

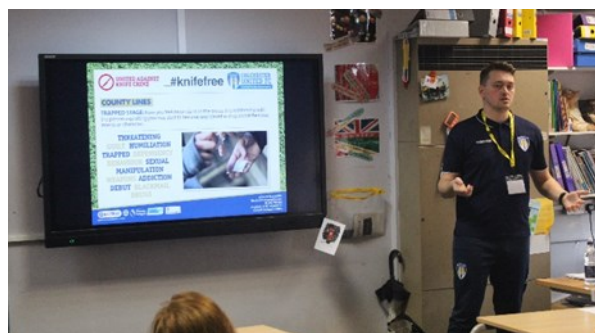
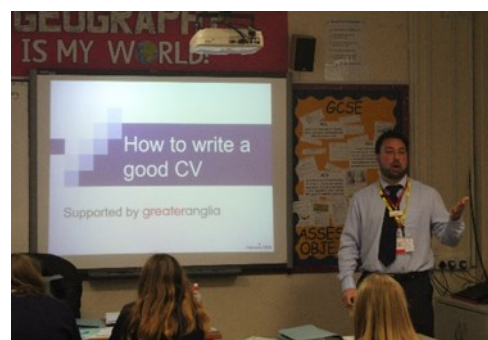
## PSHE Careers Day

The Thomas Lord Audley School's best ever PSHE Careers Drop Down Day for all students occurred on Friday 14 February. A total of forty four experts visited the school to work with students across Years 7-11, with the aim of enhancing the students knowledge and developing their skills for the future.

All the visitors were very positive about the day and the behaviour of all the students.

Contributors included:

- Greater Anglia, the school's business partner, who worked with our Year 10 students helping them to write a good quality CV
- NatWest Bank, who tackled the crucial topic of credit cards, interest rates and credit ratings
- AIM Apprenticeships who provided information to our Year 10 students on apprenticeship opportunities available to them and an understanding of what the different levels mean
- Santander, who worked with our Year 8 students on spending and saving and looking at how much interest is charged when you borrow money
- HSBC worked with our Year 9 students on budgeting and looked at the difference between buying and renting a property
- Teenage Cancer Trust



## PSHE Careers Day

- NHS delivered sessions on smoking enlightening our Year 8 students on the effects smoking has on the body
- Fire Brigade who provided for our Year 7, 8 and 9 students details on how to stay safe, arson and sexting
- Colchester United who worked with our Year 11 students on the topic of knife crime
- Our Amy Foundation worked with Year 11 students on the topic of drugs education
- CPR Year 10 students learnt how to deliver CPR, a life skill as a school we ensure that all students learn
- Year 7 Sea Cadets who delivered sessions based on developing teamwork and communication skills

We are proud as a school to have attracted so many good presenters and are keen to express our gratitude to them for supporting our PSHE and Careers Programme.

Miss Newton and Mrs Green  
PSHE Co-ordinator and Careers Leader

## Attendance Winners

Last week's attendance winners with 98.9% attendance were 8A-JK.

## TLA House Point Totals

|     |        |      |  |
|-----|--------|------|--|
| 1st | Nelson | 1.97 | Leo Warren, 7A-TC, was the top earner for last half term with 19 house points . Well Done! |
| 2nd | Austen | 1.95 |  |
| 3rd | Darwin | 1.53 |  |

## Assemblies for week commencing 2 March 2020

This week the House Assemblies are being led by Mrs Warriner on the subject of World Book Day. Year 7 will have an assembly on Friday on the subject of recycling led by Miss Newton.

## Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website



# BROOK talks:

## Relationship and Sex Education- What parents need to know

|  |  |
|--|--|
| <b>St Helena School</b>                        | <b>12<sup>th</sup> March 2020</b>                        |
| <b>Sheepen Road<br/>Colchester<br/>CO3 3LE</b> | <b>18:00-19:00</b><br><a href="#">Click here to book</a> |

*Brook invites you to a Sex Education workshop created especially for local parents and carers.*

Our Education and Wellbeing Specialists will explore how the new legislation will impact on your child and-

- What it means for primary and secondary school students,
- What is taught and why we teach it
- How you can continue those conversations at home.

There will be time reserved for questions and how Brook can provide further support.

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For more info contact:  
[joanne.quinn@brook.org.uk](mailto:joanne.quinn@brook.org.uk)



### Mock / Pre-Public Timetable Monday 2 - Friday 20 March 2020

|        |   |             |  |             |             |
|--------|---|-------------|--|-------------|-------------|
| 02-Mar | A Monday 1                                      | Monday 2    | Monday 3                                       | Monday 4    | Monday 5    |
|        | English Lit (x pop only) 2h 15m                 |             | PE paper 1 (1h)                                |             |             |
| 03-Mar | A Tuesday 1                                     | Tuesday 2   | Tuesday 3                                      | Tuesday 4   | Tuesday 5   |
|        | Option B  |             | Maths paper 1 (1h 30m)                         |             |             |
| 04-Mar | A Wednesday 1                                   | Wednesday 2 | Wednesday 3                                    | Wednesday 4 | Wednesday 5 |
|        | Science (Biology) 1h 10m                        |             | English Language (1h 45m)                      |             |             |
| 05-Mar | A Thursday 1                                    | Thursday 2  | Thursday 3                                     | Thursday 4  | Thursday 5  |
|        | Option A<br>except Music & Catering             |             | Option C except Art<br>German Writing (1h 15m) |             |             |
| 06-Mar | A Friday 1                                      | Friday 2    | Friday 3                                       | Friday 4    | Friday 5    |
|        | Science (Chemistry) 1h 10m                      |             | Maths paper 2 (1h 30m)                         |             |             |
| 09-Mar | B Monday 1                                      | Monday 2    | Monday 3                                       | Monday 4    | Monday 5    |
|        | Maths paper 3 (1h 30m)                          |             | Science (Physics) 1h 10m                       |             |             |
|        |   |             | Catering exam 11.05 - 3.10                     |             |             |
| 10-Mar | B Tuesday 1                                     | Tuesday 2   | Tuesday 3                                      | Tuesday 4   | Tuesday 5   |
|        | Computer Science paper 2 (1h)                   |             | PE paper 2 (1h)                                |             |             |
|        |   |             | Catering exam 11.05 - 3.10                     |             |             |
| 11-Mar | B Wednesday 1                                   | Wednesday 2 | Wednesday 3                                    | Wednesday 4 | Wednesday 5 |
|        | Media Studies paper 2 TV clip<br>(option B & C) |             | German Reading (1hr)                           |             |             |
| 12-Mar | B Thursday 1                                    | Thursday 2  | Thursday 3                                     | Thursday 4  | Thursday 5  |
|        | Music listening (1h 30m)                        |             | German Listening (45m)                         |             |             |
| 13-Mar | B Friday 1                                      | B Friday 2  | Friday 3                                       | Friday 4    | Friday 5    |
|        | Art GCSE - Day trip to Tate Gallery             |             |  |             |             |



## Mock / Pre-Public Timetable Monday 2 - Friday 20 March 2020

| 16-Mar | A Monday 1             | Monday 2    | Monday 3               | Monday 4    | Monday 5               |
|--------|------------------------|-------------|------------------------|-------------|------------------------|
|        | <b>Art</b>             |             | <b>Art</b>             |             | <b>Art</b>             |
| 17-Mar | A Tuesday 1            | Tuesday 2   | Tuesday 3              | Tuesday 4   | Tuesday 5              |
|        | <b>German Speaking</b> |             | <b>German Speaking</b> |             | <b>German Speaking</b> |
| 18-Mar | A Wednesday 1          | Wednesday 2 | Wednesday 3            | Wednesday 4 | Wednesday 5            |
|        |                        |             |                        |             |                        |
| 19-Mar | A Thursday 1           | Thursday 2  | Thursday 3             | Thursday 4  | Thursday 5             |
|        | <b>German Speaking</b> |             | <b>German Speaking</b> |             | <b>German Speaking</b> |

### Medical Appointments

We would kindly appreciate it if you could let the school know of any medical appointments in advance by:

- Writing appointment in Student Planner or give a copy of appointment card
- Student to go to Student Services on the day to collect an Early Leaving Slip.
- Parent to collect student from Main Reception.

This will hopefully ensure students are ready for collection when parents arrive.



**Your Appointment**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_

### Students in Medical Room

Dear Parents/Carers

Please be aware that children leaving school due to illness or injury, will no longer be permitted to travel home unsupervised. Previously, if parental consent was given, children could take themselves home when unwell.

This decision has been made to ensure the safety of our students by reducing the possibility that they could fall ill on their way home.

We would advise that emergency arrangements, with relatives or friends, are made as a precaution, should your child become unwell and you are unable to collect them. Please ensure all contact details we hold are up to date including mobile phone numbers.

Our First Aid policy can be viewed in full on the school website <https://www.tla.essex.sch.uk/policies>

We thank you for your continued support.





We are a well-established supportive club with good facilities.  
The club is fun loving & friendly and pride ourselves on having good  
Sportsmanship and ensuring our players enjoy their football.  
Training is held on Saturday mornings at 10am.  
Please contact Stuart Langmead on 07718 927559  
Address: Rowhedge football FC, Rectory Rd, Rowhedge, CO5 7HR.





# Why not Travel with Arriva?

You could save money by travelling  
by bus with these amazing benefits:

-  Unlimited bus travel each month.
-  Parents/Guardians can set up direct debits on behalf of the student.
-  Ticket sent direct to your home or mobile.  
Convenient monthly payments by direct debit.
-  Ongoing direct debit meaning tickets can be used throughout half term, summer holidays and into the next academic year.
-  Quick and easy to join.

To apply please go to <https://www.arrivabus.co.uk/ss-hertssex>

## Wattpad: unleashing creativity...or unleashing unwanted content?

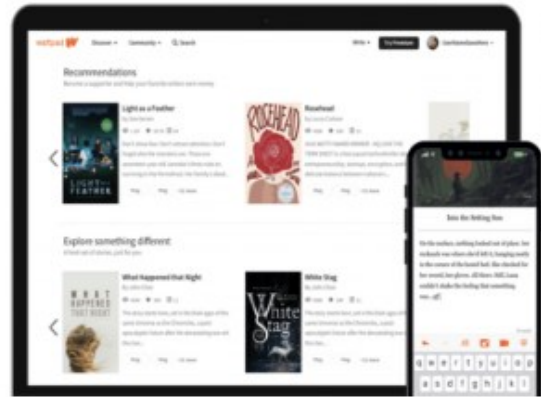
# Hi, we're Wattpad.

The world's most-loved social storytelling platform

Wattpad connects a global community of 80 million readers and writers through the power of story.

Start Reading

Start Writing



Most of us have tried to write a story at some point. Whether we dreamt of becoming the next Brontë sister, or the next JK Rowling, we've wondered if our creativity could make people want to turn the pages. Wattpad is a popular online platform that allows millions of people to share their stories. But concerns have been raised that there is no quality control and pornographic and other troubling content is slipping through.

### What is Wattpad?

Wattpad is a global community of readers and writers. It's huge, with over 80 million monthly users all fighting to become the next big thing. The platform works with major partners such as Penguin Books and Hulu, offering the possibility that anyone might get published or adapted onto the big screen without needing contacts in the industry.

### How does Wattpad work?

Wattpad allows anyone who has an account to post and read (most) stories on the platform or mobile app for free. Wattpad offers advice on how to get noticed by readers, providing tips on online engagement, marketing and how to hook your reader. There are also opportunities to get discovered through tags, writing contests, 'the Wattys' award ceremony, and Wattpad Picks, a curated reading list.

### Watt's not to like?

Your child has the ability to showcase their personality, identity, ideas and imagination to the whole world through nothing more than internet access, a mouse and a keyboard.

But Wattpad is very lightly moderated, which means that children may be at risk of seeing potentially harmful content, including the glamorisation of mental health problems and pornographic stories. On the App Store, Wattpad has a suggested 17+ age rating - but younger users can still download it unless their parents have enabled parental controls.





### **Wattpad's content guidelines**

Wattpad has an extremely long list of content guidelines that cover everything from sexual content to hate groups.

These guidelines can be confusing - for example, they say that explicit sex scenes should be rated mature (for over-17s) but they also say (under 'prohibited content') that sexual intercourse scenes are banned from the platform.

It's not at all clear what 'explicit sex scenes' refers to - and some users have uploaded inappropriate stories.

The responsibility for tagging books (specifying what kind of content they are) is left to writers, which means that pornographic or harmful content could slip through without even a mature tag.

You can read Wattpad's full content guidelines <https://support.wattpad.com/hc/en-us/articles/200774334-Content-Guidelines>

### **Actions you can take**

If your child is using Wattpad, there are some steps you can take to ensure they are aware of the risks and know the actions they can take if they are upset or worried over something they have seen.

- **Test it yourself:** The best way to understand how Wattpad works is to test it yourself. Getting familiar with both the website and the app will help you get a feel for why your child wants to use Wattpad. It will also show you what the risks are.
- **Discuss boundaries:** Banning your child from using Wattpad completely could well be counterproductive. Curiosity is a natural part of growing up and forbidding the use of Wattpad may lead them to set up an account without permission. Instead, you could discuss what they might come across, how they should respond and agree on any boundaries you think should be in place to limit the risk of harmful exposure.
- **Follow your child's lead:** Introducing a worrying subject such as porn or suicide to a child who isn't familiar with it might upset them or lead them to investigate further. It might sound accusing, or as though you don't 'get' Wattpad and what they get out of it. You could perhaps gently ask what sort of stories they like reading or writing on Wattpad. If they don't want to talk to you, try to get them to confide in a family member or friend who knows your child. Let your child know that you are here for them if they have seen or read something upsetting. If they confide in you try to listen, keep calm and together make a plan

### Finance Notices

1. Sharp el-531 calculators available via ParentPay for £4.40
2. Replacement catering cards available via ParentPay for £3
3. TLA school ties are available via ParentPay for £6.00
4. TLA school tie (clip-on) are available via ParentPay for £5.25
5. Replacement locker key are available via ParentPay for £3.00
6. Easter Multi-Sports Holland Festival - Final instalment is now overdue
7. Year 10 Ypres and The Somme - 3rd instalment is requested by 27 March 2020
8. OCR GCSE PE revision guide available via ParentPay for £7
9. Year 7 Mersea Camp - 2nd instalment is now overdue
10. Year 11 Edexcel Maths Revision Guides are available via ParentPay for £5.50
11. Year 8 Germany - 2nd instalment is now overdue 2020
12. Year 7 French day trip. Full payment is requested by 5 March 2020
13. Year 11 Leavers Hooded Top. Full payment is requested by Friday 3 April 2020

**Can we please ask you to check your child's catering card**

### Diary Dates

|                   |   |
|-------------------|---|
| Thursday 12 March | Year 9 Parents' Evening                                       |
| Friday 13 March   | Sports Relief - non school uniform day. £1 donation required. |
| Friday 13 March   | Year 11 GCSE Art Exam trip to Tate Modern                     |
| Friday 20 March   | Schools Prom @ Charter Hall                                   |
| Thursday 18 June  | Year 11 Prom  |
| Friday 19 June    | Year 7 day trip to France                                     |



# TLA Catering Department

| MONDAY  | TUESDAY   | WEDNESDAY                                    | THURSDAY   | FRIDAY                                     |
|---|---|--|--|--|
| <b>Beef Burger</b><br>(Wheat Gluten Milk)             | <b>Fresh Chicken Pie</b><br>(Wheat Milk Gluten)               | <b>Roast of the Day</b>                      | <b>Sausage Roll</b><br>(Gluten Soya Wheat Egg)           | <b>Fish n Batter</b><br>(Fish Milk Gluten) |
| <b>Lasagne V</b><br>(Wheat Gluten Barley Soya Gluten) | <b>Falafel Burger with Spinach (Vegan)</b><br>(Wheat, Gluten) | <b>Roast Potatoes</b>                        | <b>Baked Fresh Cajun Wedges</b><br>(Celery Gluten Wheat) | <b>Chips</b>                               |
| <b>Baked Fresh Potato Wedges</b>                      | <b>Creamed Potatoes</b><br>(Milk)                             | <b>Steamed Carrots</b>                       | <b>Baked Beans</b>                                       | <b>Peas</b>                                |
| <b>Sweetcorn</b>                                      | <b>Carrots</b>  | <b>Cabbage</b>                               | <b>Macaroni Cheese</b><br>(Milk Wheat Gluten)            | <b>Vegan Nuggets</b><br>(Wheat)            |
| <b>Sponge</b><br>(Wheat Milk Egg Gluten)              | <b>Apple Crumble</b><br>(Wheat Gluten Wheat)                  | <b>Lentil Curry V</b><br>(Wheat Gluten Milk) | <b>Choc Oat Cake</b><br>(Wheat Barley Milk)              | <b>Marble Cake</b><br>(Wheat Gluten)       |
|   |   | <b>Jam Doughnuts</b><br>(Wheat Gluten Milk)  |  |  |

## Sandwiches

| MONDAY                              | TUESDAY                      | WEDNESDAY                | THURSDAY                           | FRIDAY                  |
|-------------------------------------|------------------------------|--------------------------|------------------------------------|-------------------------|
| <b>Chicken &amp; Bacon Sandwich</b> | <b>Chicken Mayo Sandwich</b> | <b>All Day Breakfast</b> | <b>Ham Sandwich</b>                | <b>Cheese Sandwich</b>  |
| <b>Cheese Salad Wrap</b>            | <b>BLT</b>                   | <b>Ham Sandwich</b>      | <b>Chicken Salad Wrap</b>          | <b>Chicken Sandwich</b> |
| <b>Sausage Sandwich</b>             | <b>Cheese Sandwich</b>       | <b>Chicken Sandwich</b>  | <b>Cream Cheese &amp; Cucumber</b> | <b>BLT</b>              |
| <b>Ham Sub</b>                      | <b>Cheese Sub</b>            | <b>Cheese Sub</b>        | <b>Chicken Sub</b>                 | <b>Cheese Sub</b>       |
| <b>Cheese Sub</b>                   | <b>Chicken Sub</b>           | <b>Ham Sub</b>           | <b>Cheese Sub</b>                  | <b>Ham Sub</b>          |

**HOT & COLD FOOD TO TAKE AWAY DAILY**

**ASSORTED PANINIS**

**SALAD CART**

**SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS**

