



KEY TAKE-AWAYS

LIFELINE SERVICES FOR REACHING 911

If you worry about falling and need automated fall detection or the ability to call for help when you can't get to a phone. A Lifeline Services is a proven, super simple option. It will:

Let you press a button on a wristband or pendant to connect with a 24*7 support line

Automatically contact the 24*7 support service if it detects a fall (requires pendant)

With mobile cellular pendant option, do the above inside and outside the home.



COST

Typical Subscription Rate: \$45-\$60 per month
Standard service cost in both Canada and the US

Includes the \$10-\$15 automated fall detection premium.
Mobile cellular options range from \$70-90 per month.

WHAT YOU NEED

- ✓ A monthly subscription
- ✓ A phone line to connect an in-home communications base station (If no landline available, wireless options typically available for additional \$10/month)

RECOMMENDED PRODUCTS & SERVICES

Any reputable company offering Month-To-Month services plans and waterproof pendants for wearing in the shower. Two reputable examples:

- ✓ USA and Canada: *Philips Lifeline Services* (sold direct and through channels)
- ✓ Canada: *Life Assure* (sold direct to consumer)



What You Want

- ✓ A pendant for automated fall detection.
- ✓ Waterproof button for wearing in the shower (high risk area for falls)
- ✓ No term commitment



What to Avoid

- ✗ No waterproof guarantee
- ✗ Term commitments
- ✗ A portable mobile option when you think you're getting a cellular mobile pendant option

More details and tips in the Product Examples, Shopping Checklist & Budget Planner Printables.