



## Coaching Offer & Agreement

<b>Details</b>	<ul style="list-style-type: none"> <li>● <b>Amount:</b> 10 sessions</li> <li>● <b>Time:</b> Minimum 60 minutes; can be up to 75-90 minutes (Terri's discretion)</li> <li>● <b>Location:</b> Virago Labs 931 11th Ave E. Suite D (option for a few zoom sessions)</li> <li>● <b>Document review &amp; feedback:</b> Canvas, resume, linked in, job descriptions, emails - 10 included, additional at Terri's discretion (submit 2 biz days prior)</li> <li>● <b>Payment:</b> 50% upfront; 50% halfway through</li> <li>● <b>Schedule:</b> Once per week to every other week, Max period of 6 months</li> <li>● <b>Cancellation:</b> 24 hr notice for cancellation</li> </ul>
<b>Beliefs</b>	<ul style="list-style-type: none"> <li>● No one knows you <b>better than you</b></li> <li>● <b>Great strategy</b> is developed by constant learners &amp; holistic, critical thinkers</li> <li>● <b>Great leaders</b> are present to what is, open to what comes, connected to others, and are a fight for what matters most to them.</li> <li>● Our <b>soft (human skills)</b> are just as important as any hard skill - they are harder to acquire but will have a more meaningful impact on your career</li> <li>● We can know what we want to do and still not be able to do it. <b>True change</b> requires a shift in a way being.</li> <li>● All coaching sessions are strictly <b>confidential</b>. We greatly appreciate referrals but we will not share that you are working with us without your consent.</li> </ul>
<b>Method</b>	<ul style="list-style-type: none"> <li>● I have no agenda other than your agenda. <b>I help you explore and work on only what matters most to you.</b></li> <li>● I will never tell you something <b>you can figure out for yourself</b>. But I will help you find that path. (30-40 minutes).</li> <li>● I will offer <b>examples, lessons, tools, &amp; methodologies</b> in service of what you are working on (20-30 minutes).</li> </ul>
<b>Total</b>	<b>\$2,250</b>