



# **Kentucky HEALTH Community Forum**

July 11, 2019

# Kentucky HEALTH Community Forum Agenda

Topic	Presenter	Content
<b>Welcome and Updates –</b> 5 minutes	Tracy Williams Correy Eimer	<ul style="list-style-type: none"><li>• Kentucky HEALTH Goals</li><li>• Kentucky HEALTH Updated Program Information</li><li>• Kentucky Career Center Spotlight</li></ul>
<b>Substance Use Disorder Update –</b> 40 minutes	Van Ingram Amanda Peters Noel Stegner Holly Specht	<ul style="list-style-type: none"><li>• SUD Enhancements</li><li>• Available Resources</li><li>• Local spotlight:<ul style="list-style-type: none"><li>• Northern Kentucky Office of Drug Control Policy</li><li>• NKYHatesHeroin</li></ul></li></ul>
<b>Question and Answer Panel –</b> 30 minutes	Tracy Williams, Van Ingram, David Gray, Lora Clubb, Ann Hollen	<ul style="list-style-type: none"><li>• Questions and Answers</li></ul>
<b>Wrap-Up</b>	Tracy Williams	<ul style="list-style-type: none"><li>• Follow Kentucky HEALTH on Facebook and Twitter</li><li>• Kentucky HEALTH Pulse Newsletter</li></ul>

## Send your Questions!

Throughout today's session, send your questions to be addressed during the panel by following the instructions below.

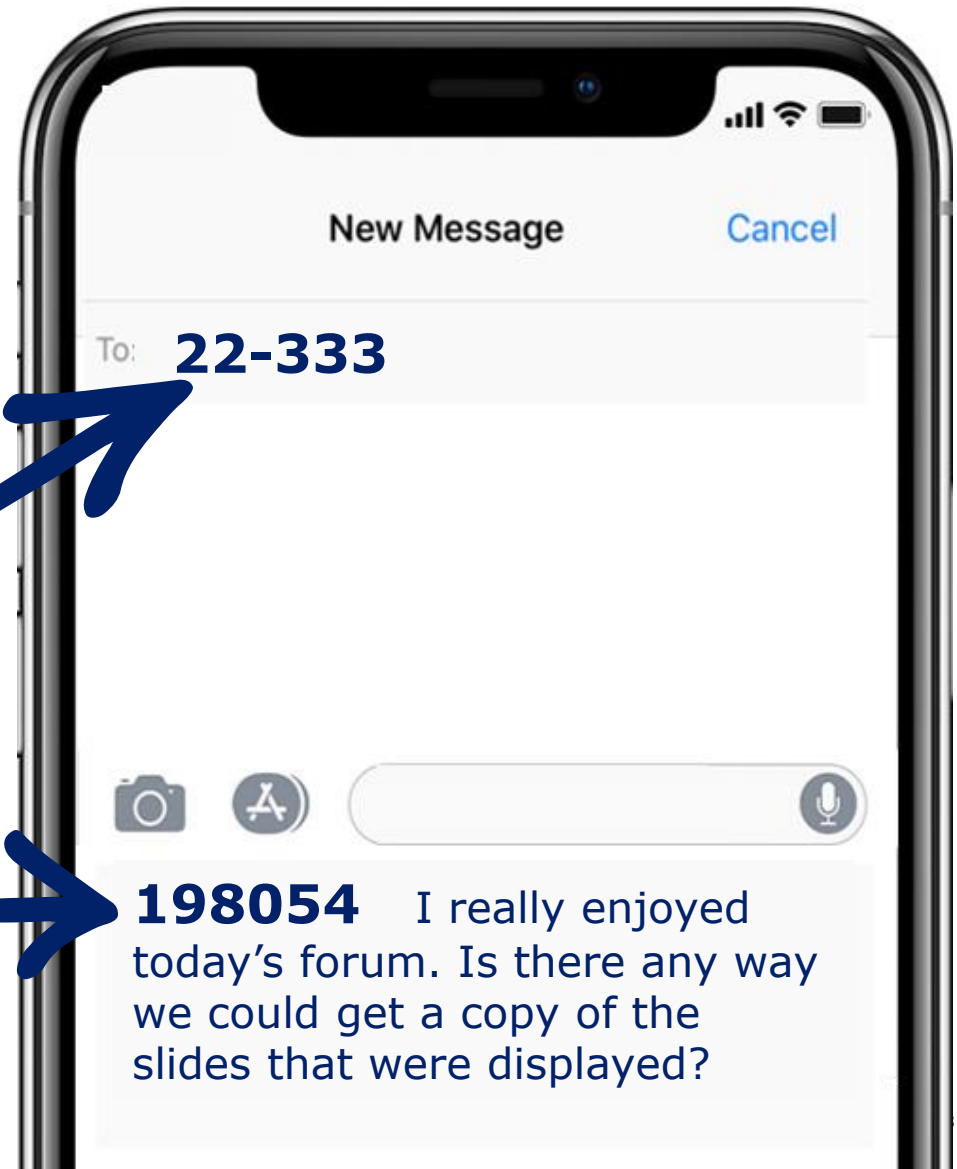
1) Pull out your cell phone (at any point throughout today's forum)



2) Compose a text message to **22-333**



3) Text **198054** and your question and press SEND



## Kentucky HEALTH Updated Program Information

While the Kentucky HEALTH program has not yet begun, there are many resources available now for beneficiaries to improve their health.

### My Rewards Account

**60**

courses available  
on Citizen Connect

**518,000**

Beneficiaries have  
accrued dollars into their  
My Rewards Account

**\$90,000,000**

Has been collected  
into My Rewards  
Accounts

### KI-HIPP

**\$300,000**

Expected savings from  
beneficiaries already  
enrolled in KI-HIPP

**85,000**

Members of the targeted  
outreach of KI-HIPP Phase  
2A on August 2, 2019



**FYI**

Guides to the legal decision are available on the Updated Program Information page of the Kentucky HEALTH website.

## Kentucky Career Centers

Kentucky Career Centers (KCC) link employment, workforce information, education and training. The goal is to match qualified workers with the needs of employers. For more information about the many services available at no cost, visit [KCC.ky.gov](http://KCC.ky.gov).

### Services Available:

- Conduct job search and placements
- Measure skills and abilities
- Create a resume and prepare for interviews
- Explore career training options
- Discover job specialty services for military veterans
- Access job assistance for people with a disability
- Find unemployment support and assistance
- Evaluate financial well-being
- Get GED assistance and access adult learning opportunities
- Find services for displaced workers
- Use resource center with free Internet access for job searches

### Kentucky Career Center

1324 Madison Avenue  
Covington, KY 41011  
859-292-6666  
Open Monday – Friday  
8:00am – 4:30pm EST



# Substance Use Disorder



**Don't forget: text 198054 and  
your questions to 22-333**

# Substance Use Disorder Updates for Medicaid Beneficiaries

Beginning as early as July 1, Kentucky is implementing new Substance Use Disorder (SUD) guidelines that expand coverage and increase access to care.

## CHANGES:



**Methadone covered by Medicaid**



**Residential treatment Centers Expand Access covered by Medicaid**

## IMPACTS:

**Increased access to treatment**

**Decreased waiting lists for those seeking care**

## What this means for beneficiaries

- Expands access to SUD providers
- Allows Medicaid to reimburse for **short-term residential stays** (up to 30 days) in mental health facilities
- **Adds coverage for methadone** (a component of medication assisted treatment not previously covered under Kentucky Medicaid)
- Builds a network of providers with an **established level of care** for SUD treatment
- Improves access to **enhanced mental health** and **substance use services**
- Provides coverage for residential treatment facilities with **more bed capacity** (previous policy limits coverage to 16 beds)
- Elevates program standards for the **types of services, hours of clinical care, and credentials of staff** for residential treatment settings



# **SUD Initiatives and Resources**

***FindHelpNowKY.org***

***1-833-8KY-HELP***

# NORTHERN KENTUCKY OFFICE OF DRUG CONTROL POLICY

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AMANDA J. PETERS, DIRECTOR



# BOARD OF DIRECTORS

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*Kenton County Judge Executive Kris Knochelmann, Chair*  
*Boone County Judge Executive Gary Moore*  
*Campbell County Judge Executive Steve Pendery*  
*Northern Kentucky Drug Strike Force Director Chris Conners*  
*Northern Kentucky Health District Director Dr. Lynne Saddler*  
*St. Elizabeth CEO, Garren Colvin*  
*Legislative Liaison, Representative Kim Moser*

# PURPOSE

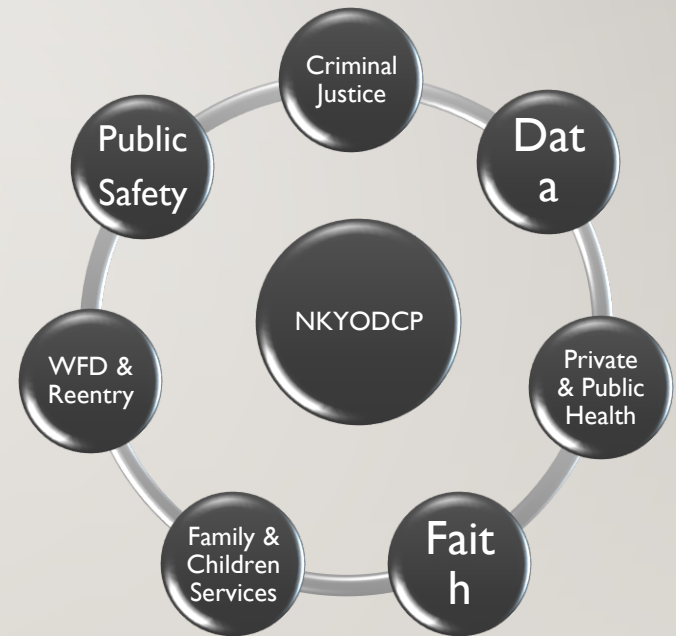
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*The NKYODCP works to reduce the prevalence of substance use among the youth and adult populations of Northern Kentucky and coordinates all efforts among the respective partners toward this end.*

# NKYODCP INITIATIVES

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- NKY Addiction Helpline
- Pre-Arrest Diversion / QRT
- Coordinated Community Response Plan & Data Dashboard
- Policy: Organizational, Local & State



# NKY ADDICTION HELPLINE: NO WRONG DOOR INTO TREATMENT & RECOVERY

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- Treatment Placements
- Casey's Law
- Care Continuum Navigation
- Specialized Case Managers
- Quick Response Teams
- Police Social Workers



# PRE-ARREST DIVERSION AND DEFLECTION: PUBLIC HEALTH APPROACH TO BETTER PUBLIC SAFETY

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*Moving individuals to the healthcare system before entering the criminal justice system.*

# Heroin

**Poverty**  
**Unemployment**  
**Homelessness**  
**Education**  
**Drugs**  
**Crime**

Child Abuse  
Criminal Activity  
Drug Abuse  
Drug Sales  
Child Hunger  
Underage Drinking  
Bullying  
Burglary  
Litter  
Traffic  
Drug Related Crimes  
Public Safety  
Pollution  
Heroin Epidemic  
Control of Children  
Health Care  
Economy  
Construction  
Law Enforcement  
Juvenile Crime  
Lack of Respect  
Child Neglect

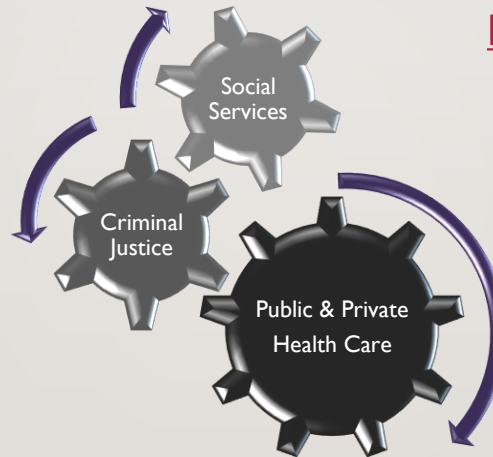


# THE NEED FOR SYSTEM INTEGRATION & A COLLABORATIVE FRAMEWORK

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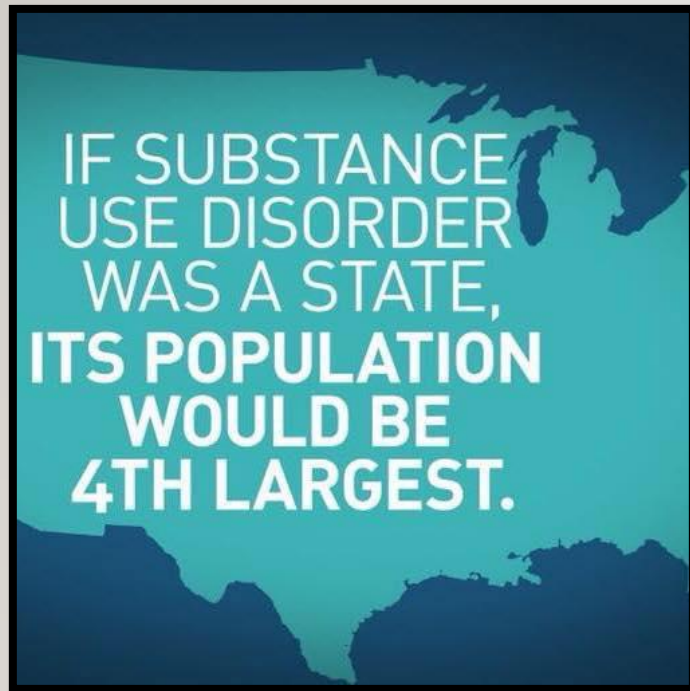
## UNEMPLOYMENT

- NKY: 3.4%
- KY: 4.2%
- US: 3.5%



## LABOR PARTICIPATION

- NKY: 66.9%
- KY: 59.3%
- US: 62.9%



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## THE NUMBERS:

- Substance use disorders affect 20.8 million Americans: 75% are in the workforce.
- 1 in 10 people are in Recovery
- 174 people lose their life to drug overdose, everyday.
- 241 lose their life to alcohol involved incidents, daily.

*\*California, Texas, Florida, SUD, New York*



**The top five counties for heroin-related overdose deaths were:**

- 1) Jefferson County 135
- 2) Fayette County 42
- 3) Campbell County 18
- 4) Kenton County 16
- 5) Boone County 11

**The top five counties for fentanyl-related deaths were:**

- 1) Jefferson County 274
- 2) Fayette County 112
- 3) Kenton County 52
- 4) Campbell County 41
- 5) Boone County 29

**The top five counties for deaths related to heroin and fentanyl in combination were:**

- 1) Jefferson County 94
- 2) Fayette County 33
- 3) Kenton County 15
- 4) Campbell County 13
- 5) Boone County 8

*In NKY, we lose someone to drug overdose approximately every 40 hours.*



## RECOVERY COMMUNITIES:

- Saves lives.
- Invests in families and keeps them together.
- Strengthens community partnerships.
- Meets people where they are.
- Provides person-centered, patient-directed healthcare.
- Eases tax-payer burden by utilizing existing resources as well as prevention and crisis intervention strategies.



# BUILDING ON A FOUNDATION OF COMMUNITY WINS

***NKY Responds Out Loud,  
Individuals Recover Out Loud***

- First Kentucky Region with fully funded County Prevention Coalitions
- Increased Narcan Distribution
- Doubled Syringe Access Exchange Program Sites
- Increased Residential Treatment: New Transitions 180 Bed Treatment Facility
- Community Policing: Angel Programs and Kentucky's First Two Police Social Workers: *Alexandria & Erlanger*
- Pre-Arrest Diversion Targeted Case Mgt. & Quick Response Teams, QRT
- Street Outreach Ambulatory Care Teams: Locating Homeless Women, Men & Youth on the Streets
- Substance Use Disorder Treatment in Jails: Campbell County Women's Pilot & Kenton County Treatment Program
- Increased Medication Assisted Treatment, MAT: Methadone, Suboxone / Buprenorphine) and Vivitrol (Naltrexone)
- Increased Out-Patient (OP), Intensive Out-Patient (IOP) & Cognitive Behavioral (CBT) Therapies
- Complete Continuum of Care for Pregnant and Parenting Moms and NAS Diagnosed Babies
- Casey's Law: Involuntary Treatment Orders Petitioned by Family Members or Friends
- Community & Faith Recovery Initiatives: The Pier and Life Recovery Center

**NKY  
HATES  
HEROIN**

**NKYHatesHeroin.Com**



# Nicholas Specht



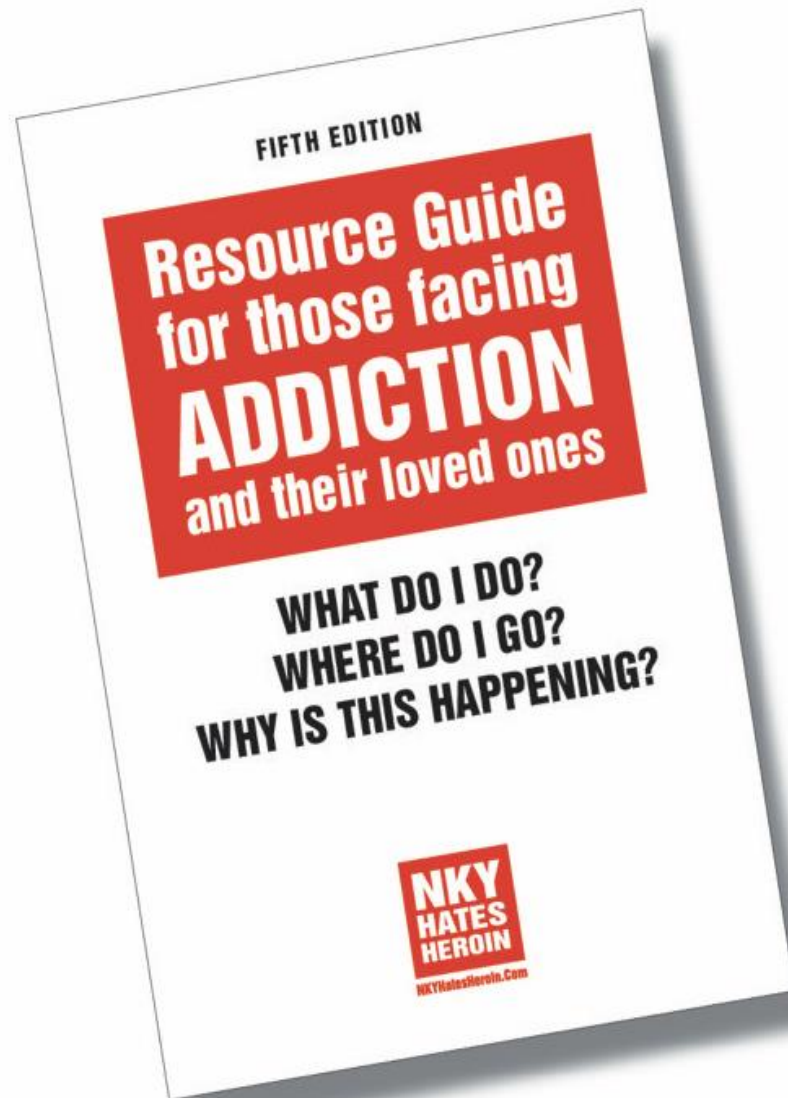
[NKYHatesHeroin.Com](http://NKYHatesHeroin.Com)

## **Our Mission:**

Providing support and aid to those affected by addiction and their families.

Partnering with our communities through awareness, resources, and education for prevention.







 **NKYHatesHeroin Com**  
**5K Walk&Run**





**NKY  
HATES  
HEROIN**

**NKYHatesHeroin.Com**

# Questions & Answers

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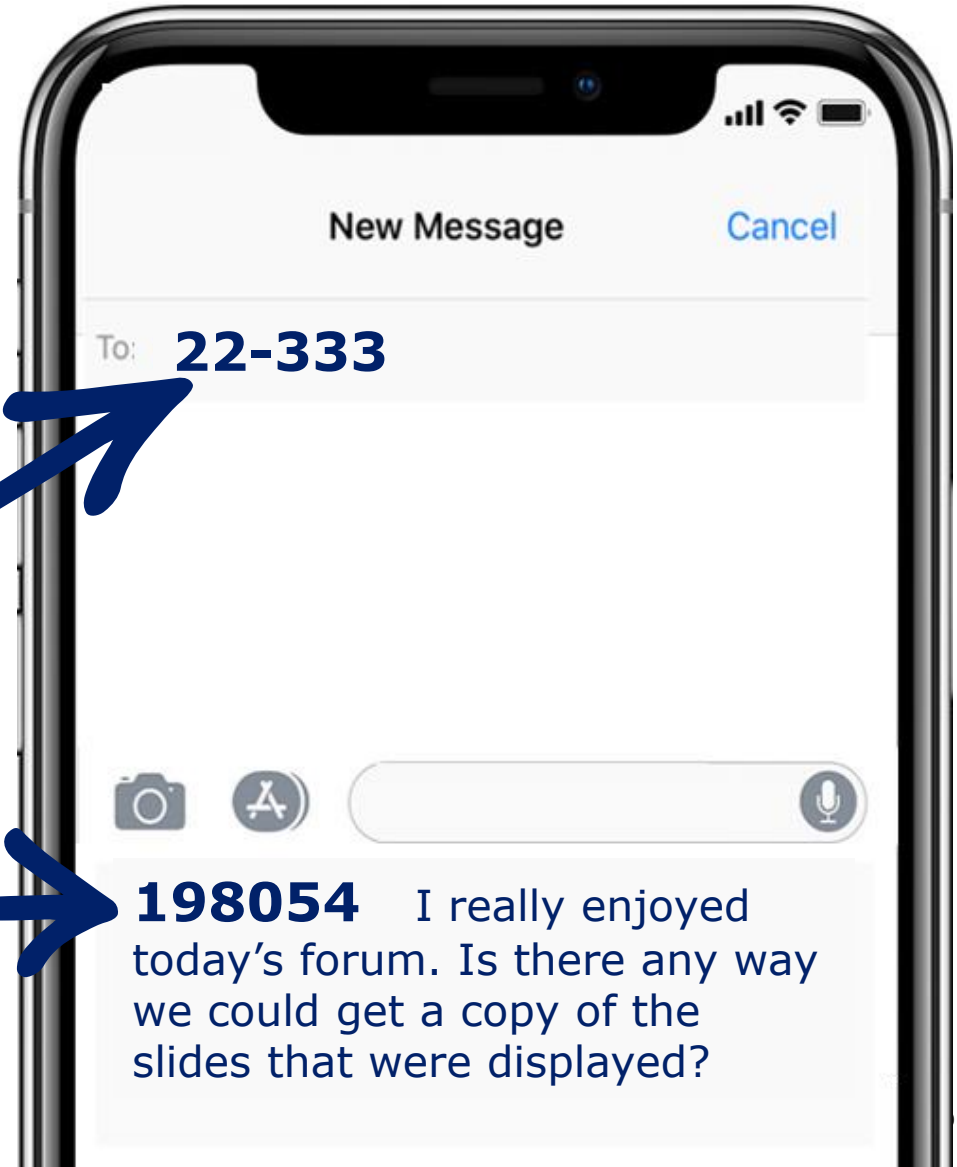
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**Wrap-Up**

# The Kentucky HEALTH Pulse


The Kentucky HEALTH team distributes the Pulse to share updates and key resources with Kentucky HEALTH beneficiaries, Assistors, providers, community partners, businesses, and other stakeholders.

Hear directly from the Kentucky HEALTH leadership

• May 2019 •


## Kentucky HEALTH Pulse

Your source for updates about the Kentucky HEALTH program



### Key Updates for Medicaid Beneficiaries

Due to the legal decision on March 27, 2019, the Kentucky HEALTH program did not begin on April 1, 2019, and there were no changes in coverage or benefits for any Medicaid beneficiaries. Beneficiaries and their eligible family members can continue to access Medicaid-approved healthcare services, as well as vision, dental, and non-emergency medical transportation. Check out the [Kentucky HEALTH Program Update and FAQ](#) on the "Latest Updates" page on the Kentucky HEALTH website. The state is working with the federal government to appeal the legal decision and will announce if there are any changes to the status or implementation timeline of the program.



### Kentucky HEALTH Stakeholder Advisory Forum in Paducah on May 9, 2019

The next Kentucky Stakeholder Advisory Forum will be on **May 9, 2019 at 1:00 PM** at **West Kentucky Community and Technical College** at 4810 Alben Barkley Drive in Paducah, Kentucky. Even with the legal decision, the team is committed to increasing awareness across the Commonwealth by engaging key groups through the Stakeholder Advisory Forums.

The Kentucky HEALTH team is working with local communities to schedule additional [Stakeholder Advisory Forums in 2019](#). Locations will be updated as they are finalized.

Presentations from previous Stakeholder Advisory

Find out about upcoming events around the Commonwealth

Find out about recently published resources



**FYI**

To sign up for the Kentucky HEALTH Pulse, visit our website: [KentuckyHEALTH.ky.gov](http://KentuckyHEALTH.ky.gov) and sign up through the subscription box or on the [Stay Connected](#) page.



## Follow Kentucky HEALTH on Social Media

The Kentucky HEALTH website and social media pages are updated regularly with key information and updates as we get closer to implementing Kentucky HEALTH. Follow us and share helpful posts with your network.



Facebook: **@KentuckyHEALTH1**



Twitter: **@KentuckyHEALTH1**

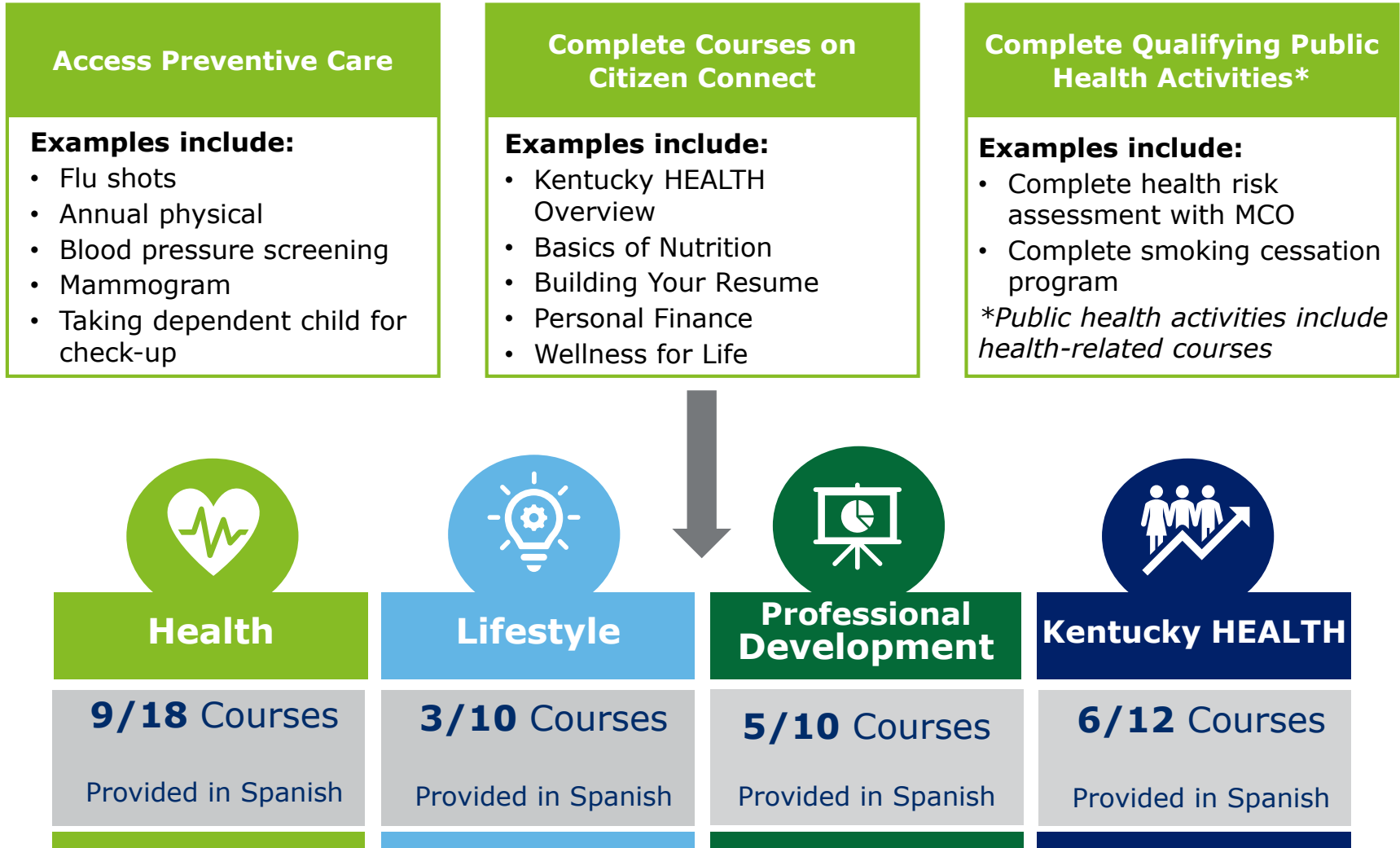
**Thank you!**

**Appendix:**  
**Kentucky HEALTH Now**

## My Rewards Account

The My Rewards Account component of Kentucky HEALTH incentivizes and rewards beneficiaries for completing healthy activities. Potential Kentucky HEALTH beneficiaries may earn My Rewards dollars now.

### How to Earn My Rewards Dollars



## Kentucky Online Gateway (KOG)

Individuals are encouraged to create a KOG account to manage the services they receive from the Commonwealth. Many members may already have a KOG account.



The Kentucky Online Gateway is a **single sign-on**. It is a **secure way to log in** to websites owned by the Commonwealth of Kentucky, including **Citizen Connect** and **benefind**.

[\*\*MyKentucky.gov\*\*](https://mykentucky.gov)

### Instructions

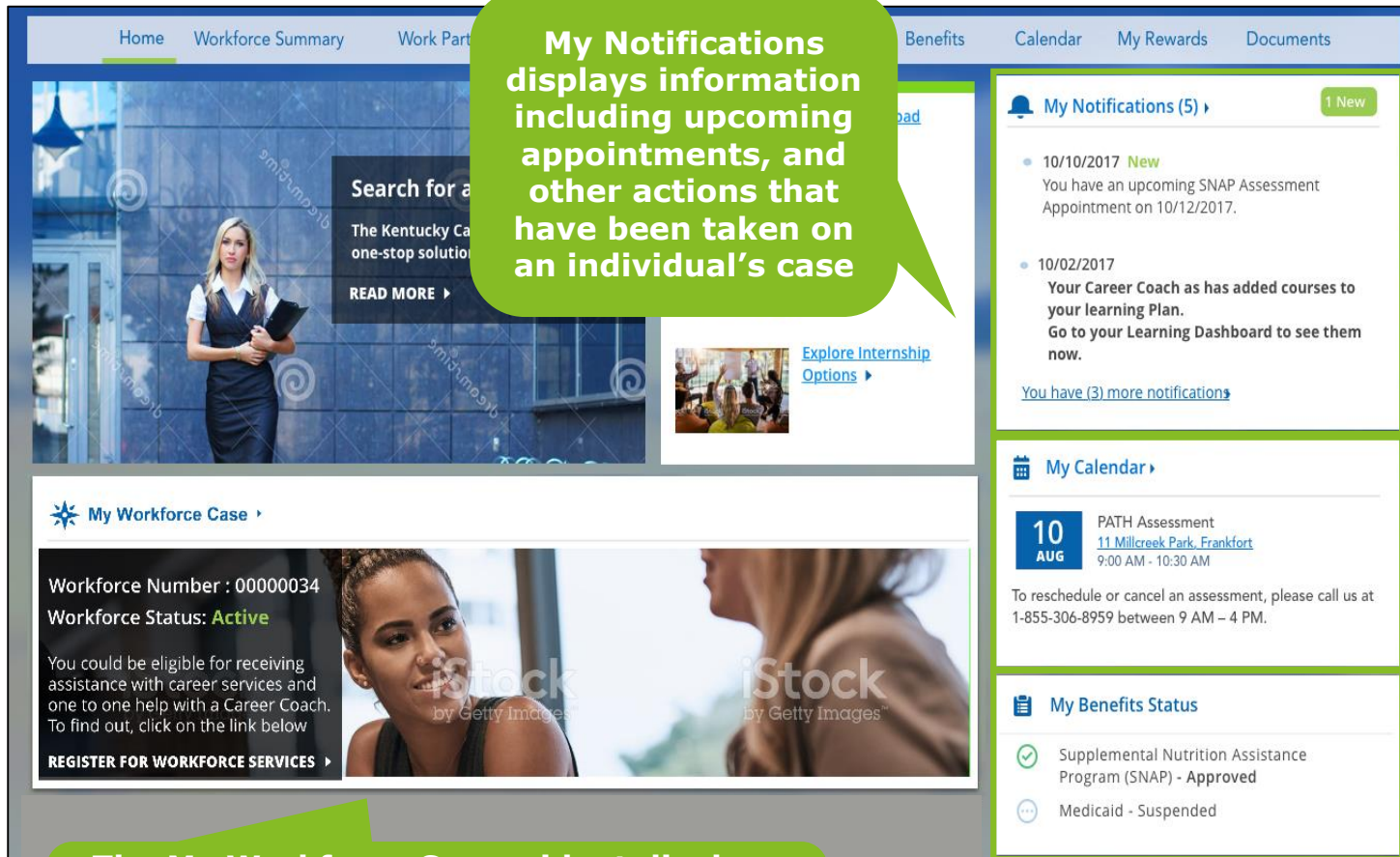
- 1 Go to [\*\*MyKentucky.gov\*\*](https://mykentucky.gov) and click "Sign Up" at the top of the page. Fill out the required information to complete your profile and set up security questions
- 2 Activate your KOG account by clicking on the link in the confirmation email
- 3 Verify your account and add security questions



Assisters are available to answer questions about Medicaid benefits and help beneficiaries create a KOG account. Learn more at [\*\*kyhbe.ky.gov\*\*](https://kyhbe.ky.gov)

# Citizen Connect Dashboard

On the user Dashboard, Citizens have access to the **My Notifications**, **My Calendar**, **My Benefits Status**, and **My Workforce Case** widgets.



The screenshot shows the Citizen Connect Dashboard with the following components:

- Navigation Bar:** Home, Workforce Summary, Work Part, Benefits, Calendar, My Rewards, Documents.
- Hero Section:** Search for a... The Kentucky Ca one-stop solution. READ MORE >
- My Notifications (5):**
  - 10/10/2017 **New**: You have an upcoming SNAP Assessment Appointment on 10/12/2017.
  - 10/02/2017: Your Career Coach as has added courses to your learning Plan. Go to your Learning Dashboard to see them now.
  - [You have \(3\) more notifications](#)
- My Calendar:**
  - 10 AUG**: PATH Assessment 11 Millcreek Park, Frankfort 9:00 AM - 10:30 AM
  - To reschedule or cancel an assessment, please call us at 1-855-306-8959 between 9 AM - 4 PM.
- My Benefits Status:**
  - Supplemental Nutrition Assistance Program (SNAP) - **Approved**
  - Medicaid - **Suspended**
- My Workforce Case:**
  - Workforce Number : 00000034
  - Workforce Status: **Active**
  - You could be eligible for receiving assistance with career services and one to one help with a Career Coach. To find out, click on the link below
  - REGISTER FOR WORKFORCE SERVICES >**

**My Notifications displays information including upcoming appointments, and other actions that have been taken on an individual's case**

**My Calendar displays the individual's upcoming appointments**

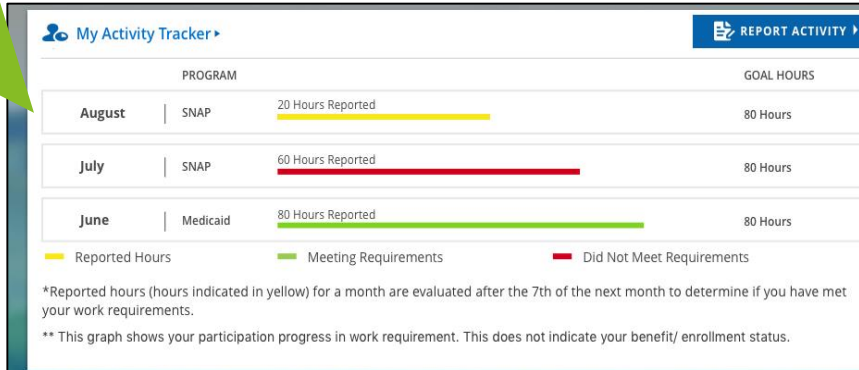
**The My Workforce Case widget displays information about an individual's workforce case and allows them to register for workforce services**

**The My Benefits Status widget displays information about an individual's SNAP and Medicaid Benefits**

# Citizen Connect Dashboard (Continued)

On the dashboard, Citizens have access to the, **My Activity Tracker**, **My Learning**, **My Rewards**, and **My Benefit Status**.

The My Activity Tracker widget allows individuals to track their SNAP activity



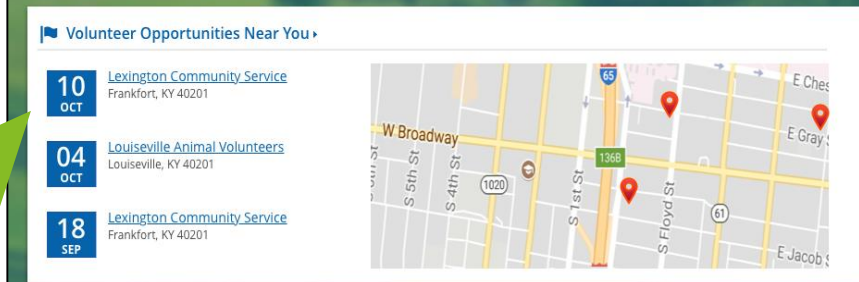
The My Registered Volunteer Opportunities widget shows opportunities that the individual is registered for



On-Going	Event Details	Date	Event Details
14 JUN	Millcreek Park Blood Drive 11 Millcreek Park, Frankfort, KY 40403 8:00 AM - 10:30 AM <a href="#">Report Hours</a>	14 JUN	Feed the Homeless for the Christmas 459 B Court, Versailles, Lexington, KY 40383 9:00 AM - 11:30 AM <a href="#">Cancel</a>
04 JUL	Home Health Department Assi... 2050 Versailles Rd., Lexington, KY 40509 9:00 AM - 11:30 AM <a href="#">QR Code</a>   <a href="#">Report Hours</a>	20 JUL	Home Health Department Assi... 2050 Versailles Rd., Lexington, KY 40509 9:00 AM - 11:30 AM <a href="#">Report Hours</a>

If you are not able to attend an upcoming opportunity, please Cancel the Opportunity.

Volunteer Opportunities Near You widget shows nearby opportunities

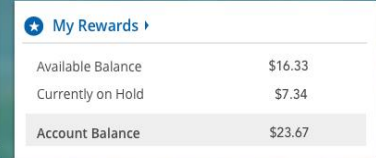


Date	Event Details
10 OCT	Lexington Community Service Frankfort, KY 40201
04 OCT	Louisville Animal Volunteers Louisville, KY 40201
18 SEP	Lexington Community Service Frankfort, KY 40201

The My Learning widget displays the individual's record with My Rewards courses



The My Rewards widget displays the individual's My Rewards Account balances



Category	Balance
Available Balance	\$16.33
Currently on Hold	\$7.34
Account Balance	\$23.67

The Quick Links widget allows the individual to access the Kentucky HEALTH, FOCUS, and benefind websites



**Quick Links**

- [Kentucky HEALTH](#) [Learn more about Kentucky Health](#)
- [Kentucky Career Center](#) [Search for a job in FOCUS](#)
- [benefind](#) [Apply for benefits on benefind](#)

## Frequently Asked Questions

The following questions were asked during the last Kentucky HEALTH Community Forum; additional questions can be found in the Forum Q&As on at ***KentuckyHEALTH.ky.gov***.

### How can an organization submit courses for LMS considerations?

- Businesses or community-based organizations that are interested in submitting courses that Kentucky HEALTH beneficiaries can take to earn My Rewards dollars should email [CourseSubmissions@ky.gov](mailto:CourseSubmissions@ky.gov). After contacting this email address, someone from the Kentucky HEALTH team will work with you to submit courses or join Business Connect and share information about your course with beneficiaries.



# **Kentucky Integrated Health Insurance Premium Payment (KI-HIPP) Program**

## KI-HIPP Overview

Below describes the key points for the upcoming KI-HIPP integration effort.



### Overview

KI-HIPP is a voluntary program that helps eligible Medicaid members cover the cost of a group health insurance plan.

- **Members who choose to enroll in the program do not lose their Medicaid benefits.**



### Goal

KI-HIPP is designed to give Medicaid members the opportunity to join their employer sponsored insurance plan while also providing cost savings to the Commonwealth.



### Timeline

The KI-HIPP program exists independently, but has been enhanced as part of the Kentucky HEALTH program. Phase 1 went live on May 6, 2019, while Phase 2 is scheduled to go live in August 2019 and November 2019.

# KI-HIPP Outreach and Eligibility by Phase

KI-HIPP is in two phases, with Phase 1 focusing on a targeted group of current Medicaid members and Phase 2A/B expanding to all potentially eligible individuals.

## Phase I

**May 6, 2019**

Targeted outreach to approximately **9,000** currently enrolled Medicaid beneficiaries with reported access to or enrollment in a Group Health Insurance Plan

**Eligibility Example:** A mother who receives Medicaid benefits and has access to health insurance through her employer is potentially eligible for KI-HIPP. She can enroll in KI-HIPP and extend her insurance coverage to her Medicaid-eligible children.

## Phase 2A

**August 2, 2019**

Targeting outreach to approximately **85,000** members of the Medicaid population with likely access to insurance due to reporting full-time employment

In addition to the expanded outreach effort to the larger population, **direct deposit** payment will become an option for members to receive their KI-HIPP premium reimbursement.

## Phase 2B

**November 1, 2019**

Phase 2B **expands eligibility** to Non-Medicaid policy holders that have a member of the household enrolled in Medicaid.

**Eligibility Example:** A father is enrolled in his employer's insurance plan and does **not** receive Medicaid benefits. His son currently receives Medicaid benefits. This father is potentially eligible for KI-HIPP. He can enroll in KI-HIPP and extend his insurance coverage to his son.

## Qualifying for KI-HIPP

A member of the public qualifies for KI-HIPP based on the following criteria.



### Medicaid Eligible\*

Member(s) in  
Household



### Enrollment or Access

to a Group Health  
Insurance plan



**Potentially  
Qualifies for  
KI-HIPP**

### Plan Compatibility

The KI-HIPP team must review the Group Health Insurance plan for Plan Compatibility, based on the following criteria:

1

#### Cost-Effective

The ESI plan premium must be determined cost effective for the Commonwealth

- The state will utilize the cost-effective tool used to rate plans

2

#### Comprehensive

An employer's insurance plan must meet the 10 essential health benefits categories and be considered comprehensive coverage

\*Qualifying Type of Assistances are potentially eligible.

## Frequently Asked Questions

The following questions were asked during the last Kentucky HEALTH Community Forum; additional questions can be found in the Forum Q&As on at ***KentuckyHEALTH.ky.gov***.

### Would the 5% max out-of-pocket rule still apply to a Medicaid-eligible individual enrolled under KI-HIPP?

- Yes, the **limit on out-of-pocket costs still applies** to Medicaid members enrolled in KI-HIPP as long as they see Medicaid providers. **In this case, their out-of-pocket costs may not exceed more than 5%** of their household income.
- If a member goes to a provider that is in-network with their employer-sponsored insurance (ESI) plan but is a non-Medicaid provider, **the member is responsible for paying any applicable out-of-pocket costs not covered by the ESI plan.**
- KI-HIPP members are encouraged to **use Medicaid providers** in order to ensure that deductibles and non-Medicaid co-pays are not their responsibility, and that out of pocket expenses are limited.

### How does DMS determine if KI-HIPP is cost effective for the Commonwealth? Is KI-HIPP more cost effective for individuals?

- Before a member can enroll in KI-HIPP, the Commonwealth must review their employer-sponsored insurance (ESI) plan to make sure it is **cost-effective** for Kentucky. The ESI plan must provide **comprehensive care for the member and must cost Kentucky less than the cost to cover a member** in a Managed Care Organization (MCO). KI-HIPP will cover any level of coverage, such as individual or family plans, as long as it's cost effective and comprehensive.