to the detriment of over all health and well being.

The reality is Dr Bruce Alexander 40 years ago was correct with his Rat Park findings, observations and knitted conclusions from further personal analysis. It is painful to say he was right because of the unquantifiable damage and suffering that could have been prevented had those in power taken his finding seriously. The Paul J James story and by association millions of others hidden over decades prove the honorable doctor to be right.

Here is further clarity reality in a nutshell from analysis, research and connecting the dots on my life.

"It is a psychological learned behavior/disorder fueled from a psychological need required to fill a psychological gap, influenced most profoundly from one's social environment".

**"Labeling, defining and categorizing substance dependence as an illness/disease is wrong.** Aside from being nonsensical to, most especially, the lay person, it has never been proven or validated scientifically. Yet, the irresponsible political propaganda from the medical community, partisan politics and the media in protecting the status quo of wealth, fixes the "illness condition" as **permanent onto our societal psyche** fueling appalling levels of stigma, discrimination, and ridicule onto those persons exposed with a substance disability. Such persons are perpetually considered ill or criminal. Therefore, an overt abuse of a citizen's human rights takes place despite these rights being purportedly "protected" under **Section 15 of the Canadian Charter of Rights and Freedoms**. They are not protected based on the illogical illness model **with to date**, no ethical rigor or courage from the guardians of justice to cement the true reality. As opposed to "real diseases illnesses" the only remedy of substance dependence is a psychological one. The person "simply" stops the learned behavior of ingesting a substance. The diagnostic statistical manual (DSM) is a psychiatric "governing body" of mental disorders. They categorize substance dependence as a substance use disorder. A mental disorder. A psychological disorder/disability. It is correct. Valid and factual. Illustrated through neuroscience brain scans on the frontal lobe of human brains lighting up when functional. Dark and unlit when dysfunctional in the presence of a substance of need. Substance addiction is not an illness or disease because it is not first and foremost a medical condition. As with the unlawful criminalization of substances the politically based illness/disease model of substance disabilities perpetuates unchecked employment discrimination and discrimination in general cultivating an extraordinary amount of unnecessary suffering, enormous economic burden and a complete waste of our rarest commodities: time, energy and financial resources all constantly funneled down a rabbit hole of perpetually developed hopelessness and doom. Why such perpetual hopelessness and doom? In part because in the words of Dr. Gabor Mate, "it lets society off the hook" as those incorrectly labelled with "incurable diseases/illnesses" are isolated, segmented, unemployed, and ostracized from the rest of society but also because the illness/disease model does not remove the metaphorical stone from the boot. The model of understanding invariably does not get to the root cause of a person's psychological need (to fill a psychological gap) to use a substance at whatever gradient in the first place. The illness model and consequential treatment protocols have been set up to fail those in desperate need of ending their suffering. At a catastrophic level of underachievement and

incompetence the illness approach is simply a band-aid of the symptoms of substance dependence. It does not solve the causal problems because the diagnosis does not permit looking rigorously enough for the root cause of a person's addiction nor alone fixing it. And the root cause is always found in a person's social environment and society itself who, rather than assist through unconditioned compassion, kindness and common-sense, instead use **stigma** as a ferocious whip. The in-congruence of the **illness-criminal** models of understanding of substance disability and what the actual **true reality** is guarantees perpetual turmoil. The inaccuracy permits/encourages stigma and discrimination of those persons exposed and those hiding behind closed doors who dare not subject themselves to even further pain of unemployment, lost opportunities and lifetime of labeling, ridicule, discrimination and prejudice. Looking at, codifying and legislating substance addiction as a mental/substance disability legally and within our lexicon of understanding and language will be the panacea to so much unnecessary human suffering. **A stance against the greatest immortality of our time.** It is so profoundly simple we will, in the words of the late Christopher Hitchens, in the end, "wonder what all the fuss was about". The number one social determinant of health for any citizen is employment - a person's passion. Labeling, diagnosing substance dependence as an illness/disease guarantees employment discrimination. Cementing substance dependence as a mental disability which can be lived with responsibly will improve the lives of millions of people encouraging more to seek help and assistance on how to live with their disabilities without threat of losing everything. It will dynamite a hole for the first time into the stigma of drug addiction and the devastating consequences it delivers". **(Paul J James 2019)**

**Are you suggesting it is okay to use any substance Mr. James? Is it okay to use Crack Cocaine?**

In an ideal world I would say it is better for no citizen to drink alcohol. Then everyone can at some point die a bit healthier than they would have if they hadn't consumed alcohol at all over a lifetime.

No. I am not suggesting or condoning the use of any substance and through experience I am suggesting persons do not use Crack Cocaine because it is a potent substance, which is:

- A. Damaging to the body and mind
- B. Depleting of a person's life span

Dealing with the latter reason first. Life Span. A person who has consumed on a regular basis any of the Class A substances (including de-facto Class A substance/drug Alcohol) over a "life-time" then it will deplete their life span. I generalize here because everyone's circumstance and intersecting factors are different leading to less or more "lost years". Exercise for example can mitigate negative outcomes.

The life source of energy for all humans will be predicated on healthy mitochondria that fuels each cell in our body to essentially ignite energy. Toxins entering the body from any ingested sources deplete, damage, exterminate mitochondria. Which, let's say, is not good.

The class A drugs wear down the mitochondria along with other detrimental damage. It is why a person using heroin, or alcohol, cocaine, or marijuana can feel less energized than a person who does not use at all. Aside from the natural production of dopamine being temporarily shut down because the brain reacts to the over supply of artificial dopamine – which causes lethargy – it is the damage to the mitochondria in our cells which creates a more potent lack of energy and ultimately a wearing down of our life span.

And it is the fundamental most important reason why a person who is desirous of living a full life span should not permit toxic substances to enter their body through class A substances.

## Life is a Battery

**Supreme Court of Canada Justices.** Think of it this way. We all were given a thousand volts of energy when we were born. And life wears down that energy. You like me are past the half-way mark. Let's say liberally, we have 500 volts left. Well you may drink alcohol and I may consume the result of free basing cocaine. You may not exercise. I do. You may eat well. I do not. All contribute to the wearing down of our life battery. For those that overuse cocaine, heroin et la and especially with no mitigating strategies like exercise or eating well those persons will accelerate their decline at an alarming pace and it is because of the damage and dysfunction of the mitochondria which instigates other negative body reactions.

It is why when you look at persons with substance disabilities, they age so fast and look so haggard – that is the main reason why.

## And damaging to the body and mind?

This is what would happen to me although not quite as dramatic and bad the last time I used.

“And so by 5 a.m., I was back home in my apartment.... Before I lit up, I would check everywhere to make sure nobody was in my apartment. I would look behind the shower curtains, under the beds, in the wardrobes, and on the balcony patio. I would lock all the doors and then once in my bedroom, I would board up the door with footstool and clothes. Then with the pipe stem I had acquired, I would fill it with metal screen before melting rock cocaine on to its surface. After climbing into bed, I would then light the end of the stem and within seconds of inhaling the smoke—as if by clockwork—I would grab the blankets in a frenzied, hysterical way, shaking like a leaf while crunching up into a ball. My heartbeat was so powerful at times it felt like it was going to pop. Meanwhile, all I could hear from the outside were the pounding footsteps of what I was convinced were police officers making their way to my bedroom, while my body would sweat profusely as it heated up too fast. It was literally petrifying. Any second, I thought someone would break down the door. And the nightmare I believed awaited me was unbearable. Arrest, embarrassment, and further public humiliation! After about 30 minutes, I would finally feel calm again. The debilitating tension would finally fade, the pounding footsteps and voices gradually disappear, and in the end, no one has broken down the door. After a few minutes' reprieve though, I would prepare myself for—unbelievably—the next nightmarish cycle. Sometimes, I would hear the sniffing of police dogs and the sound of a helicopter outside my bedroom window as I suffered auditory hallucinations. During awful sessions, (as if this was not bad enough!) I could feel the presence of someone behind my bed or in the bathroom opposite me. At other times, I would literally feel like someone was sadistically breathing over me, which would cause me to scream in a fit of fright and terror. Through self-inflicted and excessive tension, I have strained and pulled muscles in my neck, shoulders, and back as a result of tensing my body so rigorously. It is an impossible feat to accomplish under normal conditions, but through the terror of paranoia, I unfortunately enabled it to happen. On one occasion, I complained to Robert Gringmuth—a local medical professional and friend—about a swollen lump just below the front of my neck. He said I had pulled a muscle in the most unlikely of places on the body. He was confused, though, because as he pointed out, “It is usually only smokers who have a problem with this.” (Cracked Open 2012)

## Does this happen with everyone Mr. James?

On a continuum of negative physical and psychological consequences I am at the high end of painful consequence. All suffer a negative effect but at the disability level there is also some counterintuitive benefit. Negative plus negative anxiety equals eliminated anxiety. It depends on the person and the circumstance. There is a physical component factored in with all ingested substances. If you ingest a substance which has a 500 percent Dopamine supply to your brain most persons will want to go back for more.

For those that reach the diagnostic disability level most persons learn to live with their condition at a level which mitigates harm to a minimum permitting such persons to work. Keeping the matter private (hiding) in fear of being found out is the tragedy. The Stigma. The poison to the body.

## With the potency and harm how were you able to get to mitigate the consequences?

Six main barriers in place to only using small amounts.

- ***Physiology***

Could only ingest small amounts at any one-time Body could only sustain limited amounts. Incapacity to ingest much of any substance.

- ***Employment***

I was employed guaranteeing there would not be complete isolation.

- ***Reaction to Ingestion***

Painful auditory hallucinations every single time – lengthen time of use. 20/40 dollars lasts 4-6 plus hours

- ***High Pain Tolerance***

Driven by Passion for Lifetime Career. Ability to fight through significant pain physical and psychological

- ***Determination towards Self Discovery***

For the first 6 years of the trajectory I used alcohol. The combination is far more lethal and debilitating. The majority who reach the disability level do not use in combination with alcohol and therefore they mitigate the negative consequences. You figure out what is good or bad.

### **Recapping Using the Actual Substance.**

- The substance travels at nano-second pace up through spinal cord through brain stem into the limbic system.

- Zero to 500 per cent of dopamine to the brains Limbic system is a bridge too far for most people it is why Class A substances are used by few persons – less than 4% is a reasonable guideline.
- Combined with my innate personality PJ (wired more nervous and insecure from birth) equates to anxiety at a level beyond the threshold where I can handle it without involuntary reaction and so there is an initial physical and psychological consequence of brutality each time.
- Aphrodisiac sensation lasts less than a split second and then complete terror as if you are about to be attacked. And so, then depending on where you are located body reacts accordingly. “Run” from nothing. Jump across a bed. Scrunch up in fetal position with fingers crossed hoping that this is not the one time where auditory hallucination does not turn into reality.
- After two minutes. Tension subsides and slowly “relaxed calm” returns to the point you feel soothed and better than when ingestion took place. Repeat cycle until allotment is complete. Hours later better position to fall asleep.
- As painful as the initial 90 seconds of tension – it can not match the feel of nothingness which perpetually lurks from social isolation and uncertainty.
- No “rational thinking” person wants to be putting themselves through that ordeal but when societies do not solve the stone in the boot problem for those at the disability level then it is the reality. No amount of Rehabbing can guarantee a lifetime of abstinence. And so, unless societies penetrate and solve the Stigma problem there can only be very limited progress of improvement.

### Why can't you just stop if it is so painful?

- The pain of social isolation, ridicule, unemployment and stigmatization is far worse. That is what it is to have a mental health disorder. And it is why the bona-fide condition needs to be protected and Stigma obliterated.
- I have answered this question in previous parts to this appeal. Think Light Switches on and off representing the frontal lobe – brake – part of the brain.
- Also, the **BIOPSYCHSOCIAL** model is accurate and the most useful. Biochemical, Psychological (Learned Behaviour) and the Social Aspect.
- And it is the total neglect of the social aspect which has created an appalling waste of economic resources which has delivered unfathomable human suffering to the point not even the holocaust and all wars of the 20<sup>th</sup> Century can match.
- Social aspect includes the Stigma created by the Criminalization and Illness models of understanding of any substance at the disability level. The immortality, the willful ignorance stems from “it has always been about the money”. Back in 1982 the conclusion drawn was based on what is cheaper: let hundreds of thousands of citizens die and suffer under imaginable pain of fear and worry behind closed doors or correct the social ills which facilitate a citizen to use in the first place. Let them die and suffer was the decision because it was cheaper. As a York University board of governor made clear – let him suffer more.

## Bad Politics Route of All Evil

**“The World Health Organization sees health damaging experiences as resulting from “a toxic combination of poor social policies and programs, unfair economic arrangements, and bad politics”**

- “Canadian society also needs to catch up on the reality of who we are as a nation of people. It appears we have cultivated a nation of too many liars, undermining wannabes facilitated through the edict of Machiavelli. (Paul James 2018)

- It is about time politicians discarded from their mantelpieces ‘The Prince’ and replaced it with something more relevant and useful. ‘New Earth’ by Eckard Tolle a Norwegian living in Vancouver for example. That is, of course, if you want civilization to exist beyond this current century” ([Paul James 2018](#))
- Antiquated language, which discriminates a person suffering a substance use disorder from a person suffering other mental or physical health issues – clean/dirty as opposed to well/unwell; hiding illness as opposed to having the human right to keep personal illness private.
- Brutality of societal stigma towards an exposed person suffering from a substance use disorder to crack cocaine.
- Extreme prejudice - substance dependent people can be subjected to from others who know of their health circumstances.
- An exposed person suffering from a substance use disorder to crack cocaine tacitly has severely limited human rights, no legitimate social status, is too often ridiculed and defamed and therefore, is truly unemployable in mainstream industry. An exposed person suffering from a substance use disorder to crack cocaine is frequently blamed for issues for which they are not responsible for and are therefore further marginalized to the fringes of society.
- Having mental health and personal circumstances exposed in the public domain identifies that talking openly about your poor mental health or confronting genuine injustices, especially regarding substance use disorders, cannot be the precursor to a change of societal consciousness in the current climate of extreme ignorance and self protectionism. On the contrary such revelations are tantamount to “social and employment suicide”.
- For sustained improvement, change must come from cultural and governing institutions remitted to the development of improved health and well being and a more equitable society in areas of extreme oppression of which mental health conditions in the form of substance use disorders is the most significant at this time.
- York University’s callous, irresponsible, and appalling approach in the handling of my poor health; this specific claim; and the two requests to resolve the matter privately (May 22, 2012 Appendix A and November 16, 2013 Appendix B) have provided manipulative and deceitful information in their submissions to defend the claim against them which is a further infringement of my human rights. This unreasonable approach by York University proves in this instance, that a person suffering from depression and a substance use disorder to crack cocaine is vulnerable to severe prejudice and discrimination. ([HRTO Request for Reconsideration 2014](#)).

## *Confronting the Stigma of Drug Addiction*

125 Blogs, YouTube Videos &  
teaching items resulting in  
one million Website &  
150,000 YouTube views  
(2016-2018)

2017/2019

<https://www.confrontingthestigmaofdrugaddiction.com/>

Social Change Engineered Through Social Suffering

### *"I Am Not Your Enemy"*

The **War on Drugs (People)** has been a colossal catastrophic failure. In the year 2019, nothing original or educational about that observation. In fact, the statement is used so often it now qualifies as a legitimate maxim.

Yet governments, court systems and organizations around the world still fail to solve even the basics. Consequently, the carnage and immorality of human suffering is staggering, escalating and facilitating. Facilitating annual economic burdens which can no longer be sustained by any society.

In Mexico 33,000 murders took place in 2018 the majority because of the **War on Drugs (People)**, 99% of which, will never be prosecuted.

In the Philippines the leader of their country encourages his citizens to rid the society of drug pushers and users with impunity, leading to unfathomable crimes against humanity.

In Canada meanwhile, we have 11 overdoses a day from opioid substance use and the handling of the Paul J James matter. In the United States they endure 77,000 drug related deaths a year.

Just the tip of the inhumane iceberg in these countries alone.

Drug Addiction (Substance Disability) is an ongoing international health and social crisis in desperate need of serious rational attention, truthful moral bipartisan politics and a social rethink. The implications of not getting things right once and for all, will be an economic, political and social catastrophe beyond what it already is. And considering where most societies are today, that itself, is a disturbing thought.

Read Chasing the Scream by Johann Hari for assistance.

While stigmatized in areas and over simplified in others - **use and overuse of the word "addict" and "we have it all wrong" a slight exaggeration** - it is still a brilliant read which puts into context how the globe got into such a mess in the first place. For the lay person on substance dependence it is a riveting synopsis of a man made social phenomena.

Encapsulated also, are brave people around the world fighting back against the oppression, abusive treatment, discrimination, loss of life and criminalization of their lives and circumstances - all devastating stigmatized consequences of the **War on People**.

With no intention or desire to get caught up in this **fight back**, against the "**War on People**", my dire stigmatized circumstances and personality nevertheless led me there.

Walking the streets of Toronto in early January 2017 contemplating tactics and strategy to continue the fight for social justice - **Confronting the Stigma of Drug Addiction** - was hatched. After 6 years of hell on earth through the corrupt, colluded Canadian Judiciary, and the shocking immorality of **York University and Canada Soccer**, there was no other option. With conviction and commitment to risk health and life through hunger strike protests, the worse period of this hell on earth, decade long nightmare, began.

While it was a learn as you go experience which I thought would last a month, three months tops, here I am two years, ten hunger strikes, and over a thousand pages of writing later, still at it.

Confronting every scapegoating, stigmatizing, criminalized, manipulative, cheating, humiliating, defaming, slanderous word and trick - most while I was not eating – can facetiously be summed up by the words of Vinny Jones from **Lock, Stock and Two Smoking Barrels**, "It's been emotional".

It's also been fucking painful. Physically and psychologically.

Psychologically more so because confronting is the antithesis by which Canadians like to live and operate. We are not comfortable with being told when we are deficient or wrong. Especially, if receiving egos are particularly out of control or you have discriminated or treated someone very badly. No one wants to admit it or accept responsibility. It's let's say - a Canadian weakness. **We are so nice we're not.**

Canadians apparently don't like to be labelled either. More specifically when confronted as cowards, deceitful, evil, weak and spoiled. On the Richter scale of impactful words however, they just can't compete with the epithets addict, mentally sick, crackhead, junkie, scumbag, et al.

So, to those oppressors and stigmatizers. Labeling you back in return is an **antidote** to remind you of your offences. On a macro level the tactic also identifies, we need a better, more rational, composed, truthful, compassionate way of living with persons with substance disabilities and the substances themselves. Of which by the way, alcohol is the worst of all drugs. But don't take my word for it. Do your research. When taking the collective social and individual negative consequences into account, the drug we don't even refer to as a drug, is the most destructive by a country mile. Euphemistically and conveniently, we simply reference **Alcohol**.

After the eight-year system of deceitful control and discrimination using the **Jane Elliot combating racism methodology**, was the only realistic option available to me, to legitimately continue to fight for social justice. Combined with using visible public hunger strike protests, it was a progressive way forward.

Suffering from the consequences of not eating is one thing. Sleeping outside as a homeless person is another. Confronting people directly - for example calling Bob Rae, Adam Vaughan evil or the Prime Minister a coward - has been just as difficult and painful. I am not a psychopath nor sociopath and so it emotionally affects me.

Nevertheless, it had to be done as shock treatment to reality and truthfulness of the appalling, ongoing injustice. Without truthfulness on the issues of stigma and discrimination of substance disability and then knowing what to do with it, we can't get to square two of improvement.

Hopefully the **Prime Minister of Canada Justin Trudeau** is not a coward as a person or leader. What ever the case he has been cowardly dealing with the PJJ circumstance. There just had to be a better, more humane, truthful way. Same with Bob Rae. Adam Vaughan. They perhaps are not evil or psychopathic by nature but in their handling of the Paul James circumstance they undoubtedly have been brutal and inhumane. If they "truthfully understood" the subject matter, then they would understand the appalling consequences of their deliberate enabling of further delayed justice. They should expect to receive severe wrath because of their approach and not lament or scapegoat that truth or the human frailties which led them to make the decisions they made.

Reality is, much social suffering has been delivered because of the Paul J James matter. I have deposited my contributions to the point I have nothing, and it will severely limit my life span. But many others have also. Ashley Kelly. My family. PJJ supporters.

Counter-intuitively, some non-psychopathic oppressors have suffered also. A few persons at York University: Perhaps, Maureen Armstrong, Jenn Myers, Sheila Foreshaw, Harriet Lewis, Lorna Marsden, Bree Carr-Harris, Carmine Isacco. Perhaps Mary Orsmy at the Toronto Star; Lisa Constantine former York Legal Counsel. While they won't easily admit to it, in their quiet moments they would have suffered because of the transparency and pain of my confronting the injustices, their contributions and the consequential unrelenting oppression it has caused. A nagging conscience, frustration, shock, regret, guilt, anxiety, denial.

**Social Change is a collective phenomenon, the ugly, the bad and good.**

Thing is, even though PJJ trumps all oppressors "suffering", by an almighty chasm, in some warped but interesting way, when justice is finally delivered - **I will likely not be around to see it** - the contributors to making the world a better place on both sides of the fight, will be many.

And you can thank **Confronting the Stigma of Drug Addiction** for unearthing your contribution, whether through temporary/permanent immorality and evilness or pure unconditioned, humanistic goodness.

Yours sincerely,

Paul J James

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2018/10/31/Justice-for-Paul-James-27-Facts>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2018/09/17/Address-to-Prime-Minister-Trudeau>

<https://www.confrontingthestigmaofdrugaddiction.com/blog/date/2018-09>

# Hunger Strike Protests

“You Can’t do Difficult Things Without them being Difficult”

Dr Jordan Peterson University of Toronto 2017

**Hunger Strike Protests:** Paul James's legitimate, legal methodology of social protest - while it regretfully puts Paul in the way of physical harm - is a consequence of:

1. His decade long battle to receive support and assistance
  2. His exhausting of all other avenues for seeking fair access to social justice from plain and obvious injustice
  3. His determination to live his life as a normal citizen with a substance disability free from discrimination, prejudice, and harassment and his conviction for the transparency of the **Truth** to be illuminated, the denial of which harms Canadian society's opportunity to progress and improve the mental health of all its citizens, economically, socially and politically.
- [A legitimate form of political protest to enact social change.](#) It is not mental illness.
  - [My former partner Ashley Anne Kelly](#) who stood by me through 6 years of hell on earth. She even lost her hair through alopecia from the extraordinary stress. When I eventually received inadequate settlement from the Mooredale claim in January 2017 I gave it “all” to her and became permanently homeless. There is nothing she could do which would change the unrelenting respect and passion I feel for her commitment to sticking by me for so long.
  - [Originally when I set out in 2011/12 to pursue justice](#) it was to resurrect my passion and love of soccer coaching and soccer career. It is now too late just like it was 60 years ago for Billie Holiday the jazz singer who was deliberately denied her passion because she was heroin dependent. I hunger strike to receive justice so that no other Canadian has to live through the same injustice that if or when they seek support and/or when their substance disability is exposed then they should not have to lose their career or passion through discrimination as a consequence.
  - [The judicial system in Canada has deliberately](#) failed and recreated further injustice making my life worst than when I started the judicial process - if that was indeed possible. I have nothing to lose now that my soccer coaching career is permanently over. How else can I correct this narrative without hunger strike protests? There is no other way. Getting on with life as conveniently pitched by Jenn Myers and Sheila Forshaw recently is another scapegoating insult. Aside from the willful ignorance of the impact of stigma on my life - what do they think I have been trying to do for the past decade? After all I have never been fond of being lazy.
  - [Without correction of discrimination and abuse of a persons human rights](#) it permits others to continue the cycle of abuse: GOL TV fire PJJ for “no reason or a tacit scapegoating deceitful one” no justice pursued because of self-stigma and I couldn't go public in 2009 - it was not on the radar; York University remove PJJ no accountability no justice because of an incestuous judicial system of non-accountability and sinister academic institution; discrimination, prejudice continues with Mooredale Soccer Club, no justice in spite of overwhelming evidence and it being such a simple matter to resolve; no improvement of an appalling system. PJJ soccer coaching career is over because of an

immoral corrupt system driven by an immoral academic institution, York University who should not be governing the education of young persons.

- [Would prefer to risk my life and die fighting for social justice](#) than have to live with deliberate untruths and a ruined reputation from York University; to be called a drug addict, a crack addict, a liar, a criminal, a bad person or to be scapegoated and patronized even by persons in the mental health industry; or be asked if I am clean either directly or indirectly behind my back; to have to work menial jobs or to be turned down for employment for the rest of my life. I would prefer to risk not existing just like heroin users take the risks they do as the alternatives for them are a lifetime of verbal and social abuse. To deny this is to scapegoat the reality.
- [To read comments as presented from a female soccer coach](#) who sent it into the HRTO as a part of a personal reference on my behalf for the Mooredale hearing, only for it to get dismissed as evidence. Again, I would prefer to die defending the right to hold those accountable than live the rest of my life defending them without justice. My whole soccer career otherwise was a complete and utter waste. I have nothing to lose.
- [To bridge/leverage the power disparity between the abuse of the elite and myself as being a part of an oppressed group in trying to access fair social justice.](#) After a decade of living a nightmare, risking my physical health and well being, even my complete demise is worth the risk to receive dignity and respect.
- [As stated previously without gaining justice further injustice](#) will follow as permission for further injustice to be delivered is given which perpetuates a vicious cycle of abuse. The PJJ matter and story confront and prove this reality. Seeking justice on two platforms against York University and the Mooredale Soccer Club has been unfairly, disrespectfully, unethically and corruptly denied. I could have sought justice on other legitimate instances of discrimination, prejudice, defamation and slander including Maple Leaf Sports and Entertainment, the Score Media, Canada Soccer, Sportsnet, two henchmen bloggers, the Voyageurs soccer forum and others. But I had to pick and choose based on limited commodities of time and energy. I tried to get on with life but have been thwarted at each turn with one diabolical circumstance after the next. I have nothing now to lose, the risk is not even a risk through hunger striking.
- York University, the Canadian soccer industry, the Canadian soccer media, the Canadian Judicial system the Canadian media, and Maple Leaf Sports and Entertainment have denied my human right to be treated equally and fairly and with dignity and respect as is warranted to myself and any other persons diagnosed with a substance disability under Section 15 of the Canadian Charter of Rights and Freedoms. Similarly, so have several Canadian soccer professionals taken advantage of my exposed substance disability since 2008 which also infringed on my human right to live as a normal person with a substance disability including, Terry Duffield, Jason Devos and John Molinaro. I have no redress except to hunger strike in order to establish that my soccer background and lifelong commitment to the sport, was something to be proud and not ashamed.
- [Media avoided addressing any of the Hunger Strike Protests](#) and in doing so they have not been transparent, accurate or fair. The silence as others have commented in this latter circumstance has been deafening. Listening to the January 2017 CBC interview with Dwight Drummond (immaculate person and professional - he read what he was given) to those now sensitive to the stigmatizing words and patronizing dialogue of substance disability is horrific - street addicts, drug addicts stereotyped phrases which were not sympathetic but patronizing, outdated and highly offensive.

## Toronto Star September 8, 2018

“There was a lot of talk within the soccer community when Paul James opened up to the public about his mental health and addiction issues. I heard many negative and derogatory comments about him, and some people went as far as to say that these issues completely took away from everything he has accomplished and contributed to Canadian soccer.

Laura Arduini CIS ALL Canadian

- Sent all the pieces of information to Mary Ormsby and requested that I receive a copy of any quotes she would use on my behalf so I could make sure they were accurate and in context and a copy of the recordings of our interviews. Recommended she read Chasing the Scream and Living with Drugs and watch the Hillsborough video. I did not receive anything even after I sent a reminder email.
- When the Toronto Star article came out on September 7, 2019 Kevin read out the parts about Singapore and Ashley Anne Kelly – I then went to the washroom and was sick. I was homeless and being sick as a homeless person with very little inside is quite the feat.
- When I originally spoke with Mary Ormsby in August 2018 about confirmation of Truth as being the reason for the Toronto Star piece we briefly discussed Singapore which while it had nothing to do with the issues at hand I agreed with her, that as long as it was a brief establishment of the facts were written in line with Bob Rae’s assessment then I would be okay with it because it would actually assist the Truth and correct the false public narrative of thirty years
- My mistake was not going to the management and rectifying the whole problem which would have possibly saved the other guys careers. None of them could have done it because their mindsets were not honest at that time. I played the game as best I could. And gave the money back. It fitted my quirky insecure personality to have dealt with the matter in the way I did.
- Toronto Mayor John Tory – through his office – sent a link for me to apply for a pardon. Never in my life have I completed a somersault until I received that email. Proved the defamation and malice on just the Singapore episode alone in the Toronto Star piece
- In James’s case, he’s condemning his “forced resignation” as York University’s head soccer coach in 2009 during an extended period of depression and crack cocaine use.
- To end his starvation, James wants two demands met: Prime Minister Justin Trudeau and other political leaders must “immediately” answer whether substance disability is protected under Section 15 of the Charter of Rights; and York University must grant him one hour to address the school’s board of governors.
- False: The demand was for the government to review the Paul James matter not simply to answer a single question. Paul’s existence was hinged on two requests. Given the criticality of the issue it is patently unreasonable to believe that the Toronto Star did not correctly report on the demands.
- James claims York pushed him out because of his drug use. He tried, unsuccessfully, to take the university to the Ontario Human Rights Tribunal over discrimination allegations, even appealing to the Supreme Court of Canada as a self-represented applicant in his fight to be heard.
- Tony Waiters, head coach of Canada’s 1986 World Cup team, says it’s difficult to watch his former player experience “human nature at its worst.”
- Malice: The sentence is structured to leave it open as to whether, or not ‘human nature at its worst’ are persons that stigmatize Paul’s own nature.
- James’s core supporters, like Waiters, obviously do. Canada Soccer has reached out “on several occasions but without success,” a spokesperson said. James runs a website, “Confronting the Stigma of Drug Addiction,” with blogs and videos targeting a wider audience. But for the most part, it’s been a muted crusade.
- False/Malice: Canada Soccer reached out once not several times and the lack of success was due to a one-sided arrangement offered by Canada Soccer. Paul provided a rebuttal to this statement that is not included leading the reader draw the conclusion that Canada Soccer did everything they could and that Paul is unreasonable.
- Mike Young is an Emmy-winning animation producer based in Los Angeles who contacted James in 2016 when he heard of the story. The 72-year-old Welsh native has come to consider James a friend, connecting often over

Skype. Young says if a player of James's pedigree was taking this action in an English or American park, "the press would have been all over it." (To be fair, Canadian media reported on some of James's court battles and previous hunger protests.)

- False/Malice: Canadian media has libeled Paul on the judicial rulings, ie National Post article, but there has been very little coverage of the hunger strike and CTSODA cause. The Canadian media has ignored dozens of calls for attention. The Toronto Star's coverage is offensive and libelous.
- James moved into coaching after his national team playing days in the late '80s. Those days ended after James was involved in a bribery scandal during a tournament in Singapore in 1986, after the World Cup. Four Canadian players accepted cash from gamblers to influence game results. Before a semifinal against North Korea, they asked James to join them. He agreed and was given \$10,000. James played the game but returned the cash to his teammates before the team left Singapore. Word of the scheme later leaked, criminal proceedings began. James testified for the Crown but charges against the other four were dropped.
- False/Malice: Singapore happened 32 years ago in 1986, it has nothing to do with the current situation. The inclusion here is simply to open an old wound and to present Paul as a bad character. The statement does indicate that Paul played upto 100% in that game, that he did not throw the game. The fact that Paul was instrumental in blowing the whistle on the scandal, and that he volunteered to testify are omitted. The paragraph is written to suggest that Paul made a deal with the Crown ratted out his team mates in exchange for exoneration.
- That October, York hired James as its "master soccer coach." He improved the program and produced championship men's and women's teams. He was named the Canadian university women's coach of the year in 2007, the year the York women went 18-2 and won silver at the national championship.
- Malice: 'Improved' is a gross understatement of the poor state of the York soccer program and incredible job that Paul did as the architect of the soccer program.
- Not every day. Sometimes it was weeks or months between use. However, shortly after his memorable 2007 season, James says his mental health deteriorated.
- In early 2008, he says, he confided to a few colleagues that his depression (diagnosed in 2000), anxieties and increasing drug use were affecting his life. He requested a three-month leave of absence later in the year and quietly attended a rehab in Quebec. He believes word started leaking about his drug use that year.
- False by omission: This is the turning point of Paul's life and a critical part of the story. The request was made by Paul to his Supervisor wherein Paul provided the 'grey skies' metaphor. The details and facts are completely glossed over.
- York claims James's leave request "was that he had a 'need for some time off' to deal with personal matters (and) did not provide any further information regarding the reason for his request," according to York's 2013 Human Rights Tribunal submissions in response to his accusations. His request was made to Jennifer Myers, director of sport and recreation, and Sheila Forshaw, executive director of the School of Kinesiology and Health Science; the leave was granted with "100% pay," according to York's response.
- False/Malice: This paragraph perpetuates YU groundless defence that they did not know. Again, the conversation between Paul and his supervisor Jen Myers is completely overlooked and York's premeditated defense of ignorance is perpetuated rather than challenged by the Toronto Star.
- James returned in early 2009. Human Resources and Employee Relations sent him a letter Feb. 11, regarding his work absence and asked to have "your treating practitioner complete the enclosed Practitioner's Report on Abilities and Limitations."
- James submitted the form, which indicated he suffered from "acute stress reaction." He returned to work but soon lost his regular gig as a GolTV soccer analyst. In September, with his stresses mounting, James says he offered to resign from York at year end; in October, he was asked to formalize it, and he did.
- False: James did not submit the form, his treating practioner submitted the form.
- The statement omits constructive dismissal laden events leading up to the 'offer to resign'. In fact the Employer and their poor treatment of Paul was the leading cause of the mounting stress. No where does the article state that less than 2 years after constructively dismissing Paul and 'devolving' the Master Coach position that the position was resurrected and the Men's coach appointed to the position.
- "I was in such pain, I was willing to give up a career I loved because I was so self-stigmatized," James explains.
- Malice: This statement in itself without correct context blames the victim and lets the Employer off of the hook.

- He adds he didn't tell his superiors of his poor mental health and substance dependency out of fear and shame but claims they ought to have recognized he was in crisis.
- In November 2009, James quietly attended a second rehab in England, returning to York in December with new hope. He asked for a meeting with Myers and Forshaw; he says he intended to disclose he'd been at rehab and wanted to continue working at the school. James says he didn't get a chance to speak his mind at the meeting.
- (After he resigned, James and Ashley Kelly began dating. It quickly became serious, though Kelly is about 20 years his junior. Kelly declined to be interviewed.)
- Malice: The relative age of Ashley Kelly has nothing to do with the story. It is introduced by the Toronto Star to present Paul as a bad 'slimy' character. To say that Ashley 'declined' implies that she is not supporting Paul, indeed is on the opposite side.
- The deadline to make a complaint to the Ontario Human Rights Tribunal is one year from the last alleged instance of discrimination. James filed more than two years after his resignation. He argued in submissions that this was because his mental health and substance disabilities worsened after he resigned. The tribunal dismissed his application for delay in 2013 and the next year, refused to reconsider.
- James, as a self-represented applicant, sought judicial review of tribunal decisions in Ontario Superior Court, but the panel ruled the tribunal's refusal to reconsider was fair and reasonable. James, again representing himself, tried to take his fight to the Supreme Court in 2016. It dismissed his appeal application but did not examine the particulars of his case. (James is asking the court to reconsider, alleging it erred when it summarized his case.)
- According to York's tribunal submissions, "at no time during his employment did (James) advise York management or human resources that he was addicted to (crack) cocaine, that he had depression, or that he required accommodations in his work."
- False by omission: The Toronto Star had the truth. York University knew full well about Paul's poor mental health based on the PRAL completed by Paul's doctor and submitted to the employ Health and Wellness office. Providing YU response without countering the truth provided supports YU defense of ignorance.
- Spokesperson Barbara Joy provided a written statement in response to an interview request regarding James's protest and previous discrimination allegations.
- "York University has directly expressed our concern for Mr. James and we have previously urged him not to engage in a hunger strike or cause harm to his health," Joy wrote.
- "I can confirm that York has carefully reviewed Mr. James's complaint to the Human Rights Tribunal, our response to it and the tribunal's decision dismissing the complaint (April 2013). We maintain that York did not discriminate against him."
- Joy also stated that "York University accommodates employees with disabilities, including those that may be associated with addiction."
- "York employees have always been encouraged to take advantage of the many supports, services, programs and benefits available to them."
- James laughs when told of York's response.
- False by Omission: Paul James did much more than laugh in response. He provided the Toronto Star with extensive evidence of YU discrimination. The Toronto Star provided no counter to the YU claim, the Toronto Star omitted the truth to continue the false narrative.
- His website, "Confronting the Stigma of Drug Addiction," details his life story and casts the university as a villain. It spans a range of moods — from calmly voiced videos to raging, rambling open letters to York staff, media and politicians whom James feels don't understand his protest or simply want him to resume eating. Even former premier Bob Rae gets a roasting.
- Malice: 'Casts the university as a villain' represents the truth about the Paul James matter as a fabrication. It ignores the truth that the Toronto Star was provided. The CTSODA website has 60 blogs that include both written and video narratives provided by Paul James. To describe them as 'raging' and 'rambling' seeks to minimize, belittle, stigmatize and perpetuates the War On People. The CTSODA has 500,000 impressions of people who have followed the story and care about the impact of stigma.
- James says he's lived outside more this summer than at any other time over the last two years. He says it's been more difficult to couch-surf and earn money to rent a room; this year, he'd rent at places like Filmore's Hotel during torrential rains or when he was feeling ill from hunger striking.
- Malice: Filmore's is known for as a strip joint. The places that Paul stays is forced to stay don't have any bearing on the matter. Stating that he is staying above the strip joint implies a bad character.

- Tony Waiters says he and former World Cup player Bob Lenarduzzi tried to convince James to move to B.C. and work with a local club but James wanted to “stick it out” with his protest in Toronto.
- False: Tony Waiters and Bob Lenarduzzi suggested that he come out to the west coast to resume his soccer career but there were no specific talks about a specific job. This gives people the false impression that Paul does not want to work.
- James acknowledges some people say he’s mentally ill, which he rejects. He also says his protest “is not about condoning drug use.”
- False/Malice: Who are the ‘some people’ that say Paul is mentally ill? Where does this suggestion come from? Hearsay and fabrication is not responsible reporting. This is inserted to cast doubt on Paul’s mental competence and discredit his case and his cause.

# Suicide Ruse

Decision made because of the Toronto Star article; and YouTube resetting the Video in question every time it reached 11,000 back to zero because the oppressors lobbied the social media organization saying I was committing suicide.

The most difficult decision I had to make during the three years as I knew it would be putting persons/supporters under stress only to then have to accept the “Sting” and the reason for it based on the malevolence of the oppressors. Gave hints in dialogue along the way but only if persons were reading the messages would they pick up on it – “PJJ supporters please never lose faith in me”.

The Toronto Police Services and staff at CAMH were seamless, respectful, understanding with nous on how to deal with it. One of the better moments of the three years was speaking with the Police. Along with getting the Registrar at the Supreme Court of Canada to “remove the sentence to which you have objected to” it was one of only two victories over a decade of slog and so much loss. I hit my fist to the sky and leaped in the air when I left CAMH.

While laying down for 16 hour days you can do a lot of thinking – figured out that once in CAMH I could then go on hunger strike a no lose situation – if they stated it was an illness then they would have to keep me in and I would have had leverage.

CAMH Psychiatrist was too smart though.

“Mr. James you knew the Toronto Police would come for you, didn’t you?”

“Well, I was hoping they would”

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2018/12/25/A-Christmas-Carol-Ethnomethodology-of-a-RUSE-part-one>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2018/12/26/A-Christmas-Carol-Ethnomethodology-of-a-RUSE-part-two-WORTHLESS-SCUM>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2018/12/29/A-Christmas-Carol-Ethnomethodology-of-a-RUSE-part-three>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2019/01/12/A-Christmas-Carol-Ethnomethodology-of-a-RUSE-part-four>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2019/02/21/Ethnomethodology-of-a-Ruse-part-5-Homes-Fit-For-a-Funeral>

# Canada Soccer

## *St Johns Newfoundland September 5, 1985 Canada Qualifies for first and Only time for FIFA World Cup*

*"As the crowd spilled onto the field, someone gave Randy Samuel and me a big Canadian flag. The two of us just grabbed it and started running around the field. It was one of those memorable moments that lasts a lifetime, yet at the time you are far removed from the magnitude and significance of it. We had the good fortune of someone taking a photo and beaming it across the world".*

## *June 6, 1986 Canada vs France*

*As the anthems played, my life seemed to flash in my mind: the summers on the farm; getting cut from the Welsh U15 team; my friend Jeff Bretos; Cardiff City; emigrating to Canada; playing in the Olympics; scoring against Costa Rica; my parents; the BBC; the CBC; Canada; France; Platini! Right! Fuck! Here we go!*

## **Summer 1992.**

"Jammo. Its Les.

"Hey Les (Wilson)"

"Paul its all about teamwork. What your players are doing is contributing to our World Cup campaign. We can qualify for the United States".

"I know Les – it's a great group of characters. Aungy and Lucio have been brilliant"

"Good Luck tonight Jammo".

Whenever things are down or if you wanted to hear a positive tone – most especially when game-time approached Les Wilson could pick you up off the floor of complete doom.

Later that day. Mini-Bus travelling to London, Ontario to play against the Toronto Blizzard.

"Hey there's Fitzy" Mark Worton shouts from the back of the bus. A Red Accura pulls up beside the van. Its Paul Peschisolido and John Kennedy Fitzgerald. Both with that sparkle in the eye. You just knew there was something special about them.

"That's your assignment tonight Mark"

"Who Pesch?"

"Yep. Your biggest test".

"Can I kick him"

Firstly, you won't catch him – secondly you will one day say. I marked Paul Peschchisolido".

"Get tight but nothing overly physical Mark – he's too valuable.

"Well will you be covering me".

"Ill do my best but we need to focus totally on our own assignments first and foremost. I've got fucking Fitzy to worry about.

As the car drives off, I catch John Fitzgerald's diamond smile.

Little did I know all three. Les Wilson. Paul Peschisolido. And John Fitzgerald a quarter of century later would be so kind and unconditional with their support of a distant teammate and friend.

Along with many others it is more reflective of the Canada I was so proud to have played for.

"In 1992, the London, Ontario, team the London Lasers was about to fold, and the Canadian Soccer Association approached me to take the position of player coach. The player salary budget was a paltry \$75,000, so they made it clear that their offer was not about winning as much as it was about keeping the team alive. Survival of the league was paramount—the Canadian-based World Cup players needed a place to play for one more season just prior to the World Cup qualifying campaign in 1993. While the task itself appeared impossible, I was highly motivated to take on another coaching challenge.....our starting line-up for the entire season included a 19 year-old Jason DeVos, who was not favored by the 1992 Canadian Youth team, as he sat on the bench in their unsuccessful CONCACAF qualifying games" (Cracked Open).

Within a week I traded and cut both youth team centre backs – Vice Captain and Captain, Joe Belan and Nico Berg. Instead I elected to go with bench player Jason Devos who played all 20 games of our schedule. It was an important development curve for Jason as the standard with only six teams in the league littered with World Cup players was high.

The London Lasers were a terrific team and most memorable experience of my own coaching life. As opposed to Les, Pesch, John Fitzgerald and others from the team including Peyvand Mossavat who have always treated my health circumstances with such dignity, Jason Devos not only did not, he harmed me at every turn.

"Even after all the previous years of abusing crack cocaine, I still really had no idea what I was doing when it came to smoking the substance. And so once in a while, I would, in hard core "addicts speak," take a good hit because I was using the right technique with potentially lethal stuff. And this was one of those times. Christmas Eve, 2006! When I encountered this scenario on this particular occasion, my apartment lit up into a room with what seemed like sinister people everywhere. I was hallucinating and as a result I could see and hear people all around me. In a state of extreme panic, I raced haphazardly into the bathroom. But because I did not have full control over my feet and arms, they, in a complete frenzy, flailed their way there. I only learned a while later that my body pattern and movements had such an inauspicious name—the chicken dance. When smoking a potent rock of cocaine in the right way, the resulting paranoia is so extraordinarily powerful that if you attempt to move, you look like a chicken. On this occasion, I scrambled my way to the washroom, where I locked the door and then dispensed the drug paraphernalia down the toilet. I remained in there for an hour, keeping absolutely still until I was composed enough to let myself out. The real insidious thing about the illness is that as soon as I had calmed down, away I would go again and repeat the complete cycle of madness".

As if to emphasize the immorality of the bad political side of Canada and Canadians who undermine, cut throats and take the path of least resistance to get to the top – looking back now how can anyone read the episodes in Cracked Open of such personal pain and behave in the way Jason Devos and his entourage did with regard to Paul J James. It was disgusting what they participated in. And then supported by those at Canada Soccer whom I requested – to intervene. At the English Football Association, they had a racial issue with a female player and coach. They dealt with it professionally and swiftly. Ethically and with competence.

Substance dependence/disability is not on the barometer of oppressed improvement. In is the elephant in the room in that regard. The Paul J James story emphasizes what can happen to someone who is exposed. **The behaviour of Canada soccer and, Jason Devos and his cohorts are the reasons why I have stated I am ashamed to be Canadian and of ever playing for Canada as a nation.** They are hurt feelings which stem from what took place within the circle of those unscrupulous disgraceful group of individuals doing the bidding of others, led by Jason. Much in life is about timing. Now as I embark on this last episode was the right time to express what I have here.

In the Centenary year of Canada Soccer while the 1986 Canadian World Cup team was voted by the Canadian public as the team performance of the past 100 years. John Molinaro at Sportsnet organised that the Gold Cup performance in 2000 was the best team performance. Jason was captain of the team whom won one of the games on a coin toss and then subsequently didn't get past the first round of World Cup qualifiers – the acid test. It is the immaturity, and insecurity of those who take the path of least resistance.

Bottom line Canada Soccer could have saved my soccer career despite the York University circumstance. Bad politics ruthlessly killed me.

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"How can Paul James talk about character and playing for the red shirt when he took a bribe and threw a game for Canada and then uses drugs" **Andrew Oliveri 2014**. I had cut him from the national U20 team in 2000 for no other reason than his diminutive size for the position of goalkeeper. I thought he was a nice guy.

'Paul James has done nothing for the development of soccer in Canada, he has just been involved in scandals', Former Canadian National Soccer Player **Dwayne DeRosario** on Sun TV host Gareth Wheeler at TSN. 2010. Dwayne was aggrieved at my writings for the Globe and Mail. He knew of my substance issue from a Text Fest of former national team players. Clearly, he had a criminalized prejudiced mindset.

**April 3, 2011 Email from Jason Devos Whom I coached in 1992**. Jason was aggrieved because I had confronted his cutting corners to get into the positions at the expense of others; his deceit and undermining. In one telephone conversation he stated he was going to be receiving an honorary Masters/PHD degree from the University of Western. I could have let it go. Like all the other times. But I just couldn't on this occasion. I state to him, "For what Jason? Playing for Wigan Athletic or for undermining Brett Mosen like you did Holger Osieck?".

"I have never spoken or written about your role in the Merlion Cup scandal - because I wasn't there. **Despite learning a great deal about what did take place...**(David Norman/Gregor Young).....I find it ironic that someone **who accepted money to lose a game for Canada feels that he can** pass judgement on the character and integrity of others"

**The Score's** Richard Whittall writes in opening paragraph that, "James had burned too many bridges within the media and CSA". The brutality of stigmatized scapegoating – the worst of all weapons. Jealous unscrupulous people - when confronted - burnt the bridges for me not the other way around. Devos and Whittall et al communicating through Tweets on this very day. Norman, Young, Massey, Devos and Dunfield in cahoots.

"As I walked into the GOL TV studio on the Thursday where I would normally sit next to the host, I saw **Jason DeVos**. The two of them were waiting in their seats when I walked in. The writing on the wall had never been clearer...I thought about what I should do next regarding GOL TV. When I got off the bus, I called Chris Hebb and asked him directly, "Are you going to renew my contract?" After a short pause, "No, we are not." (Cracked Open 2012)

- "How can you take seriously someone who took money to throw a game for Canada" **Canadian World Cup Coach Stephen Hart 2011** after I wrote a Globe and Mail article.
- Gregor Young friend of **David Norman and Jason Devos**, "...and its still a disgrace that James was hired by the CSA" (June 20, 2001).

In 2004 Dino approached me about being an assistant soccer coach at York University. I hired him within a week. My request (appeal) to conduct training sessions to the largest/wealthiest soccer club in Canada in 2012 was declined. Dino stated it was **Jason Devos'** influence behind the scenes.

- **Week later (2015)** just prior to being on phone with Canada Soccer...naively I assure her they would be supportive and now assist in gaining some justice resolution.....last morsel of pride, this was my soccer alumnus a tribal fraternity that soccer is around the world.....they will be offended by what has happened to a World Cup alumnus....."you watch Ashley....they'll kick some backsides".....

"Let's get to it Paul...I have to be in court in 20 minutes...what is it that you want...for the CSA to cut you a check"? They could not have been any more callous, demeaning and rude when they then lied about the comment trying to scapegoat it onto me – they didn't know Ashley was present on the conference call.

As Pat Santini said, it would have been nice to know she was there. In my mind I conclude, "Yeh But....you didn't ask, and I didn't think you would lie."

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- York University have been wrong, immoral and in some instances have downright evil with their decisions to not have resolved this matter. They are the most significant factor in harming my life through poor treatment, discrimination and poor decisions.

The institution, however, is not directly involved in the business of football (soccer). Nor were they the institution I worked at the outset of poor health in 2000/01.

And the Cast of Characters as outlined previously are mostly filled with citizens who care but who are driven by a political agenda and/or, who are genuinely ignorant to truths of the subject matter and most specifically the Stigma. Bob Rae for example intervened with my hunger strike protest in December 2017 when I was on the precipice of falling off the cliff. That is because he ultimately cares about the existence of a human being – a Canadian citizen.

- My Canadian soccer career was harmed beyond repair not by my mental health disability but the reaction to my mental health disability. In particular, the evilness, unlawfulness of a group of Canadian soccer media individuals which took a psychotherapist, Linda Perlis, with no connection to soccer nor alone the Canadian soccer industry, to sum up,

"Only in Canada could a group of imbeciles get away with such behavior. Pathetic and criminal".

And here is the list.

Sportsnet: John Molinaro; James Sharman; Ontario Soccer: Ben Ryecroft; The Score Media: Richard Whittall; TSN Kristen Jack; TSN David Norman; TSN Terry Dunfield; Former TSN Analyst: Jason Devos; Ontario Soccer TV: Anthony Torterra; Formerly of GOL TV: Lee Godfrey; Amateur Bloggers: Gregor Young; Benjamin Massey

- Jordan Peterson espouses the Hierarchies of Competence where hard work and conscientiousness, will, in the end, get to the top of the pyramid. Maximizing one's ability as an organization or as an individual, relies on this reality.

Marcelo Bielsa International soccer coach communicates the 45-degree triangle to power – a modern way of describing the path of least of least resistance. Some take the diagonal route to the top. Others take the long way – the route to competence. Paul J James along with others has always taken the long route.

- Not everything Canadian Soccer do is poor in fact they have done some good things and employed some talented people over the years. But they are deficient in too many areas because of poor leadership from those who take the 45-degree route.

In the Paul J James human rights mental health discrimination matter they have been absolutely appalling. It is hard to fathom another national football association on the planet taking such an approach. Not only letting an alumnus as a coach and player starve to death but to lie and manipulate to obstruct justice.

- Canada Soccer's actions in my time of greatest need for support on a health issue of such global magnitude has been the most disappointing aspect of the past three years – it is not even close.
- I was employed/representative of the Canadian Soccer Association from 1983-1993; 1998-2001; 2008.
- While Paul J James was not discriminated against while under tenure at the **CSA during these periods**, it should not take away from the nature of the health issue itself. Most especially at its infancy where you catch yourself in a foreign world of incomprehensible agony.
- In part because of Stigma the CSA did not know how to assist Paul J James back in 2000/01.

"We don't know what to do. We do not know what course of action to take".

- But they should have known what to do including seeking advice from other more advanced national associations around the world including the English Football Association.
- As my counterpart at the time Chris Ramsey - the England U20 men's soccer coach - commented years later, "what happened to you at the CSA would never have happened at the English FA or most football federations".
- Canada Soccer from 1999-2001 knew Paul J James was in some sort of "desperate agony". And the consequence over the long term was devastating – early detection, support and treatment is your best chance of recovering fully and avoiding the nightmare that unfolds'

What is most egregious and shattering now is not just the non-support of the past three years but the leadership of Canada Soccer in gate keeping my circumstances from full transparency in front of the organizations board including the cloak and dagger approval for the annulment of Paul J James' Hall of Fame Status. No greater more profound illustration of the devastating impact of Stigma on this social health phenomenon like no other.

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2019/03/06/A-Symbolic-Protest-in-Perpetuity>

<https://www.confrontingthestigmaofdrugaddiction.com/single-post/2019/03/06/Truth-vs-Gatekeepers>

# *Former Canadian World Cup Soccer Player*

## *Paul J James*

### Early Years

#### **Born November 11, 1963 in Cardiff, Wales.**

Lived in Cardiff until July 3, 1980 when at 16 years of age he emigrated to Toronto, Canada, with his parents and sister Julie.

Departed Wales with a Canadian equivalent Grade 12 education and an athletic career which included being awarded Whitchurch High School's Athlete of the Year in 1980; two time Glamorgan champion at 800 metres with the fastest recorded times in Wales in 1977/78 for his age group; a third place finish at the British Championships in the 1500 metres; excelled in football (soccer) which included competing for Cardiff Schoolboys, county of Glamorgan, Cardiff City Youth Team, and Newport County Reserves as a 15 year old; while also competing in first team high school rugby and cricket.

#### **Oakville Soccer Club and Ontario Provincial Team**

In 1980/82 PJJ played for the Oakville Minor Soccer club winning an Ontario provincial championship. In 1982 PJJ played for the Ontario Provincial team who won the Canadian national championships.

#### **Canadian National Soccer Team Highlights**

1983/1984 PJJ played for the Toronto Blizzard NASL team scoring against the then famed New York Cosmos; made international soccer debut for Canada in 1983; Played for Canada when the team qualified for the 1984 Los Angeles Olympics winning first CONCACAF Championship in December 1983. Played in all four of Canada's games at Los Angeles Olympics including quarter final game against Brazil losing on penalty kicks scored a crucial goal for Canada in their 1985 World Cup qualifying game against Costa Rica at Toronto's original Varsity Stadium. PJJ then played for Canada on the famed occasion in St Johns, Newfoundland when the Canadian men's team qualified for the first and only time to the FIFA World Cup Championships winning the 1985 CONCACAF Championship in the process. Paul played in all three of Canada's FIFA World Cup games in Mexico, in June 1986 Singapore. Last two games for Canada were in 1993 against the United States (2-2) and South Korea (1-0) win.

#### **Soccer Achievements, Author, Advocacy for Human Rights Protection**

Soccer Career and Achievements: 47 International Caps as a player; Competed in 1984 Los Angeles Olympic Games; Competed in 1986 FIFA World Cup in Mexico Professional player Toronto Blizzard, Hamilton Steelers, Doncaster Rovers, London Lasers, Ottawa Intrepid; Four Time Canadian Soccer League First Team All Star Player; Four CONCACAF Championships (2 player/2 coach); Canadian National Men's U20 Head Coach (98/01); Canadian National Men's U17 Assistant Coach (98/00); Canadian National Women's U20 Assistant Coach (2008) FIFA World Championship Argentina 2001; Professional Head Coach Ottawa (89); London (92); Collegiate Head Coach Lemoyne College, Niagara, York University; 6 Coach of The Year Awards; CIS National Women's Coach of the Year 2007; BA Wilfrid Laurier (1997); MBA Football Industries (2002); Television Soccer Analyst: GOL TV, The Score, CBC, Sportsnet. Soccer Writer for the Globe and Mail; Authored Crack Open (2012); Owner Author Confronting the Stigma of Drug Addiction; Submissions to HRTO, Divisional Court of Appeal; Ontario Court of Appeal and Supreme Court of Canada (2012-2019).

## The "Blinking" Questions That Matter

- Why are Supreme Court Justices desirous of being Supreme Court of Canada Justices? To deliver social justice. To make Canada a better nation. Or to harm Canadian citizens?
- How do you gauge the performance of the Canadian Judicial Process?
- Does Canada maximize its potential as a nation?
- Who is accountable for the social injustices delivered to so many Canadians over so many years?
- Should Canadian citizens have trust and faith in the Canadian legal system?
- Who is ultimately responsible for the 11 overdose deaths a day in Canada? Canadian citizens? Canadian Parliaments over many years? Canadian Judicial system? A lack of consensus on the issue? Bad politics?
- Is the Canadian Judicial system equal, fair, dignified, and respectful for ALL Canadian citizens?
- Is it permitted for persons to submit Canadian Judicial testimony which is False?
- Is it fair that an organization and supporting legal system can discriminate, LIE and Cheat through the process against someone who provided much to the organization and Canada as a nation?
- Is it humane to have mental health disability human rights discrimination claims as a part of an adversarial judicial process?
- Is it a crime to be diagnosed with a substance use disorder?
- Are substance disabilities medical illness and/or diseases or bona-fide psychological disorders which can lead to periods of illness and/or disease but can be learned to be lived with?
- Is the one-year delay for filing a human rights discrimination claim a systemic barrier preventing access for fair social justice?
- Was it fair that the Administrative Branch of the honourable court **deliberately** and falsely certified the James Leave to Appeal only to then two and half month's later scapegoat the error of deficiency onto the Applicant?

Was it fair and equal for the Supreme Court of Canada to have communicated to the world that **a reason** why the human rights James claim against York University was dismissed before it was even adjudicated by a Supreme Court of Justice?

How do you explain to Canada as a nation the disconnect between what you and all oppressor stakeholders in this matter know to be true and the non delivery of fair social justice in this matter, and in spite of the visibility of such pain and humiliation and further injustice, onto one Canadian citizen.

- Is it fair and equal that every single time a Canadian citizen faces plain and obvious injustice they must accept it and advocate for a cause whether they are suited to do so or not, or want to do so or not?
- Can you see how organizations rely on the Canadian Judicial system to park their improprieties, misdemeanors and errors with the confident knowledge the system will protect against private individuals.
- Why is it appropriate for Tribunal adjudicators to lie with impunity in their decision rationales (as in Paul Aterman's comment that Paul J James did not respond to the argument regarding Globe and Mail writings and Cracked Open when I did on March 22, 2013
- Why is it permitted that in matters of mental health disability an adjudicator as in Paul Aterman in this case ignore and discriminate against the Applicant through deliberate non consideration of the devastating consequences of societal and self-stigma?
- If Paul J James uses \$20 of a substance of need one day and not the next; every day; once a month or sporadically and is able to perform all normal functions and be highly successful should he be defined and considered a criminal? Ill? Diseased? An anomaly? Or a normal Canadian Citizen who is de-stigmatized from his substance disability status which has been stabilized?
- If Paul J James ceases to exist will you permit the scapegoating of his life onto mental illness to the detriment of societal progress within Canadian society?

## Quotations on Behalf of Paul J James

- “Prime Minister Trudeau, by now you should have heard quite a bit about Paul James. If you haven’t people in your organization are keeping you out of the picture. I had the privilege of coaching Paul James when I was the Canadian Olympic and World Cup soccer coach in the 80’s. We made it to the quarterfinals of the Olympics losing in a shoot-out to Brazil. Two years later we qualified for the World Cup in Mexico (1986). The only time that the Canadian men’s team has done that. Paul James was a key member of those teams and I have never coached anyone in my long career that had the commitment of Paul. He was exceptionally fit, totally committed and was in the action non-stop. Like me Paul is an immigrant from the UK. I was very proud to be sworn in as a Canadian in the early 80’s. I’m not so proud today when I see how Paul is being treated and if this continues, like Paul I would be inclined to consider quashing my Canadian citizenship”. [Tony Waiters former Canadian Olympic and World Cup coach](#)
- It is unfortunate that today mental health and addiction issues still carry a very negative connotation. Even at his lowest point, Paul James was able to achieve something that many university coaches only dream of. There is no doubt that those OUA championships were derived from the coach’s dedication, quality, and expertise to get the very best of his players. It is absurd to me that issues in his private life would ever be seen, as taking away from his coaching ability. It is truly unfortunate that he has not been given the ability to work with another group of players, as it would be a great shame to waste his knowledge, experience, and expertise as a coach. [Laura Arduini Former CIS ALL Canadian and Graduate of University of Toronto](#)
- “There was a lot of talk within the soccer community when Paul James opened up to the public about his mental health and addiction issues. I heard many negative and derogatory comments about him and some people went as far as to say that these issues completely took away from everything he has accomplished and contributed to Canadian soccer. In 2015 I had the opportunity to work with Paul coaching a group of young recreational players (girls and boys aged 8-12). I was quite surprised to see how pleasant and patient he was while working with kids at this level. Paul was very organized and his practice sessions reflected a natural teaching progression that was appropriate for the ability level of the players. Even in this environment, Paul’s attention to detail and high standards were clearly visible; traits that I’m sure were essential to his many successful coaching experiences”. [Laura Arudini](#)
- “I attended York University from 2008-2013 where I played soccer for 5 years. From 2008-2010 I was coached by Paul James. As you may know, during those years Paul was suffering from mental health issues and substance abuse. Despite this, there wasn’t a day during the time that Paul coached the York Women’s Soccer team that myself, or the team, knew the struggles he was going through. Paul always conducted himself in a professional manner. He fulfilled his duties and responsibilities as the head coach of the woman’s soccer program and dedicated his entire life to the team. Through his leadership at the helm of the soccer program, the foundation to a strong, competitive women’s soccer team would be created. Through his coaching, Paul instilled professionalism in all his players. He led by example. He encompassed what the term professionalism meant and with that, he demanded it from all of his players as well. He constantly pushed us to be stronger individuals both on and off the field. Personally, Paul has contributed in developing me into the woman I am today; mentally tough, dedicated, and hard working. I hope you will take this letter into consideration when making your decision with his case”. [Felicia Waters \(Terrone\) former York University player](#)

- “Just wanted to say I admire your strength in opening up so honestly about your life and everything you went through. As someone who was in contact with you in and around periods when you were suffering makes what you accomplished all the more incredible”. [Jorge Sanchez Concordia Stingers](#)
- “Paul, I know how much courage it has taken for you to survive and to share your story. You always were an amazing individual and valued by many in the game including my husband Bob. Your contributions to Canadian soccer will always be revered and now, it is your time to live life with no regrets and with your head held up high. Be at peace. You deserve it. Stay well. You have my deepest respect and compassion. Courage and integrity seem like simple words yet they are worth fighting for. Thanks for your humility and courage in the face of all that you've been through. With sincere regards [Sharon Bearpark \(Wife of former Canadian World Cup coach Bob who died of cancer in 1996\)](#)”
- "This story, the career and life of Paul James would in many ways be hard to believe had I not witnessed it in part. It must not be underestimated what Paul achieved as an athlete and as a coach. Those characteristic traits which enabled him to achieve so much are also the same traits which led him to believe he could combat addiction. This is the paradox we face whilst treating athletes at Sporting Chance. Someone like Paul James never asked for help on his way to the top. My respect for Paul is immense as is my respect for any person who turns 180 degrees to look at their life and what is not working. I am proud to know Paul and wish the Universe produced more like him". [Peter Kay CEO, Sporting Chance Clinic, South West London, England.](#)
- “Mr. Trudeau, Paul's story is so remarkable. His fight, resilience and vision to change how this country looks and deals with those with mental health issues and those who suffer behind closed doors from substance abuse is exemplary and courageous. I ask you to look into the Paul James story and how he has been treated by York University, the judicial system and the Canadian Soccer Association. Paul's story can be the catalyst to change the Stigma of Drug Addiction for many Canadians. Mistakes have happened along the way but it's time someone takes responsibility and corrects this injustice. Paul's story will be told! There is no doubt about that, but you and your government can influence the ending of this story. Please ask yourself this question: What would have your father done in this case? Please do the right thing”. [Kevin Tierney King City](#)
- “While representing team Ontario through out most of my teenage years, I received a phone call inviting me to train with the newly appointed Canadian Under-20 Head Coach, Paul James. Paul had an incredible presence about him and spoke to the players unlike anyone I had ever seen. He spoke of passion, discipline, work ethic, what it meant to be a Canadian and competing against World Class talent in the eventual World Championships, which was the goal for our group. Paul James was the best coach I ever played for that's the bottom line for me”. [Chris Williams Former Canadian National Team Player](#)
- “You should be proud of your accomplishments on the field both as a coach and as a player. Even more you should never walk with your head down or hide again. Your book is well written, poignant especially when dealing with the lies and deceit you did within the soccer world. Walk tall, walk proud”. [Dave Ashfield Canadian National Youth team Goalkeeper](#)
- “Prime Minister Trudeau - Paul James was my coach during a stint I had with the Canadian Under 20 Men's Soccer Team. To this day, I have not encountered anyone more dedicated to winning, leadership and professionalism both on and off the field. It's a real shame what has happened to him and truly hard to believe if you ever got to know him or see him in action. The tenacity and drive was

unbelievable. He gave his life to youth soccer in Canada, I mean everything he had each and every single day. He was particular about absolutely everything imaginable. Training, focus, fitness, attitude, competing, winning but most of all the pride he demanded from all of us who were fortunate enough to play for Team Canada. A lot of us never went on and had professional soccer careers but I can tell you that anyone who played for Paul will echo everything I have said about him above. He is one of those guys that will never be duplicated". [Mike Bourassa Former Canadian Youth team player.](#)

- "Thanks for giving me the opportunity with the York men's team when you were there. It was a great season when I was involved and you were a great coach. What York are doing to you is not right. It's just not right". [Kenneth Toppin former York University men's player.](#)
- "...demanding, uncompromising, totally ethical in the way he went about everything, intelligent, organized definitely. He was a professional coach. It's unfortunate I think that he grew up in Canada".... [Barry Maclean 2010](#)
- "...for the time I have known Paul J James he was always a meticulous coach in his approach and in everything he did"... [Neil Davidson Canadian Press 2010](#)
- "Paul James is the best soccer analyst in North America" [James Sharman, Sportsnet 2007](#)
- "I have known Paul James for more than 15 years. I have interviewed him many times to seek out his national and international soccer knowledge and coaching experience. I have also worked alongside him as a television analyst. He is professional capable smart and credible. I've also been fortunate to get to know Paul on a personal level and consider him a reliable and trustworthy friend. He is adaptable determined and courageous. I am proud to know him". [Tom Harrington Host The World This Hour CBC National Radio News](#)
- "After meeting Paul James in 2008 (while he was in Vancouver for a recruiting trip) both my parents and I felt very differently. After spending time with Paul and learning about the way in which he ran the women's soccer program at York University, I was honoured to be given the opportunity to play for him. My parents were also impressed with Paul's coaching ability and credentials. More importantly, after spending time with Paul, my parents recognized that he had an attitude of professionalism both on and off the soccer field which allowed them to feel comfortable sending me to York University. Prior to being coached by Paul I knew little about professionalism, hard work or how to excel in the classroom. Paul taught me that with passion, dedication and hard work I could achieve my goals. Paul taught me how to manage my performance under stressful conditions, the importance of teamwork, and how to use criticism as a catalyst for positive transformation. I was able to graduate from York University summa-cum-laude and I have been able to maintain a cumulative B+ average at one of the top law schools in the country. I believe that my experience of having been coached by Paul James is what provided me with my personal characteristics that have enabled me to succeed. Paul is a person who, even in the midst of dealing with a substance abuse disorder, was able to go beyond fulfilling his coaching responsibilities by ensuring that he provided mentorship and guidance to his players in order for them to excel and develop off of the soccer field. As a law student I have learned the detrimental consequences that can arise from the stigma associated with mental health and drug issues. I hope that you will investigate this case closely as there is a legal duty to combat discrimination in the employment context against those with mental health and drug issues. If you have any questions, please do not hesitate to contact me" [Gina Kripotos former York University soccer player](#)

- "Myself, Josh Simpson and Rob Friend talk about you more often than you would think Paul. Josh and I are still running four days a week, he's fit and fucking committed. We never let each other down and always have a 25 minute debrief before I get in my car and head home. Rob and his family (wife/2 girls and 1 boy) moved to Victoria from North Vancouver and I see him almost daily on the school grounds.... Rob still works out like he is preparing for another season, only he goes at his workout alone because he can't stand the 5:30am start time. Collectively we all agree there is nothing quite like Paul James. Past or present. Rob and Josh know you far better than me on a personal level so the positive words about you are fantastic to hear. I watched a few clips Peyvand had sent me months ago and your directions specifically on the defensive side of the ball were brilliant. Not many would even clue in on the details you were shouting in those short minutes Peyvand shared with me. You see and read the game better than anyone. Canadian youth and their parents need more of the attitude, desire, commitment, pace, love, passion and a bit of fear/uneasiness you brought to the teams you were responsible for. This is why you have my 100% support. I know on or off the field there is no bullshit with you, always firm, honest but fair. One day while we were waiting for the school bell to ring, Rob told me about a time when you guys either one a big game or a tournament and you ran over to hug him yelling "Robby Friend, Robby fucking Friend". He loved it. I'm sure you remember the event well. How many Canadian National Team coaches have or had that kind passion? I don't know Rob Gale at all, but he seems to have some passion and desire. A conversation for another time. I mentioned it in past emails Paul, but when you beat Mexico in Victoria, I would have thought you played in the game, not coached in it, the way you celebrated with the guys. That's passion my man... Well done Paul, connect again soon. [Mike Bourassa](#).
- "I wish you the best Paul and wanted to thank you again as a parent for your positive influence on Sarah (especially given all the circumstances you were dealing with at the time), and I certainly hope our paths cross again in the 9 future, perhaps for a simple thank you coffee from one of the many parents that appreciated your efforts. Until the next time Cheers," [Joe Fiorini \(parent of York University player\)](#)
- "This is really disgusting. Paul was/is an absolute legend of a guy! He was my roommate at Toronto blizzard when I was a 17 year old lad he was a true professional in every aspect of the game he represented our country in a World Cup and I can assure you was the fittest most respected guy you could ever want to meet, he gave me advice that was priceless and helped me develop as a player and a man. Surely, we can't sit back and allow this to continue!! I'm not sure how i can help here in England but please I'm willing! Got many contacts here but not sure if they are useful! Please keep me informed as this isn't sitting with me vey comfortably!! I'm ashamed on his behalf!!" **Regards Paul Peschisolido**
- Paul we've always respected your background and what you gave to the Erin Mills team many years ago. You are an outstanding coach, knowledgeable and talented. We were lucky to get you when we did. Respect you now more than ever. Keep fighting my friend. [Phil, Marjolaine Wilson](#)
- "Paul was not only a talented player with a wealth of knowledge and experience at the World Cup level but he was also an incredible coach. I could never understand how Coach Paul knew the exact moment when to motivate players to perform at their best. On the field he led by example. He was focused, worked harder than everyone else and was a natural leader." [Peyvand Mossavat CIS National Women's Coach of the Year 2016](#)
- My name is Chris Palmer and I played for you during your first season at LeMoyne College. I have always checked the Internet since I left LeMoyne just to see how your coaching career was coming. It seemed

like each time I checked you were doing even better than the last time. I was shocked when I saw you had released a book and I saw what it was about. I now admire you even more than I did as a player for you. I just finished the book and wanted to let you know how great I thought it was. Reading the LeMoyné chapter let me relive all the excitement of that Franklin Pierce game and Kavan's incredible goal as well as remembering how special a team it truly was. I have since become a PE teacher and Varsity coach at the High school level. I managed to win a Sectional title my second season and a lot of 93 how I do things is based on what I learned from you. I recently saw a tweet from A former player stating how he had never been as fit as when he was in "Palmer Shape". What he didn't realize was it was actually "Paul James Shape". Anyway, I am sure you don't remember me since I didn't have a big impact on the 94 team. But I just want you to know how much you impacted me as a player and how you have helped me to become a successful coach. I wish you the best of luck and hope the future is filled with happiness. **Yours in Soccer, Chris Palmer**

- "I only played for Paul James for one year, but it was the best most memorable season I had. It was my last year at the university. A great coach and motivator of players. Wished I could have played for him longer. York University were lucky to have had him. They should be ashamed for what's happened and how they dealt with the circumstances" **Richard Bucciarelli former York men's soccer program. 101 Summary**
- "Mr. Prime Minister No doubt by now you have heard of Paul James and The Paul James Stigma and my question to you sir; how long are you prepared to stand on the outside while Paul James withers away to his demise? Paul James is an intelligent, articulate and honourable man who has been deceived by his employer and then steam rolled by a legal system which seemed to have played with a stacked deck. The hunger strikes are the only means Paul must bring attention to his plight and that of thousands of Canadians. Mental health and addiction is an illness which does not discriminate; it is found in our work places, communities, towns and cities all across this great country. It has struck average citizens, athletes, politicians and the upper echelon of Canadian society. This is not to be shunned and kept behind doors, rather recognized and given proper treatment and rehabilitation. You may very well be aware of the Paul James documentary which will be filmed, and you could be portrayed as a hero or a villain; only you will decide that one. Mr. Prime Minister, I am a proud but ashamed citizen; ashamed of the treatment and lack of respect Paul James from the Canadian Government, York University; particularly some of its board members and Soccer Canada. Please Mr. Prime Minister we urge and beg you to intervene now and give Paul James the justice and respect he deserves. Anything less, then his blood may just be on your hands. Please, please intervene". **Respectfully, John Reznik**

You are a person that is DIFFERENT CLASS AND IN A CLASS OF YOUR OWN. Simply you are one brilliant human being and one hell of a great soccer player for Canada and yes, I witnessed your coaching Never, ever give up Paul James you are in a complete class of your own as a player, coach and far more importantly a great person and a wonderful caring, very intelligent/caring - human being! Paul we are beside you 100% of the way! **Leslie J Wilson Former Canadian National Teams Manager; Player; 7 Time Inductee into the Canadian Soccer Hall of Fame; Played over 100 games in English League Division One in 1960/70's – Voted into Canada's Best ALL Times Top Eleven Team**

- "On that note and pointed directly to you as the York University Board of Governors, if you do in fact govern with integrity, fairness, equality, dignity, and respect, then you will discover the Paul James file should be a time for deep, wholehearted regret, humility and immediate correction beginning with providing me the opportunity to present to you the nature and impact of the injustice which has been delivered and the reason(s) why you should correct it, which will prevent further harm to myself". **Paul James Summer of 2017**

