Kentucky HEALTH Community Forum
July 11, 2019
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Send your Questions!
Throughout today’s session, send your questions to be addressed during the panel by following the instructions below.

1) Pull out your cell phone (at any point throughout today’s forum)

2) Compose a text message to 22-333

3) Text 198054 and your question and press SEND

I really enjoyed today’s forum. Is there any way we could get a copy of the slides that were displayed?
Kentucky HEALTH Updated Program Information

While the Kentucky HEALTH program has not yet begun, there are many resources available now for beneficiaries to improve their health.

My Rewards Account

- **60** courses available on Citizen Connect
- **518,000** Beneficiaries have accrued dollars into their My Rewards Account
- **$90,000,000** Has been collected into My Rewards Accounts

KI-HIPP

- **$300,000** Expected savings from beneficiaries already enrolled in KI-HIPP
- **85,000** Members of the targeted outreach of KI-HIPP Phase 2A on August 2, 2019

FYI Guides to the legal decision are available on the Updated Program Information page of the Kentucky HEALTH website.
Kentucky Career Centers

Kentucky Career Centers (KCC) link employment, workforce information, education and training. The goal is to match qualified workers with the needs of employers. For more information about the many services available at no cost, visit KCC.ky.gov.

**Services Available:**
- Conduct job search and placements
- Measure skills and abilities
- Create a resume and prepare for interviews
- Explore career training options
- Discover job specialty services for military veterans
- Access job assistance for people with a disability
- Find unemployment support and assistance
- Evaluate financial well-being
- Get GED assistance and access adult learning opportunities
- Find services for displaced workers
- Use resource center with free Internet access for job searches

**Kentucky Career Center**

1324 Madison Avenue
Covington, KY 41011
859-292-6666
Open Monday – Friday
8:00am – 4:30pm EST
Substance Use Disorder

Don’t forget: text 198054 and your questions to 22-333
Substance Use Disorder Updates for Medicaid Beneficiaries

Beginning as early as July 1, Kentucky is implementing new Substance Use Disorder (SUD) guidelines that expand coverage and increase access to care.

**CHANGES:**
- Methadone covered by Medicaid
- Residential treatment Centers Expand Access covered by Medicaid

**IMPACTS:**
- Increased access to treatment
- Decreased waiting lists for those seeking care
Substance Use Disorder Treatment Update

What this means for beneficiaries

- Expands access to SUD providers
- Allows Medicaid to reimburse for **short-term residential stays** (up to 30 days) in mental health facilities
- **Adds coverage for methadone** (a component of medication assisted treatment not previously covered under Kentucky Medicaid)
- Builds a network of providers with an **established level of care** for SUD treatment
- Improves access to **enhanced mental health** and **substance use services**
- Provides coverage for residential treatment facilities with **more bed capacity** (previous policy limits coverage to 16 beds)
- Elevates program standards for the **types of services, hours of clinical care**, and **credentials of staff** for residential treatment settings
SUD Initiatives and Resources

FindHelpNowKY.org
1-833-8KY-HELP
BOARD OF DIRECTORS

Kenton County Judge Executive Kris Knochelmann, Chair
Boone County Judge Executive Gary Moore
Campbell County Judge Executive Steve Pendery
Northern Kentucky Drug Strike Force Director Chris Conners
Northern Kentucky Health District Director Dr. Lynne Saddler
St. Elizabeth CEO, Garren Colvin
Legislative Liaison, Representative Kim Moser
PURPOSE

The NKYODCP works to reduce the prevalence of substance use among the youth and adult populations of Northern Kentucky and coordinates all efforts among the respective partners toward this end.
NKYODCP INITIATIVES

- NKY Addiction Helpline
- Pre-Arrest Diversion / QRT
- Coordinated Community Response Plan & Data Dashboard
- Policy: Organizational, Local & State
NKY ADDICTION HELPLINE: NO WRONG DOOR INTO TREATMENT & RECOVERY

- Treatment Placements
- Casey’s Law
- Care Continuum Navigation
- Specialized Case Managers
- Quick Response Teams
- Police Social Workers
PRE-ARREST DIVERSION AND DEFLECTION:
PUBLIC HEALTH APPROACH TO BETTER PUBLIC SAFETY

Moving individuals to the healthcare system before entering the criminal justice system.
THE NEED FOR SYSTEM INTEGRATION
& A COLLABORATIVE FRAMEWORK

UNEMPLOYMENT

- NKY: 3.4%
- KY: 4.2%
- US: 3.5%

LABOR PARTICIPATION

- NKY: 66.9%
- KY: 59.3%
- US: 62.9%
THE NUMBERS:

- Substance use disorders affect 20.8 million Americans: 75% are in the workforce.
- 1 in 10 people are in Recovery
- 174 people lose their life to drug overdose, everyday.
- 241 lose their life to alcohol involved incidents, daily.

*California, Texas, Florida, SUD, New York*
The top five counties for heroin-related overdose deaths were:
- 1) Jefferson County 135
- 2) Fayette County 42
- 3) Campbell County 18
- 4) Kenton County 16
- 5) Boone County 11

The top five counties for fentanyl-related deaths were:
- 1) Jefferson County 274
- 2) Fayette County 112
- 3) Kenton County 52
- 4) Campbell County 41
- 5) Boone County 29

The top five counties for deaths related to heroin and fentanyl in combination were:
- 1) Jefferson County 94
- 2) Fayette County 33
- 3) Kenton County 15
- 4) Campbell County 13
- 5) Boone County 8

In NKY, we lose someone to drug overdose approximately every 40 hours.
RECOVERY COMMUNITIES:

- Saves lives.
- Invests in families and keeps them together.
- Strengthens community partnerships.
- Meets people where they are.
- Provides person-centered, patient-directed healthcare.
- Eases tax-payer burden by utilizing existing resources as well as prevention and crisis intervention strategies.
BUILDING ON A FOUNDATION OF COMMUNITY WINS

➢ First Kentucky Region with fully funded County Prevention Coalitions
➢ Increased Narcan Distribution
➢ Doubled Syringe Access Exchange Program Sites
➢ Increased Residential Treatment: New Transitions 180 Bed Treatment Facility
➢ Community Policing: Angel Programs and Kentucky’s First Two Police Social Workers: Alexandria & Erlanger
➢ Pre-Arrest Diversion Targeted Case Mgt. & Quick Response Teams, QRT
➢ Street Outreach Ambulatory Care Teams: Locating Homeless Women, Men & Youth on the Streets
➢ Substance Use Disorder Treatment in Jails: Campbell County Women’s Pilot & Kenton County Treatment Program
➢ Increased Medication Assisted Treatment, MAT: Methadone, Suboxone / Buprenorphine) and Vivitrol (Naltrexone)
➢ Increased Out-Patient (OP), Intensive Out-Patient (IOP) & Cognitive Behavioral (CBT) Therapies
➢ Complete Continuum of Care for Pregnant and Parenting Moms and NAS Diagnosed Babies
➢ Casey’s Law: Involuntary Treatment Orders Petitioned by Family Members or Friends
➢ Community & Faith Recovery Initiatives: The Pier and Life Recovery Center

NKY Responds Out Loud, Individuals Recover Out Loud
Nicholas Specht
Our Mission:
Providing support and aid to those affected by addiction and their families.

Partnering with our communities through awareness, resources, and education for prevention.
Questions & Answers
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I really enjoyed today’s forum. Is there any way we could get a copy of the slides that were displayed?
Wrap-Up
The Kentucky HEALTH Pulse

The Kentucky HEALTH team distributes the Pulse to share updates and key resources with Kentucky HEALTH beneficiaries, Assisters, providers, community partners, businesses, and other stakeholders.

• May 2019 •

Kentucky HEALTH Pulse
Your source for updates about the Kentucky HEALTH program

Key Updates for Medicaid Beneficiaries
Due to the legal decision on March 27, 2019, the Kentucky HEALTH program did not begin on April 1, 2019, and there were no changes in coverage or benefits for any Medicaid beneficiaries. Beneficiaries and their eligible family members can continue to access Medicaid-approved healthcare services, as well as vision, dental, and non-emergency medical transportation. Check out the Kentucky HEALTH Program Update and FAQ on the "Latest Updates" page on the Kentucky HEALTH website. The state is working with the federal government to appeal the legal decision and will announce if there are any changes to the status or implementation timeline of the program.

Kentucky HEALTH Stakeholder Advisory Forum in Paducah on May 9, 2019
The next Kentucky Stakeholder Advisory Forum will be on May 9, 2019 at 1:00 PM at West Kentucky Community and Technical College at 4810 Alben Barkley Drive in Paducah, Kentucky. Even with the legal decision, the team is committed to increasing awareness across the Commonwealth by engaging key groups through the Stakeholder Advisory Forums.

The Kentucky HEALTH team is working with local communities to schedule additional Stakeholder Advisory Forums in 2019. Locations will be updated as they are finalized.

Presentations from previous Stakeholder Advisory Forums are available online.

To sign up for the Kentucky HEALTH Pulse, visit our website: KentuckyHEALTH.ky.gov and sign up through the subscription box or on the Stay Connected page.

F Y I
Follow Kentucky HEALTH on Social Media

The Kentucky HEALTH website and social media pages are updated regularly with key information and updates as we get closer to implementing Kentucky HEALTH. Follow us and share helpful posts with your network.

Facebook: @KentuckyHEALTH1

Twitter: @KentuckyHEALTH1
Thank you!
Appendix: Kentucky HEALTH Now
My Rewards Account

The My Rewards Account component of Kentucky HEALTH incentivizes and rewards beneficiaries for completing healthy activities. Potential Kentucky HEALTH beneficiaries may earn My Rewards dollars now.

How to Earn My Rewards Dollars

Access Preventive Care

**Examples include:**
- Flu shots
- Annual physical
- Blood pressure screening
- Mammogram
- Taking dependent child for check-up

Complete Courses on Citizen Connect

**Examples include:**
- Kentucky HEALTH Overview
- Basics of Nutrition
- Building Your Resume
- Personal Finance
- Wellness for Life

Complete Qualifying Public Health Activities*

**Examples include:**
- Complete health risk assessment with MCO
- Complete smoking cessation program

*Public health activities include health-related courses

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Health

9/18 Courses
Provided in Spanish

Lifestyle

3/10 Courses
Provided in Spanish

Professional Development

5/10 Courses
Provided in Spanish

Kentucky HEALTH

6/12 Courses
Provided in Spanish
Kentucky Online Gateway (KOG)

Individuals are encouraged to create a KOG account to manage the services they receive from the Commonwealth. Many members may already have a KOG account.

The Kentucky Online Gateway is a single sign-on. It is a secure way to log in to websites owned by the Commonwealth of Kentucky, including Citizen Connect and benefind.

**MyKentucky.gov**

**Instructions**

1. Go to [MyKentucky.gov](http://MyKentucky.gov) and click “Sign Up” at the top of the page. Fill out the required information to complete your profile and set up security questions.

2. Activate your KOG account by clicking on the link in the confirmation email.

3. Verify your account and add security questions.

**FYI** Assisters are available to answer questions about Medicaid benefits and help beneficiaries create a KOG account. Learn more at [kyhbe.ky.gov](http://kyhbe.ky.gov)
Citizen Connect Dashboard

On the user Dashboard, Citizens have access to the **My Notifications**, **My Calendar**, **My Benefits Status**, and **My Workforce Case** widgets.

**My Notifications** displays information including upcoming appointments, and other actions that have been taken on an individual’s case.

**My Calendar** displays the individual’s upcoming appointments.

The **My Workforce Case** widget displays information about an individual’s workforce case and allows them to register for workforce services.

The **My Benefits Status** widget displays information about an individual’s SNAP and Medicaid Benefits.
On the dashboard, Citizens have access to the, **My Activity Tracker, My Learning, My Rewards, and My Benefit Status.**

- **The My Activity Tracker** widget allows individuals to track their SNAP activity.
- **The My Registered Volunteer Opportunities** widget shows opportunities that the individual is registered for.
- **The My Rewards** widget displays the individual’s My Rewards Account balances.
- **The My Learning** widget displays the individual’s record with My Rewards courses.
- **The Quick Links** widget allows the individual to access the Kentucky HEALTH, FOCUS, and benefitfind websites.

Volunteer Opportunities Near You widget shows nearby opportunities.
Frequently Asked Questions

The following questions were asked during the last Kentucky HEALTH Community Forum; additional questions can be found in the Forum Q&As on at KentuckyHEALTH.ky.gov.

How can an organization submit courses for LMS considerations?

- Businesses or community-based organizations that are interested in submitting courses that Kentucky HEALTH beneficiaries can take to earn My Rewards dollars should email CourseSubmissions@ky.gov. After contacting this email address, someone from the Kentucky HEALTH team will work with you to submit courses or join Business Connect and share information about your course with beneficiaries.
Kentucky Integrated Health Insurance Premium Payment (KI-HIPP) Program
KI-HIPP Overview
Below describes the key points for the upcoming KI-HIPP integration effort.

Overview
KI-HIPP is a voluntary program that helps eligible Medicaid members cover the cost of a group health insurance plan.

- Members who choose to enroll in the program do not lose their Medicaid benefits.

Goal
KI-HIPP is designed to give Medicaid members the opportunity to join their employer sponsored insurance plan while also providing cost savings to the Commonwealth.

Timeline
The KI-HIPP program exists independently, but has been enhanced as part of the Kentucky HEALTH program. Phase 1 went live on May 6, 2019, while Phase 2 is scheduled to go live in August 2019 and November 2019.
KI-HIPP Outreach and Eligibility by Phase

KI-HIPP is in two phases, with Phase 1 focusing on a targeted group of current Medicaid members and Phase 2A/B expanding to all potentially eligible individuals.

**Phase I**

**May 6, 2019**
Targeted outreach to approximately 9,000 currently enrolled Medicaid beneficiaries with reported access to or enrollment in a Group Health Insurance Plan.

*Eligibility Example:* A mother who receives Medicaid benefits and has access to health insurance through her employer is potentially eligible for KI-HIPP. She can enroll in KI-HIPP and extend her insurance coverage to her Medicaid-eligible children.

**Phase 2A**

**August 2, 2019**
Targeting outreach to approximately 85,000 members of the Medicaid population with likely access to insurance due to reporting full-time employment.

In addition to the expanded outreach effort to the larger population, direct deposit payment will become an option for members to receive their KI-HIPP premium reimbursement.

**Phase 2B**

**November 1, 2019**
Phase 2B expands eligibility to Non-Medicaid policy holders that have a member of the household enrolled in Medicaid.

*Eligibility Example:* A father is enrolled in his employer’s insurance plan and does not receive Medicaid benefits. His son currently receives Medicaid benefits. This father is potentially eligible for KI-HIPP. He can enroll in KI-HIPP and extend his insurance coverage to his son.
Qualifying for KI-HIPP
A member of the public qualifies for KI-HIPP based on the following criteria.

Medicaid Eligible*
Member(s) in Household

Enrollment or Access
to a Group Health Insurance plan

Potentially Qualifies for KI-HIPP

Plan Compatibility
The KI-HIPP team must review the Group Health Insurance plan for Plan Compatibility, based on the following criteria:

1. **Cost-Effective**
   - The ESI plan premium must be determined cost effective for the Commonwealth
   - The state will utilize the cost-effective tool used to rate plans

2. **Comprehensive**
   - An employer’s insurance plan must meet the 10 essential health benefits categories and be considered comprehensive coverage

*Qualifying Type of Assistancess are potentially eligible.*
Frequently Asked Questions
The following questions were asked during the last Kentucky HEALTH Community Forum; additional questions can be found in the Forum Q&As on at KentuckyHEALTH.ky.gov.

Would the 5% max out-of-pocket rule still apply to a Medicaid-eligible individual enrolled under KI-HIPP?

• Yes, the limit on out-of-pocket costs still applies to Medicaid members enrolled in KI-HIPP as long as they see Medicaid providers. In this case, their out-of-pocket costs may not exceed more than 5% of their household income.
• If a member goes to a provider that is in-network with their employer-sponsored insurance (ESI) plan but is a non-Medicaid provider, the member is responsible for paying any applicable out-of-pocket costs not covered by the ESI plan.
• KI-HIPP members are encouraged to use Medicaid providers in order to ensure that deductibles and non-Medicaid co-pays are not their responsibility, and that out of pocket expenses are limited.

How does DMS determine if KI-HIPP is cost effective for the Commonwealth? Is KI-HIPP more cost effective for individuals?

• Before a member can enroll in KI-HIPP, the Commonwealth must review their employer-sponsored insurance (ESI) plan to make sure it is cost-effective for Kentucky. The ESI plan must provide comprehensive care for the member and must cost Kentucky less than the cost to cover a member in a Managed Care Organization (MCO). KI-HIPP will cover any level of coverage, such as individual or family plans, as long as it’s cost effective and comprehensive.