

HERBS

CLOVE

314,446 ORAC
SCORE



1

CINNAMON

267,537 ORAC
SCORE



2

OREGANO

159,277 ORAC
SCORE



3

TURMERIC

102,700 ORAC
SCORE



4

COCOA

80,933 ORAC
SCORE



5

CUMIN

76,800 ORAC
SCORE



6

PARSLEY (DRIED)

74,349 ORAC
SCORE



7

BASIL

67,553 ORAC
SCORE



8

GINGER

28,811 ORAC
SCORE



9

THYME

27,426 ORAC
SCORE



10